## TENNESSEE DEPARTMENT OF HEALTH



## DRIVE YOUR COUNTY TO THE TOP TEN:

Accelerating Action Towards Improving County Health

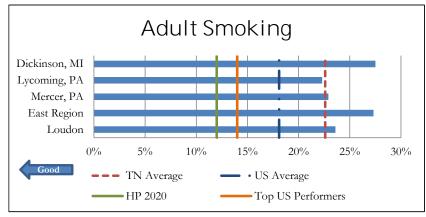
## Loudon County



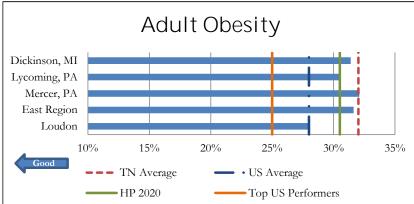


## LOUDON COUNTY: Overview **2015 Drive Your County to the Top Ten**

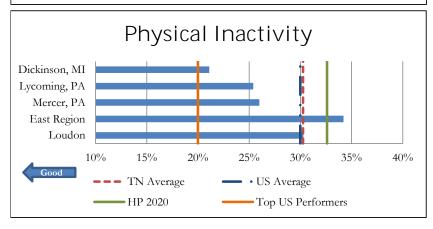
ographics	Population:	50,448	<18 YOA:	20.14%	65+ YOA:	23.89%	% Rural:	40.61%
	Unemployment:	7.44%	% Females:	51.06%	% Males:	48.94%	Graduation Rate:	91.44
Dem	Single parent households:	26.92%	MHI:	\$53,230				



Top Third	
Measure	Value
Mammography Screening	75.71%
Drinking Water Violations	0.00%
Poor or Fair Health	12.70%
Preventable Hosiptial Stays	47.00
Diabetic Monitoring	89.92%
Adult Obesity	28.00%
Access to Exercise Opportunities	78.50%
Severe Housing Problems	11.00%
Poor Physical Health Days	3.70
Poor Mental Health Days	3.00



Middle Third	
Measure	Value
Some College	48.54%
Injury Deaths	80.70
Air Pollution - Particulate Matter	13.49
Primary Care Physicians	1992:1
Mental Health Providers	2018:1
Income Inequality	4.46
Uninsured	16.61%
Driving Alone to Work	84.94%
Teen Births	50.58
Low Birthweight	8.84%



Bottom Third	
Measure	Value
Alcohol-Impaired Driving Deaths	38.89%

YOA: Years of Age. MHI: Median Household Income. HP 2020: Healthy People 2020 Goal. Adult Smoking: Percentage of adults who are current smokers. Source: Behavioral Risk Factor Surveillance System; 2006-2012. Adult Obesity: Percentage of adults that report a BMI of 30 or more. Source: CDC Diabetes Interactive Atlas; 2011. Physical Inactivity: Percentage of adults aged 20 and over reporting no leisure-time physical activity. Source: CDC Diabetes Interactive Atlas; 2011. Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health. Nashville, TN. opm.health@tn.gov or 615-741-5001.

