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|  | **Waaxda Adeegyada Bulshada ee Tennessee**  **Arjiga Gargaarka Qoyska** | Fadlan noo sheeg haddii boggan aad uga baahan tahay wax caawinaad ah ee dhanka arjigan/codsigan sababta oo ah haddii aad tahay qof naafo ah ama aadan ku hadlin af Ingiriis. Kaalmo bilaash ah ayaad helaysaa. La soo xiriir Lambarka Xarunta Adeegga Gaargaarka Qoyska (Family Assistance Service Center) oo ah x866-311-4287 iyo/ama lambarka Qadka Dadka Maqalka ku Adag (TTY) oo ah 711. Farriinta duuban kadib, waxaad lagu xiri doonaa shaqaalaha howl-wadeenka oo kugu xiri kara turjumaan. |

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| **QEYBTAN SHAQAALAHA TDHS KALIYA AYAA ISTICMAALAYA (THIS BOX TDHS USE ONLY)** | Arjigaaga waxaan kaa gudaymaynaa adiga oo ku qora kaliya magacaaga, cinwaankaaga, iyo saxiixaaga**.** Laakiin marka aad macluumaad badan na siiso, inagana si naqso ah ayaa laga yaabaa in si dhaqso ah aad caawinaad u hesho. Haddii laguu ogolaado, manfacyadaada waxaa dhici karta manfacyada lagaaga bilaabo taariikhda arjiga aad inoo soo gudbisay. Badanaaba waxaad u baahnaan doontaa in aad la hadasho shaqaalaha TDHS si loo dhameystiro socodsiinta arjiga.  Waxaa dhici karta in SNAP aad 7 maalmood gudahood ku hesho haddii:   1. Daqliga qoyskaaga uu ka hooseeyo $150, oo hadda aad haysato $100 ama in ka yar. 2. Qarashka hoygaaga (lagu darey qarashka isticmaalka biyaha, korontada) uu ka badan yahay daqligaaga bisha loo geeyey inta kuu keydsan. 3. Oo aad ka shaqeyso shaqooyinka xiliyadda ka kooban ama aad tahay soo galooti xoogsada. |
| Kiis #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  taariikhda la heley:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Deegaanka (county):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Haddii aad qabto naafonimo oo ayna kugu adagtahay buuxinta ama fahamka arjigan waxa kku qoran, waan kaa caawin karnaa. Waan ku soo wici karnaa ama waan ku soo booqan karnaa haddii xafiiskeena aadan noogu imaan karin. Macaamiisha waxay arjiga manfacyada iyo waraaqaha caddaymaha keeni karaan xafiiskooda degmada oo boosto ayay ugu diri karaan, gacanta ayay ugu geyn karaan, ama qatka internetka ayay ugu gudbin karaa iyagoo booqda https://onedhs.tn.gov/. | |

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| **Magaca (Hore/Dh/Dambe)** | | **Waxaan codsanayaa: \_\_\_Families First \_\_\_SNAP** | | |
| **Cinwaanka Guriga** | | Waxaa dhici karta in aan kaa soo wacno telfoonka guriga ama telfoonka gacanta si aan balanta kuu xusuusino. Fariin ayaan kuu duubi doonaa haddii aadan ka jawaabin. | | |
| **Degmada Gobolka Zip Koodka** | | **Telfoonka Guriga** | **Telfoonka Shaqada** | **Telfoonka Gacanta/Mid kale** |
| **Cinwaanka Warqadaha lagu soo diro (haddii uu ka duwan yahay)** | | Waxaan isticmaalnaa Lambarada Soshal Sekiyuuritiga si loo hubiyo in adigu aad tahay qofka aad sheeganayso. Waxaan u isticmaalnaa si aan u hubino in aad hesho cadada saxda ah ee caawinaada ee aad adigu xaq uleedahay, in la bedello cadada caawinaad ee aad hesho, in la hubiyo diiwaangelinta kombiyuutarada dowladda, iyo si loo hubiyo in aad xaq u leedahay. Waxaan hubinaa Soshal Sekiyuuriti, IRS, iyo diiwaangelinta shaqada. Waxaa laga yaabaa inaan hubino Diiwaanka Laanta Adeegyada Muwaadinnimada iyo Socdaalka ee Mareykanka [United States Citizenship and Immigration Services (USCIS)] Haddii diiwangelintan aysan iswaafaqsanayn waxa aad dhahayso, saameyn ayay ku yeelanaysaa haddii aad heli la’hayd caawimaad lacagta Families First ama SNAP ee heli la’hayd. Haddii aad bixiso macluumaad aan-sax-ahayn adigoo ulajeedaadu ay tahay in kaalmo aad ku hesho, xabsi ayaad ku mutaysan kartaa. | | |
| **Degmada Gobolka Zip Koodka** | |
| **Cinwaanka Iimelka** | Macluumaadka ku saabsan Isirka/Qowmiyadda aad ka soo jeedo, taas dowladda Tennessee waxay ka caawinnaysaa in ay u hog'aansan yihiin sharciyada xuquuqda dad-waynaha.  Fadlan kuwa soo socda u isticmaal si jinsigaaga aad inoo sheegto: **C** = Caddaan, **M** = Madow/Afrikaan-Amerikaan, **A** = Asiyaan, **H** = Hawaiian/Jasiiradda Baasifigga oo Dhallad ah, **I** = Amerikaan Indiyaan/Alaska Dhallad ah **(Dadka guri ku-wada nool uma baahna in ay na siiyaan macluumaadkan oo wax saamayn ah kuma yeelanayso xaq u yeelashadaada ama inta manfac ee lagu siinayo)**  **Xaaladdda Guur:** Kuwa soo socda kiiba u isticmaal xubin kasta oo qaangaar ah ee aqalka qoyska ku nool: **xaasle, doob, isfurey, laga dhintey, kala maqan** | | | |
| Ma hooy laawe ayaad tahay: ( ) Haa ( ) Maya  Ma waxaad u baahan tahay kaarka EBT ga? ( ) Haa ( ) Maya |

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| **Ku qor qof kasta ee aqalka qoyskaaga ku nool**  **(adigana isku dar)**  Si aad ugu darto dad badan, fadlan arji kale ama warqad kale ku soo qor oo ku lifaaq | | **Manfac miyuu dalbanaya qofkan? (Haa/Maya)** | (Loo **MA** baahna in aad ku soo qorto haddii qofka uusan rabin inuu manfac helo)  Si aad u hesho macluumaad dheeraad ah, eeg bogga 1 ee Bayaanka Heshiiska Isfahamka | | | | **Jinsi**  **(L/Dh)** | | **(Waa ikhtiyaar)**  **Calaamadda saxda ah saar haddii aad tahay Hisbaanig/**  **Laatino** | | **(Waa ikhtiyaar)**  **Isir**  **(kor fiiri)**  **Kuwa ku quseeya oo dhan calaamadee** | | **Xaaladdda Guur**  **(kor fiiri)** | **Taariikhda Dhalashada** | | **Calaamadda saxda ah saar haddii qoftan ay uur leedahay** | **Calaamadda saxda ah saar haddii qofkan yahay qof naafonimo qabo** |
| **Lambarka Soshal Sekiyuuritiga** | | | **Calaamadda saxda ah saar haddii aad haysato dhalashada Mareykanka** |
