

TENNESSEE IN-HOME CARE PROGRAMS

People needing assistance with activities of daily living (such as bathing, walking, eating, dressing, toileting, transferring, continence) or instrumental activities of daily living (using the phone, shopping, food preparation, housekeeping, laundry, transportation, or finances) may need in-home services. Helping people find those resources will allow them to stay in their homes as long as they wish.

CHOICES (TENNGARE)

TennCare CHOICES is a program for adults (21 and older) with a physical disability and older Tennesseans (65 and older) who need help with everyday activities. CHOICES services include care in a nursing home, as well as services in the home. You must be Medicaid eligible.

OPTIONS FOR COMMUNITY LIVING

OPTIONS for Community Living is a state-funded program created to provide older Tennesseans, as well as adults with disabilities, home- and community-based service choices.

CONTACT INFORMATION

Contact your local Area Agency on Aging and Disability's (AAAD) Information and Assistance (I&A) specialist toll free at **866-836-6678** for resources in your area.



502 Deaderick Street | Nashville, Tennessee 37243 | www.tn.gov/aging | Main Office 615-741-2056
Information and Assistance 866-836-6678 | SHIP Medicare Counseling 877-801-0044