

The logo for HEROES features a red superhero cape on the left, with the word "HEROES" in blue, bold, sans-serif capital letters to its right. The letter 'H' has a white diamond shape in its center.

HEROES

A service system for school-based mental health



A Safe Schools/Healthy Students Project Funded in 2009

- Partners: Johnson City Schools
Frontier Health
Johnson City Police Dept.
Johnson City Juvenile Court



The logo for HEROES, featuring a red winged figure and the word HEROES in blue capital letters.

The logo for Frontier Health, featuring a sun, mountains, and the text "Frontier Health" and "Where People Are Important".

Services

- Student Resource Officers
- Mental Health Screening in Juvenile Court
- Intensive Probation



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Mental Health Services

- School Based Early Intervention
- Parent / Family Services
- Student Assistance
- Credentialed Therapists, Case Managers



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School Values

- Attention to Safety
- Crisis Intervention
- Threat Assessment
- Family Involvement
- Consultation
- Immediate Access to Treatment Services
- Mental Health Staff Integrated with Faculty



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Students Served by School-based Mental Health Professionals

MEASURE	SY 08-09**	SY 09-10	SY 10-11	SY 11-12
Total # served by mental health professionals*	754	1254	1258	1565
% of school enrollment served	10.4%	17.34%	17.23%	21.31%
# referred to center-based services	25	269	196	238
% of referred who access center-based services	50%	93.07%	85.71%	78.15%

*Only includes students served individually or in small group setting—does not include students who receive whole-class lessons

** Program was not fully staffed until March 2009.



Most Frequently Occurring Reasons for Students to Meet With Frontier Health Professionals

- Relationship issues (20%)
- Parent-Child Conflict (19%)
- Anger Management & Academic Problems (14% each)
- Depression (9%)
- Parents' Divorce or Separation (6%)



The logo for HEROES, featuring a stylized red and blue figure resembling a superhero or a person in motion, followed by the word "HEROES" in blue capital letters.

The logo for Frontier Health, featuring a stylized sun and mountains in a red and green square, followed by the text "Frontier Health" in red and "Where People Are Important" in green below it.

4-Year Report on ATOD Outcomes

MEASURE	Target	SY 08-09	SY 09-10	SY 10-11	SY 11-12
Alcohol 30-Day Use	22%	28.25%	17.75%	12.85%	12.05%
Tobacco 30-Day Use	10%	13%	8%	6%	7%
Marijuana 30-Day Use	11%	16.4%	8.4%	6.25%	6.57%
Alcohol Lifetime Use	N/A	47%	36%	25%	30%
Tobacco Lifetime Use	N/A	29%	20%	15%	15%
Marijuana Lifetime Use	N/A	25%	13%	11%	11%



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Jane Knitzer's *Unclaimed Children Revisited* 2008

The future for funding mental health services for children

- Flexible funding allowing rapid response to emerging knowledge
- Attention beyond SED youth
- Dedicated funding for prevention and early intervention
- Increased support for parenting and family support in the context of prevention, early intervention
- Implementation of system of care core values



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- Implementation of system, of care core values
- Improve quality re: cultural issues
- Increased workforce capacity
- Use of data to drive clinical and administrative decision making
- Increased attention to functional outcomes for children and youth
- Integrated delivery system



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Success Story

- 18 year old male referred to the therapist by a teacher for discussing "violent thoughts." The student was in a psychotic episode, hallucinating and was paranoid. Due to his state, he left school. His mother (who lived outside TN), over the phone, identified a friend he might be with. The SRO went to the home. The student agreed to come back to school for evaluation. Mobile Crisis was contacted and the student was hospitalized. Within two hours after the teacher alerted the therapist, the client was located, evaluated and admitted. Following discharge, the therapist completed his intake at school (so he wouldn't miss more school) and transferred his case to adult services.



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“Which road do I take?” (Alice)

“Where do you want to go?”

“I don't know,” Alice answered.

“Then, said the cat, it doesn't matter.”

***“If you don't know where you are going,
any road will get you there.”***