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| Anigu waxaan caddaynayaa iyada oo aan ciqaab ku mutaysan karo beensheegida (sheegida hadallo been ah iyadoo lagu dhaaranayo) iyo dhammaan ciqaabyada kale la mutaysan karo in wax been ah lagu daro qoraalka aan arjigan ku qorey, kuwa kulifaaqan, iyo qofkasta oo iwareysan doono yahay mid run oo sax ah. Dhammaan shaqsiyaadka caawinaada codsanaya ama kuwa caawinaada qaata ay yihiin kuwa haysta dhalashada Mareykan, sharci wadanka lagu joogo, ama soo galooti xaq uleh. Waan ogsoonahay oo waan kuu raacsan nahay shuruudaha iyo macluumaadka la i siiyay. Haddii la isoo weydiisto, waxaan bixin doonaa macluumaadka caddeynaya qoraalkayga, ama TDHS waxaan fasax u siiyay in ay caddeyn la timaado. Waan ogsoonahay in la iga rabo in TDHS aan u soo sheego isbadel kasta oo xaaladdayda ku timaada. **Waan fahamsanahay in macluumaadka aan ku bixiyay ay soo caddayn doonaan saraakiisha federaalka, gobolka, iyo kuwa maxalliga ah si loo go'aamiyo haddii macluumaadkaas uu yahay mid run ah.**  **Bixinta:**Dowladda Gobolka Tennessee ama kuwa ushaqeeya waxaa dhici karta in ay ubaahdaan macluudka aan anigu siiyay yahay mid run ah oo iyagu soo hubsan doona. Aniga oo warqaddan saxiixaya, iyaga waxaan usheegayaa in ay soo caddeeyaan. Tani waxay u ogolaandoontaa in ay go'aamiyaan haddii la isiinayo SNAP ama Families First. Sidoo kale waxaan halkan ku caddaynayaa in aan aqriyay oo aan fahmay Bayaanka Heshiiska Isfahamka. **Haddii aad codsato SNAP, waxaa laga yaabaa in lagugu qaado in dib-u baarid lagu sameeyo Tayada. Macaamiisha waxay arjiga manfacyada iyo waraaqaha caddaymaha ah ay keeni karaan xafiiskooda degmada oo boosto ayay ugu diri karaan, gacanta ayay ugu geyn karaan, ama qatka internetka ayay ugu gudbin karaa iyagoo booqda https://onedhs.tn.gov/.**  **Saxiixa \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Markhaati (haddii X lagu saxiixay): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mas’uul ama Wakiilka Awoodda loo siiyay: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Taariikh:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | | | | | | | | | | | | | | |
| **SANDUUQAN waxaa loogu talagalay Families First kaliya: Idan lagu sii bixinayo diiwaangelinta isa soo xaadirista iskuulka**  Anigoo ah (macmiilka) iskuulka waxaan fasax usiinayaa in ay bixiyaan diiwaangelinta soo xaadiritaanka caruurta ee arjigan ku qoran oo xogtaas la siiyo Waaxda Adeegyada Bulshada ee Tennessee oo ay bixiso Waaxda Waxbarashada ee Tennessee ama iskuulka canugayga dhigto. Waaxda Adeega Bulshada diiwaangelintan way isticmaali doontaa, iyadoo ay la socoto lambarada soshal sekiyuuritiga, waxay iga caawinaysaa inaan ka soo baxo waajibaadyadeyda Mudnaanta Qoyska. Diiwangelinta waa la jejeexi doonaa mar haddii laga dhammaysto oo aanan loo baahnayn.  **Saxiixa \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Taariikh**: \_\_\_\_\_\_\_\_\_\_\_\_ | | | | | **Macluumaadkeyga waxaa lala wadaagi doonaa Buuggaagta Dhalashada aysan kahayn haddii aan diido.**  **Halkan calaaddee si aad u diiddo \_\_\_.**  **Miyaad diyaar u tahay in aad u hogaansanaato masruufka ilmaha (child support)? (FF Kaliya)**  **Haa\_\_\_\_ Maya\_\_\_\_** | | | **Ma jeceshahay in aad hesho nuqul ka mid ah arjigaaga oo dhammaystiran?**  **\_\_\_\_\_Haa \_\_\_\_\_ Maya**  **Haddii ay sidaas tahay, miyaad doorbideysaa nuqul warqad ah ama nuqul elektaroonig ah?**  **\_\_\_\_\_ Nuqul Waraaq ah**  **\_\_\_\_\_ Nuqul elektaroonig ah** | | | | **Waxaa laga yaabaa in manfacyadaada SNAP lagaa joojiyo haddi aad:**  \*Nasiiso macluumaad aan jirin ama haddii aad wax naga qariso si aad u qaadato manfacyada Kuubannada Cuntada darteed;  \*Isticmaasho Kaarka Manfaca oo qof kale lee yahay iyaga oo aan kuu fasaxin;  \*Manfacayda SNAP aad ku soo iibsato sida qamri, sigaar, ama saabuun ama aad isaga  guddo.  **Haddii xeerarkan aad jebiso, ma qaadan doontid manfacyada SNAP ilaa:**  1 sano waa marka koowaad ee lagugu qabto, marka labaad 2 sano, oo marka seddexaadna weligaaba ma qaadan doontid.  **Haddii manfacyada SNAP ee lagu siiyo aad daroogo ku baddelato. Manfacyada waxaa lagaa jari karaa ilaa:**  2 sano waa marka koowaad iyo marka labaad weligaaba ma qaadan doontid.  **Waxaa dhici karta in abid lagaa jaro SNAP haddii lagugu helo dembi ah in:**  \*Manfacyada SNAP aad ku badellato hub, rassaas, ama walxaha qarxa ama walxaha kontorbaanka ah(muqaadaraadka sharci darada ah);  \*Aad sii iibiso manfacyada SNAP ee udhigma $500 ama ka badan.  **Ha sheegin macluumaad aan sax ahayn oo ku saabsan qofka aad adigu tahay ama halka aad deggan tahay si aad u qaadato ama aad u hesho manfacyada SNAP. Biinta/sheegida macluumaad aan jirin taasi waxay kaa horistaagi doontaa in 10 sannadood oo dhan aadan helin wax SNAP.**  **Dimbiile Dowladda Dhexe iyo/ama Dowladda Gobolka:**  Miyaa adiga ama qof kale oo degan aqalka qoyskaaga lagu heley dembi ah in aad qaadatey Caawinaada Kumeel-gaarka ee Qoyska (TANF) (lacagta naqdiga ah) ama manfacyada SNAP oo isku mar ka wada qaadatey laba ama in ka badan oo gobol?Haa\_\_\_ Maya\_\_\_  Miyuu qofna u isticmaalay lacagaha TANF meelaha soo socda: dukaamada khamriga, kasiinos, qolalka turubta, ganacsiga madadaalada dadka qaangaarka, hoolalka bingowga, tartanka orodka, iyo/ama dukaamada tafaariiqda ee shatiga leh oo laga helo iibkooda ugu badan tubaakada, sigaarka, sigaarka, dhuumaha, iyo qalabka kale ee sigaarka lagu cabo? (TANF kaliya)  Haa \_\_\_ Maya\_\_\_  Adiga ama xubin qoyskaaga ka tirsan weli ma lagu helay adigoo ama idinka oo iibsannaya ama sii iibinnayada manfacada SNAP oo ka badan $500? Haa \_\_\_Maya\_\_\_  Adiga ama xubin qoyskaaga ka tirsan miyaa lagu xukumay dambi-wayn sababtoo ah dhaqan la xiriira haysashada, isticmaalka ama qaybinta walxahaha daroogada kontorbaanka laga soo bilaabo 08/22/96 (SNAP & TANF)? Haa \_\_\_\_ Maya \_\_\_\_  Miyuu jiraa xubin qoyskaaga ka tirsan ama adiga oo dhuumaashi ama ka carraya sharci si aan dambi loogu qaadin darteed, aan la xirin darteeda, ama xabsi loo diro darteed, lagugu helo dambi-wayn ama isku day dambi-wayn, ama gef(gefaf) u gaystay sida, ama aan waafaqsanayn xaaladdaha dimbiilaha tihaabada ku jira ama tijaabayntii? Haa \_\_\_\_ Maya \_\_\_\_  Miyaa adiga adiga qof kale oo kasta oo xubin ka ah aqalka qoyskaaga lagu helay dambi ah inuu ka ganacsanay manfacyada SNAP oo ku bedellanayay muqaadaraad ama walxo xakamaysan. Haa \_\_\_\_ Maya \_\_\_\_  Ma jiraa qof aad codsaneysid oo lagu siiyay SNAP & TANF gobol kale 30kii maalmood ee la soo dhaafay? Haa \_\_\_\_ Maya \_\_\_\_ | | | | | |
