



# Fluid Milk Substitution

School Year \_\_\_\_\_

## School Food Authority/Local Education Agency

---

This policy must be retained on file at the School Food Authority/Local Education Agency.

Amend 7 CFR 210.10(m) and 7 CFR 220.8(d) Fluid Milk Substitutions in the School Nutrition Programs

Our system chooses to offer approved substitutes for fluid milk and certify that we will comply with the requirements in this policy. Schools **may** make substitutions for fluid milk for nondisabled students who cannot consume fluid milk due to medical or special dietary needs. A school that selects this option may offer the nondairy beverage(s) of its choice, provided the beverage(s) meets the nutritional standards established and listed below. Expenses incurred when providing substitutions for fluid milk that exceed program reimbursements must be paid by the school food authority. Reimbursable meals including milk substitutions will not be charged to the student at a higher price. Ala carte pricing will include any additional charges.

Requisites for milk substitutions:

1. A school food authority **must** inform the State agency if any of its schools choose to offer fluid milk substitutes other than for students with disabilities ( this may be done by letter or email) ; and
2. A medical authority or the student's parent or legal guardian **must** submit a written request for a fluid milk substitute identifying the medical or other special dietary need that restricts the student's diet.
3. The approval for fluid milk substitution **must** remain in effect until the medical authority or the student's parent or legal guardian revokes such request in writing, or until such time as the school changes its substitution policy for nondisabled students.
4. If a school chooses to offer one or more substitutes for fluid milk for non-disabled students with medical or special dietary needs, the nondairy beverage(s) **must** provide the nutrients listed in the following table. Milk substitutes **must** be fortified in accordance with fortification guidelines issued by the Food and Drug Administration. A school need only offer the nondairy beverage(s) that it has identified as allowable fluid milk substitutes according to this paragraph. Documentation of non-dairy product to be used as a replacement must be obtained from the vendor or manufacturer by the SFA to establish acceptability. The SFA will maintain all labels, manufacturer's sheets and any other supporting documentation. The SFA will allow substitutions for dairy milk that are cost-effective and available to the SFA. The SFA will allow substitutions for breakfast, lunch, and afterschool snack programs. The school food authority will identify for which meals/programs this is available.



Nutrient Per cup:

Calcium	276 mg.	Phosphorus	222 mg.
Protein	8 g.	Potassium	349 mg.
Vitamin A	500 IU.	Riboflavin	0.44 mg.
Vitamin D	100 IU.	Vitamin B-12	1.1 mcg.
Magnesium	24 mg.		

5. Schools will continue to make substitutions in breakfasts, lunches and afterschool snacks for students who are considered to have a disability under 7 CFR 15b.3 and whose disability restricts their diet.

6. The SFA will notify the State Agency when this policy is implemented or discontinued. The SFA will identify each school allowing substitutions based on non-medical needs. The SFA may discontinue this policy for any valid reason. The policy will be implemented effective      **(DATE)**      until amended.

Fluid Milk substitute(s)\* chosen: (1) \_\_\_\_\_

(2) \_\_\_\_\_ (3) \_\_\_\_\_

\*Nutrition Product Sheet and the label for the fluid milk substitute are attached.

The following schools will implement this policy allowing fluid milk substitutions (state if it applies to all schools) or list the schools (or attach list

\_\_\_\_\_  
Director of Schools

\_\_\_\_\_  
Date

\_\_\_\_\_  
School Nutrition Supervisor

\_\_\_\_\_  
Date

Send completed application to:

[School.Nutrition@tn.gov](mailto:School.Nutrition@tn.gov)

OR

MarLea Finch

Andrew Johnson Tower, 10th floor

710 James Robertson Parkway

Nashville, TN 37243-0389

If sending by carrier other than postal office, use the zip of 37210