

BREAST CANCER SCREENING

THE TENNESSEE
PINK AND PEARL CAMPAIGN
#TNPINKANDPEARL

MADE IN PARTNERSHIP WITH TN COMPREHENSIVE CANCER CONTROL PROGRAM, TN BREAST AND CERVICAL SCREENING PROGRAM, TN CANCER REGISTRY, AND TN TOBACCO USE PREVENTION AND CONTROL PROGRAM

1

WHY IS BREAST CANCER SCREENING IMPORTANT?

- Breast screening detects cancer before symptoms appear.
- Female breast cancer is the **2nd** most commonly diagnosed cancer and the **3rd** most common cause of cancer deaths among Tennesseans.
- **1 out of every 8 women** in Tennessee will develop breast cancer in her lifetime.
- Black and white women are diagnosed with breast cancer at similar rates, but black women are more likely to die from the disease.
- Women with a parent, sibling, or child with a history of breast cancer are at a higher risk for developing breast cancer.

2

WHO SHOULD BE SCREENED?

Per the U.S. Preventive Services Task Force:

- Women **ages 50-74** should get a mammogram every 2 years.
- Women **ages 40-49** should talk to their provider to make a shared decision about getting a mammogram every 2 years.

3

HOW DO I GET SCREENED?

Talk to your provider about your risks and how to get screened. Don't have a healthcare provider and/or still need more info?

Check out these resources:

- If you have insurance, contact your insurance company for a provider referral.
- If you do not have insurance, contact your local health department to schedule an annual well visit.
- Contact the **TN Breast and Cervical Screening Program** at 1-877-969-6636 to see if you qualify for free screenings.

VISIT [TN.GOV/HEALTH](https://www.tn.gov/health) FOR MORE INFORMATION

LUNG CANCER SCREENING

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WHY IS LUNG CANCER SCREENING IMPORTANT?

- Lung screening detects cancer before symptoms appear.
- Lung cancer is the **most common** type of newly diagnosed cancer in Tennessee for both men and women.
- Lung cancer deaths are **1.3 times higher** in Tennesseans than the national average across all ages.

2

WHO SHOULD BE SCREENED?

Per the U.S. Preventive Services Task Force adults between the **ages of 50 and 80** should be screened with low-dose computed tomography (LDCT) every year who:

- Have a history of smoking at least a pack a day for 20 years **and**
- Currently smoke or have quit within the past 15 years.

3

HOW DO I GET SCREENED?

Talk to your provider about your risks and how to get screened. Don't have a healthcare provider and/or still want more info?

Check out these resources:

- If you have insurance, contact your insurance company for a provider referral.
- If you do not have insurance, contact your local health department to schedule an annual well visit.
- Follow **@TNDeptofHealth** on social media for updates regarding low-cost screening events in your area!

