# 2020 Care Provider Manual

Physician, Health Care Professional, Facility and Ancillary Care

Tennessee



# Welcome

Welcome to the UnitedHealthcare Community Plan provider manual. This up-to-date reference PDF manual allows you and your staff to find important information such as how to process a claim and submit prior authorization requests. This manual also includes important phone numbers and websites on the How to Contact Us page. Find operational policy changes and other electronic tools on our website at <u>UHCprovider.</u> <u>com</u>.

This provider manual supports TennCare, Tennessee's Medicaid program. It has been operating under a waiver from CMS since 1994 to offer coverage to the traditional Medicaid-eligible population as well as an expanded population (TennCare Standard). All TennCare members are enrolled into a managed care organization (MCO) within their geographic region.

We entered into a Contractor Risk Agreement (CRA) for each Grand Region with the State of Tennessee for provision of the TennCare benefits. The TennCare program in each Grand Region is governed by its Contractor Risk Agreement, the TennCare Rules and Regulations as well as the TennCare Policies. The Division of TennCare website contains links to all governing documents. These include:

- Contractor Risk Agreement: tn.gov
- TennCare Rules: publications.tnsofiles.com
- TennCare Policies: tn.gov

We administer the TennCare program as an MCO in all three geographic regions doing business as UnitedHealthcare Community Plan. We are a primary care practitioner (PCP)-driven HMO network focusing on PCPs providing appropriate care to covered persons based on established clinical guidelines. We operate in an integrated model where all physical, behavioral and long-term services and supports health care needs are assessed, coordinated and monitored. We offer our covered individuals and providers programs in medical management, quality improvement, education and development, as well as quality customer service. Some TennCare enrollees are also eligible for enhanced services provided through CHOICES. CHOICES is the Long-Term Services and Supports (LTSS) program, which promotes quality and cost-effective care coordination for CHOICES enrollees with chronic, complex health care, social service and custodial needs. The CHOICES program includes both Nursing Facility and Home- and Community-Based (HCBS) care coordination. CHOICES care coordination operates based on our fully integrated model so the physical, behavioral and LTSS care health needs of the CHOICES enrollees are met. You may find detailed information on the CHOICES program in Chapter 6: Long Term Services and Supports Program (LTSS), and Chapter 7: Employment and Community First (ECF) CHOICES of this Manual.

## CLICK THE FOLLOWING LINKS TO ACCESS DIFFERENT MANUALS:

- UnitedHealthcare Administrative Guide for Commercial and Medicare Advantage member information. Some states may also have Medicare Advantage information in their Community Plan manual.
- A different state Community Plan manual: go to <u>UHCprovider.com</u>. Click Menu on top left, select Administrative Guides and Manuals, then Community Plan Care Provider Manuals, select state.
- UnitedHealthcare Dual Complete: For information about UnitedHealthcare Dual Complete in Tennessee, go to UHCprovider.com > Menu > Health Plans by State > Tennessee Medicare Advantage Health Plans > <u>Tennessee Dual Complete Special</u> <u>Needs Plans</u>.
- March Vision Routine Care provider reference guide: <u>marchvisioncare.com</u>. Ophthalmologists rendering medical services to TennCare enrollees should refer to this manual.

## EASILY FIND INFORMATION IN THIS MANUAL USING THE FOLLOWING STEPS:

- 1. Select CTRL+F.
- 2. Type in the key word.
- 3. Press Enter.

If available, use the binoculars icon on the top right hand side of the PDF to search for information and topics. We greatly appreciate your participation in our program and the care you offer covered persons.

 If you have questions about the information or material in this manual, or about our policies, please call **Provider Services**.

# Important Information about the Use of This Manual

If there is a conflict between your Agreement and this care provider manual, use this manual unless your Agreement states you should use it, instead. If there is a conflict between your Agreement, this manual and applicable federal and state statutes and regulations and/ or state contracts, applicable federal and state statutes and regulations and/or state contracts will control.

UnitedHealthcare Community Plan reserves the right to supplement this manual to help ensure its terms and conditions remain in compliance with relevant federal and state statutes and regulations.

This manual will be amended as policies change.

#### PARTICIPATION AGREEMENT

In this manual, we refer to your Participation Agreement as "Agreement".

The Division of TennCare requires specific language in TennCare Provider Agreements. As noted in the Modification Section of your Provider Agreement, Division of TennCare required language and State of Tennessee mandates about the TennCare program can be updated by inclusion in the care provider manual. For ease of your review, certain required language and TennCare program mandates are contained in a document titled "TennCare Program Regulatory Appendix Requirements Appendix. The Appendix is at **UHCprovider.com**.

The appendix is routinely appended to our TennCare Provider Agreements. The latest version of this Appendix is also appended to this care provider manual. When we amend your Agreement to comply with federal and state regulatory requirements, most of these changes may be made within the body of this care provider manual. However, those regulatory requirements may require us to make changes to confidential portions of your Agreement, such as the

payment provisions. When this type of change is required, we may provide you a separate confidential notice of the regulatory changes to your Agreement. If the payment provisions are affected, we will send you a new fee schedule or payment appendix for your records. If we provide you notice of changes based on this paragraph, we will limit such changes to those required to comply with the change in regulatory requirements.

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# **Chapter 1: Introduction**

TennCare is the Tennessee State Medicaid program TennCare offers traditional Medicaid to eligible populations (TennCare Medicaid) as well as an expanded population (TennCare Standard). All TennCare individuals are enrolled into an MCO.

UnitedHealthcare Plan of the River Valley has entered into a contractor risk agreement (CRA) with the State of Tennessee to provide TennCare benefits to qualifying residents. UnitedHealthcare Plan of the River Valley administers the TennCare program as UnitedHealthcare Community Plan.

UnitedHealthcare Community Plan supports the Tennessee state goals of increased access, improved health outcomes and reduced costs by offering Medicaid benefits to eligible individuals:

- TennCare
- TennCare Kids
- TennCare Employment and Community First (ECF) CHOICES
- TennCare CHOICES Long-Term Services and Supports (LTSS) Program

Tennessee has three geographic regions. All TennCare individuals are enrolled in an MCO within their geographic region. DHSS will determine enrollment eligibility.

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If you have questions about the information in this manual or about our policies, go to <u>UHCprovider.com/tncommunityplan</u> or call Provider Services at **800-690-1606**.

## How to Join Our Network

For instructions on joining the UnitedHealthcare Community Plan provider network, go to <u>UHCprovider.com/join</u>. There you will find guidance on our credentialing process, how to sign up for self-service tools and other helpful information.

## **Our Approach to Health Care**

#### WHOLE PERSON CARE MODEL

The Whole Person Care (WPC) program seeks to empower covered persons enrolled in Medicaid, care providers and our community to improve care coordination and elevate outcomes. Targeting covered persons with chronic complex conditions who often use health care, the program helps address their needs holistically. WPC examines medical, behavioral and social/environmental concerns to help them get the right care from the right care provider in the right place and at the right time.

The program provides interventions to covered persons with complex medical, behavioral, social, pharmacy and specialty needs. This results in better quality of life, improved access to health care and lower expenses. WPC provides a care management/coordination team that helps increase their engagement, offers resources to fill gaps in care and develops personalized health goals using evidence-based clinical guidelines. This approach helps improve the health and well-being of the people and communities we serve. WPC provides:

- Extended care team including primary care practitioner (PCP), pharmacist, medical and behavioral director, and peer specialist.
- Interventions that engage individuals, connecting them to needed resources, care and services.
- Individualized and multidisciplinary care plan.
- Assistance with appointments with PCP and coordinating appointments. The Clinical Health Advocate (CHA) refers individuals to an RN, Behavioral Health Advocate (BHA) or other specialists as required for complex needs.
- Education and support with complex conditions.
- Tools for helping individuals engage with care providers, such as appointment reminders and help with transportation.
- Foundation to build relationships with hard-toengage individuals.

The WPC program goals are to:

- Lower avoidable admissions and unnecessary emergency room (ER) visits, measured outcomes by inpatient (IP) admission and ER rates.
- Improve access to PCP and other needed services, measured by number of PCP visit rates within identified time frames.
- Identify and discuss behavioral health needs, measured by number of behavioral health care provider visits within identified time frames.
- Improve access to pharmacy.
- Identify and remove social and environmental barriers to care.
- Improve health outcomes, measured by improved Healthcare Effectiveness Data and Information Set (HEDIS) and Centers for Medicare & Medicaid Services (CMS) Star Ratings metrics.
- Empower covered persons to manage their complex/chronic illness or problem and care transitions.
- Improve coordination of care.
- Engage community and care provider networks to help ensure access to affordable care and the appropriate use of services.

#### **REFERRING YOUR PATIENT**

To refer your patient who is a UnitedHealthcare Community Plan covered person to WPC, call Provider Services at **800-690-1606**.

### Compliance

HIPAA mandates National Provider Identifier (NPI) usage in all standard transactions (claims, eligibility, remittance advice, claims status request/response, and authorization request/response) for all health care providers who handle business electronically.

## **Cultural Competency**

Under state and federal law, all TennCare individuals have a right to receive free interpretation and translations as Limited English Proficiency (LEP) services. You must:

• Implement LEP policies and procedures for language assistance, interpretation, and translation services to individuals.

- Provide similar services to hearing-impaired individuals.
- Offer in-person interpreters, sign language or access to telephonic assistance (e.g., the ATT universal line). This is a requirement for any care provider accepting TennCare funds.

To access these services, call the TennCare Foreign Language Line at **800-758-1638**. We do not reimburse for translation services offered to TennCare individuals in the care provider's office setting. Do not bill us or individuals for these services.

To help you meet patient needs, we have developed a Cultural Competency Program. Linguistic and cultural barriers can negatively affect access to health care. You must help us meet this obligation for covered persons.

We offer the following support services:

- Language Interpretation Line: We provide oral interpreter services 24 hours a day, seven days a week to individuals free of charge. More than 240 non-English languages and hearing impaired services are available. If a covered person needs Interpreter Services, we prefer you use a professional interpreter. To access a professional interpreter during regular business hours, contact the TennCare Foreign Language Line.
- **Cultural materials:** We provide simplified materials for individuals with LEP and who speak languages other than English or Spanish. We also provide materials for visually impaired individuals.

## Evidence-Based Clinical Review Criteria and Guidelines

UnitedHealthcare Community Plan uses MCG Care Guidelines (formally Milliman Care Guidelines) for care determinations.

## **Network Management**

Our Network Management Department can help you with your contract, credentialing and in-network services. We have network account managers and provider advocates who are available for visits, contracting, credentialing and other related issues.

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If you need to speak with a network contract manager about credentialing status or contracting, call **<u>Network Management</u>**.

### **Online Resources**

**UHCprovider.com** is your home for care provider information with access to Electronic Data Interchange (EDI), Link self-service tools, medical policies, news bulletins, and great resources to support administrative tasks including eligibility, claims, claims status and prior authorizations and notifications.

#### SECURE CARE PROVIDER WEBSITE

We provide a secure portal to network care providers, facilities and medical administrative staff called Link at <u>UHCprovider.com</u>. This website offers an innovative suite of online health care management tools, including the ability to view all online transactions for covered persons. It can help you save time, improve efficiency and reduce errors.



To access Link, the secure care provider website, go to **UHCprovider.com** and either sign in or create a user ID for **Link**. You will receive your user ID and password within 48 hours.

The secure care provider website lets you:

- Verify eligibility, including secondary coverage.
- Review benefits and coverage limit.
- Check prior authorization status.
- Access remittance advice and review recoveries.
- Review your preventive health measure report.
- Access the Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) toolset.
- Search for CPT codes. Type the CPT code in the header search box on <u>UHCprovider.com</u>, and the search results will display all documents and/or web pages containing that code.
- Find certain web pages more quickly using direct URLs. You'll see changes in the way we direct you to specific web pages on our <u>UHCprovider.com</u> provider portal. You can access our most used and popular web pages

on **UHCprovider.com** by typing in that page's direct URL identified by a forward slash in the web address, e.g. **UHCprovider.com/claims**. When you see that forward slash in our web links, you can copy the direct URL into your web page address bar to quickly access that page.

#### **DIRECT CONNECT**

Direct Connect is a free online portal that lets you securely communicate with payers to address errant claims. This portal can replace letters, faxes, phone calls and spreadsheets. It also helps:

- Manage overpayments in a controlled process.
- Create a transparent view between you and payer.
- Avoid duplicate recoupment and returned checks.
- Decrease resolution timeframes.
- Real-time reporting to track statuses of inventories in resolution process.
- Provide control over financial resolution methods.

All users will access Direct Connect using Link. On-site and online training is available.

Email <u>directconnectsupport@optum.com</u> to get started with Direct Connect.

## **Privileges**

To help indivudals access appropriate care and minimize out-of-pocket costs, you must have privileges at applicable network facilities or arrangements with a network provider to admit and provide facility services. This includes full admitting hospital privileges, ambulatory surgery center privileges and/or dialysis center privileges.

## **Provider Services**

Provider Services is your primary contact for when you need help. It is staffed with representatives trained for UnitedHealthcare Community Plan. Provider Services works closely with all our departments.

> Provider Services can assist you with questions on Medicaid benefits, eligibility, claim decision, forms required to report specific services, billing questions and more.

## How to Contact Us

Торіс	Contact	Information
Benefits	tn.gov/tenncare > Members/Applicants > Covered Services UHCprovider.com/benefits 800-690-1606	Confirm a person's benefits and/or prior authorization.
Cardiology Prior Authorization	For prior authorization or a current list of CPT codes that require prior authorization, visit <u>UHCprovider.com/cardiology</u> Click Menu on top left, select Prior Authorization and Notification, then Cardiology 800-690-1606	Request prior authorization of the procedures and services outlined in this manual's prior authorization requirements.
Claims	EDI: UHCprovider.com/edi > <u>Companion</u> <u>Guides</u> Payer ID 95378 Link: <u>UHCprovider.com/claimslink</u> Online: <u>UHCprovider.com/claims</u> (policies, instructions and tips) 877-842-3210 (follow the prompts for status information) Mailing address: UnitedHealthcare Community Plan P.O. Box 5220 Kingston, NY 12402-5220 For FedEx (use for large packages/more than 500 pages): UnitedHealthcare Community Plan 1355 S 4700 West, Suite 100 Salt Lake City, UT 84104	Verify a claim status or get information about proper completion or submission of claims.

Торіс	Contact	Information
Claim Overpayments	See the Overpayment section for requirements before sending your request.	Ask about claim overpayments.
	Sign in to <u>UHCprovider.com/claims</u> to access Link, then select the UnitedHealthcare Online app	
	800-690-1606	
	Mailing address: <b>UnitedHealthcare Community Plan</b> ATTN: Recovery Services P.O. Box 740804 Atlanta, GA 30374-0800	
Dental Services	DentaQuest <u>dentaquest.com</u> 800-417-7140	DentaQuest providers dental coverage for TennCare covered persons younger than 21 years.
Electronic Data	ac edi ops@uhc.com	Ask about claims issues or questions.
Intake Claim Issues	800-210-8315	
Electronic Data Intake Log-on Issues	800-842-1109	Information is also available at <u>UHCprovider.com/edi</u> .
Eligibility	<b>EDI:</b> Transaction code 270 and response 271	Confirm covered persons' eligibility.
	Online: tn.gov/tenncare > Providers > Verify Eligibility	
	UHCprovider.com > Menu > Eligibility and Benefits > <u>eligibilityLink</u>	
	Phone: Division of TennCare: 800-852-2683	
	UnitedHealthcare Community Plan voice portal: 800-690-1606 (follow the prompts)	
Enterprise Voice Portal	877-842-3210	The Enterprise Voice Portal provides self-service functionality or call steering prior to speaking with a contact center agent.

Торіс	Contact	Information
Fraud, Waste and Abuse	Online: tn.gov/tenncare_> Providers > Fraud and Abuse Phone: 800-690-1606 (UnitedHealthcare Community Plan tipline) 800-433-3982 (Division of TennCare & Office of Inspector General)	Notify us of suspected fraud or abuse by a care provider or individual.
Healthy First Steps/ Obstetrics (OB) Referral	800-599-5985	Refer high-risk OB individuals. Fax initial prenatal visit form.
Laboratory Services	LabCorp 800-833-3984	LabCorp is the preferred network laboratory.
Medicaid (TennCare Provider Services)	tn.gov/tenncare/providers TennCare Provider Services 800-852-2683 Family Assistance Service Center 866- 311-4287 TennCare Solutions 800-878-3192 TennCare Advocacy Program 800-758- 1638 Medicare/Medicaid Crossover Claims Unit 800-852-2683	Contact Medicaid directly.
Medical and Behavioral Claim, Reconsideration and Appeal	Sign in to <u>UHCprovider.com/claims</u> to access Link, then select the UnitedHealthcare Online app 800-690-1606 Reconsiderations mailing address: <u>UnitedHealthcare Community Plan</u> P.O. Box 5220 Kingston, NY 12402-5240 Appeals mailing address: <u>UnitedHealthcare Community Plan</u> <u>Grievances and Appeals</u> P.O. Box 5220 Kingston, NY 12402-5220	Claim issues include overpayment, underpayment, payment denial, or an original or corrected claim determination you don't agree with.
Member Services	800-690-1606	Assist individuals with issues or concerns. Available 7 a.m. – 5 p.m. Central Time, Monday through Friday.

Торіс	Contact	Information
Mental Health & Substance Abuse (Optum Behavioral Health)	Optum Behavioral Health: 800-690-1606	Refer individuals for behavioral health services. (A PCP referral is not required.)
Multilingual/ Telecommunication Device for the Deaf (TDD) Services	800-758-1638 TDD 711	Available 8 a.m. – 5 p.m. Central Time, Monday through Friday, except state-designated holidays.
National Credentialing Center (VETTS line)	877-842-3210	Self-service functionality to update or check credentialing information.
National Plan and Provider Enumeration System (NPPES)	nppes.cms.hhs.gov 800-465-3203	Apply for a National Provider Identifier (NPI).
Network Management Phone Team	866-574-6088	Ask about contracting and care provider services.
NurseLine	800-690-1606 > Ask for NurseLine	Available 24 hours a day, seven days a week.
Obstetrics and Baby Care	Healthy First Steps 800-599-5985 Fax: 877-353-6913 Prenatal risk assessment form UHCBabyBlocks.com	Links for pregnant moms and newborn babies.
Optum Support Center	LinkSupport@optum.com 855-819-5909	Available 7 a.m. – 9 p.m. Central Time, Monday through Friday; 6 a.m. – 6 p.m. Central Time, Saturday; and 9 a.m. – 6 p.m. Central Time, Sunday.
Pharmacy Services	optumrx.com Prior Approval/Clinical: 866-434-5524 Fax: 866-434-5523 Pharmacy Help Desk 866-434-5520 Member inquiries 888-816-1680	OptumRx oversees and manages our network pharmacies.

Торіс	Contact	Information
Prior Authorization/ Notification of Health Services (Intake)	EDI: See EDI transactions and code sets on <u>UHCprovider.com/edi</u> Link: Prior Authorization and Admission Notification (PAAN) app UHCprovider.com/tncommunityplan > <u>Prior Authorization and Notification</u> <u>Resources</u> 877-842-3210	Request authorization/notify of the procedures and services outline in the prior authorization/ notification requirements section of this manual. Complete and current list of prior authorizations.
Prior Authorization Notification Tool, Quick References and Other Helpful Resources	UHCprovider.com/priorauth > <u>Prior</u> Authorization Notification Tool 877-842-3210	The process for completing the notification/ prior authorization request and time frames remains the same. Learn how to use the prior authorization advanced notification (PAAN) tool, complete the notification/prior authorization process or confirm a coverage decision. Call 7 a.m. to 7 p.m. local time, Monday through Friday.
Provider Advocates	800-690-1606 Network providers, email <u>UHC_TN_</u> <u>Outreach@uhc.com</u> Fax: 888-808-4420 Out-of-network providers, email <u>UHCCP_TN_Outreach@uhc.com</u> Fax: 888-823-7285	When calling, choose Provider option, enter Tax ID, enter specific Member ID or wait for provider services representative to request call from appropriate provider advocate.
Provider Services	UHCprovider.com/tncommunityplan 800-690-1606	Ask about behavioral health, benefits and eligibility, claims, medical management and prior authorizations. Representatives are available 8 a.m. – 6 p.m. Eastern Time, Monday through Friday.
Radiology Prior Authorization	UHCprovider.com > Prior Authorization and Notification > <u>Radiology</u> 866-889-8054	Request prior authorization of the procedures and services outlined in this manual's prior authorization requirements. Complete and current list of prior authorizations.
Referrals	UHCprovider.com > Menu > <u>Referrals</u> or use Link Provider Services 800-690-1606	View reimbursement policies that apply to UnitedHealthcare Community Plan members. Visit this site often to view reimbursement policy updates.

Торіс	Contact	Information
Reimbursement Policy	UHCprovider.com/tncommunityplan > Bulletins and Newsletters	The process for completing the notification/ prior authorization request and time frames remains the same. Learn how to use the prior authorization advanced notification (PAAN) tool, complete the notification/prior authorization process or confirm a coverage decision.
		Call 7 a.m. to 7 p.m. local time, Monday through Friday.
Tobacco Free Quit Line	800-784-8669	Ask about services for quitting tobacco/ smoking.
Transportation (non- emergent)	Tennessee Carriers 866-405-0238	Call Tennessee Carriers to schedule non- emergent transportation or for transportation assistance. To arrange non-urgent transportation, please call three days in advance.
Utilization Management	877-842-3210	UM helps avoid overuse and under-use of medical services by making clinical coverage decisions based on available evidence-based guidelines. Request a copy of our UM guidelines or information about the program.
Vaccines for Children (VFC) program	Tennessee Department of Health (TDH) Immunization Program 615-741-1954	You must participate in the VFC Program administered by the Department of Health and Senior Services (DHSS) and must use the free vaccine when administering vaccine to qualified eligible children. Enroll as VFC providers with DHSS to bill for the administration of the vaccine.
Vision Services	March Vision <u>marchvisioncare.com</u> 844-966-2724	Prior authorization is required for all routine eye exams and hardware. Authorizations must be obtained from March Vision Care.
Whole Person Care Person-Centered Care Model (Care Management/ Disease Management): Population Health	800-690-1606	Refer high-risk individuals (e.g., asthma, diabetes, obesity) and those who need private-duty nursing.

Торіс	Contact	Information
Website for Tennessee Community Plan	UHCprovider.com/tncommunityplan	Access your state-specific Community Plan information on this website.
Website for TennCare	tn.gov/tenncare	Find phone numbers, policies, eligibility and other information.
	Provider Links Rules for Tennessee Department of Finance and Administration	Helpful links to TennCare information TennCare rules for providers

# Chapter 2: Care Provider Standards & Policies

## **General Care Provider Responsibilities**

#### NON-DISCRIMINATION

You can't refuse an enrollment/assignment or disenroll a covered person or discriminate against them solely based on age, sex, race, physical or mental handicap, national origin, religion, type of illness or condition. You may only direct the person to another care provider type if that illness or condition may be better treated by someone else.

Post non-discrimination notices where employees and individuals easily see them. You may be asked to show proof these notices are posted.

Any person who feels they have been discriminated against, or anyone who witnesses something discriminatory, may file a complaint. Complaint forms are available in English and Spanish on tn.gov/tenncare > Members/Applicants > Civil Rights Compliance.

File a complaint through the following methods:

Mail: TennCare Office of Nondiscrimination

Contract Compliance 310 Great Circle Road, Floor 3W Nashville, TN 37243

#### Email: hcfa.fairtreatment@tn.gov

Phone: 615-507-6474, 855-857-1673 (TTY 711)

#### COMMUNICATION BETWEEN CARE PROVIDERS AND COVERED PERSONS

The UnitedHealthcare Community Plan Agreement is not intended to interfere with your relationship with covered persons as patients or with UnitedHealthcare Community Plan's ability to administer its quality improvement, utilization management or credentialing programs. Instead, we require communication between PCPs and other participating care providers. This helps ensure covered persons receive both quality and costeffective health services.

Covered persons and/or their representatives may take part in the planning and implementation of their care. To help ensure they have this chance, UnitedHealthcare Community Plan requires you to:

- 1. Educate covered persons and/or their representatives about their health needs.
- 2. Share findings of history and physical exams.
- Discuss options (without regard to plan coverage), treatment side effects and symptoms management. This includes any self-administered alternative or information that may help them make care decisions.
- 4. Recognize covered individuals (and/or their representatives) have the right to choose the final course of action among treatment options.
- 5. Collaborate with the plan care manager in developing a specific care plan for individuals enrolled in High-Risk Care Management.

#### **PROVIDE OFFICIAL NOTICE**

Write to us within 10 calendar days if any of the following events happen:

- 1. Bankruptcy or insolvency.
- 2. Indictment, arrest, felony conviction or any criminal charge related to your practice or profession.
- 3. Suspension, exclusion, debarment or other sanction from a state or federally funded health care program.
- 4. Loss or suspension of your license to practice.
- 5. Departure from your practice for any reason.
- 6. Closure of practice.

You may use the care provider demographic information update on form for demographic changes or update NPI information for care providers in your office. This form is located at UHCprovider.com > Menu > Find a Care Provider > My Practice Profile Tool > <u>Care Provider</u> Paper Demographic Information Update Form.

## TRANSITIONING CARE FOLLOWING TERMINATION OF YOUR PARTICIPATION

If your network participation ends, you must transition your covered persons to timely and useful care. This may include providing services for a reasonable time at our in-network rate. Provider Services can help with the transition.

If you decide to end your participation, submit a termination notification to us in the time frames stated in the Provider Agreement. All notices must be in writing and delivered either personally or by certified mail with prepaid postage. If mailed, the notice is considered delivered when deposited in the United States mail

Address notices to: UnitedHealthcare Community Plan Attn: Network Management 10 Cadillac Dr, Suite 200 Brentwood, TN 37027

#### ARRANGE SUBSTITUTE COVERAGE

If you cannot provide care and must find a substitute, arrange for care from other UnitedHealthcare Community Plan care providers and care professionals.

> For the most current listing of network care providers and health care professionals, review our care provider and health care professional directory at <u>UHCprovider.com</u> > Find Dr.

#### ADMINISTRATIVE TERMINATIONS FOR INACTIVITY

Up-to-date directories are a critical part of providing covered persons with the information they need to take care of their health. To accurately list care providers who treat individuals, we:

- End Agreements with care providers who have not submitted claims for covered persons for one year and have voluntarily stopped participation in our network.
- Inactivate any tax identification numbers (TINs) with no claims submitted for one year. This is not a termination of the Provider Agreement. Call UnitedHealthcare Community Plan to reactivate a TIN.

## CHANGING AN EXISTING TIN OR ADDING A HEALTH CARE PROVIDER

Please complete and email the Care Provider Demographic Information Update Form and your W-9 form to the address listed on the bottom of the form.

- Download the W-9 form at <u>irs.gov</u> > Forms & Instructions > <u>Form W-9</u>.
- Download the Care Provider Demographic Information Update Form at <u>UHCprovider.com</u>
   Menu > Find a Care Provider > My Practice Profile Tool > <u>Care Provider Paper Demographic</u> Information Update Form.
- To update your care provider information online, go to <u>UHCprovider.com</u> > Menu > Find a Care Provider > My Practice Profile Tool > <u>Go To My Practice</u> <u>Profile Tool</u>.

Otherwise, complete detailed information about the change, the effective date of the change and a W-9 on your office letterhead. Email this information to the number on the bottom of the demographic change request form.

## UPDATING YOUR PRACTICE OR FACILITY INFORMATION

You can update your practice information through the Provider Data Management application on <u>UHCprovider.com</u>. Go to <u>UHCprovider.com</u> > Menu > Find a Care Provider > My Practice Profile Tool > Care Provider Paper Demographic Information Update Form.

- Or submit your change by:
  Completing the Provider Demographic Change Form and faxing it to the appropriate number listed on the bottom of the form.
  - Calling our Enterprise Voice Portal.

#### **AFTER-HOURS CARE**

Life-threatening situations require the immediate services of an emergency department. Urgent care can provide quick after-hours treatment and is appropriate for infections, fever, and symptoms of cold or flu.

If an individual calls you after hours asking about urgent care, and you can't fit them in your schedule, refer them to an urgent care center.

#### PARTICIPATE IN QUALITY INITIATIVES

You must help our quality assessment and improvement activities. You must also follow our clinical guidelines, individual safety (risk reduction) efforts and data confidentiality procedures.

UnitedHealthcare Community Plan clinical quality initiatives are based on optimal delivery of health care for particular diseases and conditions. This is determined by United States government agencies and professional specialty societies. See Chapter 12 for more details on the initiatives.

#### **PROVIDE ACCESS TO YOUR RECORDS**

You must provide access to any medical, financial or administrative records related to services you provide to covered persons within 14 calendar days of our request. We may request you respond sooner for cases involving alleged fraud and abuse, an individual's grievance/ appeal, or a regulatory or accreditation agency requirement. Maintain these records for six years or longer if required by applicable statutes or regulations.

#### **PERFORMANCE DATA**

You must allow the plan to use care provider performance data.

#### **COMPLY WITH PROTOCOLS**

You must comply with UnitedHealthcare Community Plan's and Payer's Protocols, including those contained in this manual.



View protocols at UHCprovider.com/policies.

#### **OFFICE HOURS**

Provide the same office hours of operation to covered persons as those offered to commercial members.

## PROTECT CONFIDENTIALITY OF COVERED PERSONS' DATA

Covered persons have a right to privacy and confidentiality of all health care data. We only give confidential information to business associates and affiliates who need that information to improve individuals' health care experience. We require our associates to protect privacy and abide by privacy law. If a covered person requests specific medical record information, we will refer them to you. You agree to comply with the requirements of the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") and associated regulations. In addition, you will comply with applicable state laws and regulations.

UnitedHealthcare Community Plan uses individuals' information for treatment, operations and payment. UnitedHealthcare Community Plan has safeguards to stop unintentional disclosure of protected health information (PHI). This includes passwords, screen savers, firewalls and other computer protection. It also includes shredding information with PHI and all confidential conversations. All staff is trained on HIPAA and confidentiality requirements.

#### FOLLOW MEDICAL RECORD STANDARDS

Please reference <u>Chapter 11</u> for Medical Record Standards.

## INFORM COVERED PERSONS OF ADVANCE DIRECTIVES

The federal Patient Self-determination Act (PSDA) gives patients the legal right to make choices about their medical care before incapacitating illness or injury through an advance directive. Under the federal act, you must provide written information to individuals on state law about advance treatment directives, about their right to accept or refuse treatment, and about your own policies regarding advance directives. To comply with this requirement, we inform covered persons of state laws on advance directives through Member Handbooks and other communications.

#### YOUR AGREEMENT

If you have a concern about your Agreement with us, send a letter with the details to the address in your contract. A representative will look into your complaint. If you disagree with the outcome, you may file for arbitration. If your concern relates to certain UnitedHealthcare Community Plan procedures, such as the credentialing or care management process, follow the dispute procedures in your Agreement. After following those procedures, if one of us remains dissatisfied, you may file for arbitration. If we have a concern about your Agreement, we'll send you a letter containing the details. If we can't resolve the complaint through informal discussions, you may file an arbitration proceeding as described in your Agreement. Your Agreement describes where arbitration proceedings are held.

If an individual asks to appeal a clinical or coverage determination on their behalf, follow the appeal process in their benefit contract or handbook. Locate the Member Handbook at <u>UHCCommunityPlan.com/tn/</u> <u>medicaid/community-plan</u> > Member Resources > View Available Resources > Member Handbook.

Also reference <u>Chapter 14</u> of this manual for information on provider claim reconsiderations, appeals, and grievances.

#### **REPORTING ABUSE AND NEGLECT**

You must identify and report suspected cases of abuse, neglect, or exploitation. Not reporting child abuse or neglect is a violation of Tennessee law. See TCA 71-6-101 et seq., TCA 37-1-401 et seq., and TCA 37-1-601 et seq. All abuse reports are confidential.

- Reporting Child Abuse: Call Child Protective Services at 877-237-0004. You can also go to tn.gov/dcs > Program Areas > <u>Child Safety</u> to report instances of abuse or neglect that do not require an emergency response.
- Reporting Abuse of Adults: Call Adult Protective Services at 888-277-8366. You can report suspected or confirmed cases of abuse or neglect after hours by fax at 866-294-3961.
- Emergency Reporting: If the individual is at immediate risk, please call 911. For more information, go to the Tennessee Department of Human Services website at <u>tn.gov</u>.

## Appointment Standards (TennCare Access and Availability Standards)

Comply with the following appointment availability standards:

#### **PRIMARY CARE**

PCPs should arrange appointments for:

- After-hours care phone number: 24 hours, 7 days a week
- Emergency care: Immediately or referred to an emergency facility
- Urgent care appointment in the offce: within 48 hours or phone follow-up with referral for urgent care
- Routine care appointment: within three weeks
- · Physical exam: within three weeks
- · EPSDT appointments: within three weeks
- · New individual appointment: within three weeks
- In-office waiting for appointments: not to exceed 45 minutes of the scheduled appointment time
- Phone calls:
  - After-hours calls to the answering service for urgent problems: within 15 minutes or as soon as possible
  - Urgent phone calls during regular office hours: the same day. The office staff should set an expectation with the caller as to when the call will be returned.
  - Non-urgent phone calls during regular office hours: as soon as possible.

#### SPECIALTY CARE

Specialists should arrange appointments for:

- Routine appointment type: within 30 working days of request/referral
- Urgent appointments: within 48 hours
- In-office waiting for appointments: within 45 minutes of the scheduled appointment time
- Optometry: within three weeks for a regular appointment, 48 hours for an urgent appointment. Do not exceed 45 minutes for office wait time.

#### **PRENATAL CARE**

Prenatal care providers should arrange OB/GYN appointments for:

- First and second trimester: within 15 calendar days of request
- Third trimester: within three days of request
- High-risk: within three calendar days of identification of high risk

UnitedHealthcare Community Plan periodically conducts surveys to check appointment availability and access standards. All care providers must participate in all activities related to these surveys.

For more information about Behavioral Health Access and Availability Standards, please see <u>Chapter 9</u>.

## **Care Provider Directory**

You are required to tell us, within five business days, if there are any changes to your ability to accept new patients. If a covered person, or potential covered person, contacts you, and you are no longer accepting new patients, report any Provider Directory inaccuracy. Ask the potential new patient to contact UnitedHealthcare Community Plan for help finding a care provider.

We are required to contact all participating care providers annually and independent physicians every six months. We require you to confirm your information is accurate or provide us with applicable changes.

If we do not receive a response from you within 30 business days, we have an additional 15 business days to contact you. If these attempts are unsuccessful, we notify you that if you continue to be non-responsive we will remove you from our care provider directory after 10 business days.

If we receive notification the Provider Directory information is inaccurate, you may be subject to corrective action.

In addition to outreach for annual or bi-annual attestations, we are required to make outreach if we receive a report of incorrect provider information. We are required to confirm your information.

To help ensure we have your most current provider directory information, submit applicable changes to:

For Delegated providers, email your changes to Pacific\_DelProv@uhc.com or delprov@uhc.com.

**For Non-delegated providers,** visit <u>UHCprovider.com</u> for the Provider Demographic Change Submission Form and further instructions.

#### **PROVIDER ATTESTATION**

Confirm your provider data every quarter through Link or by calling Provider Services. If you have received the upgraded My Practice Profile and have editing rights, access Link's My Practice Profile App to make many of the updates required in this section.

## **Prior Authorization Request**

Prior authorization requests may include procedures, services, and/or medication.

Coverage may only be provided if the service or medication is deemed medically necessary, or meets specific requirements provided in the benefit plan.

Take the following steps before providing medical services and/or medication to covered persons:

- Verify eligibility using Link at <u>UHCprovider.com/eligibility</u> or by calling Provider Services. Not doing so may result in claim denial.
- Check the individual's ID card each time they visit. Verify against photo identification if this is your office practice.
- Get prior authorization from Link:
  - 1. To access the Prior Authorization app, go to UHCprovider.com, then click Link.
  - 2. Select the **Prior Authorization and Notification app** on Link.
  - 3. View notification requirements.

Identify and bill other insurance carriers when appropriate.

If you have questions, please call the UnitedHealthcare Connectivity Help Desk at **866-842-3278**, option 3, 7 a.m. – 9 p.m. Central Time, Monday through Friday.

## Timeliness Standards for Notifying Individuals of Test Results

After receiving results, notify individuals within:

- Urgent: 24 hours
- Non-urgent: 10 business days

## Requirements for PCP and Specialists Serving in PCP Role

#### SPECIALISTS INCLUDE INTERNAL MEDICINE, PEDIATRICS, OR OBSTETRICIAN/GYNECOLOGY

PCPs are an important partner in the delivery of care, and TennCare covered persons may seek services from any participating care provider. The TennCare program requires covered persons be assigned to PCPs. We encourage individuals to develop a relationship with a PCP who can maintain all their medical records and provide overall medical management. These relationships help coordinate care and provide the individual a "medical home."

The PCP plays a vital role as a case manager in the UnitedHealthcare Community Plan system by improving health care delivery in four critical areas: access, coordination, continuity and prevention. As such, the PCP manages initial and basic care to covered persons, makes recommendations for specialty and ancillary care, and coordinates all primary care services delivered to covered persons. The PCP must provide 24 hours a day, seven days a week coverage and backup coverage when they are not available.

Medical doctors (M.D.s), doctors of osteopathy (DOs), nurse practitioners (NPs)\* and physician assistants (PAs)\* from any of the following practice areas can be PCPs:

- General practice
- Internal medicine
- Family practice
- Pediatrics
- Obstetrics/gynecology

Nurse practitioners may enroll with the state as solo providers, but physician assistants cannot; they must be part of a group practice.