TI		epartment of						201E Dr	LOUDON (	COUNTY, TE	
	of Life	ealth Premature Death	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	of I		15	Lewis	8179.99	7769.75	410.24	†Bad ↓Good	6,811.00	Mercer, PA	7293.33
	Length	Years of potential life lost before age 75 per 100,000 population (age-	For eve	ry 100 people in	the count	y, 1 people in the	county need to	o live one year clos	ser to age 75.	Lycoming, PA	6633.54
	ľ	<u>adjusted)</u>	Source	National C	Center for H	Iealth Statistics - M	Iortality files	Year(s)	2010-2012	Dickinson, MI	6920.91
		Poor or Fair Health	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			2	Williamson	12.70%	6.90%	5.80%	↑Bad ↓Good	12.40%	Mercer, PA	15.40%
S		Percentage of adults reporting fair or poor health (age-adjusted)	Improve t	he health of 6 ou	ıt of every	100 people in the fair hea	•	n general, report b	oeing in poor or	Lycoming, PA	14.40%
ue			Source	Behav	ioral Risk I	Factor Surveillance	System	Year(s)	2006-2012	Dickinson, MI	13.30%
con		Poor Physical Health Days*	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
l t		1 6	14	Chester	3.70	3.40	0.30	↑Bad ↓Good	3.70	Mercer, PA	3.60
Health Outcomes	Quality of Life	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	Engage	people in the co		rays to reduce nu esidents by 1 day		hysical health day	s reported by	Lycoming, PA	3.30
ea]	y 0		Source	Behav	ioral Risk I	Factor Surveillance	System	Year(s)	2006-2012	Dickinson, MI	3.80
H	alit	Poor Mental Health Days	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	Qu		14	Henderson	3.00	2.80	0.20	†Bad ↓Good	3.50	Mercer, PA	3.00
		Average number of mentally unhealthy days reported in past 30 days	Engage people in the county on ways to reduce number of poor physical health days reported by residents by 1 days per month.							Lycoming, PA	3.50
		(age-adjusted)	Source	Behav	ioral Risk I	Factor Surveillance	System	Year(s)	2006-2012	Dickinson, MI	2.90
		Low Birthweight	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			53	Lewis	8.84%	7.29%	1.55%	↑Bad ↓Good	8.10%	Mercer, PA	8.11%
		Percentage of live births with low birthweight (< 2500 grams)	Reduce the number of low birth weight babies by 2 for every 100 live births.								7.53%
		- 0 ,	Source	National (	Center for I	Health Statistics - N	Natality files	Year(s)	2006-2012	Dickinson, MI	7.50%
		Adult Smoking	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			28	Knox	23.60%	18.50%	5.10%	↑Bad ↓Good	18.10%	Mercer, PA	22.90%
		Percentage of adults who are current smokers			•			ınty to quit smoki		Lycoming, PA	22.30%
rs.	s		Source	Behav	rioral Risk I	Factor Surveillance	System	Year(s)	2006-2012	Dickinson, MI	27.50%
cto	avior	Adult Obesity	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Fa	eh		5	Cumberland	28.00%	26.50%	1.50%	↑Bad ↓Good	28.00%	Mercer, PA	32.10%
Health Factors	Health Behaviors	Percentage of adults that report a BMI of 30 or more	Ge	t 6 out of every 1	.00 current	obese adults in	the county to re	educe their BMI b	pelow 30.	Lycoming, PA	30.60%
ea	Iea		Source		CDC Diabo	etes Interactive Atl	as	Year(s)	2011	Dickinson, MI	31.40%
E	I	Food Environment Index	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			24	Williamson	7.50	8.9	1.4	↑Good ↓Bad	7.60	Mercer, PA	7.70
		Index of factors that contribute to a healthy food environment, 0 (worst) to 10 (best)			Increase	the county's foo	d index score b	oy 1.4.		Lycoming, PA	7.40
		(worst) to 10 (best)	Source	USDA Foo	od Environ	ment Atlas, Map tl	ne Meal Gap	Year(s)	2012	Dickinson, MI	7.60

Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health. Nashville, TN. April 2015. opm.health@tn.gov or 615-741-5001. The full report can be accessed at: http://health.tn.gov/statistics/specialprojects.htm. All data is from the University of Wisconsin Population Health Institute and Robert Wood Johnson Foundation's, 2015 County Health Rankings and Roadmaps report. Difference statements represent the absolute value using the following formula: ["Value" - "10th Ranked Value"]. The action statements are based on the assumption that no new additional cases occur. All rankings and action statements presented in this report must be interpreted with caution due to various limitations of each measurement. Further information with regards to the strengths and limitations of each measurement may be found by clicking the hyperlink found in the description of each measurement.

