

Working for you!



The Working for a Healthier Tennessee team is here to help Tennessee State Government agencies promote a culture of well-being in the workplace. Email WFHT.TN@tn.gov for assistance.



Communications

We can assist with creating email and newsletter content, flyers, handouts, infographics and more!

Meetings and Conferences

We can facilitate a presentation, stretch break or team building activity virtually or in-person, which can be customized for your team!



Presentations



Interested in hosting a webinar or lunch 'n learn? View offerings from Working for a Healthier Tennessee, Here4TN and Sharecare:

www.tn.gov/wfhtn/challenges/lunch--n-learns-webinars

Interested in a topic not listed? Email your request: WFHT.TN@tn.gov.

Activities and Challenges

Looking for healthy activities and challenges?

Pre-made activities and challenges for individuals and teams: www.tn.gov/wfhtn/challenges

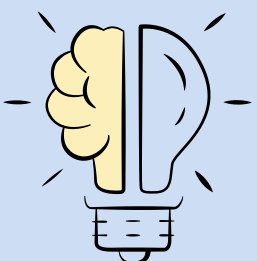
Pre-made team building activities: www.tn.gov/wfhtn/challenges/team-building-activities

Organized wellness events to join: www.tn.gov/wfhtn/challenges/wellness-events

Need a challenge or activity customized to fit your team? Email WFHT.TN@tn.gov.



Overview of Wellness Options and Vendor Booth



Interested in educating your employees on all the resources available through Working for a Healthier Tennessee, the Partners for Health Wellness Program and Here4TN? We're available for online or in-person presentations and information booths.