| **Waan ogsoonahay in ay dhici karto in aan leeyahay hal ama laba ah wakiil aniga imatala:**  ayaa aniga ii dalbi kra manfacyadan: SNAP ( ); Families First ( )  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ayaa aniga iigu soo adeegi kara manfacyadeyda SNAP ( ); ayaa aniga iigu soo adeegi kara manfacyadeyda Families First ( )  ayaa aniga ii dalbi kra manfacyadan: SNAP ( ); Families First ( )  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ayaa aniga iigu soo adeegi kara manfacyadeyda SNAP ( ); ayaa aniga iigu soo adeegi kara manfacyadeyda Families First ( ) | | | | | | | | | | | |
| **Diiwaan-gelinta Coddeynta**  Ma iska diiwaangelisay halka aad degan tahay si doorashada aad coddayso? ( ) Haa ( ) Maya  Miyaad jeceshahay in aad isdiiwaangeliso si aad u coddayso doorashada? ( ) Haa ( ) Maya  Ma jeceshahay in TDHS ay kuusoo dirto foormka diiwangelinta coddeynta? ( ) Haa ( ) Maya  **Manfacyada laga yaabo inaad ka hesho xafiiska TDHS isma baddeli doonaan haddii aad isdiiwangeliso in aad coddeyso ama in kaleba ma waxay kaa hor istaagaysaa in aad dalbato manfacyada.** | | | | | | | | | | | |
| **Sanduuqyada hoose ku qor macluumaad ku saabsan DAQLIGA aqalka qoyskaaga.**Daqligu waxaa ka mid ah balse kuma koobna oo kaliya kan shaqada, kan iskaa- aad ushaqeysto, masruuf, masruufka ilmaha, manfacyada dadka tabarta-daran, Soshal Sekiyuuriti/Daqliga Soshal Sekiyuuratiga, Magdhawga Shaqo, Manfacyada baagamuudo, lacagta howl-gabka, mushahar, iyo daqli dulsaar ah. | | | | | | | | | | | |
| **Shaqsiga Dakhliga soo Gala**  **canshuur/qarashaadka** | **Daqliga kaa soo galo (sida shaqada, Soshal Sekiyuuriti, masruufka ilmaha)** | | | | | | **Lacagta bishi kasta canshuurta/qarashaadka ka hor** | | | | |
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| **Ku qor hantida ama halka dhaqaalaha qoyska ay ka helaan oo dhan sida (lacag naqdi, mid keydsan, jeekinka, ama koontada bangiga, keydsan, saaniyad, boond, mujuwal fands, koontooyinka howl-gabka, tarasta fands, daqli-sanadle, ama hanti kale)**  **Nooca: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qiimaha:$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Nooca:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Qiimaha:$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Qiimaha:$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Nooca:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Qiimaha:$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | | | | | | | | |
| **Xubin kasta oo qoyska ka tirsan ee jebiya mid ka mid ah xeerarkan waxaa dhici doonta in laga joojiyo in ay qaataan manfacyada barnaamij ka SNAP hal sanno ilaa ilaa abad, lana ganaaxo in ka badan $250,000, lana xiro in ka badan 20 sannadood ama labadaba. Sidoo kale isaga ama iyadu waxaa lagu qaadi doonaa tallaabo sharciga waafaqsan kaasoo hoos yimaada sharciyada Federaalka ama dowladda Gobolka. Waxaa dhici karta in isaga ama iyada laga mamnuuco in ay qaataan manfaca Barnaamijka SNAP ilaa 18 bilood oo dheeraad ah haddii ay maxkamadda amarto. Kaararka EBT ha badeshan, ama ha iska iiban, ama kaarka qof kale ha u oggolaan in kaarkaaga qof kale inuu isticmaalo. Miyaad adiga ama xubin kale oo kasta oo qoyskaaga ka mid ah lagu helay isagoo qofka qaangaar yahay lagu helay dambi xadgudub gacanqaad galmo, dil, dhiig-miirasho galmo iyo dambiyo kale ee ku tagrifal carruur, ha noqoto mid heer Federaal ama heer Gobol ee ku lug leh gacanqaad galmo, ama gefaf hoos yimaada sharci Gobol sida uu go’aamiyay Xeer Ilaaliyaha Guud in gefka uu yahay mid la mid ah dembi, wixii ka dambeeyay 7da Fibraayo, 2014? Haa \_\_\_\_ Maya \_\_\_\_** | | | | | | | | | | | |
| **Haddii aad tahay qof jira inta udhaxaysa 18 ilaa 24 sanno jir, adiga marka aad carruur ahayd abad ma gashay gacanta dowladda gobolka? Haa\_\_\_ Maya\_\_\_**  **Qarashaadka Daryeelka Carruurta**  Inta sitimaankii aad bixiso: $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Magaca qofka carrruurta daryeela:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | **Qarashka Guryaha**  Ijaar / Deenta Guryaha (mid goobaabin geli)  Bishiiba meeqaa: $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Gaas/Korontada $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ bishiiba  Telfoon $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ bishiiba | | | | | | **Qarashka Daawada**  Ku qor qarashka daawada sida takhtarka tan uu qor ama lacagta joogta ah ee caymiska la siiyo. Kuwani waxay kaa caawinayaan in aad hesho SNAP badan haddii aad tahay qof da’ ah ama itaal-daran.  Nooca: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ $ \_\_\_\_\_\_\_\_\_\_ bishiiba  Nooca: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ $ \_\_\_\_\_\_\_\_\_\_ bishiiba | | | | | **Masruufka ilmaha ee aad Bixiso**  Haddii adiga sharci ahaan lagugu waajibiyay in aad bixiso masaruufka carruurta ee aad siiso canug ama carruur magacyadooda halkan ku qor:  Ubad: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ $ \_\_\_\_\_\_\_\_ bishiiba  Ubad: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ $ \_\_\_\_\_\_\_\_ bishiiba | | |
| **Hey'addan waxaa ka mamnuucan ah inay qof ku takoorta ayada oo sal uga dhigeysa jinsi, middab, asal qaran, lab/dhiddig, da, jinsi iyo mar marka qaarkood wax uu qofka aamisan yahay ee diin ama siyaasad. Waaxda Beeraha ee Mareykanka sidoo kale waxay mamnuucaysaa takoorka lagu saleeyo**  **isir, middab, asal qaran, jinsi, caqiido diin, naafonimo, da’, aaminsanaan siyaasad ama aar-gudasho ama aargudsi howlo madani ee horey u dhacay eee barrnaamij kasta ama howlo ay maalgeliso ama ay qabatay USDA. Dadka la’xaadka la’ ee u baahan**  **qaababka gaarka ah ee xariirka si ay uhelaan macluumaadka barnaamijka (tusaale, farta indhoolka, farta waawayn, cod duuban, Luuqada Dhagoolka ee Maraykanka, iwm.), waa inay laxariira wakaalada (gobalka ama deegaanka) ay kacodsadeen gunooyinka. Shaqsiyaadka dhagaha la',**  **dhagaha culus ama hadalka naafada ka ah waxay kala xariiri karaa USDA hanaanka Adeegyada Dhagoolayaasha ee Federaalka oo nambarkiisu yahay (800) 877-8339. Waxaa intaa dheer, macluumaadka barnaamijka waxaa lagu heli karaa luqaddo kale oo aan Ingiriis ahayn. Si aad u gudbiso**  **cabasho takoor oo ku aaddan Barnaamijka Xuquuqda Dad-weynaha USDA u soo dirsato, soo dhammaystir Foormka Cabashada Takoorka, (AD-3027), ee Barnaamijka USDA, oo aad ka helaysid qatka online-ka ee http://www.ascr.usda.gov/complaint\_filing\_cust.html, iyo waxaad ka heli karto xafiis kasta ee USDA leedahay, ama waraaq u soo dir adigoo ku u soo diraya**  **USDA oo warqaddana ku soo qor dhammaan macluumaadka lagu codsaday foomka. Si aad ucodsato nuqulka foomka cabashada, wac (866) 632-9992. Foormkaaga oo buuxa ama waraaqdaada u soo dir USDA da: (1) boosto: U.S. Department of Agriculture**  **Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 (2) fakis: (202) 690-7442; ama (3) iimeel: program.intake@usda.gov. Wixii macluumaad dheeri oo kale ee ka hadlaya**  **Barnaamijka Gargaarka Nafaqada (SNAP), dadku waa inay la xiriiraan USDA SNAP Qatkooda Tooska oo lambarkoodu yahay (800) 221-5689, oo sidoo kale kujira Isbaanishka ama wac Lambarrada Macluumaadka Gobolka/Khadka Tooska ah (dhagsii xiriiriyaha liiska**  **lambarada khadka tooska ah ee Gobolka); waxaa laga heli karaa interneetka: http://www.fns.usda.gov/snap/contact\_info/hotlines.htm.**  **Si aad u soo gudbiso cabasho takoor ee ku saabsan barnaamijka hela gargaar dhaqaale ee Dowladda dhaxe ah oo loo soo mariyo Waaxda Adeegyada Aadanaha Iyo Caafimaadka ee Mareykanka (HHS), u qor HHS Director, Office for Civil Rights, Room 515-F, 200**  **Independence Avenue, S.W., Washington, D.C. 20201 or call (202) 619-0403 (voice) or (800) 537-7697 (TTY). Hay’addan waa hay’ad fursadda ay fidiso dadka u wada sinta. Waxaad kaloo u qori kartaa Tennessee, Department of Human Services, Office of**  **General Counsel, Compliance Officer, Citizens Plaza Building, 500 Deaderick Street, Nashville, TN 37243, (615) 313-4700.** | | | | | | | | | | | | | | | | | |

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|  | **Waaxda Adeegyada Bulshada ee Tennessee [Tennessee Department of Human Services]**  **Bayaanka Heshiiska – Shuruucdaha Barnaamijka (Arjiga lagu Daray)** |

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| --- | --- |
| **Waa muhiim – Warqaddan Xafid!** | Ma ubaahan tahay in wax isbaddel ah oo aad noo sheegayso? Ma qabtaa wax su’aal ah? Ma u baahan tahay caawinaad? Na soo wac. Wacidaan waa bilaash.  **Xarunta Adeegga Gaargaarka Qoyska - 1-866-311-4287**  Waxaan halkan u joognaa in aan ku caawino laga bilaabo 8 a.m.  ilaa iyo 4:30 p.m. CST, Isniinta ilaa Jamcaha. |
| **Nuqulka Macaamiilka** |
|  | |
| Haddii aad qabto itaal-la’aan oo aadna u baahan tahay gaargaar gaar ah, fadlan nala soo socodsii. | |
| **TURJUMAANNO BILAASH AH** -- Haddii af Ingiriisiga aadan si wanaagsan u fahmeyn oo aad caawinaad u baahan tahay, fadlan nala soo socodsii. Waxaan kuu keeni doonaa turjumaan oo kaa caawin doona in aad nala hadasho. Adeeggan waa mid bilaash ah. Keenista turjumaanka kama dhigi doonto in ay daahiso socodsiinta kiiskaaga. Weli arjigaaga waan kaa guddoomi doonaa maanta. | |
| **Xafiiska DHS waxaad ka soo dalban kartaa manfaca Mudnaanta Qoyska [Family First], ama SNAP.** Arjigaaga waxaan kaa gudaymaynaa adiga oo ku qora kaliya magacaaga, cinwaankaaga, iyo saxiixaaga. Macaamiisha waxay arjiga manfacyada iyo waraaqaha caddaymaha keeni karaan xafiiskooda degmada oo boosto ayay ugu diri karaan, gacanta ayay ugu geyn karaan, ama qatka interneetka ayay ugu gudbin karaa iyagoo booqda <https://onedhs.tn.gov/>. Arji iyo wareysi waa in la buuxiyaa. Arjiga DHS waxaa laga heli karaa qatka internetka oona lagu dhameystiri karaa xafiiska DHS. Foormkan waxaad u adeegsan kartaa si aad ugu xajiso codsi mid (1) ama labada barnaamijba. Arjigaaga SNAP kaliya looma diidayo iyadoo lagu salaynayo in arjigaaga oo aad barnaamij kale ku dalbanayso oo kaliya lagugu diido. Waxaan arjigaaga ku wadi doonnaa codsiyada SNAP si waafaqsan nidaamka SNAP, oo ay ku jiraan wareegyada waqtiga iyo shuruudaha Dhageysiga Caddaaladda, iyadoo aan loo eegin haddii codsigu yahay SNAP iyo Families First. Waa in aad na siisaa caddeyn ah qofka aad tahay, daqligaaga, iyo xaqiiqooyin kale ee loo baahan yahay si loo ogolaado arjigaaga. Haddii aad caawinaad ugu baahan tahay in caddeynta aad hesho, weydii shaqaalaha kiiskaaga ee DHS. | |
| Haddii adiga ama shaqsi kale oo aad u dalbayso xaq u yeelashada manfaca, manfacyada SNAP ama Families First waxaa la siin doonaa laga bilaabo taariikhda aan helno arjiga oo ku qoran magacaaga, cinwaankaaga iyo saxiixaaga. Taariikhda la soo dalbaday way ka duwaan doontaa haddii aqalka qoyska ay ku jiraan xabsi oo isla markaana soo dalbannayan manfaca SNAP iyo Daqliga Soshal Sekiyuuratiga [SSI]. Kiiska markii uu sida yahay, taariikhda la soo gudbiyay waxaa looga bilaabayaa taariikhda qofka xabsiga laga soo daayo. | |
