

WIC TENNESSEE

Women, Infants and Children

What is WIC?

WIC is a health and nutrition program for women, infants and children.

WIC helps families by providing:

- Monthly food benefits from authorized WIC grocery stores using an electronic benefit transfer card (shown below).
- Nutrition education, health care screenings, referrals and breastfeeding support.

Do I Qualify?

You may qualify for WIC if you are:

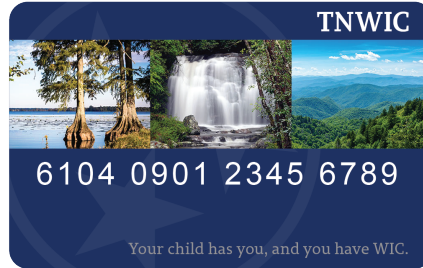
- Pregnant
- A new or breastfeeding mom
- Caring for a child under age five

Participants must also meet income guidelines, live in Tennessee and be determined to be at nutritional risk by a health care professional, such as a nutritionist or nurse.

Are You Eligible?

You may automatically qualify for WIC services if:

- You or your child is enrolled in TennCare.
- You are receiving SNAP benefits.
- You are receiving Families First (TANF).
- You are a foster parent.



Contact Us!

The WIC program is available in all 95 local health departments across Tennessee. Applicants need to show proof of identity, income and residency. For more information on the clinic nearest to you call our WIC Help Line, **1-800-DIAL-WIC (342-5942)** or visit our website at www.tn.gov/wic

Income Eligibility Guidelines

2023-2024

Household Size	Annual	Monthly	Twice Monthly	Bi-Weekly	Weekly
1	\$26,973	\$2,248	\$1,124	\$1,038	\$519
2	\$36,482	\$3,041	\$1,521	\$1,404	\$702
3	\$45,991	\$3,833	\$1,917	\$1,769	\$885
4	\$55,500	\$4,625	\$2,313	\$2,135	\$1,068
5	\$65,009	\$5,418	\$2,709	\$2,501	\$1,251
6	\$74,518	\$6,210	\$3,105	\$2,867	\$1,434
7	\$84,027	\$7,003	\$3,502	\$3,232	\$1,616
8	\$93,536	\$7,795	\$3,898	\$3,598	\$1,799
Each Add'l Member Add:	+\$9,509	+\$793	+\$397	+\$366	+\$183

This institution is an equal opportunity provider.



Department of
Health



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TENNESSEE
BREASTFEEDING HOTLINE
24 hours a day / 7 days a week
855-4BF-MOMS
855-423-6667



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