		Physical Inactivity	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		I hysical mactivity	15	Wilson	30.30%	28.50%	1.80%	↑Bad ↓Good	30.00%	Mercer, PA	26.00%
		Percentage of adults aged 20 and over reporting no leisure-time physical	Get	Lycoming, PA	25.40%						
		activity	Source	(	CDC Diabe	tes Interactive Atl	as	Year(s)	2011	Dickinson, MI	21.10%
		Access to Exercise Opportunities	Rank	5th Ranked	Value	5th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			10	Sevier	78.50%	82.37%	3.87%	↑Good ↓Bad	77.00%	Mercer, PA	84.67%
		Percentage of population with adequate access to locations for physical	Consider h	now to remove ba	urriers to a	ccess exercise lo county's pop		an additional 3.8	7 percent of the	Lycoming, PA	76.04%
		<u>activity</u>	Source	Business Analys	st, Delorme,	, ESRI, & US Cens	us Tigerline Files	Year(s)	2010 & 2013	Dickinson, MI	93.07%
		Excessive Drinking	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	S		NA	Greene	NA	3.30%	NA	↑Bad ↓Good	15.00%	Mercer, PA	13.20%
	Health Behaviors	Percentage of adults reporting binge or heavy drinking				No information	n available			Lycoming, PA	16.70%
	Be]		Source	Behav	ioral Risk F	actor Surveillance	System	Year(s)	2006-2012	Dickinson, MI	29.10%
	alth	Alcohol-Impaired Driving Deaths	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	Не	C	79	McNairy	38.89%	18.75%	20.14%	↑Bad ↓Good	32.00%	Mercer, PA	34.02%
		Percentage of driving deaths with alcohol involvement	Reduce the number of alcohol related driving deaths by 20.14 percent.							Lycoming, PA	36.14%
ည		<u></u>	Source	Fa	itality Analy	sis Reporting Sys	em	Year(s)	2009-2013	Dickinson, MI	63.64%
ctoi		Sexually Transmitted	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Fa		Infections	19	Scott	204.80	144.30	60.50	↑Bad ↓Good	458.00	Mercer, PA	368.30
Health Factors		Number of newly diagnosed chlamydia cases per 100,000 population	Consider ways to educate 3 out of every 10 persons self-reporting to be involved in any sexual contact to commit to using safe sex practices to prevent the infection of Chlamydia.								417.30
-Ie			Sou	arce National Center for	HIV/AIDS, Vir	-	Prevention	Year(s)	2012	Dickinson, MI	255.50
		Teen Births	Rank 49	10th Ranked Putnam	Value 50.58	Value 37.04	Difference	Shift in Value  ↑Bad ↓Good	US Average	Peer County  Mercer, PA	Peer Value 27.00
										Mercer, FA	27.00
		Teen birth rate per 1,000 female population, ages 15- 19	For every 100 teenage females (ages 15 to 19 years) in the county, consider ways to prevent 27 teen(s) from becoming pregnant.							Lycoming, PA	33.38
		_	Source	National (	Center for H	Iealth Statistics - 1	Natality files	Year(s)	2006-2012	Dickinson, MI	25.66
		Uninsured	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			44	Blount	16.61%	14.64%	1.97%	†Bad ↓Good	18.00%	Mercer, PA	10.75%
		Percentage of population under age 65 without health insurance	Get	Lycoming, PA	11.49%						
			Source	Sma	ll Area Hea	lth Insurance Esti	mates	Year(s)	2012	Dickinson, MI	11.53%
	are	Primary Care Physicians	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	1 C		33	Anderson	1992:1	1397:1	595	†Bad ↓Good	1,355.00	Mercer, PA	1361:1
	Clinical Care	Ratio of population to primary care physicians	care prov	a population-to- viders would nee ater than 3,500, th	ınty's value is	Lycoming, PA	1502:1				
			Source	Area Health B	Resource Fil	e/American Medi	cal Association	Year(s)	2012	Dickinson, MI	1192:1
		Dentists	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			To reach a	Maury a population-to-	2193:1 provider ra	1675:1	518 ng that of the 10	↑Bad ↓Good Oth ranking count	1,663.00 v. 8 dental care	Mercer, PA	1888:1
		Ratio of population to dentists	providers	would need to b	e recruited	to the county. I	More importantly	y, if the county's essional Shortage	value is greater	Lycoming, PA	2484:1
			Source	Area Health R	Resource Fil	e/American Med	cal Association	Year(s)	2013	Dickinson, MI	1087:1