> Individuals may change their assigned PCP by contacting <u>Member Services</u> at any time during the month. Member Service is available 7 a.m. - 7 p.m., Monday through Friday.

We ask covered persons who don't select a PCP during enrollment to select one. UnitedHealthcare Community Plan may auto-assign a PCP to complete the enrollment process.

You may print a monthly Primary Care Provider Panel Roster by visiting <u>UHCprovider.com</u>.

#### Sign in to UHCprovider.com > select the

UnitedHealthcare Online application on Link > select **Reports** from the **Tools & Resources**. From the Report Search page, select the **Report Type** (PCP Panel Roster) from the pull-down menu > complete additional fields as required > click on the available report you want to view.

The PCP Panel Roster provides a list of covered persons currently assigned to a care provider.

Females have direct access (without a referral or authorization) to any OB/GYNs, midwives, physician assistants, or nurse practitioners for women's health care services and any non-women's health care issues discovered and treated in the course of receiving women's health care services. This includes access to ancillary services ordered by women's health care providers (lab, radiology, etc.) in the same way these services would be ordered by a PCP. This is in addition to the enrollee's designated PCP.

UnitedHealthcare Community Plan works with covered persons and care providers to help ensure all individuals understand, support, and benefit from the primary care case management system. The coverage includes availability of 24 hours a day, seven days a week. During non-office hours, access by phone to a live voice (i.e., an answering service, care provider on-call, hospital switchboard, PCP's nurse triage) will immediately page an on-call medical professional so referrals can be made for non-emergency services. **Recorded messages are not acceptable.** 

Consult with other appropriate health care professionals to develop individualized treatment plans for covered persons with special health care needs.

- Use lists supplied by the UnitedHealthcare Community Plan identifying individuals who appear to be due preventive health procedures or testing.
- Submit all accurately coded claims or encounters timely.
- Provide all well baby/well-child services.
- Coordinate each covered person's overall course of care.

- Accept covered persons at your primary office location at least 20 hours a week for a one MD practice and at least 30 hours per week for a two or more MD practice.
- · Be available to individuals by phone any time.
- Tell individuals about appropriate use of emergency services.
- Discuss available treatment options with covered persons.

## Responsibilities of PCPs and Specialists Serving in PCP Role

#### SPECIALISTS INCLUDE INTERNAL MEDICINE, PEDIATRICS, AND/OR OBSTETRICIAN/ GYNECOLOGY

In addition to meeting the requirements for all care providers, PCPs must:

- Offer office visits on a timely basis, according to the standards outlined in the Timeliness Standards for Appointment Scheduling section of this guide.
- Conduct a baseline examination during the covered person's first appointment.
- Treat individuals' general health care needs. Use nationally recognized clinical practice guidelines.
- Refer services requiring prior authorization to the Prior Authorization Department, UnitedHealthcare Community Plan Clinical, or TennCare's pharmacy benefits manager, as appropriate.
- Admit covered persons to the hospital when necessary. Coordinate their medical care while they are hospitalized.
- Respect individuals' advance directives. Document in a prominent place in the medical record whether or not a covered person has an advance directive form.
  - Provide covered benefits consistently with professionally recognized standards of health care and based on UnitedHealthcare Community Plan standards. Document procedures for monitoring individuals' missed appointments as well as outreach attempts to reschedule them.

- Transfer medical records upon request. Provide copies of medical records to individuals upon request at no charge.
- Allow timely access to covered persons' medical records per contract requirements. Purposes include medical record keeping audits, HEDIS or other quality measure reporting, and quality of care investigations. Such access does not violate HIPAA.
- Maintain a clean and structurally sound office that meets applicable Occupational Safety and Health Administration (OSHA) and Americans with Disabilities (ADA) standards.
- Complying with the TennCare Access and Availability standards for scheduling emergency, urgent care and routine visits. Appointment Standards are covered in Chapter 2 of this manual.

## Rural Health Clinic, Federally Qualified Health Center or Primary Care Clinic

Individuals may choose a care provider who meets the PCP requirements and performs PCP-type services within a Rural Health Clinic or Federally Qualified Health Center as their PCP.

- Rural Health Clinic: RHCs help increase access to primary care services for Medicaid and Medicare individuals in rural communities. RHCs can be public, nonprofit or for-profit health care facilities. They must be located in rural, underserved areas.
- Federally Qualified Health Center: An FQHC is a center or clinic that provides primary care and other services. These services include:
  - Preventive (wellness) health services from a care provider, physician assistant, nurse practitioner and/or social worker.
  - Mental health services.
  - Immunizations (shots).
  - Home nurse visits.
- **Primary Care Clinic:** A PCC is a medical facility focusing on the initial treatment of medical ailments.

In most cases, the conditions seen at the clinic are not serious or life threatening. If a condition is discovered at a primary care clinic that may be dangerous, the PCC may refer the covered person to a specialist. Doctors at these clinics are usually internists, family physicians and pediatricians.

## Primary Care Provider Checklist

Take the following steps when providing services to covered persons:

- Verify eligibility using Link at <u>UHCprovider.com/eligibility</u> or by calling Provider Services.
- Verify a covered person's identity with photo identification, if this is your office practice.
- Get prior authorization from UnitedHealthcare Community Plan, if required. Visit <u>UHCprovider.com/priorauth</u> to locate and view the current prior authorization information and notification requirements.
- Refer to UnitedHealthcare Community Plan participating specialists unless we authorize otherwise.
- Identify and bill other insurance carriers when appropriate.
- Bill all services provided to a covered person either electronically or on a CMS 1500 claim form. See Chapter 13 for more information on submitting forms.

## **Specialist Care Providers Responsibilities**

In addition to applicable requirements for all care providers, specialists must:

- Contact the PCP to coordinate the care/services.
- Provide specialty care medical services to covered persons recommended by their PCP or who self-refer.
- Verify the eligibility of the individual before providing covered specialty care services.

- Provide only those covered specialty care services, unless otherwise authorized.
- Provide the PCP copies of all medical data, reports and discharge summaries resulting from the specialist's care.
- Note all findings and recommendations in the individual's medical record. Share this information in writing with the PCP.
- Maintain staff privileges at one UnitedHealthcare Community Plan participating hospital at a minimum.
- Report infectious diseases, lead toxicity and other conditions as required by state and local laws.
- Comply with the TennCare Access and Availability standards for scheduling routine visits. Appointment standards are covered in Chapter 2 of this manual.
- Provide anytime coverage. PCPs and specialists serving in the PCP role must be available to individuals by phone 24 hours a day, seven days a week.

Or they must have arrangements for phone coverage by another UnitedHealthcare Community Plan participating PCP or obstetrician. UnitedHealthcare Community Plan tracks and follows up on all instances of PCP or obstetrician unavailability.

Specialists may use medical residents in all specialty care settings under the supervision of fully credentialed UnitedHealthcare Community Plan specialty attending care providers.

UnitedHealthcare Community Plan also conducts periodic access surveys to monitor for after-hours access. PCPs and obstetricians serving in the PCP role must take part in all survey-related activities.

## **Prenatal Care Responsibilities**

Pregnant covered persons should only receive care from UnitedHealthcare Community Plan participating providers.

Notify UnitedHealthcare Community Plan as soon as an individual confirms pregnancy. This helps ensure appropriate follow-up and coordination by the <u>UnitedHealthcare</u> <u>Healthy First Steps</u> coordinator. If you have questions, call <u>Healthy First Steps</u>. To begin patient outreach, fax the prenatal assessment form.

An obstetrician does not need approval from the individual's care provider for prenatal care, testing or obstetrical procedures. Obstetricians may give the pregnant individual a written prescription at any UnitedHealthcare Community Plan participating radiology and imaging facility listed in the care provider directory.

## Ancillary Care Provider Responsibilities

Ancillary care providers include freestanding radiology, freestanding clinical labs, home health, hospice, dialysis, durable medical equipment, infusion care, therapy, ambulatory surgery centers, freestanding sleep centers and other non-care providers. PCPs and specialist care providers must use the UnitedHealthcare Community Plan ancillary network.

UnitedHealthcare Community Plan participating ancillary providers should maintain sufficient facilities, equipment, and personnel to provide timely access to medically necessary covered services.

## Ancillary Care Provider Checklist

Take the following steps when providing services to covered persons:

- Verify their enrollment before rendering services. Go to Link at <u>UHCprovider.com</u> or contact <u>Provider Services</u>. Failure to verify enrollment and assignment may result in claim denial.
- Check the individual's ID card each time they access services. Verify against photo ID if this is your office practice.
- Get prior authorization from UnitedHealthcare Community Plan, if required. Visit <u>UHCprovider.com/priorauth</u>.
- Identify and bill other insurance carriers, when appropriate.

# Chapter 3: Care Provider Office Procedures and Individual Benefits

## Assignment to PCP Panel Roster

Once a individual is assigned a PCP, view the panel rosters electronically on the <u>UHCprovider.com</u> application on Link. The portal requires a unique user name and password combination to gain access.

Each month, PCP panel size is monitored by reviewing PCP to individual ratio reports. When a PCP's panel approaches the max limit, it is removed from autoassignment. The state requires PCPs to send notice when their panels reach 85% capacity. To update the PCP panel limits, send a written request.

Sign in to UHCprovider.com > select Link > select the UnitedHealthcare Online application on Link > select Reports from the Tools & Resources. From the Report Search page, select the Report Type (PCP Panel Roster) from the pull-down menu > complete additional fields as required > click on the available report you want to view.

## **Choosing a PCP**

Each enrolled UnitedHealthcare Community Plan person either chooses or is assigned a PCP. The assignment considers the distance to the PCP, the PCP's capacity and if the PCP is accepting new individuals. UnitedHealthcare Community Plan assigns them to the closest and appropriate PCP.

Depending on the person's age, medical condition and location, the choice of PCP may cover a variety of practice areas, such as family practice, general practice, internal medicine, pediatrics and obstetrics. If the individual changes the initial PCP assignment, the effective date will be the day the individual requested the change. If a person asks UnitedHealthcare Community Plan to change the PCP at any other time, the change is effective on the request date.

## **Deductibles/Copayments**

Deductibles and copayments are waived for covered services.

## **Medically Necessary Service**

UnitedHealthcare Community Plan only pays for medically necessary services.

#### **MEDICALLY NECESSARY DEFINITION**

Medically necessary health care services or supplies are medically appropriate and:

- Necessary to meet individuals' basic health needs.
- Cost-efficient and appropriate for the covered services.

## **Individual Assignment**

#### ASSIGNMENT TO UNITEDHEALTHCARE COMMUNITY PLAN

The Division of TennCare assigns eligible individuals to UnitedHealthcare Community Plan daily. We manage the person's care on the date the person is enrolled until the person is disenrolled from UnitedHealthcare Community Plan. The Division of TennCare makes disenrollment decisions, not UnitedHealthcare Community Plan Disenrollment usually takes effect at month's end, but at times may occur mid-month. At enrollment time, each individual receives a welcome packet that includes a copy of the UnitedHealthcare Community Plan Member Handbook. The handbook explains the individual's health care rights and responsibilities through UnitedHealthcare Community Plan.



Obtain copies of the Member Handbook online by calling **Provider Services**.

#### **IMMEDIATE ENROLLMENT CHANGES**

Immediate enrollment into managed care means the responsible payer for individuals, including newborns, may change from Fee for Service (FFS) to Medicaid Managed Care during hospitalization. To avoid delays in claims processing and payment, have the payer assignment of newborns checked daily.

## Get eligibility information by calling the Medicaid Inquiry line.

#### **UNBORN ENROLLMENT CHANGES**

Encourage covered persons to notify TennCare when they know they are expecting. TennCare notifies us daily of an unborn child when TennCare learns a woman we cover is expecting. We or you may use the online change report through the TennCare website to report the baby's birth. With that information, TennCare verifies the birth through the mother. Our and/or your information is taken as a lead. To help speed up the process, the mother should notify TennCare when the baby is born.

Newborns may get UnitedHealthcare Community Plancovered health services beginning on their date of birth. Check eligibility daily until the mother has enrolled her baby in a managed care plan.

#### **PCP SELECTION**

Although unborn children cannot be enrolled with us until birth, have the covered person select and contact a PCP for their baby prior to delivery. This will help avoid the delays and confusion that can occur with deferred PCP selections.



Covered persons can go to **myuhc.com/** communityplan to look up a care provider.

### **Individual Eligibility**

UnitedHealthcare Community Plan serves individuals enrolled with TennCare, Tennessee's Medicaid program. TennCare determines program eligibility. An individual who becomes eligible for TennCare program either chooses or is assigned to one of the TennCarecontracted health plans.

Eligibility categories include:

- TennCare Medicaid
- TennCare Standard
- Presumptive Eligibility for Breast/Cervical Cancer Group
- Presumptive Eligibility for Maternity

### **Individual ID Card**

Check the individual's ID card at each visit, and copy both sides for your files. Verify the identity of the person presenting the ID card against some form of photo ID, such as a driver's license, if this is your office practice.

If a fraud, waste and abuse event arises from a care provider or an individual, notify UnitedHealthcare Community Plan in writing, as discussed in Chapter 14 of this manual. Or you may call the **Fraud**, **Waste**, and **Abuse Hotline**.

The PCP assignment is shown on the front of the card. If a person does not bring their card, call Provider Services. Also document the call in their chart.

#### INDIVIDUAL IDENTIFICATION NUMBERS

Each covered person receives a nine-digit UnitedHealthcare Community Plan identification number. Use it to communicate with us about a specific covered person.

### **PCP-Initiated Transfers**

A PCP may transfer a TennCare covered person due to an inability to start or maintain a professional relationship or if the individual is non-compliant. The PCP must provide care for them until a transfer is complete.

- To transfer the individual, fax us at 888-205-9851, or mail with the specific events documentation. Documentation includes the dates of failed appointments or a detailed account of reasons for termination request, person's name, date of birth, Medicaid number, current address, current phone number and the care provider's name. The form is on <u>UHCprovider.com/tncommunityplan</u> > Provider Forms, Resources and References.
- UnitedHealthcare Community Plan prepares a summary within 10 business days of the request. We try to contact the individual and resolve the issue to develop a satisfactory relationship.
- 3. If the individual and UnitedHealthcare Community Plan cannot resolve the issue, we work with the individual to find another PCP. We refer them to care management, if necessary.
- 4. If UnitedHealthcare Community Plan cannot reach the covered person by phone, the health plan sends a letter (and a copy to the PCP) stating they have five business days to contact us to select a new PCP. If they do not choose a PCP, we choose one for them. A new ID card is sent to the person with the new PCP information.

## Sample Individual ID Card



(	Printed: 06/12/18
You should always see your Primary Care Provider (PCP) before receiving me provider (except for emergencies). In a medical emergency, care may be obta medical care provider. Notify both your Primary Care Provider and your local U after receiving such care.	ined from the closest
For Members: www.myuhc.com/communityplan	800-690-1606
NurseLine:	800-690-1606
Dental:	855-418-1622
Mental Health:	800-690-1606
For Providers: UHCprovider.com	800-690-1606
Medical Claims Address: PO Box 5220, Kingston, I	NY, 12402-5220

## **Verifying Enrollment**

Verify eligibility before providing services. Determine eligibility in the following ways:

- EDI: Transaction 270 and response 271
- Provider Portal: access the Link portal through <u>UHCprovider.com/eligibility</u>
- **Provider Services** is available from 7 a.m. 5 p.m. local time, Monday through Friday.
- tn.gov/tenncare > Providers > <u>Verify Eligibility</u>

Effective dates are frequently revised as individuals reverify with TennCare.

### **Benefit Information**

Review the following benefits chart. You may also see individual benefit coverage information at <u>tn.gov/</u> <u>tenncare</u> > Members/Applicants > <u>Covered Services</u>.

#### PHYSICAL HEALTH BENEFITS (CRA SECTION 2.6.1.3)

Service	Benefit Limit
Inpatient Hospital Services	Medicaid/Standard eligible, age 21 and older: As medically necessary.
	Inpatient rehabilitation hospital facility services are not covered for adults unless we determine it is a cost-effective alternative.
	Medicaid/Standard eligible, younger than 21: As medically necessary, including rehabilitation hospital facility.
Outpatient Hospital Services	As medically necessary.
Physician Inpatient Services	As medically necessary.
Physician Outpatient Services/ Community Health Clinic Services/ Other Clinic Services	As medically necessary.
Prenatal, Maternity, and Postpartum Care (delivered based on standards the American College of Obstetrics and Gynecology endorses)	As medically necessary.
TennCare Kids Services	Medicaid/Standard eligible, birth through 20 years: Covered as medically necessary, except for screenings. Children may also receive screenings between regular checkups.
	Screening, interperiodic screening, diagnostic and follow-up treatment services as medically necessary based on federal and state requirements. See Section 2.7.6 of the CRA for further details.
Preventive Care Services	As described in Section 2.7.5.
Lab and X-Ray Services	As medically necessary.
Hospice Care	As medically necessary when provided by a Medicare-certified hospice.
Dental Services	Dental services shall be provided by DentaQuest.
	However, we cover the facility, medical and anesthesia services related to the dental service not provided by a dentist or in a dentist's office when DentaQuest covers the dental service. This requirement only applies to Medicaid/Standard eligibles younger than age 21.

Service	Benefit Limit
Vision Services	Medicaid/Standard eligible, age 21 and older: Medical eye care, meaning evaluation and management of abnormal eye conditions, diseases and disorders (not including evaluation and treatment of refractive state) are covered as medically necessary. Routine periodic assessment, evaluation, or screening of normal eyes and examinations for the purpose of prescribing fitting or changing eyeglass and/or contact lenses are not covered. One pair of cataract glasses or lenses is covered for adults following cataract surgery.
	Eligible, younger than age 21: Preventive, diagnostic, and treatments services (including eyeglasses) are covered as medically necessary based on TennCare Kids requirements.
Home Health Care	Medicaid /Standard eligible, age 21 and older: Covered as medically necessary and based on the definition of Home Health Care at Rule 1200- 13-1301 (for TennCare Medicaid) and Rule 1200-13-1401 (for TennCare Standard). Prior authorization required for home health nurse and home health aide services, as described in Rule 1200-13-1304 (for TennCare Medicaid) and 1200-13-1404 (for TennCare Standard).
	Medicaid/Standard Eligible, younger than age 21: Covered as medically necessary based on the definition of Home Health Care Rule 1200-13-1304 (for TennCare Medicaid) and 1200-13-1404 (for TennCare Standard). Prior authorization required for home health nurse and home health aide services, as described in Rule 1200-13-1304 (for TennCare Medicaid) and 1200-13-1404 (for TennCare Standard).
Pharmacy Services	OptumRx covers pharmacy services except in the following cases. We reimburse for injectable drugs obtained in an office/clinic setting and for care providers providing both home infusion services and the drugs and biologics. We require that all home infusion claims contain National Drug Code (NDC) coding and unit information to be paid.
	Services we reimburse are not included in any pharmacy benefit limits TennCare establishes for pharmacy services (see CRA Section 2.6.2.2).
Durable Medical Equipment (DME)	As medically necessary. Specified DME services are covered/non-covered based on TennCare rules and regulations.
Medical Supplies	As medically necessary. Specified DME services are covered/non-covered based on TennCare rules and regulations.
Emergency Air And Ground Ambulance Transportation	As medically necessary.

Service	Benefit Limit
Non-emergency Medical Transportation (including Non-Emergency Ambulance Transportation)	Covered non-emergency medical transportation (NEMT) services are necessary non-emergency transportation services provided to convey members to and from TennCare covered services (see definition in Exhibit A to Attachment XI of the CRA). NEMT services are provided based on federal law and TennCare's rules and policies and procedures. TennCare covered services (see definition in Exhibit A to Attachment XI of the CRA) include services provided to a member by a non-contract or non-TennCare provider if (a) the service is covered by Tennessee's Medicaid State Plan or Section 1115 demonstration waiver, (b) the provider could be a TennCare provider for that service, and (c) the service is covered by a third-party resource (see definition in Section 1 of the CRA).
	If a member requires assistance, an escort (as defined in TennCare rules and regulations) may accompany the member; however, only one escort is allowed per member (see TennCare rules and regulations). Except for fixed route and commercial carrier transport, we do not make separate or additional payment to a NEMT provider for an escort.
	Covered NEMT services include having an accompanying adult ride with a member if the member is younger than age 18. Except for fixed route and commercial carrier transport, we do not make separate or additional payment to a NEMT provider for an adult accompanying a member younger than 18 years.
	We are not responsible for providing NEMT to HCBS provided through a 1915(c) waiver program for persons with intellectual disabilities (i.e., mental retardation) and HCBS provided through the CHOICES program. However, as specified in Section 2.11.1.8 in the event we cannot meet the access standard for adult day care (see Attachment III of the CRA), we shall provide and pay for the cost of transportation for the member to the adult day care facility until we have sufficient provider capacity.
	If the member is a child, transportation shall be provided based on TennCare Kids requirements (see CRA Section 2.7.6.4.6).
	Failure to comply with the provisions of this Section may result in liquidated damages.
Renal Dialysis Services	As medically necessary.

Service	Benefit Limit
Private Duty Nursing	Medicaid/Standard eligible, age 21 and older: Covered as medically necessary based on the definition of Private Duty Nursing at Rule 1200-13-1301 (for TennCare Medicaid) and Rule 1200-13-1401 (for TennCare Standard), when prescribed by an attending physician for treatment and services rendered by a registered nurse or a licensed practical nurse who is not an immediate relative. Private duty nursing services are limited to services that support the use of ventilator equipment or other life sustaining technology when constant nursing supervision, visual assessment, and monitoring of both equipment and patient are required. Prior authorization required, as described Rule 1200-13-1304 (for TennCare Medicaid) and 1200-13-1404 (for TennCare Standard).
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on the definition of Private Duty Nursing at at Rule 1200-13-1301 (for TennCare Medicaid) and 1200-13-1401 (for TennCare Standard) when prescribed by an attending physician for treatment and services rendered by a registered nurse or a licensed practical nurse, who is not an immediate relative. Prior authorization required as described in Rule 1200-13-1304 (for TennCare Medicaid) and 1200-13-14-04 (for TennCare Standard).
Speech Therapy	Medicaid/Standard eligible, age 21 and older: Covered as medically necessary by a licensed speech therapist to restore speech (as long as there is continued medical progress) after a loss or impairment. The loss or impairment must not be caused by a mental, psychoneurotic or personality disorder.
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on TennCare Kids requirements.
Occupational Therapy	Medicaid/Standard Eligible, Age 21 and older: Covered as medically necessary when provided by a licensed occupational therapist to restore, improve, or stabilize impaired functions.
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on TennCare Kids requirements.
Physical Therapy	Medicaid/Standard eligible, age 21 and older: Covered as medically necessary when provided by a licensed physical therapist to restore, improve, or stabilize impaired functions.
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on TennCare Kids requirements.
Chiropractic Services (defined at 42 C.F.R. § 440.60(b))	Medicaid/Standard eligible, age 21 and older: Not covered as medically necessary.
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on Tenncare Kids requirements.

Service	Benefit Limit
Organ and Tissue Transplant Services and Donor Organ/Tissue Procurement Services (defined as the transfer of an organ or tissue from individual to a TennCare enrollee)	Medicaid/Standard eligible, age 21 and older: All medically necessary and noninvestigational/experimental organ and tissue transplants, as covered by Medicare, are covered. These include, but may not be limited to: • Bone marrow/stem cell • Cornea • Heart • Kidney • Liver • Pancreas • Small bowel/multi-visceral
	Medicaid/Standard eligible, younger than age 21: Covered as medically necessary based on TennCare Kids requirements. Experimental or investigational transplants are not covered.
Reconstructive Breast Surgery (defined in accordance with Tenn. Code Ann. § 56-7-2507)	Medicaid/Standard eligible, age 21 and older: Covered based on Tenn. Code Ann. § 56-7-2507, which requires coverage of all stages of reconstructive breast surgery on a diseased breast as a result of a mastectomy as well as any surgical procedure on the non-diseased breast deemed necessary to establish symmetry between the two breasts. The surgical procedure performed on a non-diseased breast to establish symmetry with the diseased breast will only be covered if the surgical procedure performed on a non- diseased breast occurs within five years of the date the reconstructive breast surgery was performed on a diseased breast.
	Medicaid/Standard eligible, younger than age 21: Covered based on Tenn. Code Ann. § 56-7-2507. This rule requires coverage of all stages of re- constructive breast surgery on a diseased breast as a result of a mastectomy as well as any surgical procedure on the non-diseased breast deemed necessary to establish symmetry between the two breasts. The surgical procedure performed on a non-diseased breast to establish symmetry with the diseased breast will only be covered if the surgical procedure performed on a non-diseased breast occurs within five years of the date the re- constructive breast surgery was performed on a diseased breast.

#### ADDITIONAL PHYSICAL HEALTH BENEFITS

Service	Benefit Limit
Mammography Screening	We provide mammography screenings a minimum of: once for ages 35- 40; every two years or more frequently on physician recommendation for ages 40-50; and annually for ages 50 and older. The facility where the mammogram was performed shall provide the patient notice as required by The Breast Cancer Prevention Act (TCA 63-6-2)
Phenylketonuria (PKU) Treatment	We provide coverage for the treatment of PKU, including licensed professional medical services and special dietary formulas.

Service	Benefit Limit
	We provide coverage for diabetic equipment, supplies, and outpa- tient self- management training and education, including medical nutrition counseling, when medically necessary.

#### **BEHAVIORAL HEALTH BENEFITS (CRA SECTION 2.6.1.4)**

Service	Benefit Limit
Psychiatric Inpatient Hospital Services (including physician services)	As medically necessary.
24-hour Psychiatric Residential Treatment	Medicaid/Standard eligible, age 21 and older: As medically necessary. Medicaid/Standard eligible, younger than age 21: Covered as medically necessary.
Behavioral Health Intensive Community Based Treatment	As medically necessary.
Outpatient Mental Health Services (including physician services)	As medically necessary.
Inpatient, Residential & Outpatient Substance Abuse Benefits	Medicaid/Standard eligible, age 21 and older: Covered as medically necessary. Medicaid/Standard eligible, younger than age 21: Covered as medically
	necessary
Birth through age 20 years	As medically necessary.
Psychiatric-Rehabilitation Services	As medically necessary.
Behavioral Health Crisis Services	As necessary.
Lab and X-ray Services	As medically necessary.

Service	Benefit Limit
Non-emergency Medical Transportation (including Non-Emergency Ambulance Transportation)	Covered non-emergency medical transportation (NEMT) services are necessary NEMT services provided to convey members to and from TennCare covered services. NEMT services is provided based on federal law and the Division of TennCare's rules and policies and procedures. TennCare- covered services include services provided to a member by a non-contract or non-TennCare provider if (a) the service is covered by Tennessee's Medicaid State Plan or Section 1115 demonstration waiver; (b) the provider could be a TennCare provider for that service; and (c) the service is covered by a third party.
	If a member needs help, one escort (as defined in TennCare rules and regulations) may accompany the member. Except for fixed route and commercial carrier transport, we will not make separate or additional payment to a NEMT provider for an escort. Covered NEMT services include having an accompanying adult ride with a member if they are younger than 18 years.
	UnitedHealthcare Community Plan does not provide NEMT to HCBS provided through a 1915(c) waiver program for persons with intellectual disabilities and HCBS provided through the CHOICES program. However, if we cannot meet the access standard for adult day care, we will provide and pay for the member's transportation to the adult day care facility until our network can support the request. UnitedHealthcare Community Plan provides NEMT to dental services for ECF CHOICES members, including medical and dental services related to such dental services.
	Mileage reimbursement, car rental fees, or other reimbursement for use of a private car is not a covered NEMT service, unless otherwise allowed or required by TennCare as a pilot project or a cost-effective alternative service.
	If the member is a child, transportation is provided based on TennCare Kids requirements.

## **UnitedHealthcare Dual Complete (HMO SNP)**

For information about UnitedHealthcare Dual Complete, please see <u>Chapter 4</u> of the Administrative Guide for Commercial, Medicare Advantage and DSNP. For Tennessee-specific information, go to <u>UHCprovider.com</u> > Menu > Health Plans by State > Tennessee > Tennessee Medicare Advantage Health Plans > <u>Tennessee UnitedHealthcare</u> <u>Dual Complete® Special Needs Plans</u>.

# Chapter 4: Medical Management

Medical management improves the quality and outcome of health care delivery. We offer the following services as part of our medical management process.

## **Ambulance Services**

#### **AIR AMBULANCE**

Air ambulance is covered only when the services are medically necessary and transportation by ground ambulance is not available. It is also only covered when:

- Great distances or other obstacles keep individuals from reaching the destination.
- Immediate admission is essential.
- The pickup point is inaccessible by land.

#### **EMERGENCY AMBULANCE TRANSPORTATION**

An emergency is a serious, sudden medical or behavioral condition that may include severe pain. Without immediate attention, the affected person could suffer major:

- Injury to their overall health.
- Impairment to bodily functions.
- Dysfunction of a bodily organ or part.

Emergency transports (in- and out-of-network) are covered. They do not require an authorization.

Bill ambulance transport as a non-emergency transport when it doesn't meet the definition of an emergency transport, but Tennessee Carriers, Inc.has authorized it. Find more detail in the Non-Emergent Ambulance Transportation section.

#### NON-EMERGENT AMBULANCE TRANSPORTATION

Individuals may get non-emergent transportation services through Tennessee Carriers, Inc. for covered services. Individuals may get ambulance transportation (NEMT) when:

- A care provider has completed a certificate of medical necessity and submitted it to TCI;
- They are bed-confined before, during and after transport; and
- The services cannot be provided at their home (including a nursing facility or ICF/MR).

Call Tennessee Carriers to request a copy of the Certificate Of Medical Necessity form. Value-added non-emergent transportation services include substance abuse support groups, WIC appointments, parenting classes such as Lamaze, and pregnancy, health and wellness classes and meetings. With prior approval, hotel stays may also be made available to eligible individuals for trips that require an overnight stay.

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## For non-urgent appointments, individuals must call **866-405-0238** for transportation at least three days before their appointment.

Ambulance services for a covered person receiving inpatient hospital services are not included in the hospital payment. The ambulance provider must bill them. This includes transporting them to another facility for services (e.g., diagnostic testing) and returning them to the first hospital for more inpatient care.

Make urgent non-emergency trips, such as when a person is sent home from the hospital or when no immediate threat to life or limb is present, through Tennessee Carriers any time.

One escort (of the person's choice) may accompany the person. Exceptions can be made if childcare keeps person from using health care services. Individuals may request car seats when scheduling the trip. Bus transportation will also be available if the individual:

- Lives less than half a mile from a bus stop.
- Has an appointment less than half a mile from the bus stop.

To ask about claims, email <u>billing@tenncarriers.</u> <u>com</u>. You may also call **901-795-7055**. View the UnitedHealthcare Community Plan NEMT Broker Provider Manual at <u>tennesseecarriers.com/nemt</u>.

## **Durable Medical Equipment**

Durable Medical Equipment (DME) is equipment that provides therapeutic benefits to a covered person because of certain medical conditions and/or illnesses. DME consists of items which are:

- · Primarily used to serve a medical purpose
- Not useful to a person in the absence of illness, disability, or injury
- · Ordered or prescribed by a care provider
- Reusable
- · Repeatedly used
- Appropriate for home use
- · Determined to be medically necessary

See our Coverage Determination Guidelines at <u>UHCprovider.com</u> Policies and Protocols > Community Plan Policies > Medical & Drug Policies and Coverage Determination Guidelines for Community Plan.

## Emergency/Urgent Care Services

Emergency services do not require prior authorization. They are available 24 hours per day, seven days per week. This includes outside the usual service area.

While UnitedHealthcare Community Plan covers emergency services, we ask that you tell individuals about appropriate emergency room use. A PCP should treat non-emergency services such as sprains/strains, stomachaches, earaches, fever, cough and colds, and sore throats.

Covered services include:

• Hospital emergency department room, ancillary and care provider service by in and out-of-network care providers.

- Medical examination.
- Stabilization services.
- Access to designated Level I and Level II trauma centers or hospitals meeting the same levels of care for emergency services.
- Emergency ground, air and water transportation.
- Emergency dental services, limited to broken or dislocated jaw, severe teeth damage, and cyst removal.

We pay out-of-network care providers for emergency services at the current program rates at the time of service. We try to negotiate acceptable payment rates with out-of-network care providers for covered post-stabilization care services for which we must pay.

#### **EMERGENCY ROOM CARE**

For an emergency, the individual should seek immediate care at the closest ER. If the individual needs help getting to the ER, they may call 911. No referral is needed. Individuals have been told to call their PCP as soon as possible after receiving emergency care. They pay no out-of-pocket cost for ER or emergency ambulance services.

Before they are treated, covered persons who visit an ER are screened for a medical emergency. Prior authorization is not required for the medical screening. UnitedHealthcare Community Plan covers these services regardless of the emergency care provider's relationship with UnitedHealthcare Community Plan.

After the individual has received emergency care, the hospital must seek approval within one hour for preapproval for more care to make sure the individual remains stable. If UnitedHealthcare Community Plan does not respond within one hour or cannot be reached, or if the health plan and attending care provider do not agree on the individual's care, UnitedHealthcare Community Plan lets the treating care provider talk with the health plan's medical director. The treating care provider may continue with care until the health plan's medical care provider is reached, or when one of these guidelines is met:

- 1. A plan care provider with privileges at the treating hospital takes over the individual's care.
- 2. A plan care provider takes over the covered

person's care by sending them to another place of service.

- 3. A UnitedHealthcare Community Plan representative and the treating care provider agree about the person's care.
- 4. The individual is released.

Depending on the need, the individual may be treated in the ER, in an inpatient hospital room, or in another setting. This is called Post Stabilization Services. Individuals do not pay for these services. This applies whether they receive emergency services in or outside their service area.

#### **URGENT CARE (NON-EMERGENT)**

Urgent care services are covered.

For a list of urgent care centers, contact **Provider Services**.

## **Emergency Care Resulting in Admissions**

Prior authorization is not required for emergency services.

Nurses in the Health Services Department review emergency admissions within one business day of notification.

 Deliver emergency care without delay. Notify UnitedHealthcare Community Plan about admission. Call the <u>Prior Authorization</u> <u>Department</u> or <u>fax</u> your Prior Authorization Form within 24 hours, unless otherwise indicated. (The form is at <u>UHCprovider.com/</u><u>priorauth</u>.)

UnitedHealthcare Community Plan makes utilization management determinations based on appropriateness of care and benefit coverage existence using evidencebased, nationally recognized or internally-developed clinical criteria. UnitedHealthcare Community Plan does not reward you or reviewers for issuing coverage denials and does not financially incentivize Utilization Management staff to support service underutilization. Care determination criteria is available upon request by contacting the Prior Authorization Department (UM Department, etc.)

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The criteria are available in writing upon request or by calling the <u>Prior Authorization</u> <u>Department</u>.

If a covered person meets an acute inpatient level of stay, admission starts at the time you write the order.

### **Family Planning**

Family planning services are preventive health, medical, counseling and educational services that help individuals manage their fertility and achieve the best reproductive and general health. Covered persons may access these services without a referral. They may also seek family planning services at the care provider of their choice. The following services are included:

- · Annual gynecological examination
- Annual pap smear
- Contraceptive supplies, devices and medications for specific treatment
- Contraceptive counseling
- · Laboratory services

Blood tests to determine paternity are covered **only** when the claim indicates tests were necessary for legal support in court.

Non-covered items include:

- · Reversal of voluntary sterilization
- · Hysterectomies for sterilization
- In-vitro fertilization, including:
  - GIFT (Gamete intrafallopian transfer)
  - ZIFT (zygote intrafallopian transfer)
- Embryo transport
- Infertility services, if given to achieve pregnancy
   Note: Diagnosis of infertility is covered. Treatment is not.
  - Morning-after pill. Refer to the TennCare Pharmacy Program at optumrx.com.

### PARENTING/CHILD BIRTH EDUCATION PROGRAMS

Parenting education is not covered.

### **VOLUNTARY STERILIZATION**

In-network treatment with consent is covered. The covered person needs to give consent 30 days before surgery, be mentally competent and be at least 21 years old at the time of consent for:

- Tubal ligation
- Vasectomy

Out-of-network services require prior authorization.

View the TennCare regulations for more information on sterilization at **<u>tn.gov/tenncare</u>**.

### **ER SERVICES FILED WITH OBSERVATION**

ER services (RC 0450) and observation charges (RC 0762) are both part of the observation room charge. They are not reimbursed separately. File ancillary charges with the appropriate CPT® or HCPCS code.

## SERVICES FILED WITH OBSERVATION AND OUTPATIENT SURGERY

ER services (RC 0450) and observation services filed with outpatient surgery services are considered allinclusive in the outpatient surgery reimbursement. They are not reimbursed separately. The observation services will reimburse separately after the first six hours. Ancillary services are considered all-inclusive in the OSF reimbursement.

## Care Coordination/ Health Education

Our care coordination program is led by our qualified, full-time care coordinators. You are encouraged to collaborate with us to ensure care coordination services are provided to covered persons. This program is a proactive approach to help them manage specific conditions and support them as they take responsibility for their health.

