

**Family and Consumer Sciences**  
**Course: Family and Consumer Sciences (FACS)**  
**Course Code # 5603**  
**1 Credit**

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|---|
| Student:                                    |
| Grade:                                      |
| Teacher:                                    |
| School:                                     |
| Number of Competencies in Course: <b>34</b> |
| Number of Competencies Mastered:            |
| Percent of Competencies Mastered:           |

|                                 |
|---------------------------------|
| School Year:                    |
| Term:        Fall        Spring |

**Standard 1.0 Demonstrate citizenship, leadership and teamwork skills needed for success in the family, workplace and community**

| Learning Expectations  | Check the appropriate Mastery or Non-Mastery column | Mastery | Non-Mastery |
|--|---|---------|-------------|
| 1.1 Examine the major areas of study in the Family and Consumer Sciences program area.   |   |         |             |
| 1.2 Examine the Family, Career and Community Leaders of America (FCCLA) co-curricular student organization.                    |   |         |             |
| 1.3 Assess factors involved in successful leadership skills, citizenship traits, and cooperative teamwork.                     |   |         |             |
| 1.4 Apply leadership, citizenship, and teamwork skills as an integral part of classroom, workplace, and community involvement. |   |         |             |

**Standard 2.0 Evaluate factors that impact individual growth and development in areas related to self-understanding, personal decision-making, communication, and interpersonal relationships.**

| Learning Expectations  | Check the appropriate Mastery or Non-Mastery column | Mastery | Non-Mastery |
|--|---|---------|-------------|
| 2.1 Relate how cultural and social influences, personal values, goals, needs and wants influence an individual's attitudes, beliefs, and behavior.       |   |         |             |
| 2.2 Evaluate the impact of choices associated with substance abuse, teen sexuality, dropping out of school, and other potentially harmful activities.    |   |         |             |
| 2.3 Demonstrate principles of effective communication and conflict resolution skills in school, family, and community settings.                          |   |         |             |
| 2.4 Explore and model respectful, positive behavior that contributes to building and maintaining healthy, caring relationships within a diverse society. |   |         |             |
| 2.5 Demonstrate the application of the decision-making process to personal decisions, such as parenthood, that have a life-long impact.                  |   |         |             |

**Standard 3.0 Analyze the importance of the family unit, including parenting roles and responsibilities, on the development of individuals and the stability of society.**

| Learning Expectations  | Check the appropriate Mastery or Non-Mastery column | Mastery | Non-Mastery |
|--|---|---------|-------------|
| 3.1 Describe the family as the basic unity of society.   |   |         |             |
| 3.2 Analyze family functions, roles, and responsibilities.   |   |         |             |
| 3.3 Determine factors that strengthen the family.  |   |         |             |
| 3.4 Determine the roles and responsibilities of parents and other caregivers related to the physical, intellectual, emotional, and social development of children. |   |         |             |
| 3.5 Identify strategies for optimizing the development of children.  |   |         |             |

**Standard 4.0 Integrate knowledge, skills, and practices required for management of human, economic, and environmental resources in the family, workplace, and community.**

| Learning Expectations   | Check the appropriate Mastery or Non-Mastery column | Mastery | Non-Mastery |
|---|---|---------|-------------|
| 4.1 Apply the use of human, economic, community and natural resources when making choices for personal and family life. |   |         |             |
| 4.2 Demonstrate basic financial literacy and money management strategies.   |   |         |             |
| 4.3 Analyze consumer buying practices that promote effective utilization of resources.                                  |   |         |             |

**Standard 5.0 Apply nutrition and food principles that enhance individual and family well-being across the life span.**

| Learning Expectations | Check the appropriate Mastery or Non-Mastery column   | Mastery | Non-Mastery |
|-----------------------|---|---------|-------------|
| 5.1                   | Analyze factors that influence personal and family nutrition and meal management across the lifespan.                             |         |             |
| 5.2                   | Examine basic nutrition needs and results of dietary practices across the lifespan.   |         |             |
| 5.3                   | Demonstrate table service and dining etiquette.   |         |             |
| 5.4                   | Acquire 100 percent mastery of safety and sanitation standards necessary to ensure a safe environment for laboratory experiences. |         |             |
| 5.5                   | Select and prepare nutritious foods applying the current federal dietary and safety and sanitation guidelines.                    |         |             |

**Standard 6.0 Apply knowledge, skills and practice required for a safe and pleasing living environment.**

| Learning Expectations | Check the appropriate Mastery or Non-Mastery column   | Mastery | Non-Mastery |
|-----------------------|---|---------|-------------|
| 6.1                   | Analyze housing considerations related to meeting personal and family housing needs.          |         |             |
| 6.2                   | Illustrate the effective use of the elements and principles of design in living environments. |         |             |
| 6.3                   | Demonstrate home maintenance, safety and sanitation procedures.                               |         |             |

**Standard 7.0 Illustrate knowledge, skills, and techniques in textile and apparel choices and care.**

| Learning Expectations | Check the appropriate Mastery or Non-Mastery column  | Mastery | Non-Mastery |
|-----------------------|--|---------|-------------|
| 7.1                   | Analyze consumer decision-making practices in apparel choices.   |         |             |
| 7.2                   | Practice appropriate clothing care procedures.   |         |             |
| 7.3                   | Acquire 100 percent mastery of safety standards necessary to ensure a safe environment for laboratory experiences. |         |             |
| 7.4                   | Demonstrate basic repair and sewing procedures.  |         |             |

**Standard 8.0 Analyze career opportunities and examine employability skills and traits in Family and Consumer Sciences.**

| Learning Expectations | Check the appropriate Mastery or Non-Mastery column                            | Mastery | Non-Mastery |
|-----------------------|--|---------|-------------|
| 8.1                   | Examine the interests, aptitudes and skills that influence career choices.     |         |             |
| 8.2                   | Assess employability traits and skills.  |         |             |
| 8.3                   | Examine career opportunities within each area of Family and Consumer Sciences. |         |             |

**Standard 9.0 Integrate basic academic and technology skills for success in school, family, career, and community.**

| Learning Expectations | Check the appropriate Mastery or Non-Mastery column  | Mastery | Non-Mastery |
|-----------------------|--|---------|-------------|
| 9.1                   | Utilize reading, writing, listening, speaking, science and mathematics skills in school, family, career, and community settings. |         |             |
| 9.2                   | Apply safe technology practices and reliable research strategies as an integral part of academic and life success.               |         |             |

Additional comments: