

Tennessee Rehabilitation Center Smyrna

The Tennessee Rehabilitation Center - Smyrna (TRCS) is a resource and residential campus for adult learners with disabilities who are ready to build job skills, gain certifications or achieve credentials that lead to employment success in the current labor market. Operated by the Division of Rehabilitation Services (DRS) at the Tennessee Department of Human Services (TDHS), the center utilizes a Career and Technical Education (CTE) approach and offers Employment Development Skills (EDS) courses that emphasize customer service, self-advocacy, social, wellness and soft skills necessary to maintain employment and elevate independence. The center also provides Transitional Services for the Blind (TSB) that focus on functional and foundational skills for students who are blind or visually impaired.

Moving Careers Forward

TRC-Smyrna Mission:

To educate and empower adult learners to achieve their goal of gainful employment.

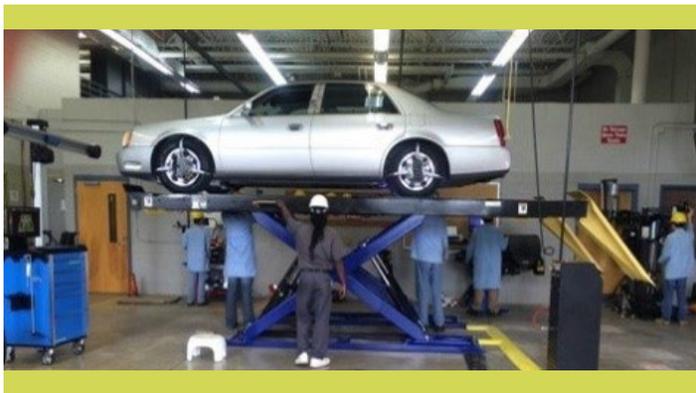
TRC-Smyrna Vision:

All students will graduate with the skills needed to become respected, contributing citizens of the State of Tennessee.

TRC-Smyrna Areas of Study

Students attending TRC-Smyrna can choose one of the following areas of study as their career path:

- **Automotive Service Technology (AST)**
- **Business Education Technology (BET)**
- **Certified Logistics Technician (CLT)**
- **Certified Nursing Assistant (CNA)**
- **Certified Production Technician (CPT)**
- **Child Care Worker (ChC)**
- **Custodial Technician (CT)**
- **Customer Service (CS)**
- **Food Service (FS)**
- **Pharmacy Technician (PT)**



Required and Elective Skills Courses

Each Area of Study includes hands-on training combined with computer and lecture-based learning. Every student is expected to participate in all training models and out-of-class learning assignments.

Coursework is divided into three categories:

Area of Study Educational Skills Courses

provide training to improve skills in math, reading and comprehension of documents, business writing and reading and summarizing and analyzing graphs.

Employment Development Skills Courses teach computer skills, workplace behavior skills, personal success skills, social skills, and civil rights/cultural diversity.

Employment Obtainment Skills Courses train students in resume writing, interviewing communication and self-advocacy.

Internship Training

After all course work is completed, students are expected to participate in a six-to-eight-week internship in their Area of Study. Students are encouraged to find an internship near their permanent residence (a home-based internship) to increase the student's chances of employment. Internship requirements may be waived if the student secures post course work employment before participating in an internship.

Academic Schedule

The Center has two (2) 18 week semesters and two (2) breaks:

- Spring Semester—January—May
- Summer Break—June and July
- Fall Semester—August—December
- Winter Break—two weeks in December

TRC-Smyrna also hosts Pre-Employment Transition Services camps for high school students during the month of July.

Fostering Student Success with Person-Centered Case Management and Support

To ensure each student has the best chance of success and maximizes their time at TRC-Smyrna, each student is assigned a Case Manager (CM). CMs are the contact person for any questions, problems or concerns a student may encounter. Students can rely on their CM to communicate with their Vocational Rehabilitation Counselors (VRC), coordinate services and inform and update all necessary persons about student progress. When needed, a CM may lead meetings to help ensure the student successfully completes their Area of Study. The CM also serves as a student advocate and provides guidance and support to students and their families and their advocates.



