9-12 Lunch OVS Tray Options

	Meat/Meat Alternate	Grain	Vegetable	Fruit	Milk
SCHO NUTRIT	\checkmark	\checkmark	(½ cup)		
	\checkmark	\checkmark		(½ cup)	
	\checkmark		🗸 (1 cup)	🗸 (½ cup)	
	\checkmark		🗸 (½ cup)	🗸 (1 cup)	
	\checkmark			(½ cup)	\checkmark
	\checkmark		(½ cup)		\checkmark
	1	\checkmark	🗸 (1 cup)	(½ cup)	
		\checkmark	(½ cup)		\checkmark
		\checkmark		(½ cup)	\checkmark
		\checkmark	(½ cup)	(1 cup)	
			(½ cup)	(1 cup)	\checkmark
PROGRAM			🗸 (1 cup)	(½ cup)	\checkmark

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	Meat/Meat Alternate	Grain	Vegetable	Fruit	Milk
	\checkmark	\checkmark	🗸 (½ cup)		
	\checkmark	\checkmark		(½ cup)	
	\checkmark		🗸 (1 cup)	(½ cup)	
	\checkmark		(½ cup)	🗸 (1 cup)	
	\checkmark			(½ cup)	\checkmark
	\checkmark		(½ cup)		\checkmark
	1	\checkmark	🗸 (1 cup)	(½ cup)	
		\checkmark	(½ cup)		\checkmark
		\checkmark		(½ cup)	\checkmark
		\checkmark	(½ cup)	🗸 (1 cup)	
SCHC			🗸 (½ cup)	🗸 (1 cup)	\checkmark
NUTRI PROGRAM			🗸 (1 cup)	(½ cup)	\checkmark