| * **Qofkasta oo ka tirsan aqalka qoyska oo dalbanaya manfacyada Families First ama SNAP** waa inuu bixiyaa Lambarka Badbaadada Bulshada [Social Security Number] ama sharcigooda dhalashada ama laanta socdaalka. Xeerka Nafaqada iyo Cuntada wuxuu noo ogolaadaa in Lambarada Soshal Sekiyuuritiga aan isticmaalno si aan markaa u hubino in aad heleyso caddada saxda ah ee gaargaar, la beddelo caddada saxda ah ee aad hesho, si aan uga fiirino diiwaangelinta dowladda iyo kombiyuutarada, iyo si aan u hubino in aad gargaarka u qalanto. Goorta aan diiwangelinta kombiyuutarka ka eegeyno, waxaan isticmaalnaa Nidaam Lagu Cadeeyo Xaq u la’haanshaha Daqliga. Haddii diiwangelintan aysan iswaafaqsanayn waxa aad dhahayso, saameyn ayay ku yeelanaysaa haddii aad heli la’hayd caawimaad iyo inta lacag ama SNAP ee heli la’hayd. Haddii aadan haysan lambarada Soshal Sekiyuuritiga, waan ku caawin karnaa in aad mid weydiisato. * Haddii aad haysato Lambarka Soshal Sekiyuuritiga, oo aad tahay muwaadin Mareykan ah, ama aad haysato sharci degnaanshaha ama soo galooti xaq u leh, markaa waa in aad manfacyada aad soo dalbataa haddii aad tahay xubin qoyska ka mid ah.      * + Tusaale ahaan: Sayga/xaaska iyo caruurta iyo waalidiintooda waa in ay isla soo dalbadaan, aysan ka ahayn haddii aad iska dhaafeyso in aadan u dalabto manfacyada qof aanan dooneyn in uu bixiyo Lambarada Soshal Sekiyuuritiga (SSN) ama xaaladdooda degnaansho. * Xafiiska DHS **uma baahna** lambarrada Soshal Sekiyuuratiga ama sharciga dhalashada/soo galootiga si xubnaha qoyska ay manfacyo u dalbadaan. Haddii Lambar Soshal Sekiyuuriti uu la yimaado qof aanan ka ahayn qofka manfaca dalbanaya, looma dirayo Adeegyada Muwaadinnimada iyo Socdaalka ee Mareykanka (Immigration and Naturalization Services) si loo caddeeyo xaaladdooda degnaansho. * Waad dalban kartaa manfacyada ee mawaadinniita iyo xaq u la'haanshaha soo galootiga xitaa haddii aadan adiga dalbanayn manfacyada. * Xaaladda muwaadinnimada ee xubin qoyska ka tirsan qoyska codsadaha ayaa laga yaabaa inay ku xiran tahay xaqiijinta USCIS iyada oo loo marayo gudbinta macluumaadka dalabka USCIS iyo in macluumaadka la gudbiyey ee laga helay USCIS ay saameyn ku yeelan karto u-qalmitaanka iyo heerka manfacayada qoyska.   Shaqsiyaadka aan manfacyada soo dalbanayn ayaa sidoo kale weli la xisaabi doonaa daqliga soo gala iyo lacagaha kale ee soo gala. | |
| **Haddii xafiiska DHS aad caawinaad ka dalbanayso, waxaa laga yaabaa in aan Lambarkaaga Soshal Sekiyuuratiga aan siino:**   * Bilayska raadinaya kuwa sharciga jabinaya waxaan bixinnaynaa goorta sharciga inoo ogol yahay ama inooga baahan yahay ama goorta ay maxkamadda inagu amarto. * Hay’addaha kale ee dowladda dhexe ama gobolka haddii sharciga inoo ogol yahay ama inooga baahan yahay in aan bixino. | |
| Aruurinta macluumaadka arjiga ku qoran, oo ay kujirto SSN, waxaa loo oggol yahay Xeerka Cuntada iyo Nafaqada ee 2008 ee wax laga beddelay, 7 USC 2011-2036. Macluumaadka ayaa loo isticmaali doonaa si loo go'aamiyo haddii reerkaagu u qalmo ama uu sii wado inuu u qalmo kaqeybgalka SNAP. Waxaan ku xaqiijin doonaa macluumaadkan barnaamijyada waafijinta kumbuyuutarka. Macluumaadkan waxaa sidoo kale loo isticmaali doonaa in lagula socdo u hogaansanaanta xeerarka barnaamijka iyo maareynta barnaamijka.  **Ilaa intee ayay inagu qaadanaysaa in arjigaaga aan go’aan ka gaarno?**   * Manfacyada Families First ee lacagta naqdiga ah: Waxaan haysanaa ilaa afartan-iyo-shan (45) maalmood oo aan go’aan uga gaarayno haddii lagu siin karo. * SNAP: Waxay qaadan kartaa ilaa soddon (30) maalmood in aan go’aamino haddii aan ku siinayno SNAP waa haddii aad u qalanto. * Si waqtiga loogu talagaley aan go'aan uga gaarno, xafiiska DHS waa inaad naga kaaleysaa si aan u heli la'hayn dhamaan caddeynmaha aan u baahan nahay.   Shaqaalaha kiiskaaga ayaa kuu sheegi doona isbadellada lagaa doonayo in aad soo sheegto. Haddii Families First aad qaadato, waaa in aad 10 maalmood gudahooda ku soo wargelisaa xafiiska DHS (Waaxda Adeegga Bulshada) isbadel kasta ee ku yimaada xaaladdaada nolol toban (10) maalmood gudahood.  Haddii aad hesho SNAP oo laguu fududeeyo Warbixinta, adiga **waa inuu** uga warbixi isbeddelada soo socda tobnaad (10ka) maalinta bisha ku xigta ka dib isbeddelada dhacay.   * Marka dakhliga guud ee bishii soo gala reerku ka sarreeyo Xadka Dakhliga Wadarta Guud ee SNAP ee tirada qoyskaaga, * Mar kasta oo qof weyn oo awood ku leh shuruudaha shaqada saacadaha shaqadoodu ay ka hooseeyaan labaatan (20) saacadood usbuucii ama siddeetan (80) saacadood celcelis ahaan bishii, iyo * Marka xubin qoyska ka tirsan uu ku guuleysto lacag bakhtiyaa-nasiino la taaban karo ama qamaarka.   Shaqaalahaaga ayaa kuu sheegi doona inta ay tahay caddada.  **Manfacyada SNAP wax kama baddeleyso manfacyadaada Families First.** Haddii ay joogsato lacagta naqdiga ah ee Families First, weli waad heli kartaa manfacyada SNAP. Laakiin haddii aad bilowdo in aad qaadto Mudnaanta Qoyska, waxaa dhici karta manfacyada SNAP ee aad qaadato ay hoos u dhacdo. **Isbadelkan waa lagu soo wargelin doonaa; Inkastoo, ay dhici karto in isbadelkan kugu soo gaarto in yar tobon (10) maalmood ka hor inta manfacyada SNAP ay hoos u dhicin.** | |
| **Waxaa laga yaabaa in manfacyadaada SNAP lagaa joojiyo haddi aad:**   * Nasiiso macluumaad aan jirin ama haddii aad wax naga qariso si aad u qaadato manfacyada SNAP; * Aad isticmaasho Kaarka Ammaanka Manfaca [Benefit Security Card] ee qof kale lee yahay iyaga oo aan idan ku siin ama aad ka badellato ama iibiso Kaarka Ammaanka Manfaca; * Manfacayda SNAP aad ku soo iibsato sida qamri, sigaar, ama saabuun, * Ku bixi akoonnada amaahda ama ku bixi cuntada lagu iibsado deyn ahaan manfacyada SNAP. | |