Additional Student Supports

Beyond required and elective options, TRC-Smyrna supports student success through other areas:

Specialty Services Training

Some students may require additional physical, occupational and/or speech language therapies or supports. The Specialty Services Department addresses these needs and variety of skills that directly affect long-term employment outcomes by providing physical, cognitive, social, visual, and communicative supports through the following:

- Work Conditioning/Work Hardening classes (WC/WH)
- Functional Communication in the Workplace classes
- AOS Classroom Supports
- Internship Supports
- Individual Supports

Tutoring Services

TRC-Smyrna has tutoring options that are available upon request by a student or by recommendation from an instructor or other support person.

Students can request tutoring through their Case Manager (CM). The CM will work with the student and instructor to identify a tutor and schedule sessions according to the student's availability. All course materials needed for the sessions can be provided to the student or to the tutor.

Psychology

A variety of psychology services are available to students through Psychological Examiners who provide individual and group mental and behavioral health support services to aid student success in reaching TRC-Smyrna vocational goals. Sessions may be on-site or virtual. However, TRC-Smyrna is not a primary treatment facility; therefore, students will often be served by community providers who can ensure the student's continuity of care.

Transitional Services for the Blind (TSB)

TRC-Smyrna also has options that focus the needs of Tennesseans who are blind or visually impaired. Transitional Services for the Blind (TSB) provides individual assessments and essential course instruction training through structured discovery learning in alternative techniques and adaptive devices that workers who are blind or visually impaired might use increase independence in a job setting.

Transitional classes may include:

- Adaptive Computer Skills
- iOS/Mac, Braille
- Functional Skills
- Transitional Skills for the Blind and Low Vision.

Students may also take part in vision rehab to enhance functional low vision. Classes can be provided on campus or virtually as needed. Additional Services such as Independent Study, Coping Skills Group, Recreation, Work Conditioning/Work Hardening, AOS Exploration, Career Experiences, Internships/Job Shadowing, Entrepreneurship and Work Keys may also be provided to students in class or group settings.



Helping Tennesseans with Disabilities Take Their Independence Further

TRC-Smyrna provides students with the opportunity to prepare to live as independently as possible and to make responsible choices for themselves as adults. Residential life at TRC-Smyrna is best suited for students who need minimal or infrequent assistance in self-care and activities of daily living.

Student Living

Student Living services are provided in both dormitory and apartment settings. These services are designed to provide a positive learning environment where self-sufficiency and social skills can be developed to prepare individuals for community living.

Student Living staff may provide foundational training on various independent living skills, but students are expected to apply this knowledge independently.

Recreation and Leisure Services

The Recreation and Leisure Services Department provides students with a wide variety of evening and weekend activities. Services are provided to foster interest and participation in recreational activities through structured events and assistance. These activities help students learn how to access activities in their home communities after they leave TRC-Smyrna.

Campus Safety

The Vocational Rehabilitation (VR) Safety Coordinator is responsible for monitoring student areas for safety concerns and providing emergency preparedness and related response training and education to students. The VR Safety Coordinator leads monthly training sessions and live drills to teach students safety procedures.

First-Aid Center

To support the safety and individual needs of students, TRC-Smyrna hosts a First Aid Center staffed with an Registered Nurse Director and Licensed Practical Nurses (LPN). The First Aid Center operates under physician approved and directed protocols, but does not have a medical doctor on staff at any time. On-staff LPNs can assist students with minor injuries and illnesses. Nursing staff may also observe students in taking their medications and assist in re-ordering them as needed staff do not pass out student medications.

If a student needs more assistance than the on-staff LPN can provide, a nurse will work with the student (and supports when appropriate) to find the right community resource. TRC-Smyrna may provide transportation to Urgent Care Clinics and the Emergency Room for acute issues when necessary, but does not provide transportation to regularly scheduled physician appointments.

Location and Contact

Tennessee Rehabilitation Center

Phone: 615-459-6811 | Fax: 615-223-1984
460 Ninth Avenue, Smyrna, TN 37167

Guided tours of TRC-Smyrna available!

Tuesdays and Thursdays

10:00 AM and 3:00 PM CST

To reserve a tour, call: 615-459-6811

Special tour times available upon request.

For information about other TDHS programs for Tennesseans with disabilities, visit

[TN.Gov/HumanServices/Disability-Services.htm](https://www.tn.gov/human-services/disability-services.htm)
or call **833-772-TDHS (8347)**



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