		Mental Health	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		Providers	37	McNairy	2018:1	688:1	1330	↑Bad ↓Good	753	Mercer, PA	682:1
		Ratio of population to mental health providers	health pro	n a population-to oviders would ne ter than 30,000, t	ounty's value is	Lycoming, PA	865:1				
			Source	CMS,	National P	Provider Identificat	ion file	Year(s)	2014	Dickinson, MI	475:1
		Preventable Hospital Stays	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		1105pitai Stays	2	Williamson	47.00	46.67	0.33	†Bad ↓Good	65.00	Mercer, PA	68.63
	Care	Number of hospital stays for ambulatory-care sensitive conditions per	For every 1	00 Medicare enr	ollees, pre	event 1 Medicare care sensitive c		being hospitalized	l for ambulatory	Lycoming, PA	42.66
	al (	1,000 Medicare enrollees	Source	Γ	)artmouth	Atlas of Health Ca	re	Year(s)	2012	Dickinson, MI	38.59
	Clinical	Diabetic Monitoring	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	C	g	3	Benton	89.92%	90.75%	0.84%	↑Good ↓Bad	84.00%	Mercer, PA	80.94%
		Percentage of diabetic Medicare enrollees ages 65- 75 that receive HbA1c	For eve	ry 100 diabetic M	Iedicare e	enrollees, get 1 ad screenin		are enrollees to re	ceive HbA1c	Lycoming, PA	89.42%
		monitoring	Source	Γ	Partmouth	Atlas of Health Ca	re	Year(s)	2012	Dickinson, MI	88.68%
		Mammography Screening	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		o o	1	Loudon	75.71%	75.71%	0.00%	↑Good ↓Bad	63.00%	Mercer, PA	62.69%
		Percentage of female Medicare enrollees ages 67- 69 that receive	No action required.								76.28%
တွ		mammography screening	Source	Γ	artmouth.	Atlas of Health Ca	re	Year(s)	2012	Dickinson, MI	71.95%
ctor		High School Graduation	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Fа		Gradauton	54	Carroll	91.44%	95.32%	3.89%	↑Good ↓Bad	80.00%	Mercer, PA	90.38%
Health Factors		Percentage of ninth-grade cohort that graduates in four years	For e	Lycoming, PA	88.19%						
Ie		Ť	Source	data.gov, supplen	nented w/ N	National Center for E	ducation Statistics	Year(s)	2011-2012	Dickinson, MI	85.14%
F		Some College	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			32	Shelby	48.54%	62.09%	13.56%	↑Good ↓Bad	63.00%	Mercer, PA	54.63%
	tors	Percentage of adults ages 25-44 years with some post- secondary education	For every 100 adults between 25-44 years of age, assist 1356 additional adults to complete some coursework at the collegiate level.								54.22%
	acı		Source		American	Community Surve	У	Year(s)	2009-2013	Dickinson, MI	60.38%
	nic F	Unemployment	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	ıoı		16	Blount	7.44%	6.89%	0.55%	↑Bad ↓Good	8.10%	Mercer, PA	8.04%
	Economic Factors	Percentage of population ages 16 and older unemployed but seeking	For every 100 persons ages 16 years and older, help 1 persons successfully find employment.							Lycoming, PA	7.78%
	8	work	Source		Bureau c	of Labor Statistics		Year(s)	2013	Dickinson, MI	7.91%
	Social	Children in Poverty	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	S		19	Montgomery	24.80%	21.40%	3.40%	↑Bad ↓Good	23.00%	Mercer, PA	22.20%
		Percentage of children under age 18 in poverty	For ever	ry 100 children (u	nder 18 ye	ears) in poverty, l poverty	-	to find assistance	e to get out of	Lycoming, PA	20.00%
			Source	Small	Area Incor	ne and Poverty Es	timates	Year(s)	2013	Dickinson, MI	18.10%
		Income Inequality	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			40	Williamson	4.46	4.11	0.35	↑Bad ↓Good	NA	Mercer, PA	4.23
		Ratio of household income at the 80th percentile to income at the 20th	To reach a			t or below that of ntile and 20th per		ng county reduce to ousehold(s).	the gap between	Lycoming, PA	4.04
		<u>percentile</u>	Source		American	Community Surve	У	Year(s)	2009-2013	Dickinson, MI	4.38

