



# 4 Chronic Conditions

**Goal 4.1.** Improve care coordination among adults living with multiple chronic conditions.



<p>Examine ways to improve privacy-compliant communication between providers including through expansion of health information exchanges.</p>					
<p>Increase programs that support access to services in rural Tennessee including medical transportation programs and telehealth appointments with specialists.</p>					
<p>Expand cross-professional training among health providers (e.g., primary care physicians, specialists, dentists, pharmacists) to incorporate chronic care management in additional settings.</p>					



government



healthcare



faith-based



nonprofit and community



school and education



# 4 Chronic Conditions

**Goal 4.2.** Support programs and policies that reduce the risk of cardiovascular disease while promoting care for individuals living with cardiovascular disease.



<p>Increase awareness on methods to improve overall cardiovascular health through the implementation of behavior modification strategies (e.g., medication adherence, tobacco and alcohol cessation, healthy diet, increased physical activity).</p>	✓	✓	✓	✓	✓
<p>Increase access to and promotion of self-management education and lifestyle change programs that support living well with cardiovascular disease.</p>	✓	✓	✓	✓	✓
<p>Increase education on how management of existing cardiovascular disease can reduce risk of other diseases and conditions including dementia.</p>	✓	✓			



government



healthcare



faith-based



nonprofit and community



school and education



# 4 Chronic Conditions

**Goal 4.3.** Support programs and policies that reduce the risk of Type II Diabetes while promoting care for individuals living with Type II Diabetes.



<p>Increase awareness on methods to reduce risk of diabetes, including through increasing accessibility to lifestyle change programs (e.g., Diabetes Prevention Program).</p>					
<p>Increase access to and promotion of self-management education and behavioral modification strategies that support living well with Type II Diabetes.</p>					
<p>Increase education on diabetes medication management, medical literacy, prescription discount programs, and other affordability resources, to increase medication adherence and chronic disease management.</p>					



government



healthcare



faith-based



nonprofit and community



school and education