The program goals are to:

• Provide covered persons with information to manage their condition and live a healthy lifestyle

- Improve the quality of care, quality of life and health outcomes of covered persons
- Help individuals understand and actively participate in the management of their condition, adherence to treatment plans, including medications and self-monitoring
- Reduce unnecessary hospital admissions and ER visits
- Promote care coordination by collaborating with providers to improve covered persons' outcomes
- Prevent disease progression and illnesses related to poorly managed disease processes
- Support covered person empowerment and informed decision making
- Effectively manage their condition and co-morbidities, including depression, cognitive deficits, physical limitations, health behaviors and psychosocial issues

Our program makes available population-based, condition-specific health education materials, websites, interactive mobile apps and newsletters that include recommended routine appointment frequency, necessary testing, monitoring and self-care. We send health education materials, based upon evidence-based guidelines or standards of care, directly to covered persons that address topics that help them manage their condition. Our program provides personalized support to individuals in case management. The case manager collaborates with them to identify educational opportunities, provides the appropriate health education and monitors the covered person's progress toward management of the condition targeted by the care coordination program.

Programs are based upon the findings from our Health Education, Cultural and Linguistic Group Needs Assessment (GNA) and will identify the health education, cultural and linguistic needs.

## **Health Home Program**

Health Home provides community-based intensive care coordination and comprehensive care management to improve health outcomes and reduce service costs for some of the state's highest-need individuals. Health Home helps improve coordination of care, quality, and increase individual participation in their own care. The program reduces Medicaid inpatient hospital admissions, avoidable emergency room visits, inpatient psychiatric admissions, and the need for nursing home admissions. We work with area hospitals in providing transitional care services to individuals enrolled in Health Home. Hospitals and care providers may refer individuals to us for potential Health Home enrollment. Health Home eligibility is determined by Medicaid. The program provides services beyond those typically offered by care providers, including, but not limited to:

- Comprehensive care management
- · Care coordination and health promotion,
- · Individual and family support
- · Referral to community services

For more information about Health Home, call your contract manager.

## **Hearing Services**

UnitedHealthcare Community Plan provides hearing aids, batteries, or cochlear implants. They are available when medically necessary to individuals age 20 and younger. These services require prior authorization.

### Hospice

Hospice services require prior authorization.

## Laboratory, X-rays, Imaging Procedures

### **ADVANCED OUTPATIENT IMAGING PROCEDURES**

Advanced outpatient imaging procedures must be prior authorized by UnitedHealthcare Community Plan Clinical.



To get prior authorization, go to <u>UHCprovider.com/priorauth</u> > click on the Radiology tab > Online Portal link. Or call 800-690-1606.

Reference the Medical Management chapter for more

information on the Radiology Prior Authorization Program.

### LAB SERVICES

For information on our network labs, go to UHCprovider.com > Find Dr. > <u>Preferred Lab</u> Network.

Use a network laboratory when referring individuals for lab services not covered in the office. Medically necessary laboratory services ordered by a PCP, other care providers or dentist in one of these laboratories do not require prior authorization except as noted on our prior authorization list.

When submitting claims, have a Clinical Laboratory Improvement Amendment number (CLIA #). Otherwise, claims will deny. CLIA standards are national and not Medicaid-exclusive. CLIA applies to all providers rendering clinical laboratory and certain other diagnostic services.

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See the **<u>Billing and Submission</u>** chapter for more information.

## Maternity/Pregnancy/ Well-Child Care

### PREGNANCY/MATERNITY

Bill the initial pregnancy visit as a separate office visit. You may bill global days if the mother has been covered for three or more consecutive months or had seven or more prenatal visits.

Medicaid does not consider ultrasounds medically necessary if they are done only to determine the fetal sex or provide parents with a photograph of the fetus. We allow the first three obstetrical ultrasounds per pregnancy. The fourth and subsequent obstetrical ultrasound procedures will only be allowed for identified high-risk individuals. High-risk claims must include the corresponding diagnosis code.



## For more information about global days, go to **UHCprovider.com**.

Pregnant covered persons should receive care from

UnitedHealthcare Community Plan care providers only.

We must approve all out-of-plan maternity care. Call **866-604-3267** to get prior approval for continuity of care.

Notify UnitedHealthcare Community Plan immediately of a covered person's confirmed pregnancy to help ensure appropriate follow-up and coordination by the Healthy First Steps program. Call Healthy First Steps at **800-599-5985.** Or fax the notification to **877-353-6913**.

A covered person does not need a referral from her PCP for OB-GYN care. They may use perinatal home care services when medically necessary.

### MATERNITY ADMISSIONS

All maternity admissions require notification. Days in excess of 48 hours for vaginal deliveries and 96 hours for C-section require clinical information and medical necessity review.

If the individual is inpatient longer than the federal requirements, a prior notification is needed. Please go to <u>UHCprovider.com/</u> priorauth or call the <u>Prior Authorization</u> <u>Department</u>.

To notify UnitedHealthcare Community Plan of deliveries, call **866-604-3267** or fax to **800-897-8317**. Provide the following information within one business day of the admission:

- Date of admission.
- Individual's name and Medicaid ID number.
- Obstetrician's name, phone number, care provider ID.
- Facility name (care provider ID).
- Vaginal or cesarean delivery.

If available at time of notification, provide the following birth data:

- · Date of delivery.
- Sex.
- Birth weight.
- · Gestational age.
- · Baby name.

Non-routine newborn care (e.g., unusual jaundice, prematurity, sepsis, respiratory distress) is covered but requires prior authorization. Infants remaining in the hospital after mother's discharge require separate notification and will be subject to medical necessity review. The midwife (CNM) must be a licensed registered nurse recognized by the Board of Nurse Examiners as an advanced practice nurse (APN) in nurse-midwifery and certified by the American College of Nurse-Midwives.

A CNM must identify a licensed care provider or group of care providers with whom they have arranged for referral and consultation if complications arise.

Furnish obstetrical maternity services on an outpatient basis. This can be done under a physician's supervision through a nurse practitioner. The services must be within the staff's scope of practice or licensure as defined by state law.

You do not have to be present when services are provided. However, you must assume professional responsibility for the medical services provided and help ensure approval of the care plan.

### **POST MATERNITY CARE**

UnitedHealthcare Community Plan covers postdischarge care to the mother and her newborn. Postdischarge care consists of a minimum of two visits, at least one in the home, according to accepted maternal and neonatal physical assessments. These visits must be conducted by a registered professional nurse with experience in maternal and child health nursing or a care provider. The first post-discharge visit should occur within 24 to 48 hours after the covered person's discharge date. Prior authorization is required for home health care visits for post-partum follow-up. The attending care provider decides the location and postdischarge visit schedule.

### NEWBORN ENROLLMENT

The hospital notifies the county of all deliveries, including covered persons (provided the mother was admitted using her UnitedHealthcare Community Plan ID card).

If the mother delivers out of state, the covered person would need to contact the Enrollment Department to provide birth notification. The Enrollment Department would then add the baby to the health plan.

The hospital provides enrollment support by providing required birth data during admission.

### **BRIGHT FUTURES ASSESSMENT**

Bright Futures is a national health promotion and prevention initiative, led by the American Academy of Pediatrics and supported by the <u>US Department of</u> <u>Health and Human Services, Health Resources and</u> <u>Services Administration (HRSA)</u>, Maternal and Child Health Bureau (MCHB).

The *Bright Futures Guidelines* provide guidance for all preventive care screenings and well-child visits. You may incorporate Bright Futures into health programs such as home visiting, child care, school-based health clinics, and many others. Materials developed for families are also available.

The primary goal of Bright Futures is to support primary care practices (medical homes) in providing well-child and adolescent care according to Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. Settings for Bright Futures implementation include private practices, hospital-based or hospital-affiliated clinics, resident continuity clinics, school-based health centers, public health clinics, community health centers, Indian Health Service clinics, and other primary care facilities. A complementary goal is to provide home visitors, public health nurses, early child care and education professionals (including Head Start), school nurses, and nutritionists with an understanding of Bright Futures materials so that they can align their health promotion efforts with the recommendations in the Bright Futures Guidelines. This objective will ensure that patients receive information and support that is consistent from family and youth perspectives.

## HOME CARE AND ALL PRIOR AUTHORIZATION SERVICES

The discharge planner ordering home care should call the **<u>Prior Authorization Department</u>** to arrange for home care.

### HYSTERECTOMIES

Hysterectomies cannot be reimbursed if performed solely for sterilization. Individuals who get hysterectomies for medical reasons must be told, orally and in writing, they will no longer be able to have children.

All hysterectomy claims (surgeon, assistant surgeon,

anesthesiologist, hospital) must be accompanied by the Acknowledgment of Hysterectomy Information form. The covered person should sign and date the form stating she was told before the surgery that the procedure will result in permanent sterility.

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### Find the form on tn.gov/tenncare > Providers > Miscellaneous Provider Forms.

TennCare requires care providers to complete the Hysterectomy Acknowledge Form. However, it does not require a signature from the covered person in the following two cases:

- The covered person is already sterile.
- The hysterectomy was performed under a lifethreatening emergency, and the information about sterility could not be given before the hysterectomy.

UnitedHealthcare Community Plan requires, along with your claim, a copy of the signed Hysterectomy Consent Form. Mail the claim and documentation to claims administration identified on the back of the individual's ID card. Reimbursement is made upon completion of documentation requirements and UnitedHealthcare Community Plan review. The covered person may not be billed if consent forms are not submitted.

### PREGNANCY TERMINATION SERVICES

Pregnancy termination services are not covered except:

- To preserve the life of the mother.
- Credible evidence exists to show the pregnancy is the result of rape or incest.

In these cases, follow the TennCare consent procedures for abortion. Find the form and more details at tn.gov/ tenncare > Providers > <u>Miscellaneous Provider Forms</u>.

Allowable pregnancy termination services do not require a referral from the individual's PCP. Individuals must use the UnitedHealthcare Community Plan care provider network.

### STERILIZATION

Reimbursement for sterilization procedures are based on the covered person's documented request. This policy helps ensure covered persons thinking about sterilization are fully aware of the details and alternatives. It also gives them time to consider their decision. In addition, the TennCare program must have documented evidence that all the sterilization requirements have been met before making a payment. The covered person must sign the Sterilization Consent Form at least 30 days, but not more than 180 days, before the procedure. The individual must be at least 21 years old when they sign the form.

The covered person must not be mentally incompetent or live in a facility treating mental disorders. In the case of premature delivery or emergency abdominal surgery, the care provider may perform a sterilization procedure if the Sterilization Consent Form was signed at least 72 hours prior to the sterilization procedure. In the case of premature delivery, the recipient must sign the Sterilization Consent Form at least 30 days before the expected date of delivery.

If the requirements are not met for both sterilization procedures and hysterectomies, UnitedHealthcare Community Plan cannot pay the care provider, anesthetist or hospital. Informed consent may not be obtained while members are in labor, seeking an abortion, or under the influence of alcohol or other substances that affect awareness.

### STERILIZATION CONSENT FORMS

Use the consent form for sterilization:

- Complete all applicable sections of the form. Complete all applicable sections of the consent form before submitting it with the billing form. The TennCare Program cannot pay for sterilization procedures until all applicable items on the consent form are completed, accurate and follow sterilization regulation requirements.
- Your statement section should be completed after the procedure, along with your signature and the date. This may be the same date of the sterilization or a date afterward. If you sign and date the consent form before performing the sterilization, the form is invalid.

You may also find the form on tn.gov/tenncare > Providers > <u>Miscellaneous Provider Forms</u>. You can also find information there about how to complete the form. Have three copies of the consent form:

- 1. For the covered person.
- 2. To submit with the Request for Payment form.
- 3. For your records.

## Neonatal Resource Services (NICU Case Management)

Our Neonatal Resource Services (NRS) program manages inpatient and post-discharge neonatal intensive care unit (NICU) cases to improve outcomes and lower costs. Our dedicated team of NICU nurse case managers, social workers and medical directors offer both clinical care and psychological services.

### **NEONATAL RESOURCE SERVICES**

The NRS program helps ensure NICU babies get quality of care and efficiency in treatment. Newborns placed in the NICU are eligible upon birth (including babies who are transferred from PICU) and/or any infants readmitted within their first 30 days of life and previously managed in the NICU. NRS follows all babies brought to the NICU.

NRS neonatologists and NICU nurses manage NICU individuals through evidence-based medicine and care plan use.

The NRS nurse case manager will:

- Work with the family, the care providers, and the facility discharge planner to help ensure timely discharge and service delivery.
- Develop care management strategies and interventions based on infant and family needs.
- Coordinate services prior to discharge and after discharge if the covered person is under NRS case management.

The NRS nurse case manager's role includes:

- Planning and arranging the discharge.
- Coordinating care options and prior authorization, including home care, equipment and skilled nursing.
- Arranging post-discharge support for a minimum of 30 days and up to 15 months based on infant ongoing acuity
- · Educating parents and families about available local

resources and support services.

 Coordination with the WPC Team for additional case management needs and services.

Case managers provide benefit solutions to help families get the right services for the baby.

### INHALED NITRIC OXIDE

Use the NRS guideline for Inhaled Nitric Oxide (iNO) therapy at UHCprovider.com > Policies and Protocols > Clinical Guidelines.

## Radiology Prior Authorization Program

We use a Radiology Prior Authorization Program to improve compliance with evidence-based and professional society guidance for radiology procedures.

You must obtain a prior authorization before ordering CT scans, MRIs, MRAs, PET scans, nuclear medicine and nuclear cardiology studies in an office or outpatient setting.

The following images do not require prior authorization:

- Ordered through ER visit.
- While in an observation unit.
- When performed at an urgent care facility.
- During an inpatient stay.

Not getting this prior authorization approval results in an administrative denial. Claims denied for this reason may not be balance-billed.

To get or verify prior authorization:

- Online: UHCprovider.com/priorauth > <u>Radiology</u> > Prior Authorization and Notification Tool.
- Phone: 866-889-8054 from 8 a.m. 5 p.m. Central Time, Monday through Friday. Make sure the medical record is available. An authorization number is required for each CPT code. Each authorization number is CPT-code specific.

For a list of Advanced Outpatient Imaging Procedures that require prior authorization, a prior authorization crosswalk, and/or the evidence-based clinical guidelines, use Link or the search option at **UHCprovider.com**.

## Screening, Brief Interventions, and Referral to Treatment (SBIRT) Services

SBIRT services are covered when:

- Provided by, or under the supervision of, a certified care provider or other certified licensed healthcare professional within the scope of their practice.
- Determining risk factors related to alcohol and other drug use disorders, providing interventions to enhance patient motivation to change, and making appropriate referrals as needed.
- SBIRT screening will occur during an Evaluation and Management (E/M) exam and is not billable with a separate code. You may provide a brief intervention on the same day as a full screen in addition to the E/M exam. You may also perform a brief intervention on subsequent days. Brief interventions are limited to four sessions per patient, per provider per calendar year.

#### WHAT IS INCLUDED IN SBIRT?

**Screening:** With just a few questions on a questionnaire or in an interview, you can identify covered persons who have alcohol or other drug (substance) use problems and determine how severe those problems already are. Three of the most widely used screening tools are the Alcohol Use Disorders Identification Test (AUDIT), the Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST) and the Drug Abuse Screening Test (DAST).

**Brief intervention:** If screening results indicate at risk behavior, individuals receive brief interventions. The intervention educates them about their substance use, alerts them to possible consequences and motivates them to change their behavior.

**Referral to treatment:** Refer covered persons whose screening indicates a severe problem or dependence to a licensed and certified behavioral health agency for assessment and treatment of a substance use disorder (SUD). **This includes coordinating with the Alcohol and Drug Program in the County where the individual resides for treatment.**  SBIRT services will be covered when all of the following are met:

- The billing provider and servicing provider are SBIRT certified.
- The billing provider has an appropriate taxonomy to bill for SBIRT.
- The diagnosis code is V65.42.
- The treatment or brief intervention does not exceed four encounters per client, per provider, per year.

The SBIRT assessment, intervention, or treatment takes places in one of the following places of service:

- Office
- Urgent care facility
- · Outpatient hospital
- ER hospital
- Federally qualified health center (FQHC)
- · Community mental health center
- Indian health service freestanding facility
- Tribal 638 freestanding facility
- Homeless shelter

For more information about E/M services and outreach, see the Department of Health and Human Services Evaluation and Services online guide at <u>cms.gov</u>.

### **MEDICATION-ASSISTED TREATMENT (MAT)**

MAT combines behavioral therapy and medications to treat opioid use disorders (OUD). The Food and Drug Administration (FDA) approved medications for OUD include Buprenorphine, Methadone, and Naltrexone.

To prescribe Buprenorphine, you must complete the waiver through the Substance Abuse and Mental Health Services Administration (SAMHSA) and obtain a unique identification number from the United States Drug Enforcement Administration (DEA).

As a medical care provider, you may provide MAT services even if you don't offer counseling or behavioral health therapy in-house. However, you must refer your patients to a qualified care provider for those services. If you need help finding a behavioral health provider, call the number on the back of the covered person's health plan ID card or search for a behavioral health professional on <u>liveandworkwell.com</u>. To find a medical MAT provider in Tennessee:

- 1. Go to UHCprovider.com
- 2. Select "Find a Provider" from the menu on the home page
- 3. Select "Search for Care Providers in the General UnitedHealthcare Plan Directory"
- 4. Click on "Medical Directory"
- 5. Click on "Medicaid Plans"
- 6. Click on applicable state
- 7. Select applicable plan
- 8. Refine the search by selecting "Medication Assisted Treatment"



### For more SAMHSA waiver information:

### Physicians - samhsa.gov

Nurse Practitioners (NPs) and Physician Assistants (PAs) – <u>samhsa.gov</u>



- Substance Use Disorder Helpline **855-780-5955**. This anytime service helps:
- Identify local MAT and behavioral health treatment providers and provide targeted referrals for evidence-based care.
- Educate individuals and their families about substance use.

- Find individuals community support services.

## Tuberculosis (TB) Screening and Treatment; Direct Observation Therapy (DOT)

Guidelines for TB screening and treatment should follow the recommendations of the American Thoracic Society (ATS) and the Centers for Disease Control and Prevention (CDC).

### RESPONSIBILITIES

**Identification** – The PCP determines the risk for developing TB as part of the initial health assessment. Testing is offered to all individuals at increased risk unless they have documentation of prior positive test results or currently have active TB under treatment. You will coordinate and collaborate with Local Health Departments (LHDs) for TB screening, diagnosis, treatment, compliance, and follow-up of covered persons. PCPs must comply with all applicable state laws and regulations relating to the reporting of confirmed and suspected TB cases to the LHD. The PCP must report known or suspected cases of TB to the LHD TB Control Program within one day of identification.

## Waiver Programs

### HUMAN IMMUNODEFICIENCY VIRUS (HIV)/ ACQUIRED IMMUNE DEFICIENCY SYNDROME (AIDS) HCBS WAIVER PROGRAM

The HIV/AIDS in-home waiver services program is available to covered persons who would otherwise require long-term institutional services.

**Identification** – Individuals with symptomatic HIV or AIDS who require nursing home level of care services may be eligible for the waiver. The care coordinator or the PCP may identify those potentially eligible for the waiver program. They may also inform the individual of the waiver program services.

**Referral** – If the covered person agrees to participation, provide the waiver agency with supportive documentation including history and physical, any relevant labs or other diagnostic study results and current treatment plan.

**Continuity of Care** – The HIV/AIDS waiver program will coordinate in-home HCBS services in collaboration with the PCP and care coordinator. If the individual does not meet criteria for the waiver program, or declines participation, the health plan will continue care coordination as needed to support them.

### **OTHER FEDERAL WAIVER PROGRAMS**

Other waiver services, including the Nursing Facility Acute Hospital Waiver, may be appropriate for covered persons who may benefit from HCBS services. We refer these individuals to the Long Term Care Division / HCBS Branch to determine eligibility and availability. If deemed eligible, the health plan will cover all medically necessary covered services for theindividual unless/until they are disenrolled from the Medicaid Program.

## Medical Management Guidelines

### ADMISSION AUTHORIZATION AND PRIOR AUTHORIZATION GUIDELINES

All prior authorizations must have the following:

- Patient name and ID number.
- Ordering care provider or health care professional name and TIN/NPI.
- Rendering care provider or health care professional and TIN/NPI.
- ICD CM.
- Anticipated dates of service.
- Type of service (primary and secondary) procedure codes and volume of service, when applicable.
- Service setting.
- Facility name and TIN/NPI, when applicable.

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For behavioral health and substance use disorder authorizations, please contact Optum Behavior Health at **800-690-1606**.

Locate the Prior Authorization Fax Request Form at <u>UHCprovider.com/priorauth</u>. If you have questions, please call <u>Prior Authorization</u> Intake.

Type of Request	Decision TAT	Practitioner notification of approval	Written practitioner/ individual notification of denial
Non-urgent Pre-service	Within five working days of receipt of medical record information required but no longer 14 calendar days of receipt	Within 24 hours of the decision	Within two business days of the decision
Urgent/Expedited Pre-service	Within three days of request receipt	Within three days of the request	Within three days of the request
Concurrent Review	Within 24 hours or next business day following	Notified within 24 hours of determination	Notified within 24 hours of determination and individual notification within two business days
Retrospective Review	Within 30 calendar days of receiving all pertinent clinical information	Within 24 hours of determination	Within 24 hours of determination and individual notification within two business days

## **Concurrent Review Guidelines**

UnitedHealthcare Community Plan requires you to chart progress notes for each day of an inpatient stay. This includes acute and sub-acute medical, long-term acute care, acute rehabilitation, skilled nursing facilities, home health care and ambulatory facilities. We conduct reviews for each day's stay using MCG, CMS or other nationally recognized guidelines to help clinicians make informed decisions in many health care settings. You must work with UnitedHealthcare Community Plan for all information, documents or discussion requests. This includes gathering clinical information on a covered person's status for concurrent review and discharge planning. When criteria are not met, the case is sent to a medical director.

UnitedHealthcare Community Plan denies payment for days that do not have a documented need for acute care services. Failure to document results in payment denial to the facility and you.

### **CONCURRENT REVIEW DETAILS**

We communicate concurrent review findings within 24 hours or one business day of admission. We use clinical information to make determinations for continued inpatient stay, including review for extending a previously approved admission. Concurrent review may be done by phone or on-site.

Your cooperation is required with all UnitedHealthcare Community Plan requests for information, documents or discussions related to concurrent review and discharge planning including: primary and secondary diagnosis, clinical information, care plan, admission order, covered person status, discharge planning needs, barriers to discharge and discharge date. When available, provide clinical information by access to Electronic Medical Records (EMR).

Your cooperation is required with all UnitedHealthcare Community Plan requests from our interdisciplinary care coordination team and/or medical director to support requirements to engage our covered persons directly face-to-face or by phone. You must return/respond to inquiries from our interdisciplinary care coordination team and/or medical director. You must provide all requested and complete clinical information and/or documents as required within four hours of receipt of our request if it is received before 1 p.m. local time, or make best efforts to provide requested information within the same business day if the request is received after 1 p.m. local time (but no later than 12 p.m. local time the next business day).

UnitedHealthcare Community Plan uses MCG (formally Milliman Care Guidelines), CMS guidelines, or other nationally recognized guidelines to assist clinicians in making informed decisions in many health care settings. This includes acute and sub-acute medical, long-term acute care, acute rehabilitation, skilled nursing facilities, home health care and ambulatory facilities.

## **Retrospective Review Process**

A retrospective review occurs when you request authorization after a service has been delivered. For all retrospective reviews, we issue a determination within 30 calendar days of request receipt. We deny retrospective review requests received 120 calendar days from the initial date of service based on timely filing rules.

# Determination of Medical Necessity

Medically necessary services or supplies are those necessary to:

- Prevent, diagnose, alleviate or cure a physical or mental illness or condition.
- Maintain health.
- Prevent the onset of an illness, condition or disability.
- Prevent or treat a condition that endangers life, causes suffering or pain or results in illness or infirmity.
- Prevent the deterioration of a condition.
- · Promote daily activities; remember the covered

person's functional capacity and capabilities appropriate for individuals of the same age.

 Prevent or treat a condition that threatens to cause or worsen a handicap, physical deformity, or malfunction; there is no other equally effective, more conservative or substantially less costly treatment available to the individual.

We do not consider experimental treatments medically necessary.

## **Determination Process**

Benefit coverage for health services is determined by the individual-specific benefit plan document, such as a Certificate of Coverage, Schedule of Benefits, or Summary Plan Description, and applicable laws. You may freely communicate with individuals about their treatment, regardless of benefit coverage limitations.

## **Evidence-Based Clinical Guidelines**

UnitedHealthcare Community Plan uses evidencebased clinical guidelines to guide our quality and health management programs. For more information on our guidelines, go to UHCprovider.com/policies > <u>Clinical</u> <u>Guidelines</u>.

## Medical and Drug Policies and Coverage Determination Guidelines

Find medical policies and coverage determination guidelines at UHCprovider.com/policies > Community and State Policies > <u>Medical and Drug Policies and</u> <u>Coverage Determination Guidelines for Community</u> <u>Plan</u>.

## **Referral Guidelines**

You must coordinate covered person referrals for medically necessary services beyond the scope of your practice. Monitor the referred individual's progress and help ensure they are returned to your care as soon as appropriate.

We require prior authorization of all out of-network referrals. The nurse reviews the request for medical necessity and/or service. If the case does not meet criteria, the nurse routes the case to the medical director for review and determination. Out-of-network referrals are approved for, but not limited to, the following:

- Continuity of care issues
- · Necessary services are not available within network

UnitedHealthcare Community Plan monitors out-ofnetwork referrals on an individual basis. Care provider or geographical location trends are reported to Network Management to assess root causes for action planning.

## Reimbursement

UnitedHealthcare Community Plan authorization helps ensure reimbursement for all covered services. You should:

- Determine if the covered person is eligible on the date of service by using Link on <u>UHCprovider.com</u>, contacting Provider Services or the Tennessee Medicaid Eligibility System.
- Submit documentation needed to support the medical necessity of the requested procedure.
- Be aware the services provided may be outside the scope of what UnitedHealthcare Community Plan has authorized.
- Determine if the covered person has other insurance that should be billed first.

UnitedHealthcare Community Plan will not reimburse:

- Services UnitedHealthcare Community Plan decides are not medically necessary.
- Non-covered services. Additional information on exclusions may be found in TennCare Rules at <u>publications.tnsosfiles.com</u>. Information begins on page 66 under 1200-13-13-.10.
- Services provided to individuals not enrolled on the dates of service.

## **Second Opinion Benefit**

If a covered person asks for a second opinion about a treatment or procedure, UnitedHealthcare Community Plan will cover that cost. Scheduling the appointment for the second opinion should follow the access standards established by TennCare These access standards are defined in <u>Chapter 2</u>. The care provider giving the second opinion must not be affiliated with the attending care provider.

Criteria:

- The individual's PCP refers them to an in-network care provider for a second opinion. Care providers forward a copy of all relevant records to the second opinion care provider before the appointment. The care provider giving the second opinion then forwards their report to the individual's PCP and treating care provider, if different. The individual may help the PCP select the care provider.
- If an in-network provider is not available, UnitedHealthcare Community Plan arrange for a consultation with a non-participating care provider. The participating provider should contact UnitedHealthcare Community Plan at 800-690-1606.
- Once the second opinion has been given, the covered person and the PCP discuss information from both evaluations.
- If follow-up care is recommended, the individual meets with the PCP before receiving treatment.

## Services Not Covered by UnitedHealthcare Community Plan

The following services are not included in the UnitedHealthcare Community Plan program:

- Any health care not given by a doctor from our list (except emergency treatment)
- Any care covered by TennCare but not through UnitedHealthcare Community Plan
- Mental health and substance abuse care. This service is covered by Optum Behavioral Health.

- Phones and TVs used when in the hospital.
- Personal comfort items used in the hospital such as a barber.
- Contact lenses, unless used to treat eye disease.
- Sunglasses and photo-gray lenses.
- Ambulances, unless medically necessary.
- Infertility services.

View TennCare's benefit exclusions in the Exclusions section of the TennCare Rules on **publications**. **tnsosfiles.com**. Find 1200-13-13-10, beginning on page 6. The services, products and supplies listed in the exclusion rules apply to all covered persons unless the rules require a medical necessity review for persons younger than 21 years.

## Services Requiring Prior Authorization

For a list of services that require prior authorization, go to UHCprovider.com/ priorauth.

## SEEK PRIOR AUTHORIZATION WITHIN THE FOLLOWING TIME FRAMES

- Emergency or Urgent Facility Admission: one business day.
- Inpatient Admissions; After Ambulatory Surgery: one business day.
- Non-Emergency Admissions and/or Outpatient Services (except maternity): at least 14 business days beforehand; if the admission is scheduled fewer than five business days in advance, use the scheduled admission time.

## Utilization Management Guidelines

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Call 866-815-5334 to discuss the guidelines and utilization management.

Utilization Management (UM) is based on a covered person's medical condition and is not influenced by

monetary incentives. UnitedHealthcare Community Plan pays its in-network PCPs and specialists on a fee-forservice basis. We also pay in-network hospitals and other types of care providers in the UnitedHealthcare Community Plan network on a fee-for-service basis. The plan's UM staff works with care providers to help ensure covered persons receive the most appropriate care in the place best suited for the needed services. Our staff encourages appropriate use and discourages underuse. The UM staff does not receive incentives for UM decisions.

### UTILIZATION MANAGEMENT (UM) APPEALS

These appeals contest UnitedHealthcare Community Plan's UM decisions. They are appeals of UnitedHealthcare Community Plan's admission, extension of stay, level of care, or other health care services determination. The appeal states it is not medically necessary or is considered experimental or investigational. It may also contest any admission, extension of stay, or other health care service due to late notification, or lack of complete or accurate information.

Any covered person, their designee, or care provider who is dissatisfied with a UnitedHealthcare Community Plan UM decisions may file a UM appeal. Adverse determination decisions may include UnitedHealthcare Community Plan's decision to deny a service authorization request or to authorize a service in an amount, duration, or scope less than requested. See Appeals in <u>Chapter 14</u> for more details.

# Chapter 5: Early, Periodic Screening, Diagnosis and Treatment (EPSDT)/Prevention

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit provides comprehensive and preventive health care services for children younger than age 21 who are enrolled in Medicaid. We do not require prior authorization for periodic and interperiodic screens PCPs conduct.

Follow the EPSDT schedule for all eligible covered individuals to age 21, including pregnant women. EPSDT screening includes a comprehensive health history, complete unclothed/suitably draped physical exam, lab tests, vision screening, hearing screening, immunizations, anticipatory guidance and a developmental/behavioral screening.

For complete details about diagnoses codes, go to tnaap. org/programs > EPSDT & Coding.

For more information about screening requirements, go to aap.org > Professional Resources > Engaging Patients and Families > <u>Periodicity Schedule</u>, and cdc.gov > Healthy Living > <u>Vaccines and Immunizations</u>.

To find the Well Child/Age Specific Encounter forms, go to **tnaap.org**.

Find details on how to fill out the Well-Child/Age-Specific Encounter form at: tnapp.org > Programs > EPSDT & Coding > EPSDT & Well Child Visits > EPSDT Manual.

## Department of Intellectual and Developmental Disabilities

Developmental disabilities are severe and chronic disabilities due to a mental or physical impairment that

begins before the covered person reaches adulthood. These disabilities include intellectual disability, cerebral palsy, epilepsy, autism, and disabling conditions related to intellectual disability or requiring similar treatment. The Department of Developmental Services (DDS) is responsible for a system of diagnosis, counseling, case management, and community support of persons with intellectual disability, cerebral palsy, epilepsy, and autism for children older than 36 months to adulthood.

**Referral** – If you determine supportive services would benefit the covered person, refer them to DDS for approval and assignment of a Regional Center (RC) Case Manager who is responsible for scheduling an intake assessment. Determination of eligibility is the responsibility of the RC Interdisciplinary Team. While the RC does not provide overall case management for their clients, they must assure access to health, developmental, social, and educational services from birth throughout the lifespan of individual who has a developmental disability.

**Continuity of Care** – The RC will determine the most appropriate setting for eligible HCBS services and will coordinate these services for the covered person in collaboration with the PCP and health plan coordinator. The Care Coordinator and PCP continue to provide and manage primary care and medically necessary services. If the individual does not meet criteria for the program or placement is not currently available, UnitedHealthcare will continue care coordination as needed to support the covered person's screening, preventive, medically necessary, and therapeutic covered services.

## **Full Screening**

Perform a full screen. Include:

- Interval history
- Unclothed physical examination
- Anticipatory guidance
- Lab/immunizations (Lab and administration of immunizations is reimbursed separately.)
- Lead assessment (Use the Lead Risk Assessment form.)
- · Personal-social and language skills
- Fine motor/gross motor skills
- Hearing
- Vision
- Dental

Without all these components, you cannot bill for a full screen. You may only bill for a partial screen. If the screening reveals the need for other health care services, and you cannot make an appropriate referral for those services, please contact the health plan.

## **Head Start**

Head Start and Early Head Start are federally funded programs that promote school readiness for children ages 0-5 from eligible families. They offer educational, health, social and other supports and services. These programs support partnerships with various entities, including Tennessee's pre-K program.

Head Start classrooms are operated by government, private, faith-based and community-based organizations directly or through child care partnerships or other collaborative arrangements. For more information, go to  $\underline{tn.gov}$  > Education > Early Learning > <u>Head Start</u>.

## **Interperiodic Screens**

Interperiodic screens are medically necessary screens outside the standard schedule that do not require the full screen. Use this screen to start expanded HCY services. Office visits and full or partial screenings happening on the same day by the same care provider are not covered unless medical necessity is noted in the individual's record.

Interperiodic screens are often used for school and athletic physicals. A physical exam may be needed for a certificate stating a child is physically able to take part in school athletics. This also applies for other school physicals when required as conditions for educational purposes.

## Lead Screening/Treatment

Call Provider Services if you find a child has a lead blood level over 5ug/dL. Children with elevated blood lead levels will be offered enrollment in a care coordination program.

## **School-Based Services**

For medically necessary services provided in a school setting, TennCare requires an Individual Education Plan (IEP). The IEP must state the service provided and note a parental consent form was obtained. Each school must prepare and maintain updated IEPs for each eligible student. It must then provide any IEP to UnitedHealthcare Community Plan upon request.

We conduct regular post-payment sample audits of IEPs and all other documentation to support the medical necessity of the school-based services we reimburse

When we request a copy of an IEP, you must also include a copy of the appropriate parental consent.

The school may coordinate with UnitedHealthcare Community Plan to arrange for services. The services may be provided during school or outside of a school setting. TennCare has updated the authorization forms for school-based services, on <u>tn.gov</u>.

If a school does not follow these requirements, they may be subject to recoupments and other penalties. UnitedHealthcare Community Plan may choose to require schools to submit IEPs before reimbursing for covered medically necessary services.

If you need help arranging transportation, referrals, or have other questions about IEPs or other childrens services, call Case Management at **800-690-1606**. Document all referrals in the child's chart.

# Vaccines for Children program (VFC)

The Vaccines for Children program provides immunizations. Immunizations offered in the state VFC program must be ordered by your office. We do not reimburse for the vaccine ordered by the VFC Program, but we reimburse for administering the vaccine.

Vaccine administration fees are reimbursable when submitted with an appropriate CPT and modifier code. We cannot reimburse for private stock vaccines when they are available through VFC.

VFC providers are required to record administered vaccinations in the Tennessee Immunization Information System (TennIIS).

You must record every vaccine administered to all individuals younger than 19 years, regardless of VFC status, within two weeks of the administration date.

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Contact **VFC** with questions. Phone: 800-219-3224 Fax: 573-526-5220

Any child through 18 years of age who meets at least one of the following criteria is eligible for the VFC Program:

- Eligible for Medicaid.
- American Indian or Alaska Native, as defined by the Indian Health Services Act.
- Uninsured.
- Underinsured (these children have health insurance but the benefit plan does not cover immunizations.
  - A child who has health insurance, but the coverage does not include vaccines;
- A child whose insurance does not cover all Advisory Committee on Immunization Practices (ACIP)- recommended vaccines. The child may receive from VFC only those vaccines not covered by the insurance; or
- A child whose insurance caps its payment for vaccine coverage. The child may receive the VFC vaccine after the insurance cap has been reached. If the cap is expected to be reached as a result of the cost of all the services provided at the visit, the VFC vaccine may be used.

Children in this category may not only receive vaccinations from a federally qualified health center or rural health clinic.

For more information about TennCare Kids, go to the following websites:

- UHCprovider.com/tncommunityplan > <u>Provider</u> <u>Forms, Resources and References</u> > TennCare Kids Resources
- TennCare Kids: <u>tn.gov/tenncare/section/tenncare-kids</u>
- Tennessee Chapter of the American Academy of Pediatrics: <u>tnaap.org</u>

# Chapter 6: Long-Term Services and Supports (LTSS)

The TennCare CHOICES Long-Term Services and Supports (LTSS) Program is a Medicaid care delivery system that balances LTSS and facility-based nursing services with home- and community-based services (HCBS). The CHOICES LTSS program aims to:

- Improve access to cost-effective HCBS services.
- Raise accountability by helping members with functional needs access to LTSS/HCBS services.

With CHOICES, persons receive acute and chronic physical health care, behavioral health care, and LTSS/ HCBS in a collaborative way. A care coordinator helps them schedule appointments and learn about their options. That way, they can make informed decisions about their health care and custodial needs.

# CHOICES Eligibility and Enrollment

### **RECIPIENTS NEW TO TENNCARE AND CHOICES**

The Tennessee Area Agencies on Aging and Disability (AAAD) is the Division of TennCare's Single Point of Entry (SPOE) for recipients new to both TennCare and CHOICES. The AAAD intake staff checks whether CHOICES can meet a person's medical, behavioral and LTSS/HCBS needs where they live. If the individual does not qualify for CHOICES, the person may appeal based on TennCare Rule 1200-13-13-.11.

Refer an individual for the CHOICES Program by calling the AAAD in the individual's area. AAAD offices are listed on tn.gov > Residents > Children and Families > TennCare > Long-Term Services & Supports > CHOICES.

### INDIVIDUALS NEW TO CHOICES

Refer individuals for CHOICES screening by calling the Case Management Assistant (CMA) unit at **800-690-1606**. If the person is not eligible for CHOICES, the CMA tells the individual about their right to appeal based on TennCare Rule 1200-13-13-.11.

If the person passes the screening, the CMA makes a referral to a care coordinator. This coordinator completes a comprehensive assessment, Person-Centered Support Plan (PCSP) and risk assessment. The care coordinator submits the request to the Division of TennCare and DHS for enrollment into CHOICES.

### **CHOICES GROUPS**

CHOICES has three groups. Each has its own eligibility requirements, enrollment process and benefits. CHOICES individuals qualify for only one group:

- Group 1: Medicaid members of all ages who receive Medicaid-reimbursed care in a nursing facility.
- Group 2: Persons age 21 and older with physical disabilities and those age 65 and older who:
  - Meet the nursing facility level of care (LOC).
  - Quality for TennCare either as SSI recipients or as members of the CHOICES 217-Like HCBS Group.
  - Need and are receiving CHOICES HCBS as an alternative to nursing facility care.
- Group 3: Persons age 65 and older and adults age 21 and older with physical disabilities who:
  - Qualify for TennCare as SSI recipients.
  - Do not meet the nursing LOC but are at risk for nursing facility care without CHOICES HCBS as defined by the state.

Find more information at tn.gov > Long-Term Services and Supports > CHOICES > <u>To Qualify for CHOICES</u>.

## **CHOICES Benefits**

Choices individuals receive the same benefits as all other TennCare-covered persons. For a list of TennCare benefits, see Chapter 3 in this manual. The following LTSS are available to CHOICES persons when medically necessary.

Service and Benefit Limit	Group 1	Group 2	Group 3
Nursing facility care	X	short-term only - up to 90 days	short-term only - up to 90 days
Community-based residential alternatives		X	Specified CBRA services and levels of reimbursement only. <sup>1</sup>
Personal care (up to two visits per day at intervals of no less than four hours between visits)		X	Х
Attendant care (up to 1,080 hours per calendar year; up to 1,400 hours per calendar year only for persons who require covered assistance with household chores or errands as well as self-care tasks)		X	X
Home-delivered meals (up to one meal per day)		X	Х
Personal Emergency Response Systems (PERS)		X	Х
Adult day care (up to 2,080 hours per calendar year)		X	Х
In-home respite care (up to 216 hours per calendar year)		X	Х
Inpatient respite care (up to nine days per calendar year)		X	Х
Assistive technology (up to \$900 per calendar year)		Х	Х
Minor home modifications (up to \$6,000 per project; \$10,000 per calendar year; and \$20,000 per lifetime)		X	Х
Pest control (up to nine units per calendar year)		X	Х

The Division of TennCare is solely responsible for the addition or deletion of any service or supply.

<sup>1</sup> CBRAs for which Group 3 members are eligible include only: Assisted Care Living Facility services, Community Living Supports 1 (CLS1), and Community Living Supports-Family Model 1 (CLS-FM1)

## **CHOICES Consumer Direction**

A CHOICES-covered person may hire someone to provide one or more eligible HCBS. A consumerdirected worker cannot include an agency employee we pay to provide HCBS to the person. The worker may provide attendant care, personal care, in-home respite, companion care and/or other services specified in TennCare rules and regulations as available for consumer direction to elect to direct and manage (or to have a representative direct and manage) the provision of such services (i.e., the hiring, firing, and day-to-day supervision of consumer directed workers delivering the needed services). Call 877-224-0219 for more information.

## **CHOICES Cost Neutrality Cap**

The cost of providing care to a CHOICES Group 2 person cannot be more than nursing facility services. The level of services provided is based on the person's needs as well as whether family and other caregivers can meet those needs. The cost neutrality cap is the maximum level of service that can be provided in the community to those with high levels of need and little support.

The person may not exceed the cap and remain in Group 2. If the person's needs cannot be safely met without exceeding the cap, a care coordinator helps the individual transition to Group 1 for nursing home placement.

## **Expenditure Cap**

For CHOICES Group 3 persons, the annual limit on expenditures for HCBS is \$15,000. This does not count home modifications, home health, and private-duty nursing services.

## **Community Living Supports Models**

Community Living Supports (CLS) is a community-based residential alternative (CBRA) service for adults 65 and older and adults 21 and older with a physical disability enrolled in CHOICES. Two models are available: CLS and CLS Family Model.

### **CLS MODEL**

Up to four individuals living in a home that supports each resident's independence and integration into the community.

- CLS 1: For CHOICES persons who are mostly independent or who have family members and supports. They need limited intermittent CLS supports, less than 21 hours per week. The support staff must be on-call on 24 hours per day.
- CLS 2: For CHOICES persons who need minimal to moderate ongoing support. A primary staff member or other support staff must be on-call 24 hours per day.
- CLS 3: For persons who require support and supervision 24 hours per day.

### **CLS FAMILY MODEL**

For up to three individuals living in a home trained caregivers own or lease who live onsite and support each resident's independence and integration into the community.

- CLS-FM1: For independent persons who need periodic CLS. A CLS family staff member must be on-call 24 hours a day if the caregiver is not on site for part of the day.
- CLS-FM2: For persons who require minimal to moderate ongoing support. A CLS staff member must be on-call 24 hours a day to assist, if needed.
- CLS-FM3: For persons who require constant support and supervision. The PCSP shows the number of hours the staff is required to care for the person.

The PCSP supports each person's choices and rights. Persons are responsible for room, transportation, and other community living expenses, similar to other CBRAs. For more information, call your provider advocate.

## **CHOICES** Assessment

### LEVEL OF CARE ASSESSMENT

For Group 1 persons:

- TennCare determines LOC for nursing facility (NF) services. This is based on the PAE submitted by the NF, AAAD or us, as applicable.
- We must authorize NF services based on LOC established by TennCare.
- Submit any LOC changes to TennCare. LOC must be reassessed at least annually and with any change in functional status.

For Group 2 and 3 persons:

- TennCare determines initial LOC for CHOICES HCBS. This is based on the Pre-Admission Evaluation (PAE) submitted by AAAD or by us, as applicable.
- LOC must be reassessed by us at least yearly and with any change in functional status.

### REASSESSMENT PLAN OF CARE PROCESS

Each CHOICES person's care coordinator annually reassesses services provided to persons in the community home receiving HCBS Groups 2 and 3 and for NF residents (Group 1). They review the PCSP at least one time every quarter for persons receiving services in Group 2 and semi-annually for persons in Group 3 and Group 1.

### **CHOICES CARE PLANNING PROCESS**

Each CHOICES person's PCSP details the amount, frequency, length, and scope of each service needed to support the person in the least restrictive LOC possible. When developing the PCSP, the care coordinator considers needs identified during the face-to-face visit and the assessments, the care plan to address those needs, the execution of the plan, and advocacy for the person.

For persons in CHOICES Group 1, the person's care coordinator may:

- Use the plan of care the NF created.
- Based on person's needs, supplement the plan of care by developing and implementing strategies to improve health, increase and/or maintain functional abilities to improve quality of life.

For CHOICES Groups 2 and 3, the care coordinator facilitates a care planning team. The care coordinator seeks input from the individual, their representative or other individuals the person says may help with needs assessment and care planning. The care coordinator also consults with the person's PCP and other care providers as needed and documents the results in the PCSP. They also help ensure the person or their representative reviews, signs and dates the plan and any future updates.

### CONTACTING THE CHOICES CARE COORDINATOR

Changes in condition for Group 1 include:

- Recurring falls
- Incident, injury, or complaint
- · Report of abuse or neglect
- Frequent emergency department use and hospitalizations
- Any physical, medical, functional or behavioral change that results in a needed reassessment of the person served

For Groups 2 and 3:

- Change of residence or primary caregiver
- Significant change in health and/or functional status
- · Loss of mobility
- An event that significantly increases the perceived risk to a person.
- Individual has been referred to Adult Protective Services (APS) because of abuse, neglect, or exploitation
- Any physical/medical/functional/behavioral change or circumstance that results in reassessment

Also contact care coordinators about:

- Skin integrity issues
- Behavioral health issues
- Hospice election
- Outpatient therapies including PT/OT/SP/RT

# CONTACTING THE CARE MANAGEMENT ASSOCIATE (CMA)

Contact a CMA if any of the following occur:

- Inability to contact person
- · Person unexpectedly leaves their residence

- Person is admitted to the hospital
- Therapeutic leave requests (NFs only)
- Death of a person served
- Electronic Visit Verification (EVV)-related issues or questions, such as manual confirmations, timesheets, schedule deviations, demographic updates (address/phone number)

Reach a CMA by calling 800-690-1606.

## **Service Authorizations**

We do not require a treating physician to order HCBS. However, the care coordinator may consult with the treating physician regarding the person's physical health, behavioral health, and LTSS needs. For questions about authorizations, call CMA at 800-690-1606.

## **CHOICES Patient Liability**

Patient liability is a monthly amount that persons receiving Medicaid LTSS services (NFs or HCBS) must pay toward the cost of their care. We deduct patient liability for Group 2 and Group 3 individuals living in a CBRA. We pay the facility net of this total. We collect patient liability from CHOICES Group 2 and Group 3 persons who receive CHOICES HCBS in their home. This includes persons receiving short-term NF care, adult day care services, and those from Group 2 receiving companion care.

## LTSS Care Provider Responsibility

### SERVICE REQUIREMENTS FOR HCBS PROVIDERS

- Offer services based on the PCSP. This includes the amount, frequency, duration, and scope of each service in accordance with the PCSP service schedule.
- Use the EVV Tablet assigned to the individual. If the EVV Tablet is unavailable, you may use a Bring Your Own Device (BYOD – SMART Device with the HealthStar EVV App) or Telephony (using the

individual's phone).

- If you use EVV, monitor and immediately address service gaps. This includes personal care, attendant care, in-home respite, and home-delivered meals. All other HCBS providers should file claims electronically on a UB-04 form.
- Help ensure the number of monthly late and missed visits are not more than 5% of total scheduled visits for that month. We pursue corrective action if the result is greater.
- Help ensure monthly manual confirmations are not more than 10% of the number of total scheduled visits for a month. We pursue corrective action if the result is greater.
- Manage and monitor late and missed visits by:
  - Addressing care provider-initiated late or missed visits, such as workers who are late or miss visits.
  - Providing a backup worker.
  - Contacting us when a backup worker cannot be provided.
  - Entering an accurate reason in the EVV system when a visit is late or missed.
  - Reconciling visits to help ensure they are accurately reported.
- Do not ask persons to receive services. This includes:
  - Referring an individual for CHOICES screening with the expectation that the care provider will be selected by the person as the CHOICES service provider.
  - Asking the CHOICES persons by phone, in person, or written communication to to change CHOICES providers.
- If a person is admitted to the hospital, notify us using fax forms. NFs should use the Nursing Facility Discharge/Transfer/Hospice form. HCBS providers should use the Nursing Facility Discharge/Transfer/ Hospice form.
- Comply with critical incident reporting and management requirements.
- Work with the person's care coordination team to provide a copy of the PCSP. Each care provider must sign the PCSP and agree to provide the services as described. We accept electronic

signatures.

- When recredentialing, include verification of continued licensure and/or certification as well as compliance with policies and procedures identified during credentialing. This includes:
- Background checks and training requirements.
- Critical incident reporting and management.
- EVV use.
- Compliance with the HCBS Settings Rule detailed in 42 C.F.R. 441.301(c)(4)-(5). We verify compliance.
- For new care providers, complete the HCBS selfassessment with necessary policies, procedures and transition plans. The credentialing process will not proceed until the self-assessment has been submitted and approved by us.
- Provider advocates conduct onsite assessments with each HCBS provider. They also request copies of the documents submitted to satisfy the HCBS self-assessment. If changes are needed after the documents are submitted, the HCBS provider must disclose them.

## Service Authorization Requirements and Processes

We authorize NF services based on approved PAE based on TennCare standards. NFs receiving an individual transferred from another facility must complete a Nursing Facility Discharge/Transfer/Hospice Form and fax it to us. HCBS providers may review authorizations using the EVV System.

NFs send us the authorization request for ventilator weaning, chronic ventilator care, sub-acute tracheal suctioning or tracheal suctioning secretion management. They must indicate whether the ERC service is in addition to standard NF services.

If we submit an LOC application to TennCare for a person in a NF, the care coordinator notifies the NF within two business days. They provide a copy of the application to the NF.

## Enhanced Respiratory Care Oversight

We contract with Eventa, LLC to provide quality oversight for enhanced respiratory care (ERC). ERC refers to enhanced levels of care in a NF. This includes chronic ventilator care, ventilator liberation and weaning and tracheal suctioning.

Eventa conducts on-site reviews with respiratory care practitioners to monitor the quality of care provided to each person receiving services at a facility. They also provide training at the facilities licensed by Tennessee Department of Health, Health Care Facilities.

## CHOICES Critical Incident Reporting

We require participating CHOICES providers to report all critical incidents that occur in a home and community-based LTSS delivery setting. Settings include assisted-living facilities, community- based residential alternatives, adult day care centers, other HCBS provider sites, and a person's home (if the incident is related to HCBS). Critical incidents for a CHOICES person include:

- Unexpected death.
- Suspected physical, sexual or mental abuse or neglect.
- Theft.
- Severe injury.
- Financial exploitation.
- Medication error.

You must contact a regional Clinical Quality Analyst (CQA) with a verbal report within 24 hours of their knowledge of the incident. The report must include:

- The person's name and date of birth.
- Date and time of incident.
- A brief description of the incident, person's current condition.
- Actions taken to mitigate risk to the person.

If the incident involves abuse, neglect, or financial exploitation, report the incident to APS. A Critical

Incident Reporting Form must be submitted to us, by fax or secure email no later than 48 hours following the discovery of the incident.

You must cooperate fully in the investigation of CHOICES critical incidents, including submitting all requested documentation. If the incident involves an employee of an HCBS provider, also submit a written report including actions taken within 20 calendar days of the incident. To protect the person's safety, also immediately take the following actions:

- Remove accused worker from servicing all TennCare CHOICES persons until the investigation is complete. The investigation may take up to 30 calendar days.
- Order immediate drug screen or appropriate testing if allegation includes theft of drugs or use of substances including alcohol while on the job.
- Interview involved employees as soon as possible following the incident. Have the employee submit a written account of the events. Fax these written accounts to us along with documentation to support completion of pre-employment screenings (i.e., background checks, drug screening, and a statement that the employee did not begin to perform services for CHOICES persons until all required pre-employment screenings were completed and verified).

Based on how severe the incident is, any identified trend or failure on the part of the care provider to cooperate with the investigation requires them to submit a written plan of correction to address/correct any problem or deficiency. Not submitting a written plan of corrections within the time frame requested and subsequent problems or deficiencies surrounding critical incident reporting, investigations or cooperation of the care provider can and will result in further actions. This includes closed panels and contract termination. The CHOICES Critical Incident Reporting Form is on UHCprovider.com/tncommunityplan > Provider Forms, Resources and References > CHOICES Critical Incident Reporting Form.

We provide two training videos that give an overview of critical incident reporting and investigation on vtsinxpo. com (video  $\underline{1}$ , video  $\underline{2}$ ). HCBS providers must view the videos at least annually.

## Home-Based Community Services

We require the following from HCBS providers:

- Sign the PCSP. The person's care coordination team must provide a copy of the person's completed PCSP. This includes any updates to the person, their representative, the person's community-based residential alternative provider and other providers authorized to deliver their care. Electronic signatures cannot be accepted.
- Complete the credentialing process. We recredential HCBS providers by verifying continued licensure and/or certification. We check for compliance with policies and procedures identified during credentialing, including background checks and training requirements, critical incident reporting and management, use of the EVV, and compliance with the HCBS Settings Rule detailed in 42 C.F.R. 441.301(c)(4)-(5).

We require that all CHOICES HCBS providers comply with the HCBS Settings Rule and complete the HCBS self-assessment with accompanying policies, procedures and transition plans. These items are on tn.gov. The credentialing process is not complete until we approve the full self-assessment. If you have already submitted a completed HCBS self-assessment, we will request a copy.

Provider advocates will conduct onsite assessments with each HCBS provider and request copies of the documents submitted. The HCBS provide must notify us of any changes following submission.

## **CHOICES Claims Filing Tips**

# BILLING FOR NURSING FACILITY ROOM AND BOARD SERVICES

Submit an electronic or paper claim. You may send UB-04 claims through your EDI vendor. You may also use Office Ally. Learn more at <u>cms.officeally.com</u>.

### **HCBS CLAIMS SUBMISSIONS**

#### EVV:

- Attendant care
- · Home-delivered meals
- In-home respite
- Personal care

### **Usage and Dedicated Resources**

You must have at least two staff members trained on the EVV system who can train caregivers to use the device in a person's home. You must have at least one staff person monitoring caregiver activity. Monitoring needs to include ensuring caregivers are in the person's home providing services at the scheduled time agreed upon when the referral was accepted.

You must comply with these standards to help ensure persons receive timely services. Not complying will result in disciplinary action, which may include termination from the network.

### **Claims for Group Transitions**

- If a transitioning person is enrolled in CHOICES Group 1, they must complete CHOICES HCBS before they move from a NF to the community. CHOICES HCBS is billed as Group 2 services once the person is enrolled into that group, with the date of service as the effective date of enrollment in CHOICES Group 2.
- If a transitioning person is enrolled in CHOICES Group 2 or 3 but is receiving short-term NF care, they must complete CHOICES HCBS before they move from an NF to the community. CHOICES HCBS are billed as a Group 2 or Group 3 service, as applicable. However, a person shall not be transitioned from CHOICES Group 1 into Group 2 or 3 for receipt of short-term NF services to provide them. Short-term NF care is available only to a CHOICES 2 or CHOICES 3 persons receiving home and community-based services upon admission to the short-term NF stay.

### **CORRECTED CLAIMS**

When altering claims for resubmission, use a "7" frequency in the appropriate bill type. Also indicate the claim number you are correcting in FL 64.

### **ELECTRONIC VISIT VERIFICATION REGISTRATION**

The EVV system was developed with providers who deliver services to CHOICES members in mind. It features:

- Flexible schedule deviation.
- Electronic schedule requests.
- Managed care organization communication within the EVV system.
- Auto assignment of a worker at a visit.
- An actionable dashboard.

The new EVV process was created as a result of new requirements:

- The ability to log the arrival and departure of a provider's staff person through a static GPS device provided to the member for this program.
- The ability to capture the arrival and departure of a provider's staff person through the member's phone number if a GPS device fails.
- The ability to verify based on business rules that services are delivered in the correct location (e.g., the member's home).
- The ability to verify the identity of the individual provider staff person or worker providing the service to the member.

## Flexible Scheduling for TennCare's CHOICES and Employment and Community First (ECF) CHOICES

All CHOICES and ECF CHOICES persons may schedule services on a flexible plan. TennCare uses the flexible scheduling option to give persons access to services at their convenience.

We encourage individuals to work with care providers to schedule services two weeks before the time that works best for the person. The person's care or coordinator adds the appointments to the PCSP.

Care providers who don't have appointments scheduled two weeks in advance should contact the person.

A flexible schedule might not be appropriate for members who require services at consistent times and days.

Enter the appointments into the HealthStar EVV system as usual. You may not be able to enter the appointments as early when a person is using a flexible schedule. They may enter the appointment schedule into the Healthstar EVV portal before the shift is worked so staff can check in and out.

We offer training and more information at UHCprovider. com/tncommunityplan > <u>Training and Education</u>.

## **Discharge Guidelines**

### NURSING HOME/LTSS FACILITIES

LTSS facilities participating in Medicaid must comply with the following guidelines for transfers, discharges, and/or readmissions.

A LTSS facility must permit each resident to remain in the facility. They must not transfer or discharge the resident from the facility unless:

- Resident's needs can no longer be met in the facility. Those needs are necessary to resident's well-being.
- Through the Nursing Facility Diversion Plan, eligible persons are transitioned from an NF to the community when the resident's health and wellbeing has drastically improved and the level of services provided is no longer needed.
- The resident's safety and health is endangered at a facility.
- The resident cannot meet their financial responsibilities for the facility.
- Facility is no longer operational.

The order must come directly from a physician. If a resident becomes eligible for assistance under Title XIX after admission to the facility, only the charges which may be applicable under Title XIX are covered.

When a patient is transferred, the care coordinator provides a summary of treatment given at the facility. The summary lists the condition of the patient at time of transfer, and date and place to which transferred. If an emergency caused the transfer is due to an emergency, this information is recorded within 48 hours. Otherwise, it will precede slow the transport.

When the facility transfers a person, it sends a copy of the clinical summary to the care coordinator and to the LTSS facility that will continue their care.

Before transferring or discharging a resident, a LTSS facility must:

- Notify the resident (and their representative, if needed) of the transfer or discharge and the reasons.
- Record the reasons in the resident's clinical record (including any documentation) and include in the notice the items described.
- Notify the Department of Health Division of Health Care Facilities and the long-term care ombudsman.
- Wait to transfer or discharge a resident until the agencies have designated their intention to intervene and until any appeal process is complete, if needed.
- Discharge a person from your services if you cannot meet the person's needs and/or preferences. Send a certified letter to the person, or the person's power of attorney, directing them to contact their care coordinator for help selecting a new care provider. You must continue providing care for at least 30 business days or until the person is assigned to the new care provider.

Mail to:

UnitedHealthcare Community Care Attn: LTSS Provider Relations Team 8 Cadillac Drive, Ste #100 Brentwood, TN 37027

You must contact the care coordinator as quickly as possible to advise them when the dismissal starts.

The notice must be provided at least 30 calendar days before the resident's transfer or discharge except if:

- Resident's safety and health is in danger.
- Resident's health or needs have improved and through the Nursing Facility Diversion Plan. The resident will transition from the NF to the community.
- Resident's medical needs require an immediate transfer.
- Resident has not resided in the facility for more than 30 calendar days.

With these exceptions, notice must be given in as soon as possible before the date of transfer or discharge. Include the following in the pre-transfer and predischarge notice:

- Notice of the resident's right to appeal the transfer or discharge if transfers or discharges were affected on or after Oct. 1, 1990.
- The name, mailing address, and phone number of the long-term care ombudsman.
- In the case of residents with developmental disabilities, the mailing address and telephone number of the agency responsible for the protection and advocacy system for developmentally disabled individuals.
- In the case of mentally ill residents, the mailing address and phone number of the agency responsible for the protection and advocacy system for mentally ill individuals, established under the Protection and Advocacy for Mentally III Individuals Act.
- A LTSS facility must provide sufficient preparation and orientation to residents to help ensure safe and orderly transfer or discharge from the facility.

### **HCBS**

Reasons for discharge from HCBS:

- Plan of care change.
- Person or family request that services stop.
- Transitioned to Group 1.
- Loss of eligibility in the CHOICES Program.
- Person is not receiving ongoing monthly HCBS service In these cases, we:
  - Fax notification of stopping services to the HCBS provider.
  - Mail a letter notifying the person of service changes if required by the Grier Consent Decree.

Notify the person in writing by certified mail 30 days prior to discharge. Also submit the notice to us at <u>tn\_ltc\_choices\_cma@uhc.com</u> or fax to **888-582-1963**. Include the reason for discharge, such as:

- · Environment not safe for you to provide services.
- You cannot meet the person's level of service.
- Person or family request you stop services.

### TENNCARE REGULATORY REQUIREMENTS APPENDIX

Find more requirements in the TennCare Regulatory Requirements Appendix on <u>UHCprovider.com</u>.

# Chapter 7: Employment and Community First (ECF) CHOICES

TennCare Employment and Community First (ECF) CHOICES is a managed LTSS program that offers home and community-based services (HCBS) to eligible persons with intellectual disabilities (ID) and developmental disabilities (DD). ECF CHOICES promotes and supports integrated, competitive employment and independent living as the first and preferred option for all members with intellectual and developmental disabilities.

## **Eligibility**

To be eligible for ECF CHOICES, a person must have an ID or DD. Both reflect the person's need for special interdisciplinary or generic services, supports, or other assistance that will likely continue indefinitely and need to be coordinated.

## Enrollment

TennCare enrolls persons into ECF CHOICES by referral: First, applicants undergo a self-screening process to determinate eligibility. If the applicant does not meet the ECF CHOICES eligibility criteria, we tell the person and let them know they may be placed on the referral list for enrollment at a later time. If the applicant does meet the eligibility criteria, the process proceeds to the intake phase.

Intake confirms information provided in the screening process and prioritizes them based on established criteria. If a person meets the online screening criteria, we schedule a face-to-face intake visit with the person. The intake visit is completed within five business days of the screening for persons who meet the screening criteria and are in one of the priority categories for which enrollment is currently open. For all other members on the referral list, the intake visit is completed within 30 calendar days of completing the screening.

If the documentation is not sufficient to reasonably establish the person has an ID or DD, we tell them and advise they may request to remain on the ECF CHOICES referral list.

During the enrollment visit, the assigned Support Coordinator (SC) provides the person with ECF CHOICES education materials and Freedom of ECF CHOICES Counseling. The SC also completes an enrollment packet. We submit all necessary documentation to TennCare within five business days of the enrollment visit.

Enrollment is not final until TENNCARE sends us the information by the electronic 834 enrollment file. Notification by the 834 enrollment file occurs after TennCare approves financial eligibility and Nursing Facility (NF) as applicable.

Upon enrollment, each ECF CHOICES covered person receives a member ID card showing their PCP name and effective date. We issue a new ID card each time a member changes their PCP.

## **Benefits**

ECF CHOICES covered persons receive the same benefits as all other covered persons. The following long-term care services and supports are also available to ECF CHOICES members.

Benefit	Group 4	Group 5	Group 6	Group 7	Group 8
Respite (up to 30 days per calendar year or up to 216 hours per	Х	Х	Х		
calendar year only for persons living with unpaid family caregivers)					
Supportive home care (SHC)	Х				
Family caregiver stipend in lieu of SHC (up to \$500 per month for	Х				
children younger than 18 years; up to \$1,000 per month for adults					
age 18 and older					
Community integration support services (subject to limitations	Х	Х	Х	Х	
specified in the approved 1115 waiver and TennCare Rule)					
Community transportation	Х	Х	Х	Х	
Independent living skills training (subject to limitations specified in	Х	Х	Х	Х	
the approved 1115 waiver and TennCare Rule)		ļ			
Assistive technology, adaptive equipment and supplies (up to	Х	Х	Х		
\$5,000 per calendar year)					
Minor home modifications (up to \$6,000 per project; \$10,000 per	Х	Х	Х	Х	Х
calendar year; and \$20,000 per lifetime)					
Community support development, organization and navigation	Х	ļ		Х	
Family caregiver education and training (up to \$500 per calendar	Х			Х	
year)					
Family-to-family support	Х			Х	
Decision-making supports	Х	Х	Х	Х	Х
Health insurance counseling/forms assistance (up to 15 hours per	Х			Х	
calendar year)					
Personal assistance (up to 215 hours per month)		Х	Х		
Community living supports (CLS)		Х	Х		
Community living supports— family model (CLS-FM)		Х	Х		
Individual education and training (up to \$500 per calendar year)		Х	Х		Х
Peer-to-Peer Support and Navigation for Person- Centered		Х	Х		Х
Planning, Self- Direction, Integrated Employment/Self- Employment					
and Independent Community Living (up to \$1,500 per lifetime)					
Specialized consultation and training (up to \$5,000 per calendar		Х	Х		Х
year; adults in Group 6 with exceptional medical and/or behavioral					
support needs, specialized consultation services are limited to					
\$10,000 per person per calendar year.)					
Adult dental services (up to \$5,000 per calendar year; up to \$7,500	Х	Х	Х		Х
across three consecutive calendar years, limited to adults 21 and					
older)					

Benefit	Group 4	Group 5	Group 6	Group 7	Group 8
Supported employment-individual employment support	Х	Х	Х		
Exploration					
Benefits counseling					
Discovery					
<ul> <li>Situational observation and assessment</li> </ul>					
Job development plan or self- employment plan					
<ul> <li>Job development or self-employment start up</li> </ul>					
• Job coaching for individualized, integrated employment or self- employment					
Co-worker supports					
Career advancement					
Supported employment-small group supports	Х	Х	Х		
Integrated employment path services	Х	Х	Х		
Employment services/supports	Х	Х	Х		Х
Intensive behavioral family-centered treatment, stabilization and supports (IBFCTSS)				Х	Х

ECF CHOICES persons may also receive short-term nursing facility care as medically necessary for up to 90 days. They are not required to disenroll from their ECF CHOICES group until we determine that going back to Home and Community Based Services (HCBS) will not occur within 90 days from admission. Excluded services, products and supplies apply to all persons unless the rules require a medical necessity review for members younger than 21 years.

## **Consumer Direction**

Each ECF CHOICES covered person who needs HCBS may direct and manage (or have a representative direct and manage) the hiring, firing, and day-to-day supervision of consumer-directed workers delivering the needed services. A consumer-directed worker is a person an ECF CHOICES covered person or their representative hires to provide one or more eligible ECF CHOICES HCBS. The worker does not include an agency employee being paid by UnitedHealthcare Community Plan to provide HCBS.

## **Support Coordination**

### PERSON CENTERED SUPPORT PLAN (PCSP)

The SC documents the covered person's strengths, needs, goals, and lifestyle preferences in the PCSP. The PCSP also meets their unmet needs through paid services.

The covered person directs the planning process unless the covered person has a court-appointed guardian or conservator, a representative, and/or others chosen by the covered person to contribute to the process. The planning process helps ensure service delivery that reflects personal preferences and choices and contributes to the covered person's health, welfare, and personal growth.

The PCSP includes:

- The covered person's address and phone numbers.
- The name and contact information of any representative and other persons with authorized access to health care information.
- Documentation that the covered person's home is chosen by the covered person and meets the HCBS Settings Rule Requirements.

- The covered person's strengths and interests.
- Person-centered goals and objectives, including employment and community living goals, desired wellness, health, functional and quality of life outcomes for the covered person. This includes how ECF CHOICES services help achieve these goals.
- Risk factors for the covered person and ways to minimize them.
- Support, tasks and functions the representatives or caregivers perform.
- Caregiver training needed to support their ability to provide care for the covered person.
- Home health and private duty nursing we authorize as well as home health, private duty nursing, and long-term care services the covered person may receive from other payer sources.
- ECF CHOICES HCBS we authorize, including:
  - The amount, frequency, duration, and scope (tasks and functions to be performed) of each service provided.
  - How services should be delivered, including the covered person preferences.
  - The schedule at which such care is needed.
  - A detailed backup plan when ECF CHOICES HCBS care providers are unavailable. It may include paid and unpaid supports as well as their contact information.
  - The physical and behavioral health conditions, functional status and needs.
  - The covered person's physical environment and any modifications they need.
  - The medical equipment the covered person uses.
- A description of any special communication needs, including interpreters or special devices.
- The covered person's and caregiver's primary language.
- The covered person's psychosocial needs. This includes any housing or financial assistance needs.
- The covered person's capabilities and desires about personal funds management, if receiving community-based residential alternative (CBRA) services.
- Any other services provided to the covered person.
- The covered person's physical health conditions.
- Frequency of planned SC contacts as needed.

- Consumer-directed services, if applicable.
- Any steps the covered person should take in an emergency that differs from standard emergency protocol, as well as a disaster preparedness plan.
- The covered person's TennCare eligibility end date.

### SUPPORT COORDINATION COMMUNICATION

The SC contacts the new ECF CHOICES covered person within 10 business days of enrollment in ECF CHOICES. Then, they reach out as follows:

- ECF CHOICES Group 4: The SC contacts members in person or by phone at least quarterly. The SC visits the member's home at least semi-annually.
- ECF CHOICES Group 5: The SC contacts members in person or by phone at least monthly. The SC visits the member's home at least quarterly.
- ECF CHOICES Group 6: The SC contacts members with low to moderate needs at least monthly, either in person or by phone. The SC visits the member's home at least bi-monthly.

Face-to-face and/or phone contacts are conducted more frequently, if needed.

The member's SC helps ensure the member reviews, signs and dates the PCSP. They also track updates, as necessary. The SC signs and dates the initial PCSP, along with any updates, as specified by TennCare. You receive copies of the approved PCSP.

When the member requests more services and refuses to sign the PCSP, we authorize and initiate services based on a new PCSP. While a resolution is being reached, we help ensure services remain in place. We will not use the covered person's acceptance of services as a waiver of the covered person's right to dispute the PCSP, as applicable, or as cause to stop the resolution process.

The SC provides a copy of the member's completed PCSP, including any updates, to the covered person, their representative, and their community residential alternative care provider, if applicable. We help ensure all involved care providers are informed in writing of all relevant information needed to provide quality care to the covered person. Within five business days of completing a needs reassessment, the covered person's SC updates their initial PCSP as appropriate. In addition, the SC authorizes and initiates HCBS in the updated PCSP. The SC informs the member of the eligibility end date and educates them on the importance of maintaining TennCare ECF CHOICES eligibility. TennCare determines eligibility at least once each year. TennCare will contact members near the re-determination date.

### **AUTHORIZATIONS**

We do not require the treating physician to order HCBS, but the SC may consult with the treating physician about the covered person's physical health, behavioral health, and long-term care service and support needs. The SC helps ensure services are authorized and initiated as outlined in the covered person's initial PCSP within 10 business days of enrollment. Exceptions are:

- ECF CHOICES HCBS are authorized for no more than 30 calendar days, pending development of the PCSP. Within 30 calendar days of the enrollment notice, the SC completes the comprehensive needs assessment, develops the PCSP and authorizes and initiates specified services.
  - Assistive Technology 30 days
  - Minor Home Modifications 90 days
  - Respite Based on the PCSP

You must provide service based on the approved PCSP and within the covered person's service schedule. You must be authorized to receive reimbursement for the services rendered. The service authorization includes the amount, frequency and duration of each service to be provided, the care schedule needed, the requested start date, and other relevant information.

## COORDINATION WITH STATE AND LOCAL DEPARTMENTS AND AGENCIES

The SC collaborates with other state and local departments and agencies to verify that coordinated care is provided to covered persons. This includes:

- Tennessee Department of Intellectual and Developmental Disabilities (DIDD) for integrating and coordinating care.
- Tennessee Department of Health (DOH) for establishing and maintaining relationships with member groups and health service providers.
- Tennessee Department of Human Services (DHS) and Department of Children's Services (DCS) Protective Services Section for reporting and cooperating in the investigation of abuse and neglect.

- Tennessee Department of Education (DOE) and local education agencies for coordinating educational services in compliance with the requirements of Individuals with Disabilities Education Act (DEA) and determining schoolbased services for students with special needs are provided.
- Tennessee Commission on Aging and Disability (TCAD) and Division of TennCare, Long Term Services and Supports Division for coordinating care for persons requiring long-term care services and supports.
- Local law enforcement agencies and hospital emergency rooms for the purposes of crisis service provider relationships, and the transportation of individuals certified for further assessment for emergency psychiatric hospitalization

### CARE PROVIDER ROLES AND RESPONSIBILITIES

You are responsible for providing ECF CHOICES HCBS to covered persons based on the PCSP. Your responsibilities include:

- Participating in the PCSP planning process driven by the ECF CHOICES covered person.
- · Collaborating with the SC to implement the PCSP
- Staffing your office to support the amount, frequency, duration and scope of each ECF CHOICES service.
- Initiating ECF CHOICES HCBS within the time frame outlined in the PCSP.
- Signing the PCSP agreeing to provide care to ECF CHOICES covered persons without deviation unless the SC and the person approve.
- Continuing services for the ECF CHOICES covered person when they are transitioning to a new care provider.
- Using EVV system for applicable services.
- Notifying an ECF CHOICES covered person's SC of any significant changes in the covered person's condition or care, hospitalizations, or recommendations for additional services.
- Monitoring and addressing service gaps, including backup staff.
- Conducting background checks on employees, subcontractors, volunteers and agents before providing direct supports, based on state law and

TennCare policy.

- Helping ensure staff is adequately trained. Providing attestations to such training upon request and during provider site visits.
- Reporting suspected abuse, neglect, and exploitation of ECF CHOICES covered persons based on TCA 71-6- 103. Reporting suspected brutality, abuse, or neglect of children based on TCA 37-1-403 and TCA 37-1-605.
- Complying with Department of Intellectual and Developmental Disabilities (DIDD) investigations as prescribed by TennCare protocols.
- Investigating and reporting reportable events.
- Complying with the HCBS Settings Rule detailed in 42 C.F.R 441.301 C (4) (5).
- Providing current financial solvency when providing community living supports services.
- Reporting ECF events to the non-discrimination compliance coordinator as applicable.

### **ECF STAFF TRAINING**

Direct Support Professionals (DSP) must undergo the following trainings:

- External certifications:
  - First aid.
  - PR with abdominal thrust.
  - Medication administration, if applicable.
  - Relias online education modules: HIPAA: The Basics; Infection Control: The Basics; Employment Support-focused Learning; Title VI course.
  - Required In-Person (Relias and UnitedHealthcare Community Plan-developed modules).
  - Principles and Practices of Effective Direct Supports: The Role of the DSP.

These must be completed before supporting a person (except during job shadowing. DSPs who are working in the DIDD system must maintain their training. You must maintain training completion documents with attestation of demonstrated competency in the employee's personnel record, signed and dated by the employee and the trainer.

You also need to enhance the training to include:

• Disability awareness and cultural competency training, including person-first language.