| **Haddii xeerarkan aad jebiso, ma qaadan doontid manfacyada SNAP ilaa:**   * Marka koowaad (1) sano * Marka labaad laba (2) sanaddood. * Marka seddexaad weligaaba.   **Haddii aad u isticmaasho ama aad ku hesho macaash macaamil ganacsi ku lug leh iibinta daroogada ama shay maandooriyo ah waa lagaa jari karaa:**   * Marka koowaad laba (2) sano * Marka labaad weligaaba.   **Abadkeedaba waxaa dhici karta in lagaa jaro Barnaamijka SNAP haddii ay maxkamadda kugu caddeyso in aad gashey dembi ah:**   * Manfacyada SNAP u baddelatay qori, rassaas, ama waxyaabaha qarxa. * Aad sii iibiso manfacyada SNAP ee udhigma $500 ama ka badan. | |
| **Manfacyada SNAP ma heli doontid ilaa toban (10) sannadood haddii aad been ka sheegto qofka aad adigu tahay ama halka aad ku nooshahay si aad u hesho manfacyada SNAP.**  Haddii aaddan raacin qorshaha Families First, waxaa dhici karta inaan jarno lacagta naqdiga ee Mudnaanta Qoyska ama manfacyada SNAP la yareeyo.  **Haddii aad ka warbixin daqligaaga shaqada ama lagugu helo in aad jebisey shuruudaha Barnaamijka SNAP adiga oo ulakac u sameeyey, waxaa laga yaabaa in lagu weydiisto in aad soo celiso lacagtii lagu siiay haddii aad qaadatay manfacyo badan oo SNAP ah.**  **Dadka jebiya sharciyaddan waxaa dhici karta in ay xabsi ku mutaystaan, ee uu qabto sharciga dowladda dhexe, ama la ganaaxo ilaa iyo $10,000 ah. Haddii dacwad SNAP ah ay soo baxdo oo lid ku ah aqalka qoyskaaga, macluumaad ku qoran arjigan, oo uu ku jiro lambarka SSN, waxaa dhici karta in lagugu wareejiyo hay'addaha dowladda Federaalka ama tan Gobolka, sidoo kale hay'addaha lacag ururinta u qaabilsan ee gaarka loo leeyahay, si tallaabo lacag ururin ay qaadaan.**  **Mid ama in kabadan oo kamid ah xubnaha reerkaaga ayaa looga baahanyahay inay buuxiyaan shuruudaha diiwaangelinta shaqada si ay xaq ugu yeeshaan inay helaan manfacyada SNAP.** Shuruudaha Diiwaangelinta Shaqada: 1. Isdiiwaangalinta shaqada (diiwaangelinta shaqada waa la dhammeeyaa markii la saxiixo arjiga ama dib-u-cusboonaysiinta foomka ama la xiriir hay'addayada si aad ugu darto shaqsi kiiskaaga SNAP, iyo macluumaadkaanna ay diiwaangeliso hay'adda); 2. Bixi macluumaad ku filan oo ku saabsan xaaladda shaqada iyo helitaanka markii la codsado; 3. Aqbal shaqo ku habboon soddon (30) saacadood ama ka badan usbuucii, haddii lagu siiyo; 4. Waa in aaddan ka tagin shaqada, marka lagu shaqaaleeyo; iyo 5. Si iskaaga u dalbato in lagaa dhimo saacadaha shaqada. Ku guuldareysiga inaad raacdo shuruudaha kor ku xusan, sabab la'aan, waxay sababi kartaa luminta manfacyada SNAP ee mudooyinka soo socda: 1aad dembi-hal (1) bil; 2aad dembi-saddex (3) bilood ama 3aad ama dambi ka badan-lix (6) bilood. Waa inaad soo sheegtaa haddii wadarta guud ee dakhliga qoyskaagu bil kasta ka sarreeyo heerarka dakhliga ee tirada qoyskaaga ama haddii qof kasta oo da'diisu tahay siddeed iyo toban (18) ilaa afartan iyo sagaal (49) uu hoos u dhac ku yimaado saacadaha shaqada ee ka hooseeya labaatan (20) saacadood toddobaad kasta. Isbeddelkan waa in lagu soo wargeliyaa tobanka tobnaad (10aad) maalinta bisha xigta isbeddelka. Ilaha soo socda ayaa kaa caawin kara inaad shaqo hesho: 1. Shaqada iyo Tabbabarka SNAP (SNAP E & T); 2. [www.Jobs4tn.gov](http://www.Jobs4tn.gov) ; 3. Xafiiska maxaliga ee Waaxda Hormarinta Shaqada iyo Shaqaalaha (Department of Labor and Workforce Development); 4 Sidoo kale waxaa la heli karaa ilooyin kale. | |
| ABAWD waa qof qaangaar ah oo aan haysan qof ku tiirsaneyn inta u dhexeysa da'da siddeed iyo toban (18) ilaa afartan iyo sagaal (49) ee qoyska, haddii kale laga dhaafo, wuxuu u qalmi karaa oo keliya seddex (3) bilood oo ah gargaarka manfacyada SNAP saddexdiiba (3) muddada sanadka ilaa ay kaqeybgalayaan shuruudaha shaqada SNAP. Laga bilaabo 1da Janaayo, 2019, shuruudaha shaqada ABAWD SNAP waxay noqon doonaan:   * Shaqee ugu yaraan isku celcelis ahaan labaatan (20) saacadood usbuucii siddeetan (80) saac bishii) ama ka badan, AMA * Kaqeybqaado barnaami tabbar oo aad ugu qalmi karto isku celcelis ahaan labaatan (20) saacadood usbuucii [sideetan (80) saacadood bishii] ama in ka badan.   Barnaamij tabbar oo aad ugu qalmi karto waxaa laga bixiyaa oo loo soo maraa Waaxda Horumarinta Shaqada iyo Shaqaalaha ee Gobolka oo waxay noqon karaan:   * Barnaamij hoos yimaada Sharciga Hal-abuurka iyo Fursadaha Shaqaalaha; * Barnaamij hoos yimaada qeybta 236 ee Xeerka Ganacsi ee 1974; AMA * Dhigashada fasallada Waxbarashada Aassaasi ee Dadka Qaangaarka (ABE)   Kaqeybgalayaasha ABAWD waxay xaq u yeelan doonaan oo kaliya inay helaan gargaarka manfacyada SNAP muddo seddex (3) bilood ah soddon iyo lix (36) bilood ama seddex (3) sano laga bilaabo 1da Janaayo, 2019. | |
| **Waxaa laga yaabaa in aad hesho manfaco badan ee SNAP haddii aad u qalanto oo aad hayso caddeymo ah qarsh sida kuwan soo socda:**   * Caafimaadka; * Xannaanayn caruur ama qof mas'uul aad ka tahay; * Amarka masruufka ilmaha; ama * Hoy ama qarashka isticmaalka biyaha, korontada   **Shaqaalahaaga xafiiska DHS ayaa kaa caawin kara in aad hesho caddeymo.** Laakiin waa in aad nagu soo wargelisaa qarashyada oo waa in caddeymo aad na tustaa. Haddii qarashkan aadan inoo sheegin oo aadan na siin waxii caddeyn ah, waxaan u qaadanaynaa in aadan doonayn in laga jaro qarashka kaaga baxa oo ma haleysid manfacyada SNAP dheeraad ah ee lagu siin la'haa. | |