		Children in Single- Parent Households	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			19	Cheatham	26.92%	25.43%	1.49%	↑Bad ↓Good	21.00%	Mercer, PA	30.93%
		Percentage of children that live in a household headed by single parent	For every	100 single parer	Lycoming, PA	34.42%					
		by single patent	Source		American	Community Surve	у	Year(s)	2009-2013	Dickinson, MI	27.07%
		Social Associations	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			27	Henry	13.46	16.70	3.24	↑Good ↓Bad	33.00%	Mercer, PA	16.77
	tors	Number of membership associations per 10,000 population	For	For every 100 people in the county, increase the number of membership associations by 1.							
	Fac		Source		County 1	Business Patterns		Year(s)	2012	Dickinson, MI	19.07
	Economic Factors	Violent Crime	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	noī		27	Carter	279.90	206.33	73.57	↑Bad ↓Good	387.00	Mercer, PA	214.83
	& Eco	Number of reported violent crime offenses per 100,000 population	For	Lycoming, PA	176.81						
			Source	1	Uniform Cr	ime Reporting - Fl	BI	Year(s)	2010-2012	Dickinson, MI	NA
	Social	Injury Deaths	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			32	Fayette	80.70	68.81	11.89	↑Bad ↓Good	59.00	Mercer, PA	73.48
		Number of deaths due to injury per 100,000 population	For e			unintentiona	l injury.	as a result of inter	ntional and	Lycoming, PA	54.10
			Source		CDC WON	IDER mortality da	ta	Year(s)	2008-2012	Dickinson, MI	79.06
tors		Air Pollution - Particulate Matter	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
ac			32	Greene	13.49	13.14	0.35	↑Bad ↓Good	11.10	Mercer, PA	13.98
Health Factors		Average daily density of fine particulate matter in micrograms per cubic	Reduce	Lycoming, PA	12.51						
al		meter (PM2.5)	Source	CD	C WOND	ER Environmental	data	Year(s)	2011	Dickinson, MI	10.38
He		Drinking Water Violations	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
			1	Anderson	0.00%	0.00%	0.00%	↑Bad ↓Good	8.00%	Mercer, PA	0.18%
		Percentage of population potentially exposed to water exceeding a violation	No Action Required							Lycoming, PA	4.74%
		limit during the past year	Source	Safe	Drinking W	ater Information S	System	Year(s)	FY2013-14	Dickinson, MI	35.02%
		Severe Housing Problems	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	ı,		11	Lewis	11.00%	10.96%	0.04%	↑Bad ↓Good	19.00%	Mercer, PA	11.60%
	Physical Environment	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing	For every 100 persons in the county experiencing housing problems, help 1 person(s) to find housing assistance.							Lycoming, PA	13.63%
	1 E	<u>facilities</u>	Source	Comprehensiv	e Housing	Affordability Strate	egy (CHAS) data	Year(s)	2007-2011	Dickinson, MI	9.52%
	/sica	Driving Alone to Work	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	Phy	0111	48	Davidson	84.94%	80.03%	4.91%	↑Bad ↓Good	76.00%	Mercer, PA	82.19%
		Percentage of the workforce that drives alone	For e	very 100 persons	that curre	ntly drive alone t transporta		ce 6 to carpool or	take mass-	Lycoming, PA	81.37%
		to work	Source		American	Community Surve		Year(s)	2009-2013	Dickinson, MI	83.59%
		Long Commute -	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		Driving Alone	54	Hamilton	38.50%	25.10%	13.40%	↑Bad ↓Good	34.00%	Mercer, PA	25.00%
		Among workers who	For every	100 persons that	•			e to work, convin	ce 35 to carpool	Lycoming, PA	20.40%
		commute in their car alone, the percentage that				or take mass-trai	nsportation.			, 8,	