- Etiquette when meeting and supporting a person with a disability.
- Working with individuals who use alternative forms of communication (e.g., sign language or nonverbal communication), or who may rely on assistive devices for communication, or who may need auxiliary aids or services to effectively communicate.
- The DSP's responsibility in promoting healthy lifestyle choices and in supporting self-management of chronic health conditions.
- Environmental Safety for Individuals With Intellectual and Developmental Disabilities (ID and/or DD)
- · Disability Overview
- Assisting People with I/DD in Choice-making
- Making Personal Growth and Dignity Possible: A
   New Approach to Risk
- Training Specific to the Person/the Person's Plan
- Abuse and Neglect Prevention, Identification and Reporting and Reportable Event Management and Reporting
- Documentation of Service Delivery
- Use of the EVV System (For PA/SHC/respite providers only)
- An Introduction to Behavioral Health
- Federal HCBS Setting Requirements and the Importance of the Covered Person's Experience
- Connecting People with Disabilities and Community
   Members
- · Benefits counseling
- · Situational observation and assessment
- Co-worker supports
- Career advancement

### SUPPORTED EMPLOYMENT

Any staff providing ECF CHOICES employment services must meet the following qualifications:

- 18 years or older
- Effectively read, write and communicate verbally in English, and in the covered member's first language if not English and the covered member is not fluent in English
- Able to read and understand instructions, perform record-keeping and write reports
- · GED or high school diploma

- Pass a criminal background check, and is not listed on the Tennessee Department of Health Abuse Registry or Tennessee Sexual Offender Registry
- If driving is involved in job duties, valid driver's license and automobile liability insurance
- If using own vehicle to transport members, appropriate insurance coverage for this purpose (The provider agency may contribute toward the cost of appropriate insurance coverage to transport members)
- Completion of DSP required training for the ECF CHOICES program

Employment Services	Required Job Type	Minimum Staff Training/ Qualifications	Time Frame for Meeting Training/Qualifications
<ul> <li>Exploration</li> <li>Situational observation and assessment</li> <li>Job coaching: individual wage</li> <li>Employment</li> <li>Supported employment</li> <li>Integrated employment path</li> </ul>	Job coach	<ul> <li>Training Resource Network, Inc. (TRN) job coaching and consulting: design, training and natural support online web course</li> <li>Shadowing of existing trained/qualified job coach (or a job coach trained/qualified under the Department of Developmental Disabilities (DIDD) waivers or vocational rehabilitation (VR), if not ECF CHOICES job coach is local) for at least four hours in at least three different job coaching situations/work sites</li> </ul>	For existing staff at the start of ECF CHOICES who are qualified as a job coach under DIDD waivers/ Vocational Rehabilitation (VR) letter of agreement (LOA), there is a one year grace period to obtain the qualifications. For new hires, the qualifications must be met prior to providing ECF CHOICES services.
Benefits counseling	Certified work incentives counselor (CWIC) or CWIC community partner	Level 5 suitability clearance AND CWIC certification through Virginia Commonwealth University (VCU) or Cornell AND Ongoing continuing education requirements	The qualifications must be met prior to providing the ECF CHOICES benefits counseling service.

Employment Services	Required Job Type	Minimum Staff Training/	Time Frame for Meeting
		Qualifications	Training/Qualifications
<ul> <li>Discovery</li> <li>Job development plan</li> <li>Job development</li> <li>Career advancement</li> </ul>	Job developer	Association of People Supporting Employment (APSE) certified employment support professional (CESP) certificate received through passing an exam	N/A
		OR	
		ACRE basic employment certificate – the supported employment online certificate series earned through VCU	
		OR	
		ACRE basic employment certificate in community employment with emphasis on customized employment offered by Griffin- Hammis Associates	
		OR	
		ACRE basic employment certificate – college of employment services (CES) plus offered	
		by University of Massachusetts Institute for Community Inclusion	
		OR	
		ACRE national certificate of achievement in employment services	
<ul> <li>Self-employment plan</li> <li>Self-employment startup</li> </ul>	Job developer	Any of the previously listed qualifications/ trainings AND Relias 10 modules on customized self-employment developed by Griffin-Hammis Associates	For existing staff at the start of ECF CHOICES who are qualified as a job developer under the DIDD waivers/VR LOA, there is a one- year grace period to obtain the qualifications.
			For new hires, the qualifications must be met prior to providing services.

Employment Services	Required Job Type	Minimum Staff Training/ Qualifications	Time Frame for Meeting Training/Qualifications
Job coaching self- employment	Job coach	TRN job coaching and consulting: design, training and natural support online web course AND Shadowing of existing trained/ qualified Employment and Community First CHOICES job coach (or a job coach trained/ qualified under DIDD Waiver/ VR if no Employment and Community First CHOICES job coach is in place in the local area) for at least four hours in at least three different job coaching situations/work sites AND	For existing staff at the start of ECF CHOICES who are qualified as a job coach under the DIDD waivers/VR LOA, there is a one- year grace period to obtain the qualifications. For new hires, the qualifications must be met prior to providing ECF CHOICES services.
Not applicable (no specific service corresponds with this position)	Supported Employment Program manager/ supervisor of job coaches and job developers	ACRE professional employment certificate earned through completion of "Work Works" online course offered by University of Georgia Institute on Human Development and Disability OR Certified rehabilitation counselor (CRC status) and meeting continuing education requirements to maintain the CRC designation ACRE professional	For existing program managers/supervisors at the start of ECF CHOICES, there is a one-year grace period to obtain the qualifications. For new hires, the qualifications must be met within six months of hire.

- Information/training specific to persons being served
- While not required, all staff providing Employment and Community First CHOICES employment services should have at least six months' experience working with individuals with ID and/or DD. The background should include teaching skills and/or tasks, preferably in an employment setting.

## Provider Agreement Requirements

Each care provider agency must sign our ECF CHOICES provider agreement. They must keep a properly executed copy on file with us.

Requirements:

- You will only provide services you are licensed (as applicable), credentialed, and professionally qualified for. You will otherwise abide by the terms of an executed Agreement and any applicable attachments. You will provide covered services in a timely manner. In addition, you agree to provide services based on the terms of the Agreement and the person's approved PCSP.
- You will be issued a copy of the member's PCSP, which must be signed and returned using DocuSign, if you agree to provide the covered services as noted in the PCSP.
- You will provide services ordered in the PCSP. Each PCSP will describe the products or services to be furnished, the frequency and duration of each product or service, and the provider type required to provide each product or service. You will not bill us or the member, for products or services provided prior to the issuance of the PCSP or for products or services not included in the PCSP.
- You may not require a person to choose you as a care provider of multiple products or services as a condition of providing any service.
- You may not solicit persons to receive services from you, including:
- Referring an individual for ECF CHOICES screening and intake with the expectation that

you will be selected by the covered person as the service provider; or

- Communicating with existing ECF CHOICES persons by telephone, face-to-face or written communication for the purpose of petitioning the member to change providers; and
- Communicating with hospitals, discharge planners or other institutions for the purposes of soliciting potential ECF CHOICES persons that should instead be referred to us or Area Agency on Aging and Disability, or DIDD, as applicable.
- You will provide advance written notice to us before voluntarily terminating the agreement and specify the timeframe for providing such notice, aligning with the termination timelines as outlined in the contract.
- You will notify us immediately if you are considering discharging a person. You must consult with the person's SC to intervene in resolving the issue and, if not, to prepare and implement a discharge and/or transition plan as appropriate.
- You will notify the person in writing prior to discharge based on applicable state and federal requirements.
- You must notify in writing at least 60 days before the proposed service termination date.
- You will accept payment or appropriate denial made by us, plus the amount of any applicable patient liability, as payment in full for services provided. You will not solicit or accept any payment guarantee from the person in excess of applicable patient liability responsibilities. Person shall include the patient, parents, guardian, spouse or any other legally responsible person of the covered person being served
- You will assure all applicable licensure or certification requirements are met. You are at least 18 years of age and are not excluded from participation in the Medicare and/ or Medicaid programs based on Sections 1128 or 1156 of the Social Security Act and in good standing with the TennCare Program.
- ECF CHOICES HCBS care providers must submit copies of current licensure and/or certification (as

applicable) to us without request. Email updated updated licenses to the Provider Relations team at tn ltc networkmail@uhc.com.

- For CLS1 and CLS2 services, you must be licensed by DIDD as a mental retardation semiindependent living services facility based on licensure regulations.
- For CLS3 services, you must be licensed as a mental retardation supported living or residential habilitation facilities provider by DIDD based on licensure requirements.
- For all CLS and CLS-FM services, you must be licensed by DIDD as mental retardation placement services facility based on licensure regulations, and must be contracted with DIDD to provide residential services in at least one of the State's 1915 waivers for individuals with intellectual disabilities, and actively providing residential services.
- Unless you are a state of Tennessee subcontractor, you and any other subcontractor must secure all necessary liability and worker's compensation insurance to protect members and us under an executed care provider agreement.
- If you are using the EVV system, you must have adequate staff to monitor the EVV system on a daily basis. At a minimum, you must have at least two full-time staff persons devoted to EVV system monitoring and two fully trained and knowledgeable of the EVV system. Additionally, you must help ensure all HCBS workers submit worker surveys upon logging out of each visit using a format approved by TennCare.
- You must notify us in writing at least 60 days before the proposed service termination date.
- You must provide language interpretation and translation services to members and/or their representatives.
- You must help ensure all workers who provide services in a person's home wear a photo ID badge.
- You are prohibited from reproducing the ECF CHOICES logo for your own use unless you have submitted a request to us and we have received prior written approval from TennCare based on Section A.2.17 of the Contractor Risk Agreement (CRA).

The following are the "preferred contracting standards" we apply in contracting with ECF CHOICES care providers:

- You participate in one or more of the Section 1915(c) waiver programs for individuals with ID and/ or DD and have a consistent quality assurance (QA) performance rating of "proficient" or "exceptional" for at least two consecutive years.
- Care providers with "exceptional performance" are given additional consideration. You have, or are actively seeking, accreditation from a nationally recognized accrediting body, e.g., Commission on Accreditation of Rehabilitation Facilities, Council on Quality and Leadership (CQL), and the Council On Accreditation (COA). TennCare must approve acceptance of accreditation from other entities not listed.
- You have a Vocational Rehabilitation Letter of Agreement with the Tennessee Department of Human Services, Division of Rehabilitation Services.
- You have completed DIDD person-centered organization training.
- You have achieved documented success in helping individuals with I/DD achieve employment opportunities in integrated community settings at a competitive wage; success in developing customized employment options for individuals with more significant physical or behavioral support needs; or other employment successes we determine merit additional contracting consideration."
- You have demonstrated leadership in employment service delivery and community integration.
- You demonstrate longstanding community relationships that can be leveraged to assist persons in achieving employment and integrated community living goals. This includes commitments from such community-based organizations to work with you to help members achieve such goals.
- You have assisted persons supported by the agency in successfully transitioning into more independent living arrangements, such as semi-independent living.
- You have policies and systems in place to support staffing assignments.

- You are willing to partner with choice agency to support member participation in staff selection and supervision.
- You are willing to assign staff who speaks the primary language of individuals enrolled in ECF CHOICES and/or their primary caregivers. You can assign staff trained in the use of auxiliary aids or services to achieve effective communication with individuals enrolled in ECF CHOICES and/or their primary caregivers.
- You employ a Certified Work Incentive Coordinator (CWIC) who can counsel persons on benefits and employment.
- You employ or contract with appropriately licensed professionals in one or more specialty areas (behavior services, occupational therapy, physical therapy, speech language pathology, nutrition, orientation and mobility, or nurse education, training and delegation) to assist paid staff in supporting individuals who have long-term intervention needs, consistent with the ISP.
- You meet other standards established by TennCare in policy or protocol intended to confer preferred contracting status.

Credentialing includes collecting required documents, including ownership statements. It also includes verification that you:

- Have a valid license or certification for the services you will provide as required based on state law or rule, or TennCare policies or protocols.
- Attained an acceptable outcome for recent inspections or monitoring from licensing agencies.
- Are not excluded from participation in the Medicare or Medicaid programs.
- Have an NPI, where applicable, and have a Medicaid provider number from TennCare (if applicable).
- Possesses general and/or professional liability insurance with acceptable limits.
- Have policies and processes to perform, based on federal and state law and rule and TennCare policy, criminal background checks. Checks are conducted through the Tennessee Abuse Registry, Tennessee Felony Offender Registry, National and Tennessee Sexual Offender Registry, and List of Excluded Individuals/Entities (LEIE), on all prospective

employees who deliver ECF CHOICES HCBS. Document these in the worker's employment record. Additionally, you screen employees and contractors before they perform their duties and on a monthly basis to determine whether they have been excluded from participation in Medicare, Medicaid, SCHIP, or any federal health care programs (as defined in Section 1128B(f) of the Social Security Act) and not employ or contract with an individual or entity who has been excluded or debarred.

- Are providing and documenting education to your employees who provide services to ECF CHOICES covered persons. This includes, at a minimum:
  - Orientation to the population that the staff supports (elderly and disabled population; adults with physical disabilities, individual with ID and/ or DD).
  - Disability awareness and cultural competency training, including person-first language etiquette when meeting and supporting a person with a disability.
  - Ethics and confidentiality training, including HIPPA and HI-TECH.
  - Delivering person-centered services and supports, including federal HCBS setting requirements and the member's experience.
  - Working with family members and/or conservators, while respecting individual choice;
  - Giving an introduction to behavioral health, including behavior support challenges, individuals with I/DD or other cognitive limitations (including Alzheimer's disease, dementia).
  - The paid caregiver's responsibility in promoting healthy lifestyle choices and in supporting self-management of chronic health conditions.
  - Abuse, neglect and exploitation prevention, identification and reporting.
  - Reportable event identification management and reporting.
  - Documentation of service delivery.
  - Deficit Reduction Act information about False Claim Act and detecting fraud, waste and abuse.
  - Community Living Supports.
  - Use of the EVV System.

- Any other training requirements specified by TennCare in State Rule, or in policies or protocols.
- Have policies and processes to help ensure:
  - Compliance with our reportable event reporting and management process.
  - Appropriate use of the EVV system.
  - Documentation, retention and disclosure of enrollee specific data.
  - Adherence to educational topics.

At a minimum, re-credentialing of ECF providers shall include verification of continued licensure and/ or certification (as applicable), and compliance with policies and procedures identified during credentialing, including background checks (as applicable), LEIE checks, training requirements, reportable event reporting and management, and use of the EVV.

For both credentialing and re-credentialing processes, someone from our staff will conduct a site visit. If the provider is located out of state, ECF CHOICES may waive the site visit and perform a documentation audit instead of the on-site visit documenting the reason in your provider file. During the site visits conducted for each ECF provider type, we document and verify compliance with all requested documentation. We use the following tools during the credentialing and recredentialing process to identify potential deficiencies:

- ECF CHOICES UnitedHealthcare Community Plan application
- ECF CHOICES on-site assessment

If documents are not available at the time of the on-site audit, our provider advocate documents the missing documents on the on-site assessment tool. You will be placed on a corrective action plan (CAP) and will have 14 days to submit the missing information. You will be instructed to provide the missing documentation and be obligated to supply the documentation by the due date established at the on-site visit. You may submit documents by email, fax, mail or hand-delivery.

If required documents are not submitted timely and/or not acceptable:

- New providers/initial credentialing: the contract process ends.
- · Existing providers can be terminated due to non-

compliance with re-credentialing standards.

Our credentialing committee reviews and approves all initial credentialing and re-credentialing requests. The committee takes into account all information obtained during the credentialing or re-credentialing process to make a final decision. The committee also reviews any findings or deficiencies along with an evaluation of the care provider's corrective actions identified during the credentialing or re-credentialing process to aid in the decision making process. The committee may also take into account any additional complaints against the provider or performance concerns that have been identified during the course of a provider's contract with ECF CHOICES.

Our care provider contract permits either party to terminate the provider agreement or any applicable network attachment with six months prior written notice. We furnish written notification to the providers regarding the status of the credentialing or re-credentialing process. At a minimum, we shall re-verify monthly that each ECF CHOICES provider has not been excluded from participation in the Medicare or Medicaid, and/or SCHIP programs.

Credentialing requirements for ECF CHOICES care providers:

- Employment services/supports (Annual credentialing)
- · Certified employment provider
- General liability and /or malpractice insurance
- Medicaid number and NPI number, if applicable
- Ownership and disclosure of interest statement
- Site visit
- History of federal and/or state sanctions (Medicare/ Medicaid or TennCare)
- Attestation to the accuracy of the application
- Benefits counseling (Annual credentialing)
- Licensed CWIC-self-employed or provider-employed
- Community integrated support services (annual credentialing)
- Licensed day habilitation provider
- Community transportation (annual credentialing)
- Licensed personal assistant provider or CD worker
- Independent living skills training (annual

credentialing)

- Personal assistant (annual credentialing) or licensed personal assistant provider as PSSA, PSSL or home care organization or CD worker
- Licensed as a DIDD (SL or ML or Res Habilitation Provider)
- Assistive technology (re-credentialing every three years)
- Licensed as DME or other wholesale or business entity
- Minor home modification (re-credentialing every three years)
- Licensed as service agency, building supplier, contractor, carpenter, craftsman or DME supplier (no subcontractors)
- Specialized consultation and training (annual credentialing)
- · Licensed professional or qualified AT professional
- Respite (annual credentialing)
- · Supportive home care (annual credentialing)
- Community support development, organization and navigation (annual credentialing)
- · Licensed as community navigator

## **Billing and Reimbursement**

Find the ECF CHOICES-specific billing and reimbursement guidelines on the Tip Sheet. (The link to this sheet is forthcoming.)

All rates are reimbursed at 100 percent of the applicable State ECF CHOICES rate.

In addition to their benefits, a person enrolled in ECF CHOICES may receive short-term NF care as medically necessary for up to 90 days. A person enrolled in ECF CHOICES receiving short-term NF care is not required to disenroll from their ECF CHOICES group until it is determined that transition back to HCBS in ECF CHOICES will not occur within 90 days from admission.

When billing for services rendered to ECF CHOICES members, you should refer to the most current federal, state, or other payer instructions for specific requirements applicable to the CMS 1450 facility health insurance claim forms and/or the appropriate electronic filing format. In addition to the following ECF CHOICES-specific billing guidelines outlined below, all UnitedHealthcare Community Plan billing guidelines apply.

The reimbursement rates and codes for ECF CHOICES are based on methodology established by the Division of TennCare and are updated according to the direction and at the discretion of the Division of TennCare. Only those HCPCS (CPT® and HCPCS Level II) codes on the fee schedule are considered for reimbursement when filed in conjunction with the corresponding Revenue Codes and modifiers listed in the Tip Sheet referred to at the beginning of this section, otherwise charges are denied for billing guidelines. Services billed outside of the agreement are subject to recovery. All services require prior authorization.

You must comply with the Affordable Care Act and TennCare policy and procedures, including but not limited to, reporting overpayments, the requirement to report Provider-initiated refunds of overpayments to us and TennCare Office of Program Integrity (OPI) and, when it is applicable, return overpayments to us within

60 days from the date the overpayment is identified. Overpayments not returned within 60 days from the date the overpayment was identified may be a violation of state or federal law.

## **Background Checks**

Background checks must be conducted and evaluated by you on your employees, subcontractors, volunteers and agents, prior to providing direct supports, in accordance with state law and TennCare policy. Additionally, background checks must be performed on any person who will have direct contact with a person receiving services in ECF CHOICES. At a minimum, background checks shall include a check of the Tennessee Abuse Registry, National and Tennessee Sexual Offender Registry, List of Excluded Individuals/ Entities (LEIE) and Excluded Parties List System (EPLS). The FEA shall be responsible for conducting background checks on its staff, its subcontractors, and consumer-directed workers. Proof of these background checks must be identified during initial and re-credentialing site visits and documented in all new hire files. Providers non-compliant will be subject to corrective action and/or disqualification from the contracting process.

## **Event Reporting**

You are required to comply with the following event reporting processes for event reporting. All direct support staff working directly with people in ECF CHOICES shall complete required training on event reporting within 30 days of hire and prior to providing direct support to members. Event Reporting is an important component of an overall approach for assuring the health safety and welfare of individuals participating in home and community based services (HCBS). Event reporting in ECF CHOICES has been designed in partnership with TennCare, the Department of Intellectual and Developmental Disabilities, ourselves and with input from HCBS providers.

The event reporting approach must also assure that persons supported (and involved family or other unpaid caregivers, as appropriate) are informed about their rights and protections, including how they can safely report any event they believe compromises the health, safety, individual freedom or quality of life of an ECF CHOICES covered person. We implement the current collaborative approach used with contracted providers in the ECF CHOICES program to make sure that important information sharing is occurring between ECF CHOICES providers and us and that we are taking the lead in working with you to help ensure that appropriate services and supports are being provided to ECF CHOICES persons.

For ECF CHOICES, there are three tiers of reportable events. The type of reportable event dictates the reporting requirements and process that must be followed by you, us and DIDD (if applicable).

#### **TIER 1 EVENTS**

Tier 1 reportable events include:

 Allegations or suspicion of abuse (physical, sexual, and emotional/physiological), neglect, or exploitation resulting in physical harm, pain or mental anguish.

- Abuse, neglect, and exploitation shall be defined as in TCA 33-2-402 and implemented as specified in TennCare protocol.
- Sexual abuse, as defined in TCA 39-13-527.
- All unexpected or unexplained deaths.
- Serious injury.
- Vehicle accident while transporting person resulting in injury or a serious traffic violation with significant risk of harm (e.g., reckless, careless, or imprudent driving, driving under the influence, speeding in excess of 15 miles per hour over the speed limit).
- Medication error resulting in the need for face-toface medical treatment based on injury or probable risk of serious harm.
- Theft of more than \$500 (Class E felony).

Report all Tier 1 reportable events to DIDD verbally within four hours of witnessing or discovery of the Tier 1 reportable event. Make the report using the appropriate hotline number based on region. DIDD reports all Tier 1 reportable events to TennCare within 24 hours of receipt of ECF Reportable Event Form.

Submit a corresponding written, preferably typed, Reportable Event Form (REF) to DIDD by close of the next business day counting from the date of verbal notification. You and we will not move forward with our own reviews if a Tier 1 reportable event has been reported.

Immediately take steps to prevent further harm to any and all persons and respond to any emergency needs. If the allegation concerns a Tier 1 allegation of physical or sexual abuse relating to an ECF CHOICES worker, we help ensure you either place the worker on administrative leave or in another position in which he or she does not have direct contact with, or supervisory responsibility for, a covered person until DIDD has completed its investigation. You may request an exception to this policy. You may also remove staff concerning other Tier 1 and Tier 2 reportable events at your discretion and based on agency policy.

#### **TIER 2 EVENTS**

Tier 2 reportable events include:

• A person whose whereabouts are unknown and which likely place the person in a dangerous

situation for himself/herself or others.

- Persons supported shall have the freedom to come and go without staff supervision, except when such restrictions are necessary to ensure their health and safety or the safety of others, which must be documented in the PCSP.
- Minor vehicle accident not resulting in injury.
- A fire victim.
- Medication variance resulting in the need for observation. This may include the need to seek practitioner care or advice but does not require faceto-face treatment as there is no injury or identified and probable risk of serious harm.
- Unsafe environment (uncleanliness/ or hazardous conditions).
- The use of manual or mechanical restraint or protective equipment approved for use in the person's initial PCSP or BSP but used incorrectly or in a manner other than intended.
- Allegations of disrespectful or inappropriate communication (e.g., humiliation, harassment, threats of punishment or deprivation, intimidation or demeaning or derogatory communication or any other acts that do not meet the definition of emotional or psychological abuse but are directed to or within eyesight or audible range of the person supported). Report these event types to our Non-Discrimination Compliance Coordinator in writing at P.O. Box 5220, Kingston, NY 12402-5220 or by phone at 800-690-1606.
- The deliberate misplacement, exploitation, or wrongful, temporary or permanent use of belongings or money valued at less than \$500, i.e., less than the threshold for misappropriation.

Submit initial notification of a Tier 2 reportable event to both us and DIDD using the Reportable Event Form by data exchange by close of the next business day counting from the date of witnessing or discovery of the reportable event.

We review all Tier 2 Reportable Event Forms for completeness and make sure the event has been appropriately identified as Tier 2. If we find the reportable event needs to be reclassified, we amend the Reportable Event Form and follow the other appropriate requirements for the reclassified reportable event.

We notify DIDD within four hours by phone following discovery that a Tier 2 reportable event should be classified as Tier 1. We submit an amended ECF Reportable Event form to DIDD and you by the close of next business day counting from the day of discovery.

#### **TIER 3 EVENTS**

Tier 3 reportable medical events include:

- Deaths (other than unexpected/unexplained).
- ER visits.
- Any inpatient observation or admission (acute care, LTAC, or SNF/NF).
- Use of CPR or an automated external defibrillator (AED).
- Choking episode requiring physical intervention (e.g., use of abdominal thrust or Heimlich maneuver).
- Fall with injury (including minor or serious).
- Insect or animal bite requiring treatment by a medical professional.
- Stage II and above pressure ulcer.
- Staph infection.
- Fecal impaction.
- Severe dehydration requiring medical attention.
- Seizure progressing to status epilepticus.
- Pneumonia.
- Severe allergic reaction requiring medical attention.
- Victim of natural disaster. (Natural disasters affecting multiple individuals do not require multiple individual reports.)
- Criminal conduct or incarceration.
- Engagement of law enforcement.
- Sexual or physical aggression.
- Injury to another person as a result of a behavioral incident of a person supported.
- Suicide attempt.
- Self-injurious behavior.
- Property destruction greater than \$100.
- Swallow inedible/harmful matter.
- Behavioral crisis requiring protective equipment, manual or mechanical restraints, regardless of type

or time used or approved by PCSP (all take-downs and prone restraints are prohibited).

- Behavioral crisis requiring PRN psychotropic medication, crisis intervention (i.e., call), or out-of-home therapeutic respite.
- Psychiatric admission (or observation), including in acute care hospital.

Report Tier 3 events to us (not to DIDD) on the Reportable Event Form within two business days of witnessing or discovering the event. Reporting and review of such Tier 3 reportable events is secondary to any medical attention the covered person needs.

#### NON-REPORTABLE EVENTS AND REQUIREMENTS

Non-reportable events are circumstances. You must document, address, track and trend to prevent nonreportable events whenever possible. We and the DIDD review your non-reportable events and internal tracking and trending efforts as part of ongoing quality monitoring.

FEA and care provider staff must immediately report, after the occurrence or discovery of one, all instances of suspected abuse, neglect, and exploitation of all adults based on TCA 71-6-103 and suspected brutality, abuse, or neglect of persons who are children. This is based on TCA 37-1-403 or TCA 37-1-605, as applicable.

#### **REPORTABLE EVENTS BY A NATURAL SUPPORT**

We and the DIDD document all Tier 1 or Tier 2 reportable events reported to the DIDD or us by the covered person, their caregiver, a family member, or a citizen/friend and having occurred during the provision of ECF CHOICES services. Your Incident Management Coordinator or designee is notified, by data exchange, of the event by close of the next business day.

#### **QUALITY MONITORING**

Once you begin providing services, we notify DIDD to schedule consultative and/or annual quality monitoring surveys, as applicable. The reviews typically take place on site at your agency and include a complete look at your policies and practices (including interviews with staff members). We assess the results and work with you to recognize best practices and to continuously improve quality.

ECF CHOICES Service	Quality Monitoring Entity
Employment services (excluding benefits counseling)	DIDD
Community-integrated support services	DIDD
Independent living skills training	DIDD
Personal assistance	DIDD
Supportive home care	DIDD
Community living supports	DIDD
Community living supports - family model	DIDD
Respite	DIDD
Community transportation	DIDD
Individual education and training	TennCare
Family caregiver stipend	TennCare
Family caregiver education and training	TennCare
Conservatorship and related alternatives	UnitedHealthcare Community Plan
Insurance counseling health/forms assistance	UnitedHealthcare Community Plan
Assistive technology	UnitedHealthcare Community Plan
Minor home modifications	UnitedHealthcare Community Plan
Family-to-family support	UnitedHealthcare Community Plan
Peer-to-peer self-direction	UnitedHealthcare Community Plan
Specialized consultation and training	UnitedHealthcare Community Plan
Community support	UnitedHealthcare
development and navigation	Community Plan

Audited domains are:

- · Access and orientation for services
- PCSP implementation and support delivery
- · Choice and decision-making

- Opportunities for integrated work
- Relationships and community membership
- Rights, respect, dignity
- Health
- · Safety and security
- Direct support staff

Expected outcomes are defined under each domain and results are based upon performance. Our Provider Relations staff, SCs, or medical directors could be involved and sought for feedback.

Based on final survey results for consultative and annual surveys conducted by DIDD, we may institute the following:

- Onsite monitoring pending resolution of immediate jeopardy situations.
- CAPs.
- A moratorium on new referrals.
- Transition ECF CHOICES persons to another provider and termination of the provider agreement.

## **Neglect and Abuse**

While providing services, assess a person for active or potential neglect and/or abuse. Whenever possible, reduce a person's risk of abuse and/or neglect by collaborating with the SC.

Signs and symptoms of abuse and neglect may include physical indicators such as injuries or bruises. There also may be behavioral clues, including how victims and abusers act or interact with one another. Many indicators can be explained by other causes (e.g., abuse may be the result of an accidental fall), and no single indicator can be taken as conclusive proof. However, behavioral cues are grounds for considering whether a case of suspected abuse or neglect should be reported to the appropriate state agency. SCs, subcontractors, care providers and other staff having contact with covered persons will be educated as part of their training to look for patterns that suggest problems warranting closer investigation.

Also look out for signs of emotional abuse and financial exploitation.

Report any suspicion of abuse and/or neglect, including suspected and/or neglect of a child based on TCA 37-1-403, reporting suspected abuse and/or neglect of an adult to Adult Protective Services based on TCA 71-6-103, and reporting suspected abuse and/or neglect to us based on Section 2.15.7.1.4. Coordinate and cooperate with Adult Protective Services/Child Protective Services investigations and remediation:

- Adult Protective Services: 888-277-8366; fax: 866-294-3961
- Child Protective Services: 877-237-0004

Take necessary steps to protect the person from further abuse (e.g., removing a staff person suspected of committing the abuse and/or neglect, making referrals for covered person to support services).

#### **COORDINATION WITH OTHER MCOS**

For covered LTSS for ECF CHOICES persons transferring from another MCO to us, we provide covered long-term care services and supports, including both ECF CHOICES HCBS and nursing facility authorized services, for a minimum of 30 days regardless to whether such services are being provided by contract or non-contract providers.

For at least 30 days after the person's enrollment, we will not reduce the person's services unless a SC has conducted a comprehensive needs assessment and developed an initial PCSP, and we have authorized and initiated ECF CHOICES HCBS based on the person's initial support plan.

## Chapter 8: Value-Added Services

We offer the following services to our covered persons. If you have questions or need to refer an individual, call Provider Services at **800-690-1606** unless otherwise noted.

## Adult Pain Management/ Chiropractic Services

Evidence-based medicine supports chiropractic care to help lower back pain. In some cases, a visit to the chiropractor can reduce or eliminate the need for pain medication. It can even help combat opioid addiction and overuse.

We provide individuals older than 21 with up to six visits per calendar year with an in-network chiropractor. This benefit does not need prior authorization.

Use the following steps to access the fee schedules online:

- 1. Go to myoptumhealthphysicalhealth.com.
- 2. Enter your provider ID & password.
- 3. Click "Tools & Resources."
- 4. Click "Plan Summaries" or "Fee Schedules."
- 5. The two covered CPT codes are 98940 and 98941.

For more information on chiropractic care, go to **myoptumhealthphysicalhealth.com** or call **800-873-4575**.

## Baby Blocks<sup>™</sup> Program

Baby Blocks<sup>™</sup> is a web-based, mobile tool that reminds and rewards pregnant women and new mothers to get prenatal, postpartum and well-child care. Baby Blocks<sup>™</sup> is available to pregnant covered persons and their newborns.

#### **BABY BLOCKS™ BENEFIT**

Baby Blocks engages individuals with text and email appointment reminders. Covered persons who enroll early in their pregnancy can earn up to eight rewards by following prenatal and postpartum recommendations.

#### How it Works

- 1. Care providers and UnitedHealthcare Community Plan reach out to individuals to enroll them in Baby Blocks.
- Covered persons enter information about their pregnancy and upcoming appointments at <u>UHCBabyBlocks.com</u>.
- Individuals get reminders of upcoming appointments and record completed visits at UHCBabyBlocks.com.
- 4. At milestones throughout the program, indivudals choose a reward for themselves or their baby.

#### How You Can Help

- 1. Identify covered persons during prenatal visits.
- 2. Share a Baby Blocks brochure with the individual and talk about the program.
- Encourage the covered person to enroll at UHCBabyBlocks.com.



Individuals can self-enroll on a smartphone or computer. They can go to UHCBabyBlocks.com and click on "Register."

## Chronic Condition Management

We use educational materials and newsletters to remind individuals to follow positive health actions such as

immunizations, wellness, and EPSDT screenings. For individuals with chronic conditions, we provide specific information, including recommended routine appointment frequency, necessary testing, monitoring, and self-care through our Population Health Program program. All materials are based on evidence-based guidelines or standards. All printed materials are written at a sixth-grade reading level. They are available in English as well as as well as other languages. The materials support covered persons as they begin to take responsibility for their health. They provide information necessary to successfully manage their condition and live a healthy lifestyle.

Individuals at highest risk with conditions such as asthma, CHF, diabetes, COPD and CAD receive more intense health coaching. Resources and tools are available to support covered persons and caregivers with conditions common to children with special health care needs and help them manage their illness.

**Identification** – The health plan uses claims data (e.g. hospital admissions, ER visits, and pharmacy claims) to identify individuals with gaps in care and/or chronic conditions.

## **Dental Services**

#### COVERED

A Dental Provider Manual is available for detailed coverage information at <u>dentaquest.com</u>.

UnitedHealthcare Community Plan covers the facility and anesthesia for medically necessary outpatient dental services for adults ages 21 and older. If older than 21, we do not provide coverage without the presence of trauma or cases where treatment is needed for serious medical conditions.

Facility services require a prior authorization.

Some services are covered for children younger than 21 years. For more details, go to <u>dentaquest.com</u>.

#### **NON-COVERED**

UnitedHealthcare Community Plan does not cover routine dental services for anyone 21 years and older. For more information on applicable exclusions and limitations and covered services, visit <u>dentaquest.com</u>.

## **Healthy First Steps**

Healthy First Steps<sup>™</sup> (HFS) is a specialized case management program designed to provide assistance to all pregnant individuals, those experiencing an uncomplicated pregnancy, as well as additional medical, behavioral, and social risks. The goal is improving birth outcomes and lowering NICU admissions by managing prenatal and postpartum care needs of pregnant individuals. Care management staff is board-certified in maternal and neonatal medicine.

#### **HFS-MATERNAL CARE MODEL**

The HFS-Maternal care model strives to:

- Increase early identification of expectant mothers and facilitate case management enrollment.
- Assess the individual's risk level and provide specific needs that support the care provider's plan of care.
- Help individuals understand the importance of early and ongoing prenatal care and direct them to receiving it.
- Multidisciplinary support for pregnant women to overcome social and psychological barriers to prenatal care.
- Increase the individual's understanding of pregnancy and newborn care.
- Encourage pregnancy and lifestyle self-management and informed health care decision-making.
- Encourage appropriate pregnancy, postpartum and infant care provider visits.
- Foster a care provider-individual collaboration before and after delivery as well as for non-emergent settings.
- Encourage individuals to stop smoking with our Quit for Life tobacco program.
- Help identify and build the mother's support system including referrals to community resources and pregnancy support programs.
- Program staff act as a liaison between individuals, care providers, and UnitedHealthcare Community Plan for care coordination.

Tell UnitedHealthcare Community Plan when a covered person becomes pregnant. Faxing a Prenatal Risk Assessment form to the <u>Healthy</u> <u>First Steps program</u> at 877-353-6913 will initiate case management program outreach.

## Medication Therapy Management (MTM) Pilot Program

TennCare has a pilot program authorizing qualified Tennessee-licensed pharmacists to provide MTM services to eligible TennCare individuals. Participating pharmacists provide MTM under a collaborative practice agreement (CPA) with a TennCare Patient Centered Medical Home (PCMH) or Tennessee Health Link (THL).

Learn more about the MTM program at:

- tn.gov/tenncare >Providers > Pharmacy > Medication Therapy Management
- Care Coordination Tool at tn.gov/tenncare > Health Care Innovation > Primary Care Transformation
   <u>Care Coordination Tool</u>. Care providers participating in PCMH and THL programs can use the tool to identify care opportunities linked to quality measures.

Reimbursement guidelines are in the provider manual posted to the TennCare MTM website. Email questions to the pilot team at TennCareMTMpilot@tn.gov.

## **Mobile Apps**

Available apps for covered persons include:

- **Health4Me** enables users to review health benefits, access claims information and locate in-network providers.
- KidsHealth® answers health questions online through a partnership between UnitedHealthcare Community Plan and KidsHealth. Visit the website at <u>UHCprovider.com/tncommunityplan</u>. Search by topic, read articles or watch videos. Teens can also find straight talk and personal stories. Younger

children can learn through health quizzes, games and videos.

• Social Media provides assistance on Facebook, Twitter: @UHCPregnantCare (In Spanish: @UHCEmbarazada) by delivering health and wellness information relating to pregnancy, child birth and general health information applicable to pregnant women.