| **Macluumaadka Families First:**  Haddii aad qaadato lacagta naqdiga ee Families First ee aadan u qalmayn, waa in aad Gobolka dib ugu soo celisaa. Waxaad awoodi kartaa:   * In aad ka bixiso lacagta naqdiga ee Families First. * Lacag naqdi ahaan ku bixiso, haddii Families First aad qaadanaynin.   Haddii aad bixiso macluumaad aan jirin ama xaqiiqda aad qariso si aad u hesho lacagta naqdiga ee Mudnaanta Qoyska, maxkamadda ayaa lagu saari karaa. Waxaa lagugu eedeyn karaa been abuur (adigoo dhaar qaba been sheegay), xatooyo ama dembi kale, oo waxaa laga yaabaa in waqti lagu xero oo aad xabsi ku gasho. Haddii aad si ulakac ah u jebiso jebiso shuruudaha Mudnaanta Qoyska, tani waxaan ugu yeeraanaa Xadgudub Barnaamijka oo Ulakac ah. Haddii dambi lagugu helo, waxaa manfacyada Mudnaanta Qoyska lagaa jari karaa ilaa:   * Marka ugu horeyso lix (6) bilood * Marka labaad hal (10 sano; oo * Marka seddexaad weligaaba   Waa sharci daro in aad laba gobol isla mar ka wada qaadato lacag naqdi ah. Qof kasta oo sidaa sameeya waxaa laga yaabaa in lacagta naqdiga laga jaro ilaa iyo toban (10) sanadood.  Waxaa kaa mamnuucan in Kaarka EBT aad u isticmaasho goobahan soo socdo, dukaamada khamriga, kasiinos, qolalka turubta, ganacsiga madadaalada dadka qaangaarka, hoolalka bingowga, tartanka orodka, iyo dukaamada tafaariiqda ee shatiga leh oo laga helo iibkooda ugu badan tubaakada, sigaarka, sigaarka, dhuumaha, iyo qalabka kale ee sigaarka lagu cabo. Haddii aad jabiso qodobkan, waxaa laga yaabaa inaad dib u bixiso lacagtii lagaa aad ku iibsatay dambiga koowaad iyo kan labaad. Xadgudubka saddexaad, daryeelaha reerkaaga waxaa loo aqoonsan karaa inuu si joogto ah aanu ugu qalmin inuu isticmaalo Kaarka EBT ujeeddadiisuna tahay helitaanka lacagta naqdiga ee families first ee lacagta naqdiga, iyo lacag-haye ilaalin ah ayaa loo qoondeyn karaa inuu galo oo maamulo dheefaha ugu horreeya ee qoysaska. | |
| **Carruurtaada Mudnaanta Qoyska way heli karaan AMA manfacyada SNA balse adigu ma heli kartid haddii adigu aad tahay:**   * Dambiile cararaya * Maxbuusle edeb lagu daayay ama xad gudub ku sameeyey tijaabo lagu eego edebta maxbiislaha * Lagu heley dambi daroogo la xiriira ee la galey inta ka dambeysey 22ka Agoosto, 1996, aysan ka ahayn haddii aad ka soo baxdo waxyaabo gaar ah.   Shaqaalaha kiiskaaga ayaa ku siin kara macluumaad dheeraad ah oo ku saabsan waxyaabaha ka baxsan. | |
| **Si aad uhesho lacagta naqdiga ee Mudnaanta Qoyska, waa in aad saxiixdaa oo aad raacdaa Qorshaha Mas'uuliyadda Shaqsiga.**Qorshahan waxaa laga yaabaa in uu kaaga baahan yahay in aad qabato howlo shaqo iyo/ama waxbarasho la xiriira. | |
| **Macluumaad muhiim ah oo ku saabsan Masruufka Caruurta (Child Support) iyo Mudnaanta Qoyska (Families First):**  **Waxaa laga yaabaa in isla mar aad wada hesho lacagta naqdiga ee Mudnaanta Qoyska iyo masaruufka caruurta.** Haddii aad qaadato Mudnaanta Qoyska, waa in aad naga caawisaa in aad inoo cadeyso canuga aabahii dhalay. Sidoo kale waa in aad nala shaqeysaa si aan uga qaadno masaruufka canuga ee caruurta hela manfacyada Mudnaanta Qoyska. Inaga iskuma dayi doono in aan masaruuf ka qaadno haddii aad inoo caddeyso in ay jiraan sababo wanaagsan oo ah in aadan taa sameyn karin. Dhammaan masruufka ilmaha waa in marka hore gacanta loo geliyaa xafiiska DHS. Haddii waalidka si toos ah uu lacag kuu siiyo, waa in lacagta aad u soo dirtaa xafiiska DHS. **Waxaa laga yaabaa in lagu siiyo masaruufka caruurta oo dhan ama qaar ka mid ah in dib laguugu soo celiyo.** Waxaan ugu yeeraanaa lacagahan masruufka canuga ee inaga nala soo mariyo.  Xaddiga masaruufkaaga canuga inaga nala soo mariyo taas waxay ku xiran tahay “baahidaada aan la buuxin” iyo caddada masaruufka ee lagu siiyay midkooda. Inaga ayaa xisaabayna baahidaada aan la buuxin oo waxaan ku saleyneyna:   * Inta qof ee looga talagalay lacagta lagu siiyo ee aad ka hesho Mudnaanta Qoyska. * Inta ay la eg tahay daqliga kale ee ku soo gala * Shaqaalaha kiiskaaga ee DHS waxaad weydiin kartaa inta ay tahay caddada baahidaada aanla dabuulin. | |
| **Ma dooneysaa in aad isqorto si aad u codeyso doorashada soo socta?** Sharciga dowladda dhexe iyo sharciga gobolba ayaa nagu qasbaya in aan ku weydiino haddii aad dooneyso in aad iska diiwaangeliso si aad u codeyso. Su'aashan waxaa lagu waydiin doonaa mar kasta oo aad manfac soo dalbato ama aad dib u dalbaneyso, marka dib laguugu ogolaado manfacyada, ama haddii aad na soo wacdo oo aad noo sheegto in aad guurtay. Foormamka dhan buuxintooda inaga ayaa kaa caawin doona. | |
| **Macluumaadka Diiwaangelinta Codeynta:**   * Manfacyada laga yaabo inaad ka hesho xafiiska WAB isma baddeli doonaan haddii aad isdiiwangeliso in aad coddeyso ama in kaleba. * Waxaan kaa caawin karnaa inaad codsato inaad isdiiwaan geliso si aad u codeyso. Go’aanka ah in caawinaad aad doonaysid iyo in kale adigaa iskaleh. Foormka si qarsoon aad u buuxin kartaa. * Waxaad cabasho udirsan kartaa Xafiiska Isuduwaha Doorashooyinka Coordinator of Elections, Secretary of State’s Office, William R. Snodgrass-Tennessee Tower, 312 Rosa L Parks Ave, Nashville, TN 37243, 1-615-741-7956, Tennessee Relay Center, 1-800-848-0299, haddii aad rumaysan tahay:   + In qof faragalin ku sameeyey xuquuqdaada ah in aad isdiiwaangeliso ama qof kuu diidey in aad isdiiwangeliso si aad u codeyso.   + In qof faragalin ku sameeyey xuquuqdaada ah qarsoodiga oo kuu diidey in aad isdiiwangeliso si aad u codeyso. * Haddii aad doorato in aad isdiiwaangeliso ama diido, uma sheegi doono cid ka baxsan guddiga doorashada arrinka ah dalabkaaga ama halka aad ka buuxisay. Tani waxa kaliya aan u isticmaali doonaa diiwaangelin awgeed. * Guddiga Doorashada Degmada ayaa fiirin doonaya haddii aad isdiiwaangelin karto si aad u codeyso. Tan DHS **ma** samayso. * Haddii aad tahay qof iska diiwaangeliyay inuu codeeyo, Guddiga Doorashada ayaa kuu soo diri doona kaarka diiwaangelinta codbixiyaha. Haddii kaarka uusan kugu soo gaarin seddex sitimaan gudahood, ka xaqiiji Guddiga Doorashada. * Haddii arjigaaga aad boosto ugu dirto xafiiska doorashada ee degmadaada, marka ugu horeyso ee aad codeyneyso waa in aad isgaysaa oo aad soo codeysaa. * Waxaan boostada kuugu soo diri doonaa foormka “Arji Boosto ee Isdiiwangelinta Doortaha” soddon (30) maalmood gudahooda haddii aad telfoon inoogu sheegeyso, interneetka. ama boosto ingoogu soo gudbineyso:   + Beddel cinwaan   + Arjiga   + Dib-u-dalbasho   + Dib-u-cusbooneynta   + Dib-u-eegid   Haddii waqtiga la isdiiwaangeliyo ka dhiman yahay in ka yar sodon (30) maalmood, foormka waxaan kuu soo diri doonaa shan (5) maalin gudahooda ama maalmaha shaqada ee xigta haddii aan karno. | |
