

Tennessee Peer Support Recovery Specialist Ethics Training 2019

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Tennessee Certified Peer Specialists



Values: Where Ethics Begin

What are values?

Where do they come from?

Do values change?

Are your values in sync with TCPRS ethics?

Internalizing TCPRS Values that support Ethics

Self Reflection



Positive Support



Ethics

Set of Guidelines

Behavior that manifest values

What are:

conflicts, dissonance and discomfort

Conflict, dissonance and discomfort

Conflict- Dual roles

Dissonance- Disharmony

Discomfort- Challenged

Applying Ethics

Self exploration

Evaluations

Wellness Tools

Boundaries/Expectations

Safety

Respect

Rules



Boundaries enhance wellness

Boundaries-Integrity-Generosity

Brene' Brown

TCPRS Ethics: Check Yourself

Values- Beliefs

Ethics- Behavior

Boundaries-Expectations

Community Member

Three Principles

Four Tasks

Three Challenges

Sources:

Tennessee Department of Mental Health and Developmental Disabilities:

<https://www.tn.gov/content/dam/tn/mentalhealth/documents/cprs/Certified%20Peer%20Recovery%20Specialist%20Handbook%20August%202019.pdf>

Rising Strong, Brown, 2015.

Community Member Job Description, Sarah Knutson, 2019.

It is a pleasure to share the peer support journey with you!