## Non-Emergency Transportation

Non-emergency transportation (NEMT) provides crucial support in helping improve covered individuals' access to care. Those eligible for state-approved transportation services are qualified for this additional health benefit. All NEMT services require prior authorization from Tennessee Carriers.

NEMT includes unlimited trips to and from care provider offices, hospitals, WIC, methadone clinics and to the pharmacy. To request and schedule rides, covered individuals or their representatives (including care providers) can call Tennessee Carriers at **866-405-0238**, 24 hours a day, seven days a week. With prior authorization, hotel stays may be available for eligible individuals when trips require an overnight stay. Speak to a care coordinator if you need to arrange for an overnight stay.

Urgent non-emergency trips include discharge from a hospital or crisis stabilization unit, or sameday appointments with outpatient behavioral health providers.

Schedule urgent trips through Tennessee Carriers by calling **866-405-0238**. For more information, go to **tenncarriers.com**.

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For non-urgent appointments, covered persons must call for transportation at least three days before their appointment.

Bus transportation will also be available if the individual:

- Lives less than half a mile from a bus stop.
- Has an appointment less than half a mile from the bus stop.

### **NurseLine**

NurseLine is available at no cost to our covered persons 24 hours a day, seven days a week. Individuals may call NurseLine to ask if they need to go to the urgent care center, the ER or to schedule an appointment with their PCP. Our nurses also help educate individuals about staying healthy. Call **866-263-9168** to reach a nurse.

#### Optum OB Homecare Optum ob home care program for 17P/ MAKENA®

17P/Makena<sup>®</sup> Administration Nursing and Care Management service helps improve weekly injection adherence and reduce preterm delivery. The person must meet criteria for 17P/Makena during current pregnancy.

17P/Makena requires prior authorization except for home services. To request prior authorization, use our Link Prior Authorization and Advance Notification tool at <u>UHCprovider.com/paan</u>. For more information, go to UHCprovider.com/policies > Community Plan Policies > Medical & Drug Policies and Coverage Determination Guidelines for Community Plan > <u>17-Alpha-</u>

<u>Hydroxyprgesterone Caproate (Makena and 17P) –</u> <u>Community Plan Medical Benefit Drug Policy</u>.

#### PEER RECOVERY COACHING

Our peer support specialists (PSS) work with individuals to support recovery from behavioral health and/ or substance use disorders (SUD). The PSS uses a strengths-based approach to help individuals develop a recovery plan. They help identify triggers and develop action plans to help individuals take responsibility for their recovery. Our clinical team identifies eligible individuals through inpatient behavioral health or SUD admissions.

The program has no age limitation. It works with the guardian if the person is a minor.

### **Teen Resources**

#### **ON MY WAY**

On My Way teaches youth how to navigate the complex

social support systems, including health care. Individuals can access On My Way through our care management system.

Youth struggle for independence while trying to make smart life decisions. This requires support and guidance, even for young adults who have grown up in a stable and supportive environment. Our interactive mobile and web-enabled game breaks the transition process into manageable steps and connects youth with the support/ guidance they need and want (e.g., they can easily connect with peer support staff).

#### PEER SUPPORT SPECIALIST

We have a peer support specialist working with youth and their families. The specialist works with the person and the family to define the covered person's recovery goals.

The specialist helps the person develop life skills and provides phone and/or face-to-face communications to covered persons. The individual and family receive support and help improve the person's overall physical and behavioral health. This benefit can also help to reduce hospitalizations and ER visits related to behavioral conditions in youth.

## **Tennessee Tobacco QuitLine**

The Tennessee Tobacco QuitLine is a free smoking and/or tobacco cessation program for state residents. Services include:

- Personalized, toll-free phone services.
- Master's-level counselors specially trained in tobacco cessation who help individuals make healthy lifestyle changes, learn new skills and behavior, and choose the way they want to quit.
- Online resources to help develop a convenient plan that fits individual needs.
- Community support with online forums.
- 24/7 Educational QuitKit with logs and activities to help individuals stay on track.

Additional services are available in Spanish and for the deaf or hard of hearing. Text message support is also available.

For more information, call 800-748-8669 or go to **tnquitline.org**.

## Chapter 9: Mental Health and Substance Use

United Behavioral Health provides covered individuals with mental health and substance use disorder (SUD) benefits.

## Credentialing

For credentialing information, call the National Credentialing Center at **877-842-3210**.

### **Covered Services**

We offer covered behavioral health services and care management for mental, emotional and SUDs. We also provide tools for mental health and substance abuse diagnoses, symptoms, treatments, prevention and other resources at <u>liveandworkwell.com</u>. Accessed through <u>myuhc.com</u>, the website houses mental health and well-being information and articles on health conditions, addictions and coping. It also lets individuals to take selfassessments and find community resources.

> For more resources, go to Tennessee Department of Mental Health and Substance Abuse Services at <u>tn.gov</u>.

Benefits include:

- Crisis stabilization services (includes treatment crisis intervention).
- Inpatient psychiatric hospital (acute and sub-acute).
- Psychiatric residential treatment facility.
- Outpatient assessment and treatment:
  - Partial hospitalization
  - Social detoxification
  - Day treatment

- Intensive outpatient
- Medication management
- Outpatient therapy (individual, family, or group), including injectable psychotropic medications
- SUD treatment
- Psychological evaluation and testing
- Initial diagnostic interviews
- Hospital observation room services (up to 23 hours and 59 minutes in duration)
- Child-parent psychotherapy
- Multi-systemic therapy
- Functional family therapy
- Electroconvulsive therapy
- Telemental health
- · Rehabilitation services
- · Day treatment/intensive outpatient
- Dual-disorder residential
- Intermediate residential (SUD)
- Short-term residential
- Community support
- Psychiatric residential rehabilitation
- Secure residential rehabilitation



Find more information at UHCprovider.com/ tncommunityplan > <u>Behavioral Health</u> or tn. gov/behavioral-health/mental-health > <u>Mental</u> <u>Health Services</u>.

## **Behavioral Health Access and Availability Standards**

NCQA<sup>®</sup> standards require routine behavioral health office visits to be available within 10 business days. UnitedHealthcare Community Plan is required to adhere to the most stringent access and availability standards.

Service Type	Geographic Access Requirement	Maximum Time for Admission/
		Appointment
Psychiatric Inpatient Hospital	Transport access ≤ 90 miles travel distance	Emergency/involuntary, within four
Services	and $\leq$ 120 minutes travel time for all members	hours
		Involuntary, within 24 hours
		Voluntary, within 24 hours
24-Hour Psychiatric Residential Treatment	Not subject to geographic access standards	Within 30 calendar days
Outpatient Non-MD Services	Transport access ≤ 30 miles travel distance	Within 10 business days
	and $\leq$ 45 minutes travel time for at least 75% of members and $\leq$ 60 miles travel distance and $\leq$ 60 minutes travel time for all members	Urgent, within 48 hours
Intensive Outpatient (may	Travel distance ≤ 90 miles and 90 minutes	Within 10 business days
include Day Treatment (adult), Intensive Day Treatment (Children & Adolescent) or Partial Hospitalization	travel time for 75% of members and ≤ 120 miles and 120 minutes travel time for all members	Urgent, within 48 hours
Inpatient Facility Services	Transport access ≤ 90 miles travel distance	Detoxification, within two calendar
(Substance Abuse)	and $\leq$ 120 minutes travel time for all members	days
		Emergency, within four hours
		Non-emergency, within 24 hours
24-Hour Residential Treatment Services (Substance Abuse)	Not subject to geographic access standards	Within 10 business days
Outpatient Treatment Services	Transport access ≤ 30 miles travel distance	Within 10 business days
(Substance Abuse)	and $\leq$ 30 minutes travel time for 75% of members and $\leq$ 45 miles travel distance and $\leq$ 45 minutes travel time for all members	Detoxification, within 24 hours
Intensive Community-Based Treatment (CCFT, CTT, etc.)	Not subject to geographic access standards	Within seven calendar days
Tennessee Health Link Services	Not subject to geographic access standards	Within 30 calendar days
Psychosocial Rehabilitation	Not subject to geographic access standards	Within 10 business days
Supported Employment	Not subject to geographic access standards	Within 10 business days
Illness Management & Recovery	Not subject to geographic access standards	Within 10 business days
Peer Support	Not subject to geographic access standards	Within 10 business days
Supported Housing	Not subject to geographic access standards	Within 30 calendar days
Crisis Services (Mobile)	Not subject to geographic access standards	<ul><li>Face-to-face contact within:</li><li>Two hours for emergency situations</li><li>Four hours for urgent situations</li></ul>

Service Type	Geographic Access Requirement	Maximum Time for Admission/ Appointment
Crisis Stabilization	Not subject to geographic access standards	Within four hours of referral
Opioid Use Disorder Treatment	Travel distance $\leq$ 45 miles and 45 minutes travel time for 75% of non-dual members and $\leq$ 60 miles and 60 minutes travel time for all non-dual members.	

### **12 Crisis Service Regions**



- Region 1: Frontier Health 877-928-9062
- Region 2: Youth Villages 866-791-9223
- Region 3: Helen Ross McNabb 865-539-2409
- Region 4: Youth Villages 866-791-9224
- Region 5: Youth Villages
  - Upper Cumberland 866-791-9223
  - Southeast 866-791-9225
- Region 6: Mental Health Cooperative 615-726-0125
- Region 7: Youth Villages 866-791-9222
- Region 8: Youth Villages 866-791-9227
- Region 9: Youth Villages 866-791-9227
- Region 10: Youth Villages 866-791-9227
- Region 11: Youth Villages 866-791-9227
- Region 12: Youth Villages 866-791-9226

## **Eligibility**

Verify the individual's Medicaid eligibility on day of service before treating them. View eligibility online on the Eligibility and Benefits application on Link at **UHCprovider.com**.

## **Authorizations**

Individuals may access all behavioral health outpatient services (mental health and substance use) without a referral. Prior authorization may be required for more intensive services, such as intensive outpatient program; day treatment; or partial, inpatient or residential care. Help ensure prior authorizations are in place before rendering non-emergent services. Get prior authorization by going to <u>UHCprovider.com/priorauth</u>, calling **800-690-1606**, or faxing **844-881-4772**.

## Collaboration with Other Health Care Professionals

#### **COORDINATION OF CARE**

When a covered person is receiving services from more than one professional, you must coordinate to deliver comprehensive, safe and effective care. This is especially true when the covered person:

- Is prescribed medication,
- · Has coexisting medical/psychiatric symptoms, or
- Has been hospitalized for a medical or psychiatric condition.

Please talk to your patients about the benefits of sharing essential clinical information.

## Behavioral Health Assessment Requirements

When individuals are admitted for services, assess their physical and mental health status. This includes:

- A psychiatric assessment involving the person's presenting problem, psychiatric history, historical response to crises, psychiatric symptoms, diagnosis using the current edition of Diagnostic and Statistical Manual of Mental Disorders (DSM), mental status exam, and history of alcohol and drug abuse.
- A screening for medical history, and medication history.
- A substance use assessment with frequently used over-the-counter medications, alcohol, and other drugs; and history of prior alcohol and drug treatment episodes. The history should show how substance use affects the community-functioning assessment.
- A community-functioning assessment with how they function in living arrangements, daily activities, social support, financial dealings, physical health, and behavioral health.
- An assessment of their strengths, current life status, personal goals, and needs.
- Include the assessment documentation in the person's record.

## Individualized Treatment Plans

Complete individualized treatment plans for any person who receives behavioral health services for 30 calendar days or longer. Update plans at least every six months. You may update them more often based on the person's progress. Note whether the person, or their family members or legal guardian, took part in the treatment plan development and reviews.

Align individualized treatment plans with diagnoses based on the assessments previously mentioned. Include measurable goals and time frames to reach those goals. Also include a preliminary discharge plan. Place individualized treatment plans in the person's record.

Care providers of multiple services may create one comprehensive treatment plan for a person if at least one goal is written and updated as appropriate for each service provided.

If a need exists that was found during the initial assessment or course of treatment, the treatment plan must contain the following:

- · Concerns for which the person is seeking treatment
- · Person's goals related to those concerns
- · Measurable objectives to address the goals
- · Target dates for reaching those objectives
- · People involved in meeting each objective
- Measurable action steps to accomplish each objective
- Steps for crisis prevention and/or resolution. This includes identification of crisis triggers (situations, signs, and increased symptoms) and active steps or self-help methods to prevent, reduce or defuse crisis situations.
- Names and phone numbers of contacts who can help resolve a crisis
- Individual's preferred treatment options. This includes psychopharmacology in the event of a mental health crisis

### **Portal Access**

#### Website: UHCprovider.com

Access Link, the gateway to UnitedHealthcare Community Plan's online tools, on this site. Use the tools to verify eligibility, review electronic claim submission, view claim status, and submit notifications/ prior authorizations.

View the Prior Authorization list, find forms and access the care provider manual. Or call the Provider Services at **800-690-1606** to verify eligibility and benefit information (available 8 a.m. - 5 p.m. local time, Monday through Friday).

#### Website: providerexpress.com

Update provider practice information, review guidelines and policies, and view the national Optum Network Manual. Or call Provider Services.

### **Claims**

Submit claims using the 1500 Claim Form (v 02/12) or UB-04 form, whichever is appropriate. Use applicable coding, including ICD diagnosis codes, CPT, Revenue and HCPCS coding. Include all necessary data to process a complete claim. Find out more about filing claims in <u>Chapter 13</u>.

## Behavioral Health Supervision for Non-Licensed Clinicians

Mental health, substance abuse facilities, and CMHC care providers who hire non-licensed clinical staff to perform clinical activities (i.e., clinical assessments and psychotherapy) must have a licensed clinician supervising them. The supervisor must have regular, in-person, one-on-one contact with the non-credentialed clinicians to review the provided treatment and/ or services. The supervision must be specific to the rendered service. It must include direct supervision during the initial service. This may be followed by general supervision for the rest of the service at the supervisory care provider's discretion.

• Direct supervision means the supervising care provider must be immediately available (i.e., in person, by phone or through telehealth/video

conferencing) to assist and direct throughout the rendered service. This may include the supervisor's review and signing of the treatment plan during the initial service.

• General supervision means the service is performed under the overall direction and control of the supervising clinician. However, their presence is not required during the performance of the intervention.

The following applies when you bill for behavioral health professional services:

- All independently licensed clinicians providing care must have a unique NPI and Medicaid ID number for TennCare billing and payments.
- When billing for professional services performed by an independently licensed clinician, identify the licensed rendering care provider in the NPI field 24j on the CMS 1500.

## **Monitoring Audits**

We conduct routine care provider on-site audits. These audits focus on the physical environment, policies and procedures, and quality record documentation.

#### **PROVIDER EVALUATION OF PERFORMANCE PLANS**

The Provider Evaluation of Performance (PEP) Plan details what is reviewed during on-site audits. It includes a minimum quality requirements summary. Use the summary to review your performance and initiate improvements.

We also audit our high-volume behavioral health network care providers based on the PEP Plan. Develop a working knowledge of the details outlined in the PEP Plan. For copies of the PEP Plan and audit tools, call Provider Services at **800-690-1606**. Ask to speak with a Behavioral Health Quality Improvement Department representative. You may also go to UHCprovider.com/ tncommunityplan > Behavioral Health.

## Adverse Occurrence/Sentinel Event Reporting

An adverse occurrence is a serious or unexpected behavioral health event involving possibly harmful effects to the person. The occurrence represents a possible

#### quality of care issue.

Adverse occurrences include:

- Suicide death.
- Suicide attempt with significant medical intervention requiring an emergency room visit or inpatient hospital stay.
- Homicide.
- Homicide attempt with significant medical intervention requiring an emergency room visit or inpatient hospital stay.
- Abuse/neglect (physical, sexual, verbal) allegations.
- Death, cause unknown.
- Medical emergency (e.g., heart attack, medically unstable).
- Accidental injury with significant medical intervention requiring an emergency room visit or inpatient hospital stay.
- Use of restraints/seclusion (physical, chemical, mechanical) with significant medical intervention while the person is in the care of a behavioral health inpatient, residential or crisis stabilization unit.
- Treatment complications (medication errors and adverse medication reaction) with significant medical intervention requiring an emergency room visit or inpatient hospital stay.
- Elopement (inpatient and residential services only, as related to minors or involuntary admissions for adults).

Behavioral health network care providers must submit adverse occurrence reports to all appropriate agencies as required by licensure and state/federal laws. Submit within one business day following the event.

Reporting forms are available at UHCprovider.com/ tncommunityplan > <u>Behavioral Health</u>.

## Addressing the Opioid Epidemic

Combating the opioid epidemic must include prevention, treatment, recovery and harm reduction.

#### **BRIEF SUMMARY OF FRAMEWORK**

- Prevention:
  - Prevent Opioid-Use Disorders before they occur

through pharmacy management, provider practices, and education.

- Treatment:
  - Access and reduce barriers to evidence-based and integrated treatment.
- Recovery:
  - Support case management and referral to personcentered recovery resources.
- Harm Reduction:
  - Access to Naloxone and facilitating safe use, storage, and disposal of opioids.
- Strategic community relationships and approaches:
  - Tailor solutions to local needs.
- Enhanced solutions for pregnant mom and child:
  - Prevent neonatal abstinence syndrome and supporting moms in recovery.
- Enhanced data infrastructure and analytics:
  - Identify needs early and measure progress.

## INCREASING EDUCATION & AWARENESS OF OPIOIDS

It is critical you are up-to-date on the cutting edge research and evidence-based clinical practice guidelines. We keep OUD-related trainings and resources available on our provider portal to help ensure you have the information you need, when you need it. For example, state-specific Behavioral Health Toolkits are developed to provide access to clinical practice guidelines, free SUD/OUD assessments and screening resources, and other important state-specific resources. Additionally, Pain Management Toolkits are available and provide resources to help you identify covered persons who present with chronic physical pain and may also be in need of behavioral health services to address the psychological aspects of pain. Continuing education is available and includes webinars such as, "The Role of the Health Care Team in Solving the Opioid Epidemic," and "The Fight Against the Prescription Opioid Abuse Epidemic." While resources are available, we also work to help ensure you have the educational resources you need. For example, our Drug Utilization Review Provider Newsletter includes opioid trends, prescribing, and key resources.

Access these resources at UHCprovider.com > Drug Lists and Pharmacy > <u>Resource Library</u> to find a list of tools and education.

#### **PRESCRIBING OPIOIDS**

Go to our **Drug Lists and Pharmacy page** to learn more about which opioids require prior authorization and if there are prescription limits.

Find more information about Tennesse Substance Abuse Services at <u>tn.gov/behavioral-health/substance-</u> <u>abuseservices</u>.

The Tennessee Department of Mental Health and Substance Abuse Services website offers contact information and resources for care providers and individuals for services related to:

- Crisis intervention.
- Mental health.
- Substance abuse.

Resources include best practice guides, training information and licensing requirements.

## Expanding Medication Assisted Treatment Access & Capacity

Evidence-based MAT treatment is central to OUD treatment. MAT takes a chronic condition approach and incorporates medication use in addition to other services, such as counseling, cognitive behavioral therapies, and recovery suppor, to provide a comprehensive approach to OUD. We expand MAT access and help ensure we have a robust MAT network.

To find a behavioral health MAT provider in Tennessee:

- 1. Go to UHCprovider.com
- 2. Select "Find a Provider" from the menu on the home page
- Select under "Specialty Directory and Tools" the option of Optum Behavioral Health, EAP, Worklife & Mental Health Services
- 4. Click on "Search for a Behavioral Health Provider"
- 5. Enter "(city)" and "(state)" for options
- 6. If needed, refine the search by selecting "Medication Assisted Treatment"

We contract with OUD Centers of Excellence (where available), which are designated as premier facilities

to help ensure people with OUD stay in treatment and receive appropriate follow-up care and supports within their communities.



To find medical MAT providers, see the **MAT** section in the Medical Management chapter.

## Chapter 10: Individual Rights and Responsibilities

Our Member Handbook has a section on individual rights and responsibilities. In it, we ask that covered persons treat you with respect and courtesy. Find the Member Handbook on <u>UHCCommunityPlan.com</u>.

## **Privacy Regulations**

HIPAA privacy regulations offer full federal protection to protect covered persons' health care information. These regulations control the internal and external uses and disclosures of such data. They also assert individual rights.

#### ACCESS TO PROTECTED HEALTH INFORMATION

Covered persons may access their medical records or billing information either held at your office or through us. If their information is electronic, they may ask that you or us send a copy in an electronic format. They may also ask that a copy of their information be provided to a third party.

#### **AMENDMENT OF PHI**

Covered persons have the right to ask that information be changed if they believe it is inaccurate or incomplete. Any request must be in writing and explain why they want the change. This request must be acted on within 60 days. The timing may be extended 30 days with written notice to the covered person. If the request is denied, they may have a disagreement statement added to their health information.

#### **ACCOUNTING OF DISCLOSURES**

Individuals have the right to request an accounting of certain disclosures of their PHI, made by you or us, during six years prior to the request. This accounting must include disclosures by business associates. It will not include disclosures made:

- For treatment, payment and health care operations purposes
- To covered persons or pursuant to their authorization
- To correctional institutions or law enforcement officials
- For which federal law does not need us to give an accounting

#### **RIGHT TO REQUEST RESTRICTIONS**

Covered persons have the right to ask you or us to restrict the use and disclosures of their PHI for treatment, payment and health care operations. This request may be denied. If it is granted, the covered entity is bound by any restriction to which is agreed. Document these restrictions. We must agree to restrict disclosure. Individuals may request to restrict disclosures to family members or to others who are involved in their care or its payment.

## RIGHT TO REQUEST CONFIDENTIAL COMMUNICATIONS

Individuals have the right to request communications from you or us be sent to a separate location or other means. Accommodate reasonable requests, especially if the covered person states disclosure could endanger them. Requests for confidential communication do not require their explanation. Keep a written copy of the request.

## Individual Rights and Responsibilities

#### NATIVE AMERICAN ACCESS TO CARE

Native American covered persons can access care to tribal clinics and Indian hospitals without approval.

#### **INDIVIDUAL RIGHTS**

Covered individuals may:

- Request information on advance directives and execute one.
- Give and be treated with respect, dignity and privacy.
- Receive courtesy and prompt treatment.
- Receive cultural assistance, including having an interpreter during appointments and procedures.
- Receive information about us, rights and responsibilities, their benefit plan and which services are not covered.
- Know the qualifications of their health care provider.
- Give their consent for treatment unless unable to do so because life or health is in immediate danger.
- Discuss any and all treatment options with you.
- Refuse treatment directly or through an advance directive.
- Be free from any restraint used as discipline, bullying, retaliation, convenience or force them to do something they do not want to do.
- Receive medically necessary services covered by their benefit plan.
- Receive information about in-network care providers and practitioners, and choose a care provider from our network.
- Change care providers at any time for any reason.
- Change health plans. If they are new to TennCare, they can change health plans once during the 45 days after enrolling in TennCare. After that, they can ask to change health plans through an appeal process. There are certain reasons why a person can change health plans. Refer to the Member Handbook for more information.
- End their enrollment in TennCare at any time.
- Tell us if they are not satisfied with their treatment or with us; they can expect a prompt response.
- Tell us their opinions and concerns about services and care received.
- Register grievances or complaints concerning the health plan or the care provided without fear of poor treatment from UnitedHealthcare Community Plan, care providers, or TennCare.

- Appeal any payment or benefit decision we make.
- Review and get copies of the medical records you keep and request changes and/or additions to any area they feel is needed.
- Receive information about their condition, understand treatment options, regardless of cost or whether such services are covered, and talk with you when making decisions about their care.
- Get a second opinion with an in-network care provider.
- Expect health care professionals are not kept from advising them about health status, medical care or treatment, regardless of benefit coverage.
- Make suggestions about our individual rights and responsibilities policies.
- Get more information upon request, such as how our health plan works, how we pay our care providers and a care provider's incentive plan, if they apply.
- Exercise any of these rights without being treated poorly by UnitedHealthcare Community Plan or its care providers.
- Get services without being treated in a different way because of race, color, birthplace, language, sex, age, religion, disability, or any other classification protected under the applicable federal and state civil rights laws. The individual has a right to file a complaint if they think they have been treated unfairly. If they complain or appeal, they have the right to keep getting care without fear of bad treatment from UnitedHealthcare Community Plan, providers, or TennCare.

#### INDIVIDUAL RESPONSIBILITIES

Covered persons should:

- Follow instructions and rules in the Member Handbook about coverage and benefits.
- Follow instructions and rules from those providing health care.
- Understand their benefits so they can get the most value from them.
- Show you their Medicaid ID card.
- Prevent others from using their ID card.
- Understand their health problems and give you true and complete information.

- Ask questions about treatment.
- Work with you to set treatment goals.
- Follow the agreed-upon treatment plan.
- Get to know you before they are sick.
- Go to their PCP for all their medical care unless:
- Their PCP sends them to a specialist.
- They are pregnant or getting well-woman checkups.
- They have an emergency.
- Keep appointments or tell you when they cannot keep them.
- Treat your staff and our staff with respect and courtesy.
- Get any approvals needed before receiving treatment.
- Use the emergency room only during a serious threat to life or health.
- Let their PCP know within 24 hours when they have received care at an emergency room.
- Notify us of any change in address or family status.
- Make sure you are in-network.
- Follow your advice and understand what may happen if they do not follow it.
- Give you and us information that could help improve their health.
- Pay required copays.
- Tell TennCare of any changes within their family, such as:
  - New name, address, or phone number.
  - Family size.
  - Employment.
  - Health insurance.
- Let UnitedHealthcare Community Plan know if another insurance company should pay their medical care. This includes auto, home, or worker's compensation.

Our individual rights and responsibilities help uphold the quality of care and services they receive from you. The three primary individual responsibilities as required by the National Committee of Quality Assurance (NCQA) are to:

• Supply information (to the extent possible) to

UnitedHealthcare Community Plan and to you that is needed for you to provide care.

- Follow care to which they have agreed.
- Understand their condition and take part in developing mutually agreed-upon treatment goals, to the degree possible.

A person cannot be removed from UnitedHealthcare Community Plan due to:

- Worsening health.
- A pre-existing medical condition.
- Expensive medical treatment.
- How a person uses care provider services.
- A mental health condition.
- The person acting uncooperatively or disruptively due to their special needs.

A person can only be removed from UnitedHealthcare Community Plan if they:

- Change health plans.
- Move out of the UnitedHealthcare Community Plan area.
- Let someone else use their ID cards or use their TennCare benefits to get medicines to sell.
- End their TennCare or TennCare ends for other reasons.
- Don't renew TennCare on time or don't give TennCare the requested information at that time.
- Don't let TennCare and UnitedHealthcare Community Plan know about a change of address and can't be found.
- Lie to get or keep TennCare enrollment.
- Die.

## Chapter 11: Medical Records

## **Medical Record Charting Standards**

You are required to keep complete and orderly medical records, which fosters efficient and quality care for covered persons. Keep records for at least 10 years from the close of the Tennessee program agreement between the state and UnitedHealthcare Community Plan. You are subject to our periodic quality medical record review. The review determines compliance to the following requirements:

Торіс	Contact
Confidentiality of Record	<ul> <li>Office policies and procedures exist for:</li> <li>Privacy of each individual's medical record.</li> <li>Initial and periodic training of office staff about medical record privacy.</li> <li>Release of information.</li> <li>Record retention.</li> <li>Availability of medical record if housed in a different office location.</li> </ul>
Record Organization	<ul> <li>Have a policy that provides medical records upon request. Urgent situations require copies be provided within 48 hours.</li> <li>Maintain medical records in a current, detailed, organized and comprehensive manner. The records should be: <ul> <li>In order.</li> <li>Fastened, if loose.</li> <li>Separate for each covered person.</li> <li>Filed in a manner for easy retrieval.</li> <li>Readily available to the treating care provider where the individual generally receives care.</li> <li>Promptly sent to specialists upon request.</li> </ul> </li> <li>Medical records are: <ul> <li>Stored in a manner that helps ensure privacy.</li> <li>Released only to entities as designated consistent with federal requirements.</li> <li>Kept in a secure area accessible only to authorized personnel.</li> </ul> </li> </ul>

Торіс	Contact
Topic Procedural Elements	<ul> <li>Medical records are readable*</li> <li>Sign and date all entries.</li> <li>Individial name/identification number is on each page of the record.</li> <li>Document language or cultural needs.</li> <li>Medical records contain demographic data that includes name, identification numbers, date of birth, gender, address, phone number(s), employer, contact information, marital status and an indication whether the individual's first language is something other than English.</li> <li>Procedure for monitoring and handling missed appointments is in place.</li> <li>An advance directive is in a prominent part of the current medical record for adults 18 years and older, emancipated minors and minors with children. Adults 18 years and older, emancipated minors and minors with children are given information about advance directives.</li> </ul>
	<ul> <li>Include a list of significant illnesses and active medical conditions.</li> <li>Include a list of prescribed and over-the-counter medications. Review it annually.*</li> <li>Document the presence or absence of allergies or adverse reactions.*</li> </ul>
History	<ul> <li>An initial history (for individuals seen three or more times) and physical is performed. It should include:</li> <li>Medical and surgical history*</li> <li>A family history that includes relevant medical history of parents and/or siblings</li> <li>A social history that includes information about occupation, living situations, education, smoking, alcohol use, and/or substance abuse use/ history beginning at age 11</li> <li>Current and history of immunizations of children, adolescents and adults</li> <li>Screenings of/for: <ul> <li>Recommended preventive health screenings/tests</li> <li>Depression</li> <li>High-risk behaviors such as drug, alcohol and tobacco use; if present, advise to quit</li> <li>Medicare members for functional status assessment and pain</li> <li>Adolescents on depression, substance abuse, tobacco use, sexual activity, exercise and nutrition and counseling as appropriate</li> </ul> </li> </ul>

Торіс	Contact
Problem Evaluation and Management	Documentation for each visit includes:
	<ul> <li>Appropriate vital signs (Measurement of height, weight, and BMI annually)</li> <li>Chief complaint*</li> </ul>
	- Physical assessment*
	- Diagnosis*
	- Treatment plan*
	<ul> <li>Tracking and referral of age and gender appropriate preventive health services consistent with Preventive Health Guidelines.</li> </ul>
	<ul> <li>Documentation of all elements of age appropriate federal Early, Periodic, Screening, Diagnosis and Treatment (EPSDT).</li> </ul>
	• Clinical decisions and safety support tools are in place to ensure evidence based care, such as flow sheets.
	<ul> <li>Treatment plans are consistent with evidence-based care and with findings/diagnosis:</li> </ul>
	- Timeframe for follow-up visit as appropriate
	- Appropriate use of referrals/consults, studies, tests
	• X-rays, labs consultation reports are included in the medical record with evidence of care provider review.
	• There is evidence of care provider follow-up of abnormal results.
	<ul> <li>Unresolved issues from a previous visit are followed up on the subsequent visit.</li> </ul>
	• There is evidence of coordination with behavioral health care provider.
	<ul> <li>Education, including lifestyle counseling, is documented.</li> </ul>
	<ul> <li>Individual input and/or understanding of treatment plan and options is documented.</li> </ul>
	<ul> <li>Copies of hospital discharge summaries, home health care reports, emergency room care, practitioner are documented.</li> </ul>

\*Critical element

#### SCREENING AND DOCUMENTATION TOOLS

These tools were developed to help you follow regulatory requirements and practice.

## **Medical Record Review**

On an ad hoc basis, we conduct a review of our covered persons' medical records. We expect you to achieve a passing score of 85% or better. To achieve this score, the medical records you maintain should contain an initial health assessment, including a baseline comprehensive medical history. This assessment should be completed in less than two visits, with ongoing physical assessments occurring on following visits. It should also include:

- · Problem list with:
  - Biographical data with family history.
  - Past and present medical and surgical intervention.
  - Significant medical conditions with date of onset and resolution.
  - Documentation of education/counseling regarding HIV pre- and post-test, including results.
- Entries dated and the author identified.
- Legible entries.
- Medication allergies and adverse reactions (or note if none are known).
- Easily known past medical history. This should include serious illnesses, injuries and operations (for covered persons seen three or more times). For children and adolescents (18 years or younger), this includes prenatal care, birth, operations and childhood illnesses.
- Medication record, including names of medication, dosage, amount dispensed and dispensing instructions.
- Immunization record.
- Tobacco habits, alcohol use and substance abuse (12 years and older).
- Copy of advance directive, or other document as allowed by state law, or notate covered person does not want one.
- History of physical examination (including subjective and objective findings).

- Unresolved problems from previous visit(s) addressed in subsequent visits; Diagnosis and treatment plans consistent with finding.
- · Lab and other studies as appropriate.
- Individual education, counseling and/or coordination of care with other care providers.
- Notes regarding the date of return visit or other followup.
- Consultations, lab, imaging and special studies initialed by primary care provider to indicate review.
- Consultation and abnormal studies including followup plans.

Covered person hospitalization records should include, as appropriate:

- · History and physical
- Consultation notes
- Operative notes
- · Discharge summary
- · Other appropriate clinical information
- Documentation of appropriate preventive screening and services
- Documentation of behavioral health assessment (CAGE-AID, TWEAK AND PHQ-9)

## Behavioral Health Record Content Requirements

Behavioral health treatment records must follow additional guidelines apart from medical record standards:

- Records may be on paper or in electronic format.
- Each page in the treatment record contains the covered person's name or ID number.
- Each record contains the covered person's address, employer or school, home and work phone numbers. This includes emergency contacts, marital or legal status, appropriate consent forms and guardianship information, if relevant.
- All entries in the treatment record include the responsible clinician's name, professional degree, license, and relevant ID number.
- The record is in blue or black ink and maintained in

a current, detailed, organized and comprehensive manner.

- All modifications are done uniformly. Any error must be lined through so that it can still be read, then dated, and initialed by the person.
- Presenting problems, relevant psychological and social conditions affecting the covered person's medical and psychiatric status and the results of a mental status exam are documented and the source of such information is listed.
- Include in a prominent place in the covered person's record a Declaration of Mental Health Treatment for each covered person who has executed one. More information on and copies of the Declaration of Mental Health Treatment form is on tn.gov/
   behavioral-health/for-providers.html > Legal Forms > Mental Health & Substance Abuse Law
   > Declaration for Mental Health Treatment. This form is also on UHCprovider.com/tncommunityplan
   > Behavioral Health.
- Special status situations such as imminent risk of harm, suicidal ideation or elopement potential – are prominently noted, documented and revised as appropriate. Also document the absence of such conditions.
- Each record indicates informed consent for medication and the covered person's understanding of the treatment plan are documented.
- A medical and psychiatric history is documented, including previous treatment dates, care provider identification, therapeutic interventions and responses, sources of clinical data and relevant family information.
- For children and adolescents, past medical and psychiatric history includes prenatal and perinatal events. Also include a complete developmental history (physical, psychological, social, intellectual and academic).
- For covered persons 12 and older, documentation includes past and present use of cigarettes and alcohol, as well as illicit, prescribed and over-the-counter drugs.
- DSM diagnoses are documented and consistent with the presenting problems, history, mental status examination, and other assessment data.
- Treatment involving the care of more than one

member of a family should have separate treatment records for each identified and diagnosed covered person.

• Billing records should reflect each member treated and the modality of care.

## DOCUMENTING CONTINUITY OF CARE FOR BEHAVIORAL HEALTH

Include continuity and coordination of care activities between the PCP, consultants, other behavioral health and medical providers and health care institutions in the member's record. At a minimum, include the following documentation:

- A member's refusal to let you communicate with their other care providers
- Referrals to other providers, services, community resources and/or wellness and prevention programs
- All correspondence regarding the member's treatment, signed and dated
- Strengths and limitations in achieving treatment plan goals and treatment interventions consistent with those goals. Include dates for follow-up or complete termination summaries.
- A brief discharge summary within 15 calendar days following discharge from services or death
- Discharge summaries for psychiatric hospital or residential treatment facility admissions that occur while the member is receiving behavioral health services

## Medical Records Standards for TennCare Kids (EPSDT) Examinations

An EPSDT visit includes seven components. All seven components are required at each age visit, and you must document them. If a member refuses a TennCare Kids (EPSDT) exam or treatment or any portion of the exam or treatment, document that refusal in the medical record.

To assist with your TennCare Kids chart documentation, the Tennessee Chapter of the American Academy of Pediatrics has developed age-specific screening review forms. You can find these recommended forms at <u>tnaap</u>. <u>org</u>. The TennCare Kids medical records standards and requirements follow the Bright Futures Periodicity Schedule. Include the following:

- 1. History/Developmental and Behavioral Assessment
  - Past medical/social history (documented at least once)
  - Family history (documented at least once)
  - Initial history
  - Interval history
  - Current problems identified
  - Allergies identified or NKA noted
  - Developmental /behavioral assessment (age appropriate)
  - Comprehensive developmental/behavioral screening
  - Nutritional assessment (recommended)

#### 2. Comprehensive Unclothed/Suitably Draped Physical Exam

- Documentation must state "unclothed or suitably draped exam"
- Document length, height and weight at each visit
- BMI: perform beginning at age 2 and every year through 20 years.
- Patients, ages 2 through 17 years, must have documentation of BMI percentile measurement or a BMI percentile measurement plotted on an age growth chart and counseling for nutrition and physical activity.
- Patients ages 18 years and older must have BMI measurement value documentation.
- Blood pressure: document at each visit starting at age 3. Perform a risk assessment from birth through 30 months with follow up action if warranted.
- Head circumference: document at each visit through the age 2.

#### 3. Vision Screening

Conduct age-appropriate vision screenings based on the periodicity schedule. Perform a risk assessment through 30 months old. Beginning at age 3, use a standard testing method. After age 3, perform screenings and risk assessments according to age and the Bright Futures Periodicity Schedule.