| **HIPAA:**  Sharciga dowlada dhexe ee **HIPAA** wuxuu qorayaa waa in aan xafidnaa xaqiiqooyinka ku saabsan caafimaadkaaga si qarsoodi ah. Sidoo kale sharciga wuxuu leeyahay waa in aan ogeysiis ku siinaa. Waakuwan xeerarka la inooga baahan yahay in aan raacno si aan u xifdinno xaqiiqooyinka ku saabsan caafimaadkaaga qarsoodiga. Xeerarkan way isbaddeli karaan. Haddii isbaddel muhiim ah la sameeyo, inaga ayaa kuu soo sheegi doona. | |
| **Si loo go’aamiyo in aad xaq u leedahay Families First, Waxaa laga yaabaa in DHS ay macluumaadka caafimaadkaaga qarsoodiga ah la wadaagto:**   * Qaar ka mid ah shaqaalaha Waaxda oo u baahan in ay go'aamiyaan haddii aad qaadan karto manfaca Families First * Sidoo kale DHS waxaa laga yaabaa in ay macluumaadkaaga caafimaadka qarsoon la wadaagto Waaxda Adeegyada Aadanaha Iyo Caafimaadka ee dowladda dhexe maxaa yeeley waxay bixiyaan oo ay kormeeraan barnaamijka Mudnaanta Qoyska. | |
| **Bayaanka Takoor La'aanta ee USDA**  Waaxda Beeraha ee Mareykanka sidoo kale waxay mamnuucaysaa takoorka lagu saleeyo jinsi, middab, asal  qaran jinsiga, caqiidada diinta, naafanimada, da'da, aaminsanaanta siyaasadeed ama aargudasho ama aargoosi hore oo sokeeye ah  xuquuqda maddaniga ee barnaamij kasta ama hawl kasta oo ay qabato ama maalgeliso USDA.  Dadka naafada ah ee u baahan qaabab kale oo xog gaarsiin ah oo loogu talagalay macluumaadka barnaamijka  (tusaale ahaan farta indhoolayaasha, daabacaad farta waa wayn, cajalad maqal ah, Luqadda Dhagoolayaasha Mareykanka, iwm.), Waa inay la xiriiraan Hay'adda (Gobolka ama dowladda maxaliga) halka ay manfacha ka dalbadeen. Shakhsiyaadka dhagaha la', maqalka ku adag ama hadalka  naafada ka ah waxay kala xariiri karaa USDA hanaanka Adeegyada Dhagoolayaasha ee Federaalka oo nambarkiisu yahay (800) 877-8339. Intaa waxaa sii dheer, Macluumaadka barnaamijka ayaa lagu heli karaa luuqado aan ahayn Ingiriiska.  Si aad cabasho uga gudbiso takoorka barnaamijku kukacay, buuxi Foomka USDA Program Discrimination Complaint (Cabashada Takoorka Barnamiika USDA)  Foomka Cabashada (AD-3027), waxaa laga helaa qatka interneetka ee:  http://www.ascr.usda.gov/complaint\_filing\_cust.html, iyo xafiis kasta oo USDA ah, ama u qor warqad  ku socota Waaxda USDA oo warqaddana ku soo qor dhammaan macluumaadka lagu codsaday foomka. Si aad u codsato  nuqulka foomka cabashada, wac (866) 632-9992. Ugu gudbi foomkaaga aad buuxisay USDA  ku soo dir:  (1) boostada: U.S. Department of Agriculture  Office of the Assistant Secretary for Civil Rights  1400 Independence Avenue, SW  Washington, D.C. 20250-9410  (2) fakis: (202) 690-7442; ama  (3) iimeel: [program.intake@usda.gov](mailto:program.intake@usda.gov).  Wixii macluumaad dheeri ah ee la xiriira Barnaamijka Gargaarka ee Kabka Nafaqada (SNAP)  la xiriira ah, dadku waa inay la xiriiraan USDA SNAP Khadka Tooska ah ee (800) 221-5689, kaas oo  sidoo kale lagugu caawin karo af Isbaanish ama wac Nambarka Macluumaadka Gobolka/Khadka Tooska ah (guji xiriirinta liiska  lambarada khadka tooska ah ee Gobolka); oo waxaa laga helaa qatka nterneetka:  <http://www.fns.usda.gov/snap/contact_info/hotlines.htm>.  Si aad u soo gudbiso cabasho takoor ee ku saabsan barnaamijka hela gargaar dhaqaale ee Dowladda dhaxe ah  oo loo soo mariyo Waaxda Adeegyada Aadanaha Iyo Caafimaadka ee Mareykanka (HHS), u qor: HHS Director, Office  for Civil Rights, Room 515-F, 200 Independence Avenue, S.W., Washington, D.C. 20201 ama wac  (202) 619-0403 (cod) ama (800) 537-7697 (TTY).  Hay’addan waa hay’ad fursadda ay fidiso dadka u wada sinta | |
|  | |
|  | |
| **Xuquuqdaada dhegaysi hufan:**  **Ka waran haddii aadan ku qanacsanayn go'aanka aan ka gaarno arjigaaga ama kiiskaaga? Waxaad dalban kartaa rafcaan ah dhegaysi dacwad oo hufan. Adiga nafsi ahaantaada ayaa ka hadli kara dhegaysiga dacwadaada. Sidoo kale waxaad la iman kartaa saaxiib, qaraabo, ama qareen adiga kuu hadla. Ka dib marka aan jawaabta kuu so dirno, waxaad heysataa sagaashan (90) maalmood in aad rafcaan ka qaadato manfacyada Families First iyo manfacyada SNAP.** Haddii aad dooneyso in ay kuu socoto manfacyada lagu siiyo inta racfaankaaga go’aan laga gaaraya, waa in aad toban (10) maalmood gudahooda soo weydiisataa Families First iyo SNAP Haddii rafcaanka aad ku guulaysan weydo, waxaa laga yaabaa inaad dib u bixiso manfacyada aad heshey ama qaadatay inta ay socdeen howsha racfaanka ee la go’aaminaayay. **Haddii aad dooneyso in rafcaan aad qaadato, u sheeg shaqaalaha kiiskaaga ee xafiiska DHS jooga. Sidoo kale waxaad Xarunta Adeegga Gaargaarka Qoyska ka soo wici kartaa 1-866-311-4287. Wacitaankan waa bilaash.** | |
| **Idan lagu sii bixinayo diiwaangelinta isa soo xaadirista iskuulka:**  IAniga (kalyantiga) waxaan iskuulka aan idan u siinayaa in ay bixiyaan diiwaangelinta soo xaadiritaanka caruurteyda ee la socda arjigaaga la siiyo Waaxda Adeegyada Bulshada ee Tennessee oo ay bixiso Waaxda Waxbarashada ee Tennessee ama iskuulka canugayga. Waaxda Adeegga Aadanaha wuxuu diiwaangelintan uu u isticmaali doonaa, oo ay ku jirto lambarada soshal sekiyuuritiga, in uu iga caawiyo in ka soo baxo waajibaadyadeda Mudnaanta Qoyska iyo diiwangelinta waa la baabi'in doonaa ka dib markii la dhamaysto. | |
| **idan aniga la igula soo xiriiro:**  Waan ku raacsannahay in DHS ay igala soo xiriiri karto dhanka Boostada Mareykanka iyo telfoon lambarka ku qoran arjigeyga, oo fariin ayaa la ii dhaafi karaa haddii aanan aniga markaa la i helin, sida looga baahan yahay in aan bixiyo macluumaad ku saabsan arjigeyga ah manfacyada/adeegyada ama manfacyada/adeegyada ee aan horeyba u helo. | |