### Your child's FREE checkup includes:

- Health History
- Complete Physical Exam
- Lab Tests (as needed)
- Immunizations
- Vision Screening
- Hearing Screening
- Developmental/
- Behavioral Screening (as needed)
- Advice on how to keep your child healthy

### How often should you get a checkup?

Scan the QR code below to check out our **Recommended** Wellness Roadmap below!



## **Helpful Numbers**

DentaQuest: 855-418-1622

Wellpoint: 833-731-2153

BlueCare: 800-468-9698

UnitedHealthcare: 800-690-1606

TennCareSelect: **800-263-5479** 











# **TennCare** Kids Program

Promoting good health in children from birth until age 21.





We do not allow unfair treatment in TennCare. No one is treated in a different way because of race, color, birthplace, language, sex, age, religion or disability.



Division of TennCare, Authorization No. 318167, 5000 copies, May 2023. This public document was promulgated at a cost of \$0.21 per copy.





## **TennCare Kids**

is a full program of checkups and health services for children who have TennCare. These services ensure babies, children, teens, and young adults receive the health care they need.

#### How do I sign up for TennCare Kids?

- Visit tenncareconnect.tn.gov
- Call 855-259-0701

#### What does TennCare Kids provide?

- Free medical and dental checkups
- Free medical and dental services
- Free behavioral health services

Checkups and other services are done by doctors, who are Primary Care Providers (PCPs), dentists, and other health professionals.

#### Need help making an appointment?

• For medical or behavioral health appointments, call your TennCare health plan. For dental appointments, call DentaQuest at **855-418-1622.** 

#### Need a ride to an appointment?

• Call your TennCare health plan.

## TennCare will cover services needed to find or treat medical or dental problems.

- To schedule a TennCare Kids visit, call your child's PCP. If you child does not have a PCP, call your health plan or local health department.
- For a healthy smile, take your child to the dentist every six months. If you don't have a dentist, call DentaQuest at **855-418-1622**.

#### **Check back for:**

- A follow-up appointment (if needed)
- Your next scheduled visit
- Any new health problems
- Dental checkups every six months

## Did you know that your child's health plan has a nurse help line?

It's a free service that is available any time, day or night, for TennCare members. You can talk with a nurse if you have questions about:

- Your child's symptoms
- How to care for your sick child
- What to do if your child is hurt
- Determine if you should take your child to the doctor, an urgent care clinic, or the emergency room.

## To speak with a nurse, call the 24/7 nurse help line for your child's health plan:

- Wellpoint OnCall (24/7):
  - 866-868-2544 (English) or
  - 866-864-2525 (Spanish)
- BlueCare 24/7 Nurseline\*:
  - o 800-262-2873
- UnitedHealthcare Advocate4me (24/7)\*: 800-262-2873

<sup>\*</sup>Translation services available upon request.