#### 4. Hearing Screening

Perform a hearing screening at birth, then risk assessments and additional screenings according to age and the Bright Futures Periodicity Schedule. Refer the child to an audiologist as needed.

#### 5. Laboratory Testing and Screenings

Document the results of all laboratory tests in the medical record. This includes:

- Newborn metabolic blood screening (zero-two months)
- Critical congenital heart defect screening
- Hematocrit and hemoglobin
- Lead risk assessment
- Tuberculosis testing
- Dyslipidemia risk assessment
- STI/HIV screening

#### 6. Immunizations

Administer immunizations during checkup visit or at any other contact with the child. Review the record to determine if any immunizations were due on the date of service and if immunizations are up to date. Obtain documentation of prior vaccinations administered elsewhere. Document any parent/ guardian/patient's refusal to vaccinate.

 Health Education/Anticipatory Guidance At each visit, document age-appropriate health education and topics discussed or written. Include anticipatory guidance. We review medical records at least yearly for compliance with TennCare Kids standards.

## Pediatric Health Care Recommendations

Bright Futures and American Academy of Pediatrics recommendations for Preventative Pediatric Health Care are on <u>aap.org</u>.

#### **CONTINUITY OF CARE**

• Appropriate documentation of referrals and followups: Document all referrals to specialists and any follow-ups you carried out. Document referrals

to WIC, Head Start, or other private and public resources.

• Dental referral (age 3 years or older): Document dental inspections, referrals and education. We recommend a direct dental risk assessment and referral for every child based on the periodicity schedule. Care provider referrals are recommended based on risk assessment. If medically necessary, a child may be referred at any age. At the visits for ages 3 and 6 years, determine whether the patient has a dental care provider.

## Chapter 12: Quality Management (QM) Program and Compliance Information

## What is the Quality Improvement Program?

UnitedHealthcare Community Plan's comprehensive Quality Improvement program falls under the leadership of the CEO and the chief medical officer. A copy of our Quality Improvement program is available upon request.

The program consists of:

- · Identifying the scope of care and services given
- Developing clinical guidelines and service standards
- Monitoring and assessing the quality and appropriateness of services given to our covered persons based on the guidelines
- Promoting wellness and preventive health, as well as chronic condition self-management
- Maintaining a network of providers that meets adequacy standards
- Striving for improvement of individual health care and services
- · Monitoring and enhance patient safety
- Tracking covered person and provider satisfaction and take actions as appropriate

As a participating care provider, you may offer input through representation on our Quality Improvement Committees and your provider services representative/ provider advocate.

## COOPERATION WITH QUALITY-IMPROVEMENT ACTIVITIES

You must comply with all quality-improvement activities. These include:

- Providing requested timely medical records.
- Cooperating with quality-of-care investigations. For example, responding to questions and/or completing quality-improvement action plans.
- Participating in quality audits, such as site visits and medical record standards reviews, and taking part in the annual Healthcare Effectiveness Data and Information Set (HEDIS<sup>®</sup>) record review.
- Providing requested medical records at no cost (or as indicated in your Agreement with us). You may provide records during site visits or by email, secure email or secure fax.
- Participating in practitioner appointment access and availability surveys.

We require your cooperation and compliance to:

- Allow the plan to use your performance data.
- Offer Medicaid members the same number of office hours as commercial covered persons (or don't restrict office hours you offer Medicaid members.)

## **Care Provider Satisfaction**

Every year, UnitedHealthcare Community Plan conducts care provider satisfaction assessments as part of our quality improvement efforts. We assess and promote your satisfaction through:

- Annual care provider satisfaction surveys.
- Regular visits.
- Town hall meetings.

Our main concern with the survey is objectivity. That's why UnitedHealthcare Community Plan engages independent market research firm Center for the Study of Services (CSS) to analyze and report findings.

Survey results are reported to our Quality Management Committee. It compares the results year over year as well as to other UnitedHealthcare Community Plan plans across the country. The survey results include key strengths and improvement areas. Additionally, we carry out improvement plans as needed.

## **Credentialing Standards**

UnitedHealthcare Community Plan credentials and re-credentials you according to applicable Tennessee statutes and the National Committee of Quality Assurance (NCQA). The following items are required to begin the credentialing process:

- A completed credentialing application, including Attestation Statement
- Current medical license
- Current Drug Enforcement Administration (DEA) certificate
- · Current professional liability insurance

We verify information from primary sources regarding licensure, education and training. We also verify board certification and malpractice claims history.

## Credentialing and Recredentialing Process

UnitedHealthcare Community Plan's credentialing and recredentialing process determines whether you are a good fit for the UnitedHealthcare Community Plan care provider network. You must go through the credentialing and recredentialing process before you may treat covered persons.

## CARE PROVIDERS SUBJECT TO CREDENTIALING AND RECREDENTIALING

UnitedHealthcare Community Plan evaluates the following practitioners:

- MDs (Doctors of Medicine)
- DOs (Doctors of Osteopathy)
- DDSs (Doctors of Dental Surgery)
- DMDs (Doctors of Dental Medicine)
- DPMs (Doctors of Podiatric Surgery)
- DCs (Doctors of Chiropractic)
- CNMs (Certified Nurse Midwives)
- CRNPs (Certified Nurse Practitioners)
- Behavioral Health Clinicians (Psychologists, Clinical Social Workers, Masters Prepared Therapists)

Excluded from this process are practitioners who:

- · Practice only in an inpatient setting,
- · Hospitalists employed only by the facility; and/or
- Nurse practitioners and physician assistants who practice under a credentialed UnitedHealthcare Community Plan care provider.

UnitedHealthcare Community Plan does not make credentialing and recredentialing decisions based on race, ethnic/national identity, gender, age, sexual orientation or the type of procedure or patient in which the practitioner specializes.

The National Credentialing Center (NCC) completes these reviews. Find applications on the Council for Affordable Quality Healthcare (CAQH) website.



#### First-time applicants must call the <u>National</u> <u>Credentialing Center (VETTS line)</u> to get a CAQH number and complete the application online.



For chiropractic credentialing, call **800-873-4575** or go to <u>myoptumhealthphysicalhealth.</u> <u>com</u>.

Submit the following supporting documents to CAQH after completing the application:

- Curriculum vitae
- Medical license
- DEA certificate
- Malpractice insurance coverage
- · IRS W-9 Form

#### **ADVANCE DIRECTIVES**

As part of re-credentialing, we may audit records of primary care providers, hospitals, home health agencies, personal care providers and hospices. This process helps us determine whether you are following policies and procedures related to advance directives. These policies include:

- Respecting covered persons' advance directives, and placing them prominently in medical records.
- Adhering to charting standards that reflect the individual's advance directives.

### **Peer Review**

#### **CREDENTIALING PROCESS**

A peer review committee reviews all credentialing applications and makes a final decision. The decisions may not be appealed if they relate to mandatory criteria at the time of credentialing. We will notify you of the decision in writing within 60 calendar days of the review.

#### **RECREDENTIALING PROCESS**

UnitedHealthcare Community Plan recredentials practitioners every three years. This process helps assure you update time-limited documentation and identify legal and health status changes. We also verify that you follow UnitedHealthcare Community Plan's guidelines, processes and care provider performance standards. You are notified before your next credentialing cycle to complete your application on the CAQH website. Not responding to our request for recredentialing information results in administrative termination of privileges as a UnitedHealthcare Community Plan care provider. You have three chances to answer the request before your participation privileges are terminated.

#### **PERFORMANCE REVIEW**

As part of the recredentialing process, UnitedHealthcare Community Plan looks in its Quality Management database for information about your performance. This includes individual complaints and quality of care issues.

#### **APPLICANT RIGHTS AND NOTIFICATION**

You have the right to review information you submitted to support your credentialing/recredentialing application. This excludes personal or professional references or peer review protected information. You have the right to correct erroneous information you find. You may call the NCC to correct your information at any time. If the NCC finds erroneous information, a representative will contact you by fax or in writing. You must submit corrections within 30 days of notification by phone, fax or in writing to the number or address the NCC representative provided. You also have the right to receive the status of your credentialing or recredentialing application by calling the NCC (VETTS) number listed in How to Contact Us.

#### CONFIDENTIALITY

All credentialing information collected during the review process is kept confidential. It is only shared with your approval or as required by law with those involved in the credentialing process.

### **Resolving Disputes**

#### **CONTRACT CONCERNS**

If you have a concern about your Agreement with us, send a letter to:

UnitedHealthcare Community Plan Central Escalation Unit P.O. Box 5032 Kingston, NY, 12402-5032

A representative will work to resolve the issue with you. If you disagree with the outcome of this discussion, please follow the dispute resolution provisions of your Provider Agreement.

If your concern is about a UnitedHealthcare Community Plan procedure, such as the credentialing or Care Coordination process, we will resolve it by following the procedures in that plan. If you are still dissatisfied, please follow the dispute resolution provisions in your Provider Agreement.

If we have a concern about our Agreement with you, we will send you a letter. If the issue can't be resolved this way, please follow the dispute resolution provisions in your Provider Agreement.

If a covered person has authorized you in writing to appeal a clinical or coverage determination on their behalf, that appeal follows the appeals process as shown in the Member Handbook and this manual.

## **Delegation Oversight Process**

We may delegate certain functions of quality improvement, utilization management, credentialing, individual rights, and medical records to other entities

The ultimate authority and responsibility for those activities, however, remains with us. We perform continuous oversight of these functions and audit each one annually.

If we discover deficiencies, we request a corrective action plan (CAP). The CAP terms are agreed to by all parties. We monitor corrections. We can reclaim responsibility for a delegated function if deficiencies are not corrected.

Audit results are sent to the Credentialing Committee for Credentialing and the Corporate QI Committee for delegation approval.

## HIPAA Compliance – Your Responsibilities

## HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 aims to improve the efficiency and effectiveness of the United States health care system. While the Act's core goals were to maintain insurance coverage for workers and fight health care fraud and abuse, its Administrative Simplification provisions have had the greatest impact on how the health care industry works. UnitedHealthcare Community Plan is a "covered entity" under these regulations. So are all health care providers who conduct business electronically.

#### TRANSACTIONS AND CODE SETS

If you conduct business electronically, submit claims using the standard formats adopted under HIPAA. Otherwise, submit claims using a Clearinghouse.

#### **UNIQUE IDENTIFIER**

HIPAA also requires unique identifiers for employers, health care providers, health plans and individuals for use in standard transactions.

#### NATIONAL PROVIDER IDENTIFIER

The NPI is your standard unique identifier. It is a 10-digit number with no embedded intelligence that covered entities must accept and use in standard transactions. While HIPAA only requires you to use the NPI in electronic transactions, many state agencies require it on fee-for-service claims and on encounter submissions. For this reason, UnitedHealthcare Community Plan requires the NPI on paper transactions.

The NPI number is issued by the National Plan and Provider Enumeration System (NPPES). Share it with all affected trading partners, such as care providers to whom you refer patients, billing companies and UnitedHealthcare Community Plan.

#### **TENNESSEE MEDICAID ID NUMBER**

TennCare requires all providers to be registered with them prior to payment release. If you do not already have a Tennessee Medicaid number, please register through TennCare's process at <u>tn.gov/tenncare/providers</u>.

## PRIVACY OF INDIVIDUALLY IDENTIFIABLE HEALTH INFORMATION

The privacy regulations limit how health plans, pharmacies, hospitals and other covered entities can use covered persons' medical information. The regulations protect medical records and other identifiable health information. This includes electronic, paper or spoken data.

They enhance consumers' rights by giving them access to their health information and controlling its inappropriate use. They also improve health care delivery by extending the privacy efforts of states and health systems to a national level.

#### SECURITY

Covered entities must meet basic security measures:

- Help ensure the confidentiality, integrity and availability of all electronic protected health information (PHI) the covered entity creates,
- Protect against any reasonably anticipated threats, uses or disclosures of information not permitted or required under the Privacy Regulations, and
- Help ensure compliance with the security regulations by the covered entity's staff.

UnitedHealthcare Community Plan expects you to comply with all HIPAA regulations.



Find additional information on HIPAA regulations at <u>cms.hhs.gov</u>.

## Background Check Requirements

Perform background checks on employees as required by the state licensing agency. This includes criminal background checks or a background check from a licensed private investigation company. Verify the employee's name does not appear on the state abuse registry or on the state and national sexual offender registries.

Complete background checks on any person who will have direct contact with those receiving services from a CHOICES health plan. Complete all background checks prior to the employee's start date. Your provider advocate's on-site assessments include a full review of background checks for employees hired on or after Jan. 1, 2017.

## **Ethics & Integrity**

#### INTRODUCTION

UnitedHealthcare Community Plan is dedicated to conducting business honestly and ethically with you, covered persons, suppliers and government officials and agencies. Making sound decisions as we interact with you, other health care providers, regulators and others is necessary for our continued success and that of our business associates. It's also the right thing to do.

#### **COMPLIANCE PROGRAM**

As a segment of UnitedHealth Group, UnitedHealthcare Community Plan is governed by the UnitedHealth Group Ethics and Integrity program. The UnitedHealthcare Community Plan Compliance program incorporates the required seven elements of a compliance program as outlined by the U.S. Sentencing Guidelines:

• Oversight of the Ethics and Integrity program.

- Development and implementation of ethical standards and business conduct policies.
- Creating awareness of the standards and policies by educating employees.
- Assessing compliance by monitoring and auditing.
- Responding to allegations of violations.
- Enforcing policies and disciplining confirmed misconduct or serious neglect of duty.
- Reporting mechanisms for workers to alert management and/or the Ethics and Integrity program staff to violations of law, regulations, policies and procedures, or contractual obligations.

UnitedHealthcare Community Plan has compliance officers for each health plan. In addition, each health plan has a compliance committee consisting of senior managers from key organizational areas. The committee provides program direction and oversight.

#### **REPORTING AND AUDITING**

Report any unethical, unlawful or inappropriate activity by a UnitedHealthcare Community Plan employee to a UnitedHealthcare Community Plan senior manager or directly to the Compliance Office.

UnitedHealthcare Community Plan's Special Investigations Unit (SIU) is an important part of the Compliance program. The SIU focuses on prevention, detection and investigation of potentially fraudulent and abusive acts committed by care providers and covered persons. This department oversees coordination of antifraud activities.

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## To facilitate the reporting process of questionable incidents involving individuals or care providers, call our **Fraud and Abuse line**.

Please refer to the Fraud, Waste and Abuse section of this manual for additional details about the UnitedHealthcare Community Plan Fraud, Waste and Abuse program.

An important aspect of the Compliance program is assessing high-risk areas of UnitedHealthcare Community Plan operations and implementing reviews to help ensure compliance with law, regulations and policies/contracts. When informed of potentially inappropriate or fraudulent practices within the plan or by you, UnitedHealthcare Community Plan will conduct an investigation. You must cooperate with the company and government authorities. This means giving access to pertinent records (as required by your applicable Provider Agreement and this manual) as well as access to office staff. If we establish activity in violation of law or regulation, we will advise appropriate governmental authorities.

If you become the subject of a government inquiry or investigation, or a government agency requests documents relating to your operations (other than a routine request for documentation), you must provide UnitedHealthcare Community Plan with the details. You must also reveal what triggered the inquiry.

## EXTRAPOLATION AUDITS OF CORPORATE-WIDE BILLING

UnitedHealthcare Community Plan will work with the state of Tennessee to perform "individual and corporate extrapolation audits." This may affect all programs supported by dual funds (state and federal funding) as well as state-funded programs, as requested by the Tennessee Department of Health and Human Services.

#### **RECORD RETENTION, REVIEWS AND AUDITS**

You must maintain an adequate record-keeping system for recording services, charges, dates and all other commonly accepted information for services rendered to covered persons. Records must be kept for at least 10 years from the close of the Tennessee program agreement between the state and UnitedHealthcare Community Plan or another period as required by law. If records are under review, they must be retained until the audit is complete. UnitedHealthcare Community Plan and its affiliated entities (including OptumHealth) will request and obtain prior approval from you for the records under review or inspection. You agree to refund the state any overpayment disclosed by any such audit.

If any litigation, claim, negotiation, audit or other action involving the records has been started before the 10-year period ends, you agree to keep the records until one year after the resolution of all issues that come from it. The state may also perform financial, performance and other special audits on such records during business hours throughout your Provider Agreement.

To help ensure covered persons receive quality services, you must also comply with requests for on-site reviews conducted by the state. During these reviews, the state will address your capability to meet Tennessee program standards.

You must cooperate with the state or any of its authorized representatives, the THS, CMS, the Office of Inspector General, or any other agency prior-approved by the state, at any time during your Provider Agreement.

These entities may, at all reasonable times, enter your premises. You agree to allow access to and the right to audit, monitor and examine any relevant books, documents, papers and records to otherwise evaluate (including periodic information systems testing) your performance and charges.

We will perform reviews and audits without delaying your work. If you refuse to allow access, this will constitute a breach of your Provider Agreement.

#### **DELEGATING AND SUBCONTRACTING**

If you delegate or subcontract any function, the delegate or subcontractor must include all requirements of your applicable Provider Agreement and this manual.

## **Practice Management**

Practice management is a clinical team that coordinates with other departments to help you with the following key elements:

- Manage practice patterns that appear to fall outside typical patterns, and the measurement of improvement over time.
- Identify and resolve potential practice patterns that may constitute Fraud, Waste and/or Abuse (see Fraud, Waste and Abuse section).
- Evaluate compliance with Care Advocacy processes and contractual obligations.

Practice Management uses intervention strategies may include a direct conversation with the care provider, education, peer-to-peer reviews, and site and/or treatment record audits.

A Practice Management intervention may involve ongoing monitoring, CAPs, referrals to peer review, noncoverage (adverse) benefit determinations, or referral to Credentialing Committee or Program and Network Integrity (PNI).

## **Office Site Quality**

UnitedHealthcare Community Plan and affiliates monitor complaints for quality of services (QOS) concerning participating care providers and facilities. Complaints about you or your site are recorded and investigated. We conduct appropriate follow-up to assure that covered persons receive care in a safe, clean and accessible environment. For this reason, UnitedHealthcare Community Plan has set Clinical Site Standards for all primary care provider office sites to help ensure facility quality.

UnitedHealthcare Community Plan requires you and your facilities meet the following site standards:

- Clean and orderly overall appearance.
- Available handicapped parking.
- Handicapped accessible facility.
- Available adequate waiting room space
- Adequate exam rooms for providing covered person care.
- Privacy in exam rooms.
- Clearly marked exits.
- Accessible fire extinguishers.
- Post file inspection record in the last year.

#### **CRITERIA FOR SITE VISITS**

The following table outlines the criteria used to require a site visit. When the threshold is met, we conduct a site visit according to UnitedHealthcare Community Plan policy.

QOS Issue	Criteria	Threshold
Issue may pose a substantive threat to patient's safety	Access to facility in poor repair to pose a potential risk to patients	One complaint
	Needles and other sharps exposed and accessible to patients	
	Drug stocks accessible to patients	
	Other issues determines to pose a risk to patient safety	
Issues with physical appearance, physical accessibility and adequacy of waiting and examination room space	Access to facility in poor repair to pose a potential risk to patients	Two complaints in six months
	Needles and other sharps exposed and accessible to patients	
	Drug stocks accessible to patients	
	Other issues determines to pose a risk to patient safety	
Other	All other complaints concerning the office facilities	Three complaints in six months

# Chapter 13: Billing and Submission

## **Our Claims Process**

For claims, billing and payment questions, go to **<u>UHCprovider.com</u>**.

UnitedHealthcare Community Plan follows the same claims process as UnitedHealthcare.



For a complete description of the process, go to <u>UHCprovider.com/guides</u> > View online version > Chapter 9 Our Claims Process.

## **National Provider Identifier**

HIPAA requires you have a unique NPI. The NPI identifies you in all standard transactions.



If you have not applied for a NPI, contact <u>National</u> <u>Plan and Provider Enumeration System</u> (<u>NPPES</u>). Once you have an identifier, report it to UnitedHealthcare Community Plan. Or call **Provider Services**.

Your clean claims must include your NPI and Federal Tax Identification Number. Also include the Unique Care Provider Identification Number (UPIN) laboratory claims.

## Tennessee Medicaid ID Number

TennCare requires all providers to be registered with them prior to payment release. If you do not already have a Tennessee Medicaid number, please register through TennCare's process at <u>tn.gov/tenncare/providers</u>.

## **General Billing Guidelines**

We only consider reimbursing claims if you met billing and coverage requirements. Submitting a referral does not guarantee we will pay you. Payment depends on the covered person's coverage on the dates of service, medical necessity, plan rules about limitations and exclusions, and UnitedHealthcare Community Plan policies. We don't reimburse excessive, inappropriate or non-covered charges. To comply with applicable standards, policies and law, we may adjust previous payments for services and audit claims. We may seek reimbursement for overpayments or offset future payments as allowed by law.

## **Fee Schedule**

Reimbursements also depend on the fee schedule and the procedure performed. Refer to your bulletins for correct coding.

## **Modifier Codes**

Use the appropriate **modifier codes** on your claim form. The modifier must be used based on the date of service.

## **Individual ID Card for Billing**

The individual's ID card has both the person's ID and the state Document Control Number (DCN). UnitedHealthcare Community Plan prefers you bill with this ID.

### **Acceptable Claim Forms**

UnitedHealthcare Community Plan only processes claims submitted on 1500 and UB-04 claim forms.

Use the 02/12 1500 form for ancillary services, ambulatory surgery centers, urgent care centers and hospital services.

Use the UB-04 form for hospital inpatient and outpatient services, dialysis services, skilled nursing homes inpatient services, long-term care facilities, hospice services and other care providers.

### **Clean Claims and Submission Requirements**

Complete a CMS 1500 or UB-04 form whether you submit an electronic or a paper claim. Clean claims have:

- A health service provided by an eligible health care provider to a covered person.
- All the required documentation, including correct diagnosis and procedure codes.
- The correct amount claimed.

Submit claims for all services by 120 days from the date of service. Otherwise, we deny the claim for timely filing.

We may require additional information for some services, situations or state requirements.

Submit any services completed by nurse practitioners or physician assistants who are part of a collaborative agreement.

### **Care Provider Coding**

UnitedHealthcare Community Plan complies with Early and Periodic Screening, Diagnostic and Treatment (EPSDT) state standards based on claims data and chart review. Use the UnitedHealthcare ICD-10-CM Code Lookup Tool to find an ICD-9 or ICD-10 code.

### **Electronic Claims Submission and Billing**

You may submit claims by electronic data interchange (EDI). EDI offers less paperwork, reduced postage, less time spent handling claims and faster turnaround.

- OptumInsight can provide you with clearinghouse connectivity or your software vendor can connect through an entity that uses OptumInsight.
- All claims are set up as "commercial" through the clearinghouse.
- Our payer ID is 95378.
- Clearinghouse Acknowledgment Reports and Payer-Specific Acknowledgment Reports identify claims that don't successfully transmit.
- We follow CMS National Uniform Claim Committee (NUCC) and National Uniform Billing Committee (NUBC) guidelines for HCFA 1500 and UB-04 forms.

If you treat another diagnosis, use that ICD CM code as well.

For more information, contact <u>EDI Claims</u>. You can also see <u>enshealth.com</u> or contact <u>Provider Services</u>.

### **EDI Companion Documents**

UnitedHealthcare Community Plan's companion documents are intended to share information within Implementation Guides (IG) adopted by HIPAA. The companion documents identify the data content requested when it is electronically transmitted. UnitedHealthcare Community Plan uses companion documents to:

- Clarify data content that meets the needs of the health plan's business purposes when the IG allows multiple choices.
- Provide values the health plan will return in outbound transactions.
- Outline which situational elements the health plan requires.

The companion document provides general information and specific details pertinent to each transaction. These documents should be shared with your software vendor for any programming and field requirements. The companion documents are located on UHCprovider.com/edi > Go to companion guides

### Importance and Usage of EDI Acknowledgment/Status Reports

Software vendor reports only show the claim left your office and was either accepted or rejected. They don't confirm the claim status. Acknowledgment reports confirm the information you sent has been received. Review your reports, clearinghouse acknowledgment reports and the status reports to reduce processing delays and timely filing penalties.

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To get your reports, make sure your software vendor has connected to our clearinghouse OptumInsight at <u>enshealth.com</u>.

If you are not yet an OptumInsight client, we will tell you how to receive Clearinghouse Acknowledgment Reports.

### e-Business Support

UnitedHealthcare Community Plan offices are open 8 a.m. - 6 p.m. (Eastern Time), Monday through Friday. They can help you with Electronic Remittance Advices (ERAs) and Electronic Funds Transfers (EFTs). To use ERAs, you must enroll through a clearinghouse or entity that uses OptumInsight.

Support is also available for <u>EDI Claims</u> and <u>EDI Log-on</u> <u>Issues</u>.

Find more information at <u>UHCprovider.com</u>. Click Menu, then Resource Library to find Electronic Data Interchange menu.

### **IMPORTANT EDI PAYER INFORMATION**

- Claim Payer ID: 95378
- ERA Payer ID: UFNEP

### Completing the CMS 1500 Claim Form



Companion documents for 837 transactions are on <u>UHCprovider.com</u>, Click Menu, then Resource Library to find the EDI section.

Visit the **National Uniform Claim Committee** website to learn how to complete the CMS 1500 form.

### **Completing the UB-04 Form**

Bill all hospital inpatient, outpatient and emergency room services using revenue codes and the UB-04 claim form:

- Include ICD CM diagnosis codes.
- Identify other services by the CPT/HCPCS and modifiers.

### **Capitated Services**

### **CAPITATED CARE PROVIDERS**

Capitation is a payment arrangement for health care providers. If you have a capitation agreement with us, we pay you a set amount for each covered person assigned to you per period of time. We pay you whether or not that person seeks care. In most instances, the capitated care provider is either a medical group or an Independent Practice Association (IPA). In a few instances, however, the capitated care provider may be an ancillary provider or hospital.

We use the term "medical group/IPA" interchangeably with the term "capitated care providers." Capitation payment arrangements apply to participating physicians, health care providers, facilities and ancillary care providers who are capitated for certain UnitedHealthcare Community Plan products. This applies to all benefit plans for covered persons:

- Who have been assigned to or who have chosen a care provider who receives a capitation payment from UnitedHealthcare Community Plan for such covered person, and
- 2. Who are covered under an applicable benefit plan insured by or receiving administrative services from UnitedHealthcare Community Plan.

Additionally, capitated care providers may be subject to any or all delegated activities. Capitated care providers should refer to their Delegation Grids within their participation agreements to determine which delegated activities the capitated providers are performing on behalf of UnitedHealthcare Community Plan.

For capitated services, include all services related to an inpatient stay on the UB-04 when a covered person is admitted to the hospital they received emergency room treatment, observation or other outpatient hospital services.

We deny claims submitted with service dates that don't match the itemization and medical records. This is a billing error denial.

### **Form Reminders**

- Note the Attending Provider Name and identifiers for the covered person's medical care and treatment on institutional claims for services other than nonscheduled transportation claims.
- Send the Referring Provider NPI and name on outpatient claims when this care provider is not the Attending Provider.
- Include the attending provider's NPI in the Attending Provider Name and Identifiers Fields (UB-04 FL76 or electronic equivalent) of your claims.
- Behavioral health care providers can bill using multiple site-specific NPIs.

### Subrogation and Coordination of Benefit

Our benefits contracts are subject to subrogation and coordination of benefits (COB) rules:

- **Subrogation:** We may recover benefits paid for a covered person's treatment when a third party causes the injury or illness.
- **COB:** We coordinate benefits based on the covered person's benefit contract and applicable regulations.

UnitedHealthcare Community Plan is the payer of last resort. Other coverage should be billed as the primary carrier. When billing UnitedHealthcare Community Plan, submit the primary payer's Explanation of Benefits (EOB) or remittance advice with the claim.

### Reclamation

Reclamation refers to situations where UnitedHealthcare Community Plan or TennCare has recovered a payment that was made on a claim that should first have been submitted to a person's third-party insurance.

In some cases, care providers who seek payment from third-party insurance after reclamation has taken place have their claims denied as being duplicate claims These care providers may be eligible for a refund from UnitedHealthcare Community Plan or TennCare.

- If TennCare recovered the payment, complete the Medicaid Reclamation Claim Provider Refund Request form at tn.gov/tenncare > Providers > <u>Miscellaneous Forms</u>.
- If UnitedHealthcare Community Plan recovered the payment, you may request to start an inquiry to research the issue. Call **800-727-6735** or fax the information to **248-733-6019**. Include the following:
  - Your contact information, including address, phone, and fax numbers
  - Name of other carrier
- EOB from other carrier
- Date check issued by other carrier.
- Dollar amount of check submitted by other carrier.

### Hospital and Clinic Method of Billing Professional Services

Hospital and clinics must bill for professional services bill on a CMS 1500. The servicing provider's name is placed in box 31, and the servicing provider's group NPI number is placed in box 33a.

### **Correct Coding Initiative**

UnitedHealthcare Community Plan performs coding edit procedures based on the Correct Coding Initiative (CCI) and other nationally recognized sources.

### **COMPREHENSIVE AND COMPONENT CODES**

Comprehensive and component code combination edits apply when a code pair appears to be related. These edits can be further broken down to explain the bundling rationale. Some of the most common causes for denials in this category are:

- Separate procedures: Only report these codes when performed independently:
- **Most extensive procedures:** You can perform some procedures with different complexities. Only report the most extensive service.
- With/without services: Don't report combinations where one code includes and the other excludes certain services.
- **Medical practice standards:** Services part of a larger procedure are bundled.
- Laboratory panels: Don't report individual components of panels or multichannel tests separately.

### Clinical Laboratory Improvements Amendments

Submit your laboratory claims with the Clinical Laboratory Improvements Amendments (CLIA) number. In box 23 of the CMS 1500 claim form, enter the 10-digit CLIA certification number for laboratory services billed by an entity performing CLIA-covered procedures.

If you bill electronically, report the CLIA number in Loop 2300 or 2400, REF/X4,02. For more information about the CLIA number, contact the CMS CLIA Central Office at 410-786-3531 or go to the <u>cms.gov</u>.

### **Billing Multiple Units**

When billing multiple units:

- If the same procedure is repeated on the same date of service, enter the procedure code once with the appropriate number of units.
- The total bill charge is the unit charge multiplied by the number of units.

### **Billing Guidelines for Obstetrical Services**

Follow this reporting procedure when submitting obstetrical delivery claims. Otherwise, we will deny the claim:

- If billing for both delivery and prenatal care, use the date of delivery.
- Use one unit with the appropriate charge in the charge column.

### Ambulance Claims (Emergency)

Ambulance claims must include the point of origin, destination address, city, state, and ZIP.

### **National Drug Code**

Claims must include:

- National Drug Code (NDC) and unit of measurement for the drug billed.
- HCPCS/CPT code and units of service for the drug billed.
- Actual metric decimal quantity administered.

Submit the NDC on all claims with procedure codes for care provider-administered drugs in outpatient clinical settings. The claims must show the NDC that appears on the product. Enter the identifier N4, the 11–digit NDC code, unit/basis of measurement qualified, and metric decimal quantity administered. Include HCPCS/CPT codes.

### **Medical Necessity**

UnitedHealthcare Community Plan only pays for medically necessary services. See Chapter 4 for more information about medical necessity.

### Place of Service Codes

Go to cms.gov for Place of Service codes.

### **Asking About a Claim**

You can ask about claims through UnitedHealthcare Community Plan Provider Service and the UnitedHealthcare Community Plan Provider Portal. To access the portal, go to <u>UHCprovider.com</u>. Follow the instructions to get a user ID. You will receive your user ID and password within 48 hours.

### **PROVIDER SERVICES**

Provider Services helps resolve claims issues. Have the following information ready before you call:

- Covered person's ID number
- · Date of service
- Procedure code
- Amount billed
- Your ID number
- Claim number

Allow Provider Services 45 days to solve your concern. Limit phone calls to five issues per call.

## UNITEDHEALTHCARE COMMUNITY PLAN PROVIDER PORTAL

You can view your online transactions with Link by signing in to Link on <u>UHCprovider.com</u> with your Optum ID. This portal offers you with online support any time. If you are not already registered, you may do so on the website.

### LINK: YOUR GATEWAY TO UNITEDHEALTHCARE COMMUNITY PLAN ONLINE PROVIDER TOOLS AND RESOURCES

Link lets you move quickly between applications. This helps you:

- · Check covered person's eligibility.
- Submit claims reconsiderations.
- Review coordination of benefits information.
- Use the integrated applications to complete multiple transactions at once.
- · Reduce phone calls, paperwork and faxes.

You can even customize the screen to put these common tasks just one click away.

Find Link training on UHCprovider.com.

### **Resolving Claim Issues**

To resolve claim issues, contact <u>Provider</u>
 <u>Services</u>, use Link or resubmit the claim by mail.

Mail paper claims and adjustment requests to:

UnitedHealthcare Community Plan P.O. Box 5240 Kingston, NY 12402-5240

Allow up to 30 days for UnitedHealthcare Community Plan to receive payment for initial claims and adjustment requests.

### FOR PAPER CLAIMS

Submit a screen shot from your accounting software that shows when you submitted the claim. The screen shot must show the correct:

- Covered person's name.
- Date of service.
- Claim date submission (within the 120-day timely filing period).

### **TIMELY FILING**

Timely filing issues may occur if covered persons give the wrong insurance information when you treat them. This results in receiving:

- A denial/rejection letter from another carrier.
- Another carrier's EOB.
- A letter from another insurance carrier or employer group saying that the individual either has no coverage or had their coverage terminated before the date of service.

All the above must include documentation the claim is for the correct covered person and date of service. A submission report alone is not considered proof of timely filing for electronic claims. They must be accompanied by an acceptance report.

The date on the other carrier's payment correspondence starts the timely filing period for submission to UnitedHealthcare Community Plan.

To be timely, we must receive the claim within 120 days from the date on the other carrier's correspondence. If we receive the claim after the timely filing period, it will not meet the criteria. If a claim is rejected, and corrections are not received within 90 days from date of service or close of business from the primary carrier, the claim is considered late billed. It will be denied timely filing.

TennCare claims for services must be submitted by 120 days from the date of service or the claim will be denied for timely filing.

If a member is retroactively enrolled, the 120 days befins at the time TennCare notifies us of a persone's eligibility.

If we receive a claim and requires additional information to be processed, the claim will be denied with a request for additional information. You must refile the claim within 120 days from the date of service or 120 days of our denial, whichever is later.

Should a covered person have primary coverage, the 120 day period begins on the date shown on the primary carrier's EOB.

If a claim is denied for timely filing, the following are acceptable forms of documentation for payment reconsideration:

- EOB or similar document from primary health payer dated within 120 days of claim submission to us.
- Confirmation of denial from primary payer within 120 days of claim submission to us.
- Copy of billing statement to covered person showing dates of bills or provision of person's health plan insurance information so that payment can be coordinated.
- Electronic report stating we accepted the claim. Computer-generated activity report will show the date an electronic claim was originally submitted to us. An acceptable report must contain: cover person's name or identification number, date of service, indication that original claim was submitted electronically).

### **Balance Billing**

Do not balance bill covered persons if:

- The charge amount and the UnitedHealthcare Community Plan fee schedule differ.
- You deny a claim for late submission, unauthorized service or as not medically necessary.

UnitedHealthcare Community Plan is reviewing a claim

You may balance bill the person for non-covered services if the person provides written consent prior to getting the service. You can review other circumstances that let you bill a person at tn.gov/tenncare > Providers > TennCare Rules > <u>1200-13-14-.08</u>. If you have questions, please contact your provider advocate.

If you don't know who your provider advocate is, email <u>uhc tn outreach@uhc.com</u>. A provider advocate will get back to you.

### Non-Standard Billing for Observation Services

The most common example of a non-standard billing requirement is billing for observation services when the admitting physician wrote an inpatient admission order. In this case, to receive payment for observation services, the facility provider must bill us as follows:

- Change the Type of Bill from inpatient to outpatient (13x).
- Convert the Room and Board revenue code to Observation (76x).
- Bill corrected claims for observation charges, when inpatient services are denied, within 120 days of receiving the decision to uphold a denial of inpatient services. Include a copy of the letter of denial for inpatient services.

In this example, make no changes to your medical records. Report the days as inpatient on census reports and reflect charges under the Room & Board revenue codes on your financial system. This will keep you in compliance with Medicare reporting but will allow payment under the terms of your contract with us. Payment at the approved observation level will not be recouped. Inpatient stays for observation may be subject to retroactive audit. If the inpatient level of care was denied due to lack of medical necessity, but the observation level of care was appropriate, we will not recoup the allowed observation contractual reimbursement.

### **Third-Party Resources**

UnitedHealthcare Community Plan is, by law, the payer of last resort for eligible covered persons. Therefore, you must bill and obtain an EOB from any other insurance or health care coverage resource before billing UnitedHealthcare Community Plan, as required by contract. Refer to your Agreement for third-party claim submission deadlines. Once you bill the other carrier and receive an EOB, the claim may then be submitted to UnitedHealthcare Community Plan. Please attach a copy of the EOB to the submitted claim. The EOB must be complete to understand the paid amount or denial reason.

# Chapter 14: Claim Reconsiderations, Appeals and Grievances

There are a number of ways to work with us to resolve claims issues or disputes. We base these processes on state and federal regulatory requirements and your provider contract.



For claims, billing and payment questions, go to UHCprovider.com.

The following grid lists the types of disputes and processes that apply:

APPEALS AND GRIEVANCES STANDARD DEFINITIONS AND PROCESS REQUIREMENTS								
Situation	Definition	Who May Submit?	Submission Address	Online Form For Fax Or Mail	Care Provider Contact Information	Care Provider Website For Online Submissions	Care Provider Filing Timeframe	UnitedHealthcare Community Plan Response Timeframe
Care Provider Claim Resubmission	Creating a new claim. If a claim was denied and you resubmit the claim (as if it were a new claim), then you will normally receive a duplicate claim rejection on your resubmission.	Care provider	UnitedHealthcare Community Plan P.O. Box 5280 Kingston, NY 12402-5240	UHC provider. com/ claims	800-690-1606	Use the Claims Management or ClaimsLink application on Link. To access Link, go to UHCprovider. com/link.	We must receive within 60 business days	30 business days
Care Provider Claim Reconsideration step 1 of claim payment dispute)	Overpayment, underpayment, payment denial, or an original or corrected claim determination you do not agree with.	Care provider	UnitedHealthcare Community Plan P.O. Box 5280 Kingston, NY 12402-5240	UHC provider. com/ claims	800-690-1606	Use the Claims Management or ClaimsLink application on Link. To access Link, go to UHCprovider. com/link.	Care providers have 365 days to submit reconsideration or appeal from the initial denial	30 business days

APPEALS AND GRIEVANCES STANDARD DEFINITIONS AND PROCESS REQUIREMENTS
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Situation	Definition	Who May Submit?	Submission Address	Online Form For Fax Or Mail	Care Provider Contact Information	Care Provider Website For Online Submissions	Care Provider Filing Timeframe	UnitedHealthcare Community Plan Response Timeframe
Care Provider Claim Formal Appeal (step 2 of claim payment dispute)	A second review in which you did not agree with the outcome of the reconsideration.	Care provider	UnitedHealthcare Community Plan Attn: Provider Disputes P.O. Box 5220 Kingston, NY 12402-5220	UHC provider. com/ claims	800-690-1606 Fax: 802-994-1082	Use the Claims Management or ClaimsLink application on Link. To access Link, go to UHCprovider. com/link.	You have 365 days to submit reconsideration or appeal from the initial denial	60 business days
Care Provider Grievance	A complaint expressing dissatisfaction with operations, activities, or behavior of a health plan or covered person.	Care provider	UnitedHealthcare Community Plan P.O. Box 5220 Kingston, NY 12402-5220	UHC provider. com/ claims	800-690-1606	Use the Claims Management or ClaimsLink application on Link. To access Link, go to UHCprovider. com/link.	120 business days	30 business days
Individual Appeal	A request to change an adverse benefit determination that we made.	<ul> <li>Individual</li> <li>Individual's authorized representative (such as friend or family member) with written consent</li> <li>Care provider on behalf of an individual with their written consent</li> </ul>	TennCare Solutions P.O. Box 593 Nashville, TN 37202-0593	tn.gov/ tenncare	800-878-3192 Fax: 888-345-5575	N/A	60 calendar days from the date of the Notice of Adverse Action letter to file an appeal	Urgent: 72 hours (unless TennCare grants an extension for a total of 14 calendar days of receipt ) Standard: 14 calendar days of receipt
Individual Grievance	A covered person's written or oral expression of dissatisfaction regarding the plan and/or care provider, including quality of care concerns.	<ul> <li>Individual</li> <li>Individual's authorized representative (such as friend or family member) with written consent</li> <li>Care provider on behalf of an individual with their written consent</li> </ul>	UnitedHealthcare Community Plan P.O. Box 5220 Kingston, NY 12402-5220	N/A	800-690-1606	Use the Claims Management or ClaimsLink application on Link. To access Link, go to <u>UHCprovider.</u> <u>com/link</u> .	N/A	30 business days

These definitions and process requirements are subject to modification by state contract or regulations. States may impose more stringent requirements.

### **Denial**

Your claim may be denied for administrative or medical necessity reasons.

An **administrative denial** is when we didn't get notification before the service, or the notification came in too late.

Denial for **medical necessity** means the level of care billed wasn't approved as medically necessary.

If a claim is denied for these reasons, you may be able to request a claim reconsideration or file an appeal.

Other top reasons for denial include:

**Duplicate claim.** This is one of the most common reasons for denial. It means resubmitting the same claim information. This can reset the clock on the time it takes to pay a claim.

**Claim lacks information.** Basic information is missing, such as a person's date of birth; or information incorrect, such as spelling of a name. You can resubmit this type of claim with the correct information.

**Eligibility expired.** Most practices verify coverage beforehand to avoid issues, but sometimes that doesn't happen. One of the most common claim denials involving verification is when a patient's health insurance coverage has expired and the patient and practice were unaware. Also, in a lot of cases, practices may check eligibility when an appointment is made, but between the appointment being made and the actual visit, coverage can be dropped. We recommend an eligibility check again once the patient has arrived.

### **Claim not covered by UnitedHealthcare Community Plan.** Another claim denial you can avoid is when procedures are not covered by us. You can easily avoid this problem by using real-time verification.

**Time limit expired.** This is when you don't send the claim in time.

### **Claim Correction**

### What is it?

You may need to update information on a claim you've already submitted. A corrected claim replaces a previously processed or denied claim submitted in error.

### When to use:

Submit a corrected claim to fix one that has already processed.

### How to use:

Use the claims reconsideration application on Link. To access Link, sign in to **UHCprovider.com** using your Optum ID. You may also submit the claim by mail with a claim reconsideration request form. Allow up to 30 days to receive payment for initial claims and a response.

### Mailing address:

UnitedHealthcare Community Plan P.O. Box 5220 Kingston, NY 12402-5240

### Additional Information:

When correcting or submitting late charges on 837 institution claims, use bill type xx7: Replacement of Prior Claim. Do not submit corrected or additional information charges using bill type xx5: Late Charge Claim.

### **Resubmitting a Claim**

### What is it?

When you resubmit a claim, you create a new claim in place of a rejected one. A rejected claim has not been processed due to problems detected before processing.

### When to use it:

Resubmit the claim if it was rejected. A rejected claim is one that has not been processed due to problems detected before claim processing. Since rejected claims have not been processed yet, there is no appeal - the claim needs to be corrected through resubmission.

### **Common Reasons for Rejected Claims:**

Some common causes of claim rejections happen due to:

 Errors in covered person demographic data – name, age, date of birth, sex or address.

- Errors in care provider data.
- Wrong covered person insurance ID.
- No referring care provider ID or NPI number.

### How to use:

To resubmit the claim, follow the same submission instructions as a new claim. To mail your resubmission, provide all claim information to:

> UnitedHealthcare Community Plan P.O. Box 5220 Kingston, NY 12402-5240

**Warning!** If your claim was denied and you resubmit it, you receive a <u>duplicate claim rejection</u>. A denied claim has been through claim processing and we determined it cannot be paid. You may appeal a denied claim by submitting the corrected claim information or appealing the decision. See Claim Correction and Reconsideration sections of this chapter for more information.

## Claim Reconsideration (step one of dispute)

### What is it?

Claim issues include overpayment, underpayment, denial, or an original or corrected claim determination you do not agree with. A claim reconsideration request is the quickest way to address your concern about whether the claim was paid correctly.

### When to use:

Submit a claim reconsideration when you think a claim has not been properly processed.

For administrative denials:

 In your reconsideration request, please ask for a medical necessity review and include all relevant medical records.

For medical necessity denials:

- In your request, please include any additional clinical information that may not have been reviewed with your original claim.
- Show how specific information in the medical record supports the medical necessity of the level of care performed – for example, inpatient instead of observation.

#### How to use:

If you disagree with a claim determination, submit a claim reconsideration request electronically, by phone, mail or fax:

- **Electronically:** Use the Claim Reconsideration application on Link. Include electronic attachments. You may also check your status using Link.
- **Phone:** Call Provider Services at **800-690-1606** or use the number on the back of the covered person's ID card. The tracking number will begin with SF and be followed by 18 numbers.
- Mail: Submit the Claim Reconsideration Request Form to:

UnitedHealthcare Community Plan P.O. Box 5240 Kingston, NY 12402-5240

Available at UHCprovider.com.

• Fax: Send the Claim Reconsideration Request Form to 801-994-1224.

### Valid Proof of Timely Filing Documentation (Reconsideration)

### What is it?

Proof of timely filing occurs when the covered person gives incorrect insurance information at the time of service. It includes:

- A denial or rejection letter from another insurance carrier.
- Another insurance carrier's EOB.
- Letter from another insurance carrier or employer group indicating:
  - Coverage termination prior to the date of service of the claim
  - No coverage for the covered person on the date of service of the claim

A submission report is not proof of timely filing for electronic claims. You must also include an acceptance report. Timely filing denials are often upheld due to incomplete or wrong documentation submitted with a reconsideration request. You may also receive a timely filing denial when you do not submit a claim on time.

#### How to use:

Submit a reconsideration request electronically, phone, mail or fax with the following information:

- Electronic claims: Include the EDI acceptance report stating we received your claim.
- Mail or fax reconsiderations: Submit a screen shot from your accounting software that shows the date you submitted the claim. The screen shot must show:
  - Correct covered person name.
  - Correct date of service.
  - Claim submission date.

### Additional Information:

Timely filing limits can vary based on state requirements and contracts. If you do not know your timely filing limit, refer to your Provider Agreement.

### **Independent Review Process**

You may file a request with the Commissioner of Commerce and Insurance for an independent review when disputing claims denied by UnitedHealthcare Community Plan. You can get sample copies of the Request to Commissioner of Commerce & Insurance for Independent Review of Disputed TennCare Claim form, instructions for completing the form, and frequently asked questions developed by the Tennessee Department of Commerce and Insurance at <u>tn.gov/</u> <u>commerce</u> > OurDivisions > TennCare Oversight > MCO Dispute Resolution > <u>Independent Review Process</u>. You may also call Tennessee at **615-741-2677**.

Your rights and the rules governing this process are in the Tennessee Annotated Code (T.C.A.) 56-32-126.

### **Overpayment**

### What is it?

An overpayment happens when we overpay a claim.

### How to use:

If you or UnitedHealthcare Community Plan finds an overpaid claim, send us the overpayment within the time specified in your contract. If your payment is not received by that time, we may apply the overpayment against future claim payments based on our Agreement and applicable law.

If you prefer we recoup the funds from your next payment, call Provider Services.

If you prefer to mail a refund, send an Overpayment Return Check or the Overpayment Refund/Notification form.

Also send a letter with the check. Include the following:

- Name and contact information for the person authorized to sign checks or approve financial decisions.
- Individual identification number.
- Date of service.
- Original claim number (if known).
- Date of payment.
- Amount paid.
- Amount of overpayment.
- · Overpayment reason.
- Check number.

#### Where to send:

Mail refunds with an Overpayment Return Check or the Overpayment Refund/Notification form to:

> UnitedHealthcare Community Plan ATTN: Recovery Services P.O. Box 740804 Atlanta, GA 30374-0800

Instructions and forms are on UHCprovider.com.

If you do not agree with the overpayment findings, submit a dispute within the required timeframe as listed in your contract.

If you disagree with a claim adjustment or our decision not to make a claim adjustment, you can appeal. See Dispute section in this chapter.

We make claim adjustments without requesting additional information from you. You will see the adjustment on the EOB or Provider Remittance Advice (PRA). When additional information is needed, we will ask you to provide it.

### **Sample Overpayment Report**

*The information provided is sample data only for illustrative purposes. Please populate and return with the data relevant to your claims that have been overpaid.								
Member ID	Date of Service	Original Claim #	Date of Payment	Paid Amount	Amount of Overpayment	Reason for Overpayment		
11111	01/01/14	14A000000001	01/31/14	115.03	115.03	Double payment of claim		
2222222	02/02/14	14A000000002	03/15/14	279.34	27.19	Contract states \$50, claim paid 77.29		
3333333	03/03/14	14A00000003	04/01/14	131.41	99.81	You paid 4 units, we billed only 1		
4444444	04/04/14	14A000000004	05/02/14	412.26	412.26	Individual has other insurance		
55555555	05/05/14	14A000000005	06/15/14	332.63	332.63	Individual terminated		

### Appeals (step two of dispute)

### What is it?

An appeal is a second review of a reconsideration claim.

### When to use:

If you do not agree with the outcome of the claim reconsideration decision in step one, use the claim appeal process.

### How to use:

Submit related documents with your appeal. These may include a cover letter, medical records and additional information. Send your information electronically, by mail or fax. In your appeal, please include any supporting information not included with your request.

- Electronic claims: Use the Claims Management or ClaimsLink application on Link. You may upload attachments.
- Mail: Send the appeal to:

UnitedHealthcare Community Plan Attn: Provider Disputes P.O. Box 5220 Kingston, NY 12402-5220 • Fax: Send the appeal to 801-994-1082.

We have a one-year timely filing limitation to complete all steps in the reconsideration and appeal process. The time starts on the date of the first EOB. Time restarts if there is an adjustment to the claim.

### TIPS FOR SUCCESSFUL CLAIMS RESOLUTION

To help process claim reconsiderations:

- Do not let claim issues grow or go unresolved.
- Call <u>Provider Services</u> if you can't verify a claim is on file.
- Do not resubmit validated claims on file unless submitting a corrected claim.
- File adjustment requests and claims disputes within contractual time requirements.
- If you must exceed the maximum daily frequency for a procedure, submit the medical records justifying medical necessity. If you have questions, call
   Provider Services.
- UnitedHealthcare Community Plan is the payer of last resort. This means you must bill and get an EOB from other insurance or source of health care coverage before billing UnitedHealthcare

Community Plan.

- When submitting adjustment requests, provide the same information required for a clean claim. Explain the dispute, what should have been paid and why.
- Refer to your contract for submission deadlines concerning third-party claims. Once you have billed the other carrier and received an EOB, submit the claim to UnitedHealthcare Community Plan. Attach a copy of the EOB to the submitted claim. The EOB must be complete to understand the paid amount or the denial reason.

### **Provider Grievance**

### What is it?

Grievances are complaints related to your UnitedHealthcare Community Plan policy, procedures or payments.

### When to file:

You may file a grievance about:

- Benefits and limitations.
- Eligibility and enrollment of a covered person or care provider.
- Individual or UnitedHealthcare Community Plan issues.
- Availability of health services from UnitedHealthcare Community Plan to a covered person.
- The delivery of health services.
- The quality of service.

### How to file:

File verbally or in writing.

- Phone: Call Provider Services at 800-690-1606.
- Mail: Send care provider name, contact information and your grievance to:

**UnitedHealthcare Community Plan** Grievances and Appeals P.O. Box 5220 Kingston, NY 12402-5220

You may only file a grievance on a covered person's behalf with their written consent. See Individual Appeals and Grievances Definitions and Procedures.

### Individual Appeals and Grievances Definitions and Procedures

UnitedHealthcare Community Plan uses the CMS definitions for appeals and grievances and follows individual appeals rules as outlined by the Division of TennCare.

### INDIVIDUAL BENEFIT APPEALS

### What is it?

TennCare individuals do not have appeal rights for claims denials. They may appeal a pre-service denial for any reduction, termination, or suspension of services initiated by a care provider as directed by the Division of TennCare.

They may also appeal an adverse benefit determination when UnitedHealthcare Community Plan:

• Denies or limits authorization of a requested service. This includes determinations based on the type or level of service, requirements for medical necessity, appropriateness, setting, or effectiveness of a covered benefit.

- Reduces, suspends, or terminates of a previously authorized service.
- Fails to provide services in a timely manner, as defined by the state or CMS.
- Doesn't act within the time frame CMS or the state requires.

### When to use:

You may act on the covered person's behalf with their written consent. You may provide medical records and supporting documentation as appropriate.

### Where to send:

Call, mail or fax the information within 60 calendar days from the date on the denial letter the adverse action was issued to the person, or the date they became aware of the adverse action. Send to:

> TennCare Solutions P.O. Box 593 Nashville, TN 37202-0593

Toll-free: **800-878-3192** (TTY 866-771-7043) Fax: **888-345-5575** 

#### How to use:

Whenever we deny a service, you must provide the covered person with UnitedHealthcare Community Plan appeal rights. The individual has the right to:

- Receive a copy of the rule used to make the decision.
- Ask someone (a family member, friend, lawyer, health care provider, etc.) to help. The covered person may present evidence, and allegations of fact or law, in person and in writing.
- The covered person or representative may review the case file before and during the appeal process. The file includes medical records and any other documents.
- Send written comments or documents considered for the appeal.
- Ask for an expedited appeal if waiting for this health service could harm the person's health. You have two business days to provide certification of the appeal and evidence and allegations. The treating care provider's certification is a written confirmation from you that the expedited request is urgent. The certificate states the person's medical condition means waiting up to 90 days for a decision on an appeal could jeopardize their life, physical health, mental health. Waiting could also affect their ability to attain, regain, or maintain full function.
- Ask for continuation of services during the appeal. However, the covered person may have to pay for the health service if it is continued or if the individual should not have received the service. As the provider, you cannot ask for a continuation. Only the individual may do so.
- We have 14 calendar days to issue a response to the person and the Division of TennCare.
- We resolve an expedited appeal 72 hours from when we receive it. We may extend the response up to 14 calendar days if the following conditions apply:
  - 1. Individual requests we take longer.
  - 2. We request more information and explain how the delay is in the covered person's interest.

Find more information about TennCare individual appeals at tn.gov/tenncare > Members/Applicants > How to file a medical appeal?

If submitting the appeal by mail or fax, you must complete the Authorization of Review (AOR) form-Claim Appeal.



A copy of the form is online at **UHCprovider.com**.

### **INDIVIDUAL GRIEVANCE**

#### What is it?

Grievances are complaints related to UnitedHealthcare Community Plan policies and/or procedures. It includes a covered person's right to dispute the time UnitedHealthcare takes to make an authorization decision or dissatisfaction about anything other than a benefit determination (see Individual Appeals).

### When to use:

You may act on the individual's behalf with their written consent.

#### Where to send:

You or the covered person may call or mail the information anytime to:

### Mailing address:

UnitedHealthcare Community Plan Attn: Appeals and Grievances P.O. Box 5220 Kingston, NY 12402-5220

We will send an answer no longer than 30 working days from when you filed the complaint/grievance. The covered person may also file a grievance in writing to the state of Tennessee within 30 calendar days of receipt of the first adverse action letter.

### **State Fair Hearings**

### What is it?

A stare fair hearing lets individuals share why they think Tennessee Medicaid services should not have been denied, reduced or terminated.

#### When to use:

Individuals have 60 days from the letter date to ask for a hearing. At that point, they will be mailed a hearing form. Once they complete the form and send it back, TennCare will set a hearing date.

### How to use:

The covered person may ask for a state fair hearing by writing a letter to:

**TennCare Solutions** P.O. Box 593 Nashville, TN 37202-0593

- The covered person may ask UnitedHealthcare Community Plan Member Services for help writing the letter.
- The individual may have someone attend with them. This may be a family member, friend, care provider or lawyer. Written consent is required.
- Hearings are held on the phone. Covered individuals may go to the local Family Support Division office for the hearing or can take part from home.

### Processes Related to Reversal of Our Initial Decision

If the state fair hearing outcome is to not deny, limit, or delay services while the covered person is waiting on an appeal, then we provide the services:

- 1. As quickly as the covered person's health condition requires or
- 2. No later than 72 hours from the date UnitedHealthcare Community Plan receives the determination reversal.

If the State Fair Hearing decides UnitedHealthcare Community Plan must approve appealed services, we pay for the services as specified in the policy and/or regulation.

### Fraud, Waste and Abuse

Call the toll-free **Fraud**, **Waste and Abuse Hotline** to report questionable incidents involving covered persons or care providers.

UnitedHealthcare Community Plan's Anti-Fraud, Waste and Abuse Program focuses on prevention, detection and investigation of false and abusive acts committed by you and covered persons. The program also helps identify, investigate and recover money UnitedHealthcare Community Plan paid for such claims. We also refer suspected fraud, waste and abuse cases to law enforcement, regulatory and administrative agencies according to state and federal law. UnitedHealthcare Community Plan seeks to protect the ethical and financial integrity of the company and its employees, covered persons, care providers, government programs and the public. In addition, it aims to protect individuals' health.

UnitedHealthcare Community Plan includes applicable federal and state regulatory requirements in its Anti-Fraud, Waste and Abuse Program. We recognize state and federal health plans are vulnerable to fraud, waste and abuse. As a result, we tailor our efforts to the unique needs of its covered persons and Medicaid, Medicare and other government partners. This means we cooperate with law enforcement and regulatory agencies in the investigation or prevention of fraud, waste and abuse.

An important aspect of the Compliance Program is reviewing our operation's high- risk areas. Then we implement reviews and audits to help ensure compliance with law, regulations and contracts. You are contractually obligated to cooperate with the company and government authorities.

Find the UnitedHealth Group policy on Fraud, Waste and Abuse at <u>uhc.com/fraud</u>. You may also call **800-690-1606** (UnitedHealthcare Community Plan tipline) or **800-433-3982** (Division of TennCare & Office of Inspector General)

The Deficit Reduction Act (DRA) has provisions reforming Medicare and Medicaid and reducing fraud within the federal health care programs. Every entity that receives at least \$5 million in annual Medicaid payments must have written policies for entity employees and contractors. They must provide detailed information about false claims, false statements and whistleblower protections under applicable federal and state fraud and abuse laws. As a participating care provider with UnitedHealthcare Community Plan, you and your staff are subject to these provisions.

This policy details our commitment to compliance with the federal and state false claims acts. It provides a detailed description of these acts and of organizational mechanisms that detect and prevent fraud, waste and abuse. It also details how whistleblowing employees are protected. UnitedHealthcare Community Plan prohibits retaliation if a report is made in good faith.

### **EXCLUSION CHECKS**

First-tier, downstream and related entities (FDRs), must review federal (HHS-OIG and GSA) and state exclusion lists before hiring/contracting employees (including temporary workers and volunteers), the CEO, senior administrators or managers, and sub-delegates. Employees and/or contractors may not be excluded from participating in federal health care programs. FDRs must review the federal and state exclusion lists every month. For more information or access to the publicly accessible, excluded party online databases, please see the following links:

- Health and Human Services Office of the Inspector General OIG List of Excluded Individuals and Entities (LEIE)
- <u>General Services Administration (GSA) System</u> for Award Management > Data Access

### WHAT YOU NEED TO DO FOR EXCLUSION CHECKS

Review applicable exclusion lists and maintain a record of exclusion checks for 10 years. UnitedHealthcare Community Plan or CMS may ask for documentation to verify they were completed.

# Chapter 15: Care Provider Communications & Outreach

CONNECT WITH US ON SOCIAL MEDIA: 🗗 🔼 灯

The UnitedHealthcare Community Plan care provider education and training program is built on years of experience with you and Tennessee's managed care program. It includes the following care provider components:

- Website
- Forums/town hall meetings
- Office visit
- Newsletters and bulletins
- Manual

### **Care Provider Websites**

UnitedHealthcare Community Plan promotes the use of web-based functionality among its provider population. The **UHCprovider.com** portal facilitates care provider communications related to administrative functions. Our interactive website empowers you to electronically determine individual eligibility, submit claims, and view claim status.

We have also implemented an internet-based prior authorization system on UHCprovider.com. This site lets you request medical and advanced outpatient imaging procedures online rather than by phone. The website also has:

- · An online version of this manual
- Clinical practice guidelines (which cover diabetes, ADHD, depression, preventive care, prenatal, and other guidelines)

- Electronic data interchange
- · Quality and utilization requirements
- Educational materials such as newsletters and bulletins
- Provider service updates new tools and initiatives (UHC on Air, PreCheck MyScript, etc.)

In addition, we have created a member website that gives access to the Member Handbook, newsletters, provider search tool and other important plan information. Visit <u>UHCCommunityPlan.com</u> > select For Members.



You may also find training on various topics at <u>UHCprovider.com</u> > Menu > Resource Library. Look under More Resource Topics, then click Training.

### **Care Provider Office Visits**

Care Provider Advocates regularly visit PCPs and specialist offices. Each advocate is assigned to a care provider group to deliver face-to-face support. We do this to create program awareness, promote compliance and resolve any issues.

### Care Provider Newsletters and Network Bulletins

UnitedHealthcare Community Plan produces a care provider newsletter for the entire Tennessee network

at least four times a year. The newsletters provide information on a variety of topics, such as:

- · Program updates
- · Claims guidelines
- · Information regarding policies and procedures
- Cultural competency and linguistics
- Clinical practice guidelines
- · Special initiatives
- Emerging health topics

### **NETWORK BULLETINS**

The Network Bulletin is a monthly publication that features important protocol and policy changes, administrative information and clinical resources.



View the latest news or sign up to receive the monthly bulletin at <u>UHCprovider.com</u> > News and Network Bulletin.

### e-Alerts

We also send you communications by e-Alert. This communication method may be used for reminders about educational opportunities or upcoming health fairs.

It also helps reinforce communications from the Network Bulletin, Practice Matters newsletter or information posted on the care provider website.

Request to receive e-Alerts through your provider advocate. If you miss an e-Alert, we publish them on UHCprovider.com/tncommunityplan > <u>Bulletins and</u> <u>Newsletters</u>.

### **Care Provider Manual**

UnitedHealthcare Community Plan publishes this manual online. It includes an overview of the program, a toll-free number for Provider Services, a removable quick reference guide and a list of additional care provider resources. If you do not have internet access, request a hard copy of this manual by contacting Provider Services.

### FORMS

Find the following forms on the state's website at tn.gov/

tenncare > Providers > Miscellaneous Forms:

- Sterilization Consent Form
- Hysterectomies Acknowledgement Form
- Provider Service Agreement (MC 19 Form)

# **Chapter 16: Glossary**

### AABD

Assistance to the aged, blind and disabled

### Abuse (by care provider)

Care provider practices that are inconsistent with sound fiscal, business or medical practices, and result in an unnecessary cost, or in reimbursement for services not medically necessary, or that fail to meet professionally recognized standards for health care. It also includes recipient practices that result in unnecessary cost, as defined by 42 CFR 455.2.

### Abuse (of individual)

Intentional infliction of physical, emotional or mental harm, caused by negligent acts or omissions, unreasonable confinement, sexual abuse or sexual assault as defined by A.R.S 46-451.

### Adverse Benefit Determination

(1) The denial or limited authorization of a requested service, including determinations based on the type or level of service, requirements for medical necessity, appropriateness, setting, or effectiveness of a covered benefit.

(2) The reduction, suspension, or termination of a previously authorized service.

(3) The denial, in whole or in part, of payment for a service.

(4) The failure to provide services in a timely manner, as defined by the state.

(5) The failure of someone or a company to act within the time frames provided in the contract and within the standard resolution of grievances and appeals.

(6) For a resident of a rural area, the denial of a covered person's request to exercise their right, to obtain services outside the network.

(7) The denial of a covered person's request to dispute a financial liability, including cost sharing, copayments, premiums, deductibles, coinsurance, and other covered person financial liabilities.

### **Acute Inpatient Care**

Care provided to covered persons sufficiently ill or disabled requiring:

- Constant availability of medical supervision by attending care provider or other medical staff
- · Constant availability of licensed nursing personnel
- Availability of other diagnostic or therapeutic services and equipment available only in a hospital setting to help ensure proper medical management by the care provider

#### Advance directive

Legal papers that list a covered person's wishes about their end-of-life health care.

#### **Ambulatory Care**

Health care services that do not involve spending the night in the hospital. Also called "outpatient care." Examples include chemotherapy and physical therapy.

#### **Ambulatory Surgical Facility**

A state facility that is licensed, equipped and operated to provide surgeries and obstetrical deliveries. Individuals can leave the facility the same day surgery or delivery occurs.

#### **Ancillary Provider Services**

Extra health services, like laboratory work and physical therapy, which a covered person gets in the hospital.

### Appeal

A covered person's request that their health insurer or plan review an adverse benefit determination.

#### Authorization

Approval obtained by care providers from UnitedHealthcare Community Plan for a service before the service is rendered. Used interchangeably with "preauthorization" or "prior authorization."

### **Billed Charges**

Charges you bill for rendering services to a covered person.

### Capitation

A prepaid, periodic payment to providers, based upon the number of assigned covered persons made to a care provider for providing covered services for a specific period.

### **Case Manager**

The individual responsible for coordinating the overall service plan for a covered person in conjunction with the covered person, their representative and their Primary Care Provider (PCP).

### Centers for Medicare & Medicaid Services (CMS)

A federal agency within the U.S. Department of Health and Human Services that administers Medicare, Medicaid and SCHIP programs.

### CHIP

Children's Health Insurance Program.

### **Clean Claim**

A claim with no defect (including lack of any required substantiating documentation) or circumstance requiring special treatment that prevents timely payment.

### CMS

Centers for Medicare and Medicaid Services, the federal regulatory agency for these programs.

### **Contracted Health Professionals**

Primary care providers, care provider specialists, medical facilities, allied health professionals and ancillary service providers under contract with UnitedHealthcare Community Plan. These care providers deliver specific covered services to covered persons. They represent those individuals and entities used through the UnitedHealthcare Community Plan prior authorization and referral policies and procedures.

### Coordination of Benefits (COB)

A process of figuring out which of two or more insurance policies has the main responsibility of processing or paying a claim and how much the other policies will contribute.

### **Covered Services**

The portion of a medical, dental or vision expense that a health insurance or plan has agreed to pay for or reimburse.

### Credentialing

The verification of applicable licenses, certifications and experience. This process assures care provider status is

extended only to professional, competent care providers who continually meet UnitedHealthcare Community Plan qualifications, standards and requirements.

#### Current Procedural Terminology (CPT) Codes

A code assigned to a task or service a health care provider does for a covered person. Every medical task or service has its own CPT code. These codes are used by the insurer to know how much they need to pay the physician. CPT codes are created and published by the American Medical Association.

### **Delivery System**

The mechanism by which health care is delivered to a covered person. Examples include hospitals, provider offices and home health care.

### **Disallow Amount (Amt)**

Medical charges for which the network provider may not receive payment from UnitedHealthcare Community Plan and cannot bill the covered person. Examples are:

- The difference between billed charges and innetwork rates.
- Charges for bundled or unbundled services as detected by Correct Coding Initiative edits.

### **Discharge Planning**

Screening eligible candidates for continuing care following treatment in an acute care facility. It involves care planning, scheduling, arranging and steps that move a covered person from one level of care to another.

### Disenrollment

The discontinuance of a covered person's eligibility to receive covered services from a contractor.

### Dispute

Provider claim reconsideration: Step 1 when a provider disagrees with the payment of a service, supply, or procedure.

Provider appeal: Step 2 when a provider disagrees with the payment of a service, supply, or procedure.

### **Durable Medical Equipment (DME)**

Equipment and supplies ordered by a health care provider for everyday and extended use, for medical reasons other than convenience or comfort. DME may include: oxygen equipment, wheelchairs, crutches or blood testing strips for diabetics.

## Early Periodic Screening Diagnosis and Treatment Program (EPSDT)

A package of services in a preventive (well child) exam covered by Medicaid as defined in SSA Section 1905 (R). Covered services include a complete health history and developmental assessment; an unclothed physical exam; immunizations; laboratory tests; health education; and screenings for vision, dental, substance abuse, mental health and hearing. They also include any medically necessary services found during the preventive exam.

### **Electronic Data Interchange (EDI)**

The electronic exchange of information between two or more organizations.

### **Electronic Funds Transfer (EFT)**

The electronic exchange of funds between two or more organizations.

### **Electronic Medical Record (EMR)**

An electronic version of a covered person's health record and the care they have received.

### **Eligibility Determination**

Deciding whether an applicant meets the requirements for federal or state eligibility.

### **Emergency Care**

The provision of medically necessary services required for immediate attention to review or stabilize a medical emergency.

### Encounter

A record of health care-related services by care providers registered with Medicaid to an patient enrolled with UnitedHealthcare Community Plan on the date of service. You are required to report all service encounters to UnitedHealthcare Community Plan, including prepaid services. UnitedHealthcare Community Plan electronically reports these encounters to state Medicaid. The state audits encounter submission accuracy and timeliness on a regular basis.

### Enrollee

Enrollee is interchangeable with the term "covered person" or "individual." Any person enrolled with an UnitedHealthcare Community Plan product as a subscriber or dependent.

### Enrollment

The process where a person is determined eligible to receive Medicaid or Medicare benefits becomes a covered person in a health plan.

### **Evidence-Based Care**

An approach that helps care providers use the most current, scientifically accurate research to make decisions about covered persons' care.

### **Expedited Appeal**

An expedited review process for appeals determines that taking the time for a standard resolution could seriously jeopardize the covered person's life, physical or mental health, or ability to attain, maintain, or regain maximum function.

### Fee For Service (FFS)

A method of payment to care providers on an amountper-service basis, up to a maximum allowed by the UnitedHealthcare Community Plan fee schedule.

### FHC

Family Health Center

### Fraud

A crime that involves misrepresenting or concealing information to receive benefits or to make a financial profit.

### Grievance

Unhappiness about the plan and/or care provider regarding any matter including quality of care or service concerns. Does not include adverse benefit determination (see appeals/dispute). Grievances may include, but are not limited to, the quality of care or services provided, and relationships such as rudeness of a provider or employee, or failure to respect the covered person's rights regardless of whether remedial action is requested. Grievance includes a covered person's right to dispute an extension of time proposed to make an authorization decision.

## Healthcare Effectiveness Data and Information Set (HEDIS)

A rating system developed by NCQA that helps health insurance companies, employers, and consumers learn about the value of their health plan(s) and how it compares to other plans.

### HIPAA

Health Insurance Portability and Accountability Act. A federal law that provides data privacy protection and security provisions for safeguarding health information.

### Home Health Care (Home Health Services)

Health care services and supplies provided in the home, under physician's orders. Services may be provided

by nurses, therapists, social workers or other licensed health care providers. Home health care usually does not include help with non-medical tasks, such as cooking, cleaning or driving.

### **In-Network Provider**

A care provider who has a written Agreement with UnitedHealthcare Community Plan to provide services to covered persons under the terms of their Agreement.

### Medicaid

A federal health insurance program for low-income families and children, eligible pregnant women, people with disabilities, and other adults. The federal government pays for part of Medicaid and sets guidelines for the program. States pay for part of Medicaid and have choices in how they design their program. Medicaid varies by state and may have a different name in your state.

### **Medical Emergency**

An illness, injury, symptom or condition that is severe enough (including severe pain), that if a covered person did not get immediate medical attention you could reasonably expect one of the following to result:

- Their health would be put in serious danger; or
- They would have serious problems with their bodily functions; or
- They would have serious damage to any part or organ of their body.

### **Medically Necessary**

Medically necessary health care services or supplies needed to prevent, diagnose or treat an illness, injury, condition, disease or its symptoms and that meet accepted standards of medicine.

### Member

An individual who is eligible and enrolled with UnitedHealthcare Community Plan and can receive services pursuant to the Agreement.

### NPI

National Provider Identifier. Required by CMS for all care providers who bill, prescribe or refer for health care services and is used on all electronic transactions. It is a single unique provider identifier assigned to a care provider for life that replaces all other health care provider identifiers. It does NOT replace your DEA number.

### **Out-Of-Area Care**

Care received by a covered person when they are outside of their geographic territory.

### **Preventive Health Care**

Health care emphasizing priorities for prevention, early detection and early treatment of conditions. It generally includes routine/physical examination and immunization.

### **Primary Care Provider (PCP)**

A physician, including an M.D. (Medical Doctor) or D.O. (Doctor of Osteopathic Medicine), nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law and the terms of the plan who provides, coordinates or helps covered persons access a range of health care services.

### **Prior Authorization (Notification)**

The process where health care providers seek approval prior to rendering health care services, drugs or DME as required by UnitedHealthcare Community Plan policy.

### **Provider Group**

A partnership, association, corporation, or other group of care providers.

### **Quality Management (QM)**

A methodology that professional health personnel use to achieve desired medical standards and practices. The formal program includes activities to help improve and maintain quality service and care and involve multiple organizational components and committees.

### **Rural Health Clinic**

A clinic, located in a rural area, designated by the Department of Health as an area having either a shortage of personal health services or a shortage of primary medical care. These clinics may receive enhanced payments for services provided to enrolled covered persons.

### **Service Area**

The geographic area served by UnitedHealthcare Community Plan, designated and approved by Tennessee DHHS.

### Specialist

A care provider licensed in the state of Tennessee and has completed a residency or fellowship focusing on a specific area of medicine or group of patients to diagnose, manage, prevent or treat certain types of symptoms and conditions. A non-physician specialist is a care provider who has special training in a specific area of health care.

### **State Fair Hearing**

An administrative hearing requested if the covered person does not agree with a Notice of Appeal Resolution from the UnitedHealthcare Community Plan Appeals and Claim Dispute Department.

### TANF

Temporary Assistance to Needy Families. A state program that gives cash assistance to low-income families with children.

### Third-Party Liability (TPL)

A company or entity other than UnitedHealthcare Community Plan liable for payment of health care services rendered to covered persons. UnitedHealthcare Community Plan pays claims for covered benefits and pursues refunds from the third party when liability is determined.

### **Timely Filing**

When UnitedHealthcare Community Plan puts a time limit on submitting claims.

### Title XIX

Section of Social Security Act describing the Medicaid program coverage for eligible persons.

### **UnitedHealthcare Community Plan**

An affiliate of UnitedHealth Group with corporate headquarters located in Minnetonka, Minnesota. UnitedHealthcare Community Plan operates nationwide, serving aging, vulnerable and chronically ill people through Medicare, Medicaid and private-pay programs for long-term care products and programs.

### **Utilization Management (UM)**

Involves coordinating how much care covered persons get. It also determines their level or length of care. The goal is to help ensure they get the care they need